



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**Wydarzenie:** Ocean Lava Triathlon Polska 2019  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2019-08-17  
**Miejsce:** Bydgoszcz  
**Dystans:** 113 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Punkt pomiarowy: 22,2 km

Msc	Zawodnik	Numer	Klub	Kategoria	Drużyna	Pływanie			Czas	Rower		Czas
						P_Borowno 0.95km	P_Borowno 1.9km	Poz		R_Kotomierz 4.9km	R_Lidl 19.9km	
1	JASIŃSKI Jakub	581	GO RIDE WM TRISELF	M30-34		00:12:00	<b>00:24:29</b>	1	00:03:04	00:09:15	00:32:38	
2	HOFFMANN Wojciech	573	BRZYSKI TRI TEAM	M40-44		00:13:32	<b>00:27:55</b>	2	00:02:23	00:09:10	00:31:12	
3	BRZYSKI Maciej	526	BRZYSKITRITEAM	M30-34	BrzyskiTriTeam	00:13:35	<b>00:27:58</b>	3	00:02:11	00:09:22	00:31:38	
4	RULIŃSKI Przemysław	693	CZAJATRININGSYSTEM	M30-34		00:15:34	<b>00:32:02</b>	19	00:02:02	00:09:30	00:33:01	
5	SKORUPA Paweł	704	SKORUPA TRIATHLON	M30-34		00:16:37	<b>00:33:50</b>	35	00:02:32	00:08:44	00:30:45	
6	RYMER Jakub	696		M30-34		00:15:17	<b>00:31:26</b>	11	00:02:50	00:09:36	00:33:33	
7	ŻUREK Jacek	629		M30-34		00:13:36	<b>00:28:03</b>	4	00:02:39	00:11:08	00:37:26	
8	KUZNETSOV Mykhailo	626	TRITONODESSA	M45-49		00:15:24	<b>00:31:39</b>	14	00:02:46	00:09:47	00:33:45	
9	POKORSKI Marek	679	CTS	M45-49		00:16:35	<b>00:33:41</b>	30	00:02:43	00:09:01	00:31:58	
10	OBUCHOWICZ Artur	668	POWER OF SCIENCE TRI TEAM	M40-44		00:15:10	<b>00:31:12</b>	9	00:03:03	00:09:50	00:34:10	
11	ZIĘBA Adam	758	TRISPACE	M45-49	TriSpace	00:16:52	<b>00:34:06</b>	38	00:02:15	00:09:02	00:32:11	
12	WYSOCKI Rafał	751	SRITRI	M45-49		00:16:27	<b>00:33:28</b>	24	00:02:41	00:09:17	00:32:24	
13	TUROWIEC Adam	770	UAM TRIATHLON POZNAŃ   APPETITEFORSPTS.COM	M40-44		00:15:14	<b>00:31:29</b>	12	00:03:20	00:09:39	00:33:48	
14	MARZEC Mieszko	643	AQUASTACJAGDAŃSK	M40-44		00:15:31	<b>00:32:01</b>	18	00:02:42	00:09:46	00:33:56	
15	PRĄDZYŃSKI Marcin	683	TRISPACE	M40-44	TriSpace	00:15:15	<b>00:31:06</b>	8	00:02:16	00:10:04	00:35:19	
16	JURKIEWICZ Mariusz	641	KOBYLARNIA / BIKE BOYS	M40-44		00:17:02	<b>00:35:13</b>	54	00:02:34	00:09:09	00:31:14	
17	BARTKOWIAK Dawid	513		M45-49		00:15:43	<b>00:32:47</b>	21	00:02:38	00:09:46	00:33:39	
18	OKRĄGLY Emil	673	TRIZARZA	M35-39		00:16:12	<b>00:33:35</b>	28	00:02:13	00:09:39	00:33:48	
19	ABANIN Vadzim	501	ALTIUS!	M45-49		00:16:45	<b>00:33:41</b>	31	00:02:25	00:09:42	00:33:53	
20	BONIKOWSKI Jakub	772	TRISPACE	M45-49		00:16:13	<b>00:33:51</b>	36	00:02:45	00:09:17	00:33:27	
21	RYŚ Sebastian	697		M40-44		00:16:23	<b>00:33:36</b>	29	00:02:53	00:09:39	00:33:37	
22	ANDRZEJEWSKI Marcin	507	8BREM	M30-34		00:16:40	<b>00:34:06</b>	39	00:03:19	00:09:23	00:32:52	

					Pływanie				Rower		TZ	Bieg	Case
23	<b>MATUSIAK Mateusz</b>	<b>646</b>	SNG WILD DUCKS	M30-34	00:16:12	<b>00:33:32</b>	26	00:02:52	00:09:52	00:33:55			
24	<b>UTYKAŃSKI Michał</b>	<b>730</b>	SBR TEAM	M30-34	00:14:48	<b>00:30:33</b>	5	00:03:40	00:10:23	00:36:20			
