

Event: Ocean Lava Triathlon Polska 2020
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2020-08-22
Place: Bydgoszcz
Distance: 113 km

Classification: M45-49

Split point: 77,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T1	Cycling					Race
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	
1	P..... A.....	740	T.....	M45-49	Trinergy Team	00:15:26	00:31:17	32	00:02:47	00:09:05	00:30:46	01:01:48	01:23:18	01:55:11	
2	ZIĘBA Adam	509	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:15:44	00:31:42	39	00:02:38	00:09:01	00:31:13	01:02:33	01:24:57	01:57:12	
3	RUCIŃSKI Marcin	755	TRIBA BOSIR BARCIN	M45-49		00:14:10	00:28:53	10	00:02:31	00:09:24	00:31:52	01:03:45	01:26:44	02:00:31	
4	SOBCZAK Marcin	771	SOBCZAKTEAM	M45-49		00:15:14	00:31:13	31	00:03:15	00:09:42	00:32:08	01:04:23	01:27:25	02:01:54	
5	JAROŃ Tomasz	601	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:13	00:29:03	13	00:03:46	00:09:34	00:32:58	01:06:15	01:29:58	02:05:27	
6	GIBIEC Sebastian	576	GIBIEC TEAM	M45-49		00:16:21	00:33:24	70	00:04:08	00:09:30	00:32:45	01:05:35	01:28:55	02:03:38	
7	NAFALSKI Rajmund	703	TEAMKARAŚ	M45-49		00:16:14	00:33:03	65	00:03:08	00:10:19	00:34:10	01:08:57	01:33:37	02:10:33	
8	JANKOWSKI Tomasz	599	TRISPACE TREK	M45-49		00:16:14	00:33:25	72	00:03:40	00:10:24	00:34:54	01:10:16	01:34:54	02:11:09	
9	CUPA Ireneusz	546	TRIATHLON KONSULTING	M45-49		00:17:59	00:37:29	152	00:03:46	00:09:54	00:33:28	01:07:17	01:31:37	02:07:20	
10	SOBCZAK Marcin	772	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:16:42	00:33:51	83	00:03:04	00:10:36	00:35:15	01:10:39	01:35:29	02:11:47	
11	CHŁOSTA Marek	534		M45-49		00:17:07	00:34:47	99	00:03:01	00:10:19	00:34:49	01:11:17	01:36:51	02:13:44	
12	KĄŁEK Artur	615	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49		00:17:17	00:34:29	93	00:03:23	00:10:38	00:35:05	01:10:38	01:35:57	02:13:57	
13	SZYNALIK Sławomir	792	KIKA TEAM	M45-49		00:15:42	00:31:28	34	00:03:34	00:09:58	00:35:04	01:11:50	01:38:10	02:17:01	
14	BARCZAK Adam	515		M45-49		00:19:12	00:37:56	164	00:04:25	00:10:41	00:35:52	01:11:51	01:36:30	02:11:56	
15	PIEKARSKI Marek	679		M45-49		00:18:25	00:36:59	140	00:04:31	00:09:45	00:32:44	01:08:05	01:33:35	02:12:56	
16	KRYGIELSKI Krzysztof	651	CRYOSPACE OLSZTYN	M45-49		00:18:01	00:36:33	125	00:04:01	00:10:32	00:35:46	01:12:23	01:37:54	02:15:20	
17	WOREK Pawel	830	GIBIEC TEAM	M45-49		00:17:42	00:36:38	128	00:04:05	00:10:23	00:34:48	01:10:32	01:38:55	02:15:38	
18	ECHAUST Maciej	563	CFP	M45-49		00:17:57	00:37:52	163	00:02:59	00:11:14	00:36:46	01:13:00	01:38:39	02:16:22	
19	KOPPLINGER Grzegorz	640	ASSECO ACTIVE TEAM	M45-49		00:21:54	00:44:21	240	00:03:55	00:09:57	00:33:51	01:08:36	01:33:39	02:10:50	
DNC	DZIOBA Michał	562	TRI DZIOBA TEAM	M45-49		00:15:42	00:31:39	38	00:04:28	00:10:47	00:37:52	01:17:21	01:44:45	02:25:31	
21	CHMURA Szczepan	538		M45-49		00:18:19	00:37:16	147	00:04:24	00:10:35	00:36:13	01:14:01	01:40:21	02:20:13	
22	WIECZOREK Maciek	815	TRI FOR IT	M45-49		00:19:31	00:39:34	197	00:03:55	00:10:30	00:36:05	01:13:35	01:39:07	02:18:26	

