



**Event:**  
**Organiser:**  
**Date:**  
**Place:**  
**Distance:**

## OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

Ocean Lava Triathlon Polska 2019  
Towarzystwo Sportowe TRI-SPORT  
2019-08-17  
Bydgoszcz  
113 km

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: M55-59

Split point: 105,9 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			Poz	Poz	Cycling						Poz	Poz	Race		
						P_Borowno 0.95km	P_Borowno 1.9km	Poz			R_Kotomierz 4.9km	R_Lidl 19.9km	R_Kotomierz 39.9km	R_Lidl 55.55km	R_Kotomierz 74.9km	R_Lidl 89.9km			Poz	B_Announcer 6.465km	B_Announcer 7.265km
1	CIESZYŃSKI Jacek	536	BRZOZA ROWEROWA	M55-59		00:16:57	<b>00:34:28</b>	44	00:02:55	00:10:24	00:35:51	01:10:15	01:35:42	02:10:04	<b>02:35:14</b>	<b>56</b>	00:02:27	00:30:17	00:34:10	01:04:26	
2	MOSKAL Aleksander	659		M55-59		00:19:32	<b>00:39:39</b>	130	00:03:46	00:11:26	00:39:03	01:16:57	01:45:23	02:24:00	<b>02:53:05</b>	<b>141</b>	00:01:57	00:32:35	00:36:58	01:15:22	
3	SZYMANOWSKI Krzysztof	719		M55-59		00:22:31	<b>00:46:25</b>	202	00:06:51	00:10:51	00:37:35	01:13:08	01:40:02	02:16:24	<b>02:43:27</b>	<b>99</b>	00:04:01	00:36:30	00:41:29	01:18:20	
4	BRUZGIELEWICZ Paweł	525		M55-59		00:18:07	<b>00:36:08</b>	68	00:09:10	00:11:13	00:39:19	01:17:45	01:46:59	02:26:26	<b>02:55:04</b>	<b>148</b>	00:04:57	00:35:51	00:40:41	01:16:50	
5	GRUBA Jacek	567		M55-59		00:21:52	<b>00:45:38</b>	197	00:04:10	00:11:06	00:38:54	01:17:45	01:47:20	02:28:21	<b>02:58:07</b>	<b>161</b>	00:01:44	00:37:27	00:42:59	01:25:30	

Total 5 results.