25	<b>KOWALKOWSKI Piotr</b>	<b>610</b>	7 LO BYDGOSZCZ	M40-44	00:16:10	<b>00:33:46</b>	33	00:03:05	00:09:43	00:33:57			
26	<b>LITAWA Jacek</b>	<b>634</b>		M45-49	00:16:27	<b>00:33:29</b>	25	00:02:48	00:09:53	00:35:16			
27	<b>PIEKARSKI Paweł</b>	<b>676</b>		M25-29	00:15:30	<b>00:31:58</b>	17	00:03:22	00:11:02	00:36:15			
28	<b>POSTIKA Oleksandr</b>	<b>682</b>	TRITONODESSA	M35-39	00:16:56	<b>00:34:50</b>	48	00:02:47	00:09:50	00:34:02			
29	<b>ŁAZARONEK Przemysław</b>	<b>637</b>	DZIEWIĘTNAŚCIE77	M40-44	00:15:50	<b>00:31:53</b>	16	00:03:09	00:10:34	00:36:38			
30	<b>MADIN Dmytro</b>	<b>638</b>	TRITONODESSA	M40-44	00:16:39	<b>00:34:17</b>	43	00:03:27	00:09:38	00:33:58			
	<b>ŻYŁA Marcin</b>	<b>765</b>		M30-34	00:15:49	<b>00:33:25</b>	23	00:02:50	00:10:14	00:35:46			
	<b>KLUSZCZYŃSKI Robert</b>	<b>601</b>	TORUŃ MULTISPORT TEAM	M40-44	00:17:45	<b>00:36:42</b>	77	00:03:05	00:09:37	00:32:30			
33	<b>BRUZGIELEWICZ Piotr</b>	<b>524</b>	#ADAMCZERWIŃSKITEAM	M25-29	00:16:43	<b>00:33:43</b>	32	00:04:24	00:10:12	00:34:33			
34	<b>BENTKOWSKI Marcin</b>	<b>516</b>	TRIPOWER	M30-34	00:17:02	<b>00:35:09</b>	53	00:02:50	00:09:53	00:34:46			
35	<b>SOBIERAJ Rafał</b>	<b>708</b>	NEVER GIVE UP WARSZAWA-BEMOWO	M25-29	00:15:41	<b>00:32:14</b>	20	00:04:05	00:10:06	00:36:31			
36	<b>WANIEWSKI Marcin</b>	<b>737</b>	WANIEWSKI COACHING	M40-44	00:15:10	<b>00:31:01</b>	7	00:02:15	00:16:24	00:39:47			
37	<b>PORZYCH Rafał</b>	<b>681</b>	RAFSON.TV	M18-24	00:16:57	<b>00:35:44</b>	63	00:02:32	00:09:48	00:34:48			
38	<b>SZYTENHOLM Oliwier</b>	<b>723</b>	TRISPACE	M35-39	00:18:06	<b>00:37:13</b>	81	00:02:24	00:09:36	00:33:28	TriSpace		
39	<b>KOWALIKOWSKI Daniel</b>	<b>609</b>	VELOMANIA BYDGOSZCZ TEAM	M25-29	00:17:51	<b>00:37:33</b>	90	00:02:58	00:09:25	00:32:36			
40	<b>KRASOŃ Marcin</b>	<b>612</b>	SMASHING PĄPKINS / NBR TEAM / TRINERGY	M35-39	00:17:44	<b>00:36:43</b>	78	00:03:09	00:09:54	00:33:15			
41	<b>POLAŃSKI Tomasz</b>	<b>528</b>	B4SPORT	M40-44	00:17:47	<b>00:36:11</b>	69	00:02:18	00:09:59	00:34:40			
42	<b>DEPTUŁA Grzegorz</b>	<b>544</b>	VII LO	M40-44	00:17:41	<b>00:36:07</b>	67	00:02:46	00:09:41	00:34:19			
43	<b>WELZER Dariusz</b>	<b>738</b>	WELDA BIMARKO GALI TEAM	M45-49	00:17:53	<b>00:36:21</b>	71	00:02:37	00:10:11	00:34:15			
44	<b>CIESZYŃSKI Jacek</b>	<b>536</b>	BRZOZA ROWEROWA	M55-59	00:16:57	<b>00:34:28</b>	44	00:02:55	00:10:24	00:35:51			
45	<b>BICKOWSKI Kajetan</b>	<b>518</b>	ALE TEAM	M25-29	00:17:14	<b>00:35:15</b>	55	00:03:09	00:10:13	00:34:52			
46	<b>SZYMAŃSKI Piotr</b>	<b>721</b>		M25-29	00:15:40	<b>00:32:59</b>	22	00:04:10	00:10:20	00:36:30			
	<b>PIESIK Dawid</b>	<b>677</b>	ARRK	M25-29	00:17:06	<b>00:35:32</b>	59	00:03:57	00:09:38	00:34:20			
48	<b>BETHKE Sławomir</b>	<b>517</b>	TRISPACE	M30-34	00:18:57	<b>00:39:46</b>	133	00:02:46	00:09:01	00:31:20	TriSpace		
49	<b>KNOTHE Adam</b>	<b>602</b>	BUDSTOL INVEST	M45-49	00:19:18	<b>00:39:44</b>	131	00:02:17	00:09:15	00:31:52	AMS		
50	<b>JAŹDZIEWSKI Dawid</b>	<b>583</b>	TRI TUR CHOJNICE	M25-29	00:17:48	<b>00:37:36</b>	91	00:02:51	00:09:21	00:33:33			