				Swimming			T1	Cycling				T2	Race	2018	
23	KALISZEWSKI Daniel	614		M45-49	00:19:29	00:39:22	192	00:05:26	00:10:17	00:35:40	01:13:07	01:39:21	02:18:36		
24	CYREK Grzegorz	548	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:22:24	00:45:44	252	00:05:42	00:09:54	00:34:01	01:09:40	01:35:33	02:12:35		
25	ZAKURZEWSKI Tomasz	834	TRISPACE/TREK	M45-49 TRISPACE/TREK	00:17:11	00:34:41	96	00:02:32	00:10:33	00:36:15	01:15:36	01:44:02	02:27:10		
26	DRZEWIECKI Rafał	556	RUN4FUN WWW.BYTPAK.PL	M45-49	00:20:00	00:41:35	221	00:04:06	00:11:42	00:37:35	01:16:52	01:44:05	02:23:22		
27	BLÁHA Jan	527		M45-49	00:19:57	00:41:02	210	00:04:03	00:10:55	00:37:24	01:16:02	01:42:39	02:24:05		
28	CYBULSKI Konrad	547	AMZ-KUTNO S.A.	M45-49	00:18:43	00:37:50	162	00:04:34	00:11:39	00:38:53	01:18:21	01:45:50	02:26:47		
29	MALISZEWSKI Piotr	682		M45-49	00:23:33	00:49:31	266	00:04:39	00:10:52	00:35:52	01:12:44	01:38:30	02:16:10		
30	TOMASZEWSKI Marcin	800		M45-49	00:19:09	00:38:46	180	00:04:41	00:11:27	00:38:43	01:18:31	01:45:59	02:26:54		
31	PELANT Ryszard	723	WICHER ROSNÓWKO	M45-49	00:18:12	00:36:48	135	00:05:06	00:14:29	00:41:49	01:21:55	01:48:59	02:29:53		
32	PYTKOWSKI Arek	751	GRYFUS SZCZECIN	M45-49	00:18:40	00:38:16	173	00:03:49	00:11:12	00:38:46	01:19:38	01:47:47	02:30:10		
33	CHALAMOŃSKI Tomasz	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	M45-49	00:19:44	00:39:49	202	00:04:00	00:11:03	00:37:58	01:17:39	01:45:25	02:28:51		
34	SIUDA Marek	768	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49	00:18:38	00:38:57	183	00:04:45	00:10:45	00:37:08	01:17:10	01:46:54	02:29:26		
35	KORSAKOV Kostiantyn	641	-	M45-49	00:18:26	00:37:35	155	00:06:30	00:11:55	00:39:16	01:20:38	01:49:23	02:32:33		
36	SUDAKOWSKI Tomasz	782	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	M45-49	00:22:09	00:45:32	249	00:03:02	00:11:08	00:38:53	01:19:18	01:47:03	02:28:41		
37	WRZOSEK Jarosław	832		M45-49	00:21:32	00:43:53	238	00:05:38	00:11:44	00:40:40	01:22:08	01:50:08	02:32:36		
38	WITCZAK Dariusz	824	ROSZPUNEK	M45-49	00:21:49	00:45:39	251	00:04:34	00:12:07	00:39:22	01:21:27	01:49:30	02:32:06		
39	FEDAK Bohdan	568	KLUB POD WISIENKĄ	M45-49	00:19:54	00:39:46	201	00:06:00	00:12:23	00:42:31	01:24:28	01:54:19	02:40:58		
40	NURKIEWICZ Jarosław	709	KING FU PANDY 3	M45-49	00:23:37	00:46:15	254	00:03:04	00:11:55	00:40:37	01:24:35	01:55:43	02:41:37		
41	LIPIŃSKI Sebastian	671	ENEA BYDGOSZCZ TRIATHLON	M45-49	00:24:12	00:49:13	265	00:05:20	00:11:24	00:39:04	01:20:57	01:50:38	02:36:38		
42	NOWICKI Adam	708		M45-49	00:19:23	00:39:25	193	00:02:58	00:11:56	00:43:15	01:28:54	01:59:10	02:51:42		
43	KARWACKI Grzegorz	617	KAT CROSS WAŁBRZYCH	M45-49	00:19:40	00:41:15	216	00:04:44	00:12:32	00:43:26	01:30:42	02:03:11	02:50:52		
44	OKOŃ Michał	711	PARKRUN GDYNIA	M45-49	00:23:30	00:47:02	258	00:08:57	00:13:11	00:43:25	01:27:19	01:56:42	02:41:55		
45	BINKOWSKI Cezary	523	LKS BOGMAR OSTROMECKO	M45-49	00:25:16	00:51:30	270	00:05:57	00:13:18	00:43:36	01:27:30	01:58:50	02:44:36		
	POROSŁO Paweł	743	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:24:48										

Total 46 results.