

Classification: M50-54

Split point: 99,4 km

| Place | Participant | Number | Club | Category | Drużyna | Swimming | | | Cycling | | | | | | | Race | | | |
|-------|---------------------|--------|---|----------|-----------|---------------------|--------------------|-----|----------------------|------------------|-----------------------|-------------------|-----------------------|------------------|-----------------|------------------------|------------------------|----------|----------|
| | | | | | | P_Borowno 0.95km | P_Borowno 1.9km | Poz | R_Kotomierz 4.9km | R_Lidl 19.9km | R_Kotomierz 39.9km | R_Lidl 55.55km | R_Kotomierz 74.9km | R_Lidl 89.9km | Poz | B_Announcer 6.465km | B_Announcer 7.265km | | |
| 1 | SARAPUK Krzysztof | 762 | ATC CARGO TEAM | M50-54 | | 00:15:15 | 00:31:12 | 29 | 00:02:42 | 00:09:49 | 00:32:29 | 01:05:35 | 01:29:08 | 02:04:01 | 02:28:38 | 37 | 00:03:01 | 00:27:06 | 00:30:38 |
| 2 | SOCHA Tomasz | 775 | TRINERGY TEAM | M50-54 | | 00:15:48 | 00:32:19 | 54 | 00:03:13 | 00:09:56 | 00:33:45 | 01:07:34 | 01:31:25 | 02:06:42 | 02:31:23 | 48 | 00:02:32 | 00:28:15 | 00:31:57 |
| 3 | PATALON Piotr | 721 | ORKAMASTERS IŁAWA | M50-54 | | 00:17:03 | 00:34:46 | 98 | 00:02:50 | 00:10:08 | 00:34:13 | 01:09:27 | 01:34:16 | 02:11:42 | 02:37:48 | 83 | 00:01:59 | 00:30:04 | 00:34:02 |
| 4 | BAZAK Cezary | 517 | CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH | M50-54 | | 00:20:15 | 00:42:12 | 224 | 00:04:23 | 00:09:44 | 00:33:21 | 01:07:24 | 01:31:35 | 02:07:14 | 02:31:52 | 49 | 00:03:39 | 00:31:39 | 00:35:54 |
| 5 | SKROK Krzysztof | 769 | RYKOWISKO | M50-54 | | 00:20:56 | 00:41:07 | 213 | 00:03:53 | 00:10:17 | 00:35:44 | 01:12:20 | 01:38:30 | 02:17:34 | 02:44:47 | 123 | 00:02:53 | 00:30:10 | 00:34:03 |
| 6 | MAKOWSKI Sławomir | 680 | | M50-54 | | 00:21:15 | 00:43:47 | 237 | 00:04:35 | 00:10:28 | 00:36:28 | 01:14:15 | 01:40:25 | 02:18:59 | 02:45:02 | 127 | 00:03:35 | 00:29:17 | 00:33:20 |
| 7 | GAJEWSKI Jarosław | 844 | | M50-54 | | 00:18:22 | 00:36:48 | 136 | 00:04:07 | 00:11:09 | 00:37:31 | 01:16:49 | 01:44:10 | 02:24:21 | 02:51:20 | 163 | 00:03:25 | 00:31:47 | 00:35:58 |
| 8 | WIŚNIEWSKI Zbigniew | 823 | BRZOZA BIEGA | M50-54 | | 00:20:37 | 00:42:32 | 226 | 00:05:31 | 00:10:40 | 00:36:13 | 01:14:10 | 01:40:02 | 02:19:53 | 02:47:18 | 138 | 00:03:19 | 00:30:39 | 00:35:25 |
| 9 | MISZTELA Tomasz | 698 | PTT DELTA | M50-54 | PTT Delta | 00:21:26 | 00:44:40 | 241 | 00:04:36 | 00:10:17 | 00:35:33 | 01:11:55 | 01:37:44 | 02:16:31 | 02:43:51 | 114 | 00:02:36 | 00:34:11 | 00:38:43 |
| 10 | KAZUBOWSKI Jacek | 621 | TRIDARKO | M50-54 | | 00:21:34 | 00:43:42 | 236 | 00:03:31 | 00:10:37 | 00:37:17 | 01:15:46 | 01:42:23 | 02:22:43 | 02:50:18 | 157 | 00:03:23 | 00:30:56 | 00:35:06 |
| 11 | BEDNAREK Krzysztof | 518 | SPORTEVO | M50-54 | | 00:21:50 | 00:44:59 | 244 | 00:04:39 | 00:10:55 | 00:37:42 | 01:15:56 | 01:41:53 | 02:21:11 | 02:47:53 | 144 | 00:03:08 | 00:31:18 | 00:35:24 |
| 12 | BUCHAL Grzegorz | 530 | TRIDIVISION | M50-54 | | 00:18:21 | 00:37:16 | 146 | 00:06:13 | 00:10:31 | 00:35:48 | 01:13:54 | 01:40:27 | 02:21:52 | 02:49:31 | 152 | 00:04:04 | 00:35:38 | 00:40:15 |
| 13 | PRUSACZYK Marcin | 748 | | M50-54 | | 00:18:48 | 00:37:44 | 157 | 00:08:41 | 00:11:18 | 00:37:51 | 01:18:26 | 01:46:06 | 02:27:12 | 02:53:28 | 177 | 00:06:24 | 00:33:19 | 00:37:37 |
| 14 | PACZKOWSKI Mirosław | 718 | CB 163 | M50-54 | | 00:21:43 | 00:44:17 | 239 | 00:05:30 | 00:11:28 | 00:40:31 | 01:23:18 | 01:52:29 | 02:36:05 | 03:07:31 | 224 | 00:04:58 | 00:35:51 | 00:40:49 |
| 15 | KOLOSSA Tomasz | 635 | WWW.KOLOSSA.PL | M50-54 | | 00:21:39 | 00:45:07 | 246 | 00:05:58 | 00:11:24 | 00:39:54 | 01:23:30 | 01:53:35 | 02:40:27 | 03:14:54 | 241 | 00:05:19 | 00:42:35 | 00:48:01 |
| 16 | ILLEK Arkadiusz | 594 | | M50-54 | | 00:21:27 | 00:42:58 | 230 | 00:06:28 | 00:12:28 | 00:43:01 | 01:28:46 | 01:59:54 | 02:47:05 | 03:19:16 | 248 | 00:05:43 | 00:41:15 | 00:46:42 |
| 17 | JAGODZIŃSKI Leszek | 597 | | M50-54 | | 00:23:04 | 00:46:54 | 257 | 00:06:15 | 00:13:04 | 00:45:17 | 01:32:27 | 02:06:37 | 02:55:40 | 03:31:53 | 263 | 00:07:04 | 00:41:40 | 00:47:13 |
| | MATUSZEWSKI Dariusz | 686 | BIEGIEM DO GARÓW | M50-54 | | 00:24:29 | 00:52:13 | 272 | 00:06:20 | 00:13:09 | 00:41:45 | | | | | | | | |

Total 18 results.