51	<b>MATEJA Janusz Michał</b>	<b>644</b>		M60-64	00:16:40	<b>00:34:30</b>	45	00:03:48	00:10:30	00:36:05			
52	<b>LOBANOVSKIS Aleksandrs</b>	<b>635</b>	CVO	M40-44	00:17:21	<b>00:35:40</b>	60	00:05:47	00:09:25	00:33:12			
53	<b>PIEKARSKI Marek</b>	<b>521</b>	SISU TEAM / SOLANO	M45-49	00:17:40	<b>00:36:34</b>	75	00:02:53	00:10:01	00:35:15			
54	<b>KUROWSKI Kamil</b>	<b>622</b>	3GRAVITY	M30-34	00:18:52	<b>00:38:55</b>	116	00:03:16	00:09:09	00:32:53			
55	<b>GACKA Rafał</b>	<b>555</b>	LUPUS TEAM	M40-44	00:17:54	<b>00:37:20</b>	83	00:03:13	00:09:58	00:34:37			
56	<b>WRZOCHALSKI Robert</b>	<b>749</b>	TRIDEA TEAM	M45-49	00:18:16	<b>00:38:23</b>	102	00:03:14	00:09:29	00:33:40			

					Pływanie					Rower		Bieg	
57	<b>KHOMYTSKYI Oleg</b>	<b>598</b>	TRITON	M25-29	00:18:17	<b>00:38:31</b>	106	00:02:36	00:09:51	00:34:11			
58	<b>GIERZ Bartłomiej</b>	<b>560</b>	GO APTIV!	M25-29	00:17:10	<b>00:35:02</b>	51	00:04:52	00:10:09	00:35:25			
59	<b>BANACH Marcin</b>	<b>511</b>	3GRAVITY	M30-34	00:18:54	<b>00:38:48</b>	115	00:02:20	00:09:47	00:34:12			
60	<b>SZŁYK Maciej</b>	<b>771</b>		M40-44	00:17:39	<b>00:35:31</b>	57	00:03:41	00:10:29	00:36:11			
61	<b>BARCZYKOWSKI Szymon</b>	<b>512</b>	TRISPACE	M30-34	TriSpace	00:17:13	<b>00:34:55</b>	50	00:03:36	00:10:33	00:37:00		
62	<b>STACHOWSKI Sebastian</b>	<b>712</b>	TRI TEAM ZĄBKI	M35-39		00:18:45	<b>00:38:26</b>	103	00:02:57	00:10:06	00:34:44		
63	<b>IDZIKOWSKI Maciej</b>	<b>574</b>		M25-29		00:16:33	<b>00:33:54</b>	37	00:04:29	00:10:53	00:37:47		
64	<b>KLAPUCH Michał</b>	<b>600</b>	FIZJO-MAT	M35-39		00:17:18	<b>00:36:32</b>	74	00:03:39	00:10:18	00:36:03		
65	<b>SOBCZAK Marcin</b>	<b>706</b>	TRISPACE	M40-44	TriSpace	00:16:48	<b>00:34:33</b>	46	00:03:10	00:11:24	00:38:33		
66	<b>PARTYKA Rafał</b>	<b>672</b>		M40-44		00:15:28	<b>00:33:48</b>	34	00:05:12	00:10:39	00:37:29		
67	<b>WRÓBLEWSKI Wojciech</b>	<b>748</b>	SNG WILD DUCKS	M40-44		00:18:13	<b>00:37:29</b>	85	00:03:50	00:09:58	00:35:15		
68	<b>MONAGHAN Damian</b>	<b>658</b>	ABCPURE	M35-39		00:15:22	<b>00:31:16</b>	10	00:04:13	00:11:50	00:41:13		
69	<b>WIECZOREK Łukasz</b>	<b>739</b>	RUN4FUN WWW.BYTPAK.PL	M30-34		00:18:42	<b>00:38:31</b>	105	00:03:18	00:09:42	00:34:55		
70	<b>KOWALCZYK Dariusz</b>	<b>608</b>	GTT DIAMENT	M50-54		00:19:29	<b>00:39:05</b>	120	00:02:56	00:09:55	00:34:49		
71	<b>GÓRNY Wojciech</b>	<b>774</b>	TRISPACE	M45-49		00:17:32	<b>00:35:46</b>	64	00:03:04	00:11:01	00:38:02		
72	<b>KASTRAU Tomasz</b>	<b>593</b>		M35-39		00:16:09	<b>00:35:53</b>	65	00:04:12	00:10:35	00:36:53		
73	<b>BABICKI Szymon</b>	<b>510</b>	KUŹNIA TRIATHLONU	M35-39		00:17:57	<b>00:37:33</b>	89	00:03:16	00:10:39	00:36:10		
74	<b>SENGER Robert</b>	<b>702</b>	TRIZARZA TEAM	M35-39		00:18:10	<b>00:37:42</b>	94	00:03:42	00:10:19	00:35:38		
75	<b>CUPA Ireneusz</b>	<b>538</b>	TRIATHLON KONSULTING	M45-49		00:18:38	<b>00:38:56</b>	117	00:04:00	00:09:52	00:34:12		
76	<b>ANDRZEJEWSKI Bartosz</b>	<b>506</b>		M35-39		00:17:01	<b>00:35:54</b>	66	00:03:45	00:11:05	00:37:42		
77	<b>GĘBARZEWSKI Robert</b>	<b>559</b>	NORAUTO POLSKA SP.Z O.O.	M45-49		00:18:10	<b>00:37:32</b>	88	00:03:22	00:10:20	00:36:32		
78	<b>MIELCAREK Maciej</b>	<b>653</b>	MIELCARKS TEAM	M25-29		00:17:23	<b>00:36:14</b>	70	00:03:54	00:10:51	00:37:36		
79	<b>BARTOSIŃSKI Bartłomiej</b>	<b>767</b>	DECATHLON	M25-29		00:18:02	<b>00:37:13</b>	80	00:03:12	00:10:38	00:37:21		
80	<b>WAŁĘŻA Hubert</b>	<b>735</b>	KANAŁOWA TRI TEAM	M30-34		00:17:09	<b>00:35:32</b>	58	00:03:15	00:11:14	00:39:05		
81	<b>ZAKRZEWSKI Michał</b>	<b>753</b>	SNG WILD DUCKS	M40-44		00:16:31	<b>00:34:16</b>	42	00:05:51	00:11:20	00:38:01		
82	<b>IGNACZAK Jarek</b>	<b>575</b>		M35-39		00:18:42	<b>00:38:45</b>	114	00:04:02	00:10:11	00:35:29		
83	<b>ANTKOWIAK Bartosz</b>	<b>508</b>	TRISPACE	M30-34	TriSpace	00:19:22	<b>00:39:45</b>	132	00:02:27	00:10:16	00:36:11		
84	<b>GRUBA Marek</b>	<b>568</b>		M30-34		00:17:50	<b>00:37:39</b>	92	00:03:59	00:10:14	00:36:48		
85	<b>HARTMAN Patrycjusz</b>	<b>572</b>	TRENUJ TRIATHLON	M35-39		00:19:39	<b>00:40:31</b>	148	00:04:10	00:09:53	00:34:05		
86	<b>ROSZAK Bartosz</b>	<b>692</b>	WRONIECKI KLUB BIEGACZA	M35-39		00:18:48	<b>00:37:57</b>	97	00:03:24	00:10:54	00:37:27		
87	<b>KILIJĄCZYK Piotr</b>	<b>599</b>		M35-39		00:18:58	<b>00:38:36</b>	109	00:03:03	00:10:38	00:37:11		
	<b>MARKIEWICZ Maciej</b>	<b>642</b>	TRISPACE	M35-39	TriSpace	00:18:17	<b>00:37:26</b>	84	00:04:21	00:10:21	00:37:08		
89	<b>WODYŃSKI Jan</b>	<b>745</b>	SMARUJ NA TRENING TEAM / TRIMAMA	M30-34		00:18:08	<b>00:38:40</b>	113	00:03:17	00:10:46	00:37:04		
90	<b>CHECIŃSKI Marek</b>	<b>532</b>	#LECIMY	M40-44		00:18:15	<b>00:38:15</b>	98	00:05:23	00:10:02	00:35:27		

					Pływanie			Rower		Bieg	
91	<b>WISNIEWSKI Piotr</b>	<b>740</b>	DBR77.COM	M40-44	00:16:57	<b>00:34:53</b>	49	00:05:07	00:11:19	00:39:11	
92	<b>LESZCZYŃSKI Mariusz</b>	<b>630</b>	SMASHING PĄPKINS	M40-44	00:19:00	<b>00:39:38</b>	129	00:03:04	00:10:38	00:36:35	
93	<b>GROCHOWSKI Maciej</b>	<b>566</b>		M30-34	00:17:08	<b>00:35:21</b>	56	00:03:55	00:11:32	00:40:12	
94	<b>MAĐEREK Bogusz</b>	<b>648</b>	BAJEK	M18-24					00:09:56	00:35:43	
95	<b>PIC Dawid</b>	<b>675</b>		M25-29	00:18:03	<b>00:37:30</b>	86	00:06:09	00:10:11	00:36:02	
96	<b>JANISZEWSKI Arkadiusz</b>	<b>580</b>	GT RAT	M45-49	00:20:54	<b>00:42:38</b>	175	00:02:54	00:09:50	00:34:21	
97	<b>KRAVCHEŃKO Konstantin</b>	<b>614</b>	TRITON	M40-44	00:19:06	<b>00:40:16</b>	142	00:04:21	00:09:45	00:35:24	
98	<b>KUSIAK Marcin</b>	<b>624</b>	CREATIVE BOCHNIA BIEGA	M35-39	00:20:09	<b>00:41:54</b>	168	00:04:30	00:09:28	00:33:40	
99	<b>MAŁECKI Mateusz</b>	<b>640</b>	111.KEGEL.PL	M35-39	00:21:05	<b>00:43:21</b>	182	00:03:53	00:09:18	00:32:53	
100	<b>BUJKO Tomasz</b>	<b>527</b>	BUJECZKO TEAM	M35-39	00:17:59	<b>00:37:41</b>	93	00:03:39	00:11:12	00:38:49	
101	<b>SANECKI Robert</b>	<b>699</b>	SPRINT GORZYCE	M40-44	00:19:31	<b>00:39:23</b>	125	00:05:58	00:10:29	00:34:50	
102	<b>DULEBA Dariusz</b>	<b>550</b>	NOKIA BYDGOSZCZ	M35-39	00:19:24	<b>00:40:29</b>	147	00:03:58	00:10:12	00:35:51	
103	<b>TALBIERZ Piotr</b>	<b>724</b>	P&P	M40-44	00:19:15	<b>00:39:15</b>	123	00:04:22	00:10:37	00:36:43	
104	<b>KABAT Błażej</b>	<b>586</b>		M30-34	00:19:18	<b>00:40:36</b>	151	00:03:20	00:10:25	00:36:26	
105	<b>HAIZE Tomasz</b>	<b>570</b>	ARRK	M40-44	00:18:25	<b>00:38:15</b>	99	00:03:29	00:10:52	00:38:45	
106	<b>MICHALLEK Damian</b>	<b>650</b>	TRISPACE	M30-34	00:19:33	<b>00:39:46</b>	135	00:04:45	00:10:31	00:36:03	
107	<b>ANTOSZEWSKI Mateusz</b>	<b>509</b>	ARRK	M25-29	00:19:17	<b>00:39:28</b>	127	00:03:43	00:10:36	00:37:24	
108	<b>TOMIŃSKI Krzysztof</b>	<b>726</b>	PTT DELTA	M40-44	00:17:34	<b>00:35:41</b>	61	00:06:48	00:12:09	00:38:19	
109	<b>BYZDRA Krzysztof</b>	<b>531</b>	BBL GDAŃSK	M45-49	00:19:22	<b>00:39:53</b>	137	00:03:06	00:11:02	00:38:05	
110	<b>WIŚNIEWSKI Zbigniew</b>	<b>742</b>	BRZOZA BIEGA	M50-54	00:19:46	<b>00:40:42</b>	152	00:04:10	00:10:35	00:36:15	
111	<b>VALERII Makaikin</b>	<b>731</b>	SHYPHYNA RUN CLUB	M45-49	00:18:16	<b>00:36:47</b>	79	00:05:47	00:10:58	00:38:35	
112	<b>POCIEJ Bohdan</b>	<b>678</b>	PTT DELTA	M60-64	00:18:27	<b>00:38:39</b>	112	00:05:22	00:10:32	00:37:12	
113	<b>KAPICA Marek</b>	<b>590</b>	NGK RUNNING TEAM	M35-39	00:19:25	<b>00:40:03</b>	140	00:03:24	00:10:49	00:37:47	
114	<b>ZAWIŁO Bartłomiej</b>	<b>757</b>	NOWA HUTA TEAM	M30-34	00:17:05	<b>00:34:37</b>	47	00:04:41	00:11:43	00:41:59	
115	<b>KRAUSE Szymon</b>	<b>613</b>		M35-39	00:19:11	<b>00:39:13</b>	122	00:03:19	00:11:00	00:38:47	
116	<b>OZOROWSKI Łukasz</b>	<b>670</b>	SIMPLY MADE	M35-39	00:19:50	<b>00:39:24</b>	126	00:04:33	00:10:22	00:37:34	
117	<b>ZACHWIEJA Piotr</b>	<b>752</b>		M30-34	00:19:41	<b>00:40:34</b>	149	00:03:07	00:11:07	00:38:17	
118	<b>MIELCAREK Jędrzej</b>	<b>652</b>	MIELCARKS TEAM	M25-29	00:18:53	<b>00:39:46</b>	134	00:04:42	00:10:35	00:37:32	
119	<b>PRZEWŁOCKI Jakub</b>	<b>685</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M35-39	00:18:48	<b>00:39:31</b>	128	00:04:23	00:11:01	00:38:22	
120	<b>NIEREBIŃSKI Tomasz</b>	<b>661</b>	FAMILY3TEAM	M40-44	00:18:30	<b>00:37:56</b>	96	00:05:14	00:11:16	00:39:11	
121	<b>FRYDRYSZEK Michał</b>	<b>554</b>	TRIPower	M30-34	00:21:21	<b>00:43:13</b>	181	00:03:48	00:10:04	00:35:23	
122	<b>MOSKAL Aleksander</b>	<b>659</b>		M55-59	00:19:32	<b>00:39:39</b>	130	00:03:46	00:11:26	00:39:03	
123	<b>SOBCZYŃSKI Michał</b>	<b>707</b>		M30-34	00:17:49	<b>00:37:19</b>	82	00:02:45	00:13:06	00:42:36	
124	<b>LEWIŃSKI Andrzej</b>	<b>632</b>	BIEGAMYRAZEM.PL / CTS	M45-49	00:20:26	<b>00:41:16</b>	158	00:03:38	00:10:41	00:37:46	
125	<b>BURSKI Paweł</b>	<b>529</b>	1969	M50-54	00:18:40	<b>00:38:59</b>	118	00:04:16	00:11:33	00:39:33	
126	<b>BRESKA Witold</b>	<b>522</b>	AKADEMIA BIEGOWA KOŚCIERZYNA	M45-49	00:19:59	<b>00:40:17</b>	143	00:04:02	00:10:52	00:38:33	
127	<b>GÓRSKI Sławek</b>	<b>564</b>	TRI TEAM LUBAŃ	M50-54	00:20:48	<b>00:42:40</b>	177	00:03:42	00:10:47	00:36:46	

					Pływanie			TZ	Rower		TZ	Bieg	Czas
128	<b>MIKOŁAJCZAK Tomasz</b>	<b>655</b>		M30-34	00:19:39	<b>00:40:15</b>	141	00:05:01	00:10:35	00:37:56			
129	<b>KAZIMIERCZYK Adam</b>	<b>594</b>	PTT DELTA	M35-39	00:20:50	<b>00:41:56</b>	169	00:04:30	00:10:23	00:36:50			
130	<b>KAMIŃSKI Radosław</b>	<b>589</b>	WUEF TRI TEAM	M30-34	00:20:15	<b>00:41:45</b>	166	00:04:51	00:10:16	00:36:41			
131	<b>ŻOŁĄDŹ Piotr</b>	<b>763</b>		M30-34	00:17:34	<b>00:37:31</b>	87	00:04:56	00:11:39	00:40:53			
132	<b>BAZAK Cezary</b>	<b>514</b>	CDIS SZ	M50-54	00:21:20	<b>00:44:51</b>	191	00:04:50	00:09:38	00:33:41			
133	<b>KUZIEL Karol</b>	<b>625</b>	MEDISTUFF	M25-29	00:17:36	<b>00:38:19</b>	100	00:03:39	00:11:16	00:41:25			
134	<b>CIRSON Marek</b>	<b>537</b>		M50-54	00:20:13	<b>00:41:34</b>	163	00:05:37	00:10:42	00:36:30			
135	<b>ŻYCZIŃSKI Michał</b>	<b>764</b>	TEAMOCHAL	M30-34	00:21:08	<b>00:43:12</b>	180	00:04:19	00:10:28	00:36:18			
136	<b>RATAJCZAK Marek</b>	<b>689</b>	TRIATHLON CLUB WROCŁAW	M50-54	00:20:52	<b>00:41:32</b>	162	00:04:57	00:10:22	00:37:23			
137	<b>MAJDA Adrian</b>	<b>639</b>	DZIK SQUAD	M30-34	00:19:35	<b>00:40:00</b>	138	00:03:54	00:11:22	00:40:09			
138	<b>KONIECZNY Przemysław</b>	<b>605</b>		M30-34	00:19:04	<b>00:40:22</b>	144	00:04:21	00:11:14	00:39:28			
139	<b>JOACHIMIAK Marek</b>	<b>585</b>	GT RAT	M25-29	00:21:55	<b>00:46:16</b>	200	00:03:23	00:09:43	00:34:45			
140	<b>BRUZGIELEWICZ Paweł</b>	<b>525</b>		M55-59	00:18:07	<b>00:36:08</b>	68	00:09:10	00:11:13	00:39:19			
141	<b>JABŁOŃSKI Patryk</b>	<b>577</b>	BEZ FORMY TEAM	M30-34	00:20:19	<b>00:41:13</b>	157	00:04:49	00:11:15	00:38:48			
142	<b>KĘPOWICZ Kamil</b>	<b>597</b>	KAMIL	M30-34	00:19:48	<b>00:40:24</b>	145	00:04:21	00:11:30	00:40:07			
143	<b>DRZEWIECKI Rafał</b>	<b>548</b>	RUN4FUN WWW.BYTPAK.PL	M40-44	00:19:35	<b>00:42:39</b>	176	00:03:47	00:11:14	00:38:44			
144	<b>KARWACKI Grzegorz</b>	<b>592</b>	KATCROS/GLOBUS	M45-49	00:18:50	<b>00:39:09</b>	121	00:04:15	00:11:43	00:41:49			
145	<b>KWIATKOWSKI Jakub</b>	<b>627</b>		M25-29	00:19:50	<b>00:40:56</b>	154	00:04:54	00:11:41	00:39:29			
146	<b>LEWANDOWSKI Marcin</b>	<b>631</b>	KEEPPER	M25-29	00:20:28	<b>00:42:09</b>	172	00:04:21	00:11:13	00:38:52			
147	<b>GAJ Radosław</b>	<b>557</b>	1976	M40-44	00:18:47	<b>00:38:38</b>	110	00:05:46	00:11:30	00:41:07			
148	<b>NOWAK Krzysztof</b>	<b>664</b>		M45-49	00:20:11	<b>00:41:31</b>	161	00:04:21	00:11:08	00:39:44			
	<b>PREUSS Daniel</b>	<b>684</b>	ATOS	M45-49	00:18:20	<b>00:38:39</b>	111	00:04:57	00:12:12	00:42:02			
150	<b>GENIBOR Piotr</b>	<b>558</b>	NDZ	M30-34	00:20:34	<b>00:41:28</b>	160	00:03:41	00:11:36	00:40:46			
151	<b>CYREK Grzegorz</b>	<b>539</b>	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:22:20	<b>00:46:13</b>	199	00:04:50	00:10:12	00:35:38			
152	<b>SERZYSKO Bartosz</b>	<b>582</b>		M30-34	00:20:54	<b>00:44:32</b>	190	00:04:53	00:10:31	00:37:31			
153	<b>SANIGÓRSKI Krzysztof</b>	<b>700</b>		M40-44	00:20:38	<b>00:46:55</b>	206	00:03:32	00:10:35	00:36:51			
154	<b>ROCH Mateusz</b>	<b>691</b>		M25-29	00:17:55	<b>00:36:29</b>	72	00:07:18	00:12:22	00:43:40			
155	<b>STĘPNIAK Krzysztof</b>	<b>715</b>	RUN4FUN	M40-44	00:20:23	<b>00:42:43</b>	178	00:05:34	00:10:57	00:39:14			
156	<b>KUCHARCZYK Kamil</b>	<b>620</b>	TRI NOT TO DIE	M30-34	00:21:46	<b>00:45:11</b>	193	00:04:22	00:10:56	00:38:22			
157	<b>DUDEK Artur</b>	<b>549</b>		M25-29	00:21:21	<b>00:44:10</b>	185	00:05:28	00:11:08	00:38:37			
158	<b>KARKOSZKA Marcin</b>	<b>591</b>	1990	M25-29	00:19:57	<b>00:41:03</b>	156	00:04:33	00:11:56	00:42:51			
159	<b>NOWAK Tomasz</b>	<b>662</b>	WITKOWO BIEGA	M35-39	00:21:19	<b>00:44:20</b>	188	00:05:35	00:11:03	00:38:40			
160	<b>SUDOŁ Jacek</b>	<b>716</b>	IPA BYDGOSZCZ	M40-44	00:20:14	<b>00:41:59</b>	170	00:04:17	00:11:41	00:42:24			
161	<b>GRUBA Jacek</b>	<b>567</b>		M55-59	00:21:52	<b>00:45:38</b>	197	00:04:10	00:11:06	00:38:54			
162	<b>NURKIEWICZ Jarosław</b>	<b>666</b>	KUNG FU PANDY 3	M45-49	00:21:00	<b>00:44:16</b>	187	00:03:38	00:11:47	00:40:52			



					Pływanie			TZ	Rower		TZ	Bieg	Case
163	<b>CZAPIEWSKI Krzysztof</b>	<b>540</b>	DANONE	M30-34	00:21:36	<b>00:44:09</b>	184	00:04:57	00:11:04	00:39:53			
164	<b>KOSTRZEWA Mateusz</b>	<b>768</b>		M30-34	00:19:37	<b>00:39:01</b>	119	00:05:03	00:12:49	00:45:13			
165	<b>PEKAŁA Łukasz</b>	<b>674</b>	CIEZAROWKA.PL	M35-39	00:21:47	<b>00:45:28</b>	195	00:04:47	00:11:24	00:39:15			
166	<b>WRONA Klaudiusz</b>	<b>747</b>		M40-44	00:18:56	<b>00:39:20</b>	124	00:05:55	00:12:40	00:44:30			
DQ	<b>SAJDAK Ireneusz</b>	<b>698</b>	SPEED JASŁO	M60-64	DQ	<b>DQ</b>	173	DQ	DQ	DQ			
168	<b>ZATORSKI Robert</b>	<b>754</b>		M45-49	00:22:44	<b>00:47:16</b>	209	00:05:11	00:10:37	00:37:47			
169	<b>SZYMANOWSKI Krzysztof</b>	<b>719</b>		M55-59	00:22:31	<b>00:46:25</b>	202	00:06:51	00:10:51	00:37:35			
170	<b>KOSICKI Bartłomiej</b>	<b>504</b>		M35-39	00:20:22	<b>00:41:46</b>	167	00:06:36	00:12:27	00:42:46			
171	<b>ZUBEK Rafał</b>	<b>761</b>	PTT DELTA	M50-54	00:22:36	<b>00:46:35</b>	203	00:04:50	00:11:04	00:39:43			
172	<b>PUDŁO Marcin</b>	<b>686</b>		M35-39	00:23:07	<b>00:45:41</b>	198	00:04:27	00:11:48	00:41:11			
173	<b>RYBKOWSKI Grzegorz</b>	<b>694</b>		M50-54	00:23:55	<b>00:50:39</b>	219	00:04:24	00:10:33	00:36:56			
174	<b>KAZUBOWSKI Jacek</b>	<b>595</b>	1967	M50-54	00:24:18	<b>00:49:42</b>	217	00:03:54	00:10:45	00:38:31			
175	<b>KOWALSKI Piotr</b>	<b>611</b>		M45-49	00:21:44	<b>00:46:17</b>	201	00:07:05	00:11:12	00:39:14			
176	<b>INGLOT Michał</b>	<b>576</b>	REFINITIV TRIATHLON TEAM	M40-44	00:21:23	<b>00:44:53</b>	192	00:05:10	00:12:05	00:42:43			
	<b>DOŁHUN Adam</b>	<b>545</b>	RUN PASJA BYDGOSZCZ	M35-39	00:20:17	<b>00:42:03</b>	171	00:03:27	00:19:18	00:47:24			
178	<b>MILNER Szymon</b>	<b>656</b>	TĘCZA	M35-39	00:25:14	<b>00:54:02</b>	224	00:02:52	00:10:13	00:36:02			
179	<b>KURZEJA Kamil</b>	<b>502</b>		M25-29	00:22:39	<b>00:48:42</b>	214	00:02:55	00:11:50	00:41:33			
180	<b>ANDRZEJAK Robert</b>	<b>505</b>	DRONE AND MORE	M40-44	00:22:42	<b>00:46:43</b>	204	00:05:33	00:11:26	00:41:23			
181	<b>GOZDOWSKI Paweł</b>	<b>563</b>		M45-49	00:24:38	<b>00:50:50</b>	221	00:05:29	00:10:31	00:37:34			
182	<b>KOŚCIELAK Maciej</b>	<b>606</b>	ŻANDARMI Z BYDGOSZCZY	M40-44	00:22:33	<b>00:48:40</b>	213	00:04:46	00:11:42	00:40:36			
183	<b>URBAŃSKI Adam</b>	<b>729</b>	GABRYSLA I LEON	M35-39	00:21:02	<b>00:44:22</b>	189	00:06:38	00:12:49	00:44:59			
184	<b>STAFIEJ Wojciech</b>	<b>713</b>		M45-49	00:24:27	<b>00:50:40</b>	220	00:04:36	00:11:40	00:41:16			
185	<b>KURZYŃSKI Paweł</b>	<b>623</b>	MEDISTUFF	M25-29	00:22:24	<b>00:47:17</b>	211	00:04:36	00:12:53	00:46:38			
186	<b>WITCZAK Dariusz</b>	<b>743</b>	NIEZRZESZONY	M45-49	00:25:54	<b>00:54:37</b>	226	00:04:36	00:11:20	00:39:34			
187	<b>WIŚNIEWSKI Piotr</b>	<b>741</b>		M30-34	00:23:23	<b>00:48:37</b>	212	00:06:30	00:11:51	00:43:42			
188	<b>KRUSZKA Łukasz</b>	<b>616</b>		M40-44	00:22:40	<b>00:51:22</b>	222	00:04:50	00:11:38	00:42:44			
189	<b>ŻARNOWSKI Dawid</b>	<b>762</b>		M40-44	00:23:00	<b>00:49:19</b>	216	00:06:08	00:11:59	00:43:34			
190	<b>GONTAR Rafał</b>	<b>562</b>	M.I.L.A.	M50-54	00:22:52	<b>00:47:09</b>	208	00:07:27	00:13:07	00:45:17			
191	<b>KRYSZTOFOWICZ Tomasz</b>	<b>618</b>		M30-34	00:22:28	<b>00:49:10</b>	215	00:09:00	00:11:52	00:42:42			
192	<b>BINKOWSKI Czarek</b>	<b>769</b>	LKS BOGMAR OSTROMECKO	M45-49	00:26:21	<b>00:55:43</b>	230	00:06:15	00:11:12	00:40:18			
193	<b>ADAMSKI Leszek</b>	<b>503</b>	NIEZRZESZONY	M35-39	00:20:23	<b>00:41:42</b>	165	00:05:22	00:23:27	00:55:51			
	<b>JĘDRZEJCZYK Leszek</b>	<b>584</b>		M50-54	00:26:24	<b>00:55:56</b>	231	00:05:07	00:11:49	00:41:57			
195	<b>SIŁAKOWSKI Ariel</b>	<b>703</b>	OPERLAND.PL	M30-34	00:26:20	<b>00:56:23</b>	232	00:08:59	00:11:40	00:41:15			
196	<b>SOBKO Artur</b>	<b>709</b>		M30-34	00:25:30	<b>00:55:05</b>	228	00:05:49	00:13:03	00:47:08			
197	<b>PODKOWSKI Wojciech</b>	<b>541</b>	MORSYGDYŃSKIE BIEGAMYRAZEM.PL	M50-54	00:23:52	<b>00:50:06</b>	218	00:05:44	00:22:25	00:52:25			
198	<b>LIPIŃSKI Sebastian</b>	<b>633</b>	GRUPA LANDER NIERUCHOMOŚCI/ROVIGO	M45-49	00:28:51	<b>01:01:11</b>	234	00:04:59	00:11:54	00:42:11			
199	<b>WRZOSEK Jarosław</b>	<b>750</b>		M45-49	00:28:16	<b>01:03:05</b>	236	00:05:53	00:12:13	00:43:43			
200	<b>VASHKEVICH Vital</b>	<b>732</b>	KUZNIA TRIATHLONU	M30-34	00:17:00	<b>00:35:07</b>	52	00:02:43	01:11:36	01:38:53			

					□ Pływanie			T1	□ Rower		T2	□ Bieg	Czas
201	<b>SPICA Daniel</b>	<b>710</b>		M40-44	00:35:36	<b>01:16:22</b>	237	00:11:02	00:14:22	00:50:24			
202	<b>SZYMANOWSKI Paweł</b>	<b>720</b>	MIELCARKS TEAM	M25-29	00:17:11	<b>00:35:41</b>	62	00:04:21	01:16:59	01:45:55			
203	<b>MIELCAREK Mateusz</b>	<b>651</b>	MIELCARKS TEAM	M30-34	00:21:06	<b>00:44:12</b>	186	00:05:44	00:12:03	02:00:43			
	<b>DRIZLIKH Leonid</b>	<b>546</b>	TRITON	M50-54	00:34:29				00:10:01	02:37:24			

Znaleziono 204 wynik(ów)