



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**Event:** Ocean Lava Triathlon Polska 2020  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2020-08-22  
**Place:** Bydgoszcz  
**Distance:** 113 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: **Mężczyźni**

Split point: 7,2 km

Place	Participant	Number	Club	Category	Drużyna	Swimming			T2	Cycling	T2	Race	Gap
						P_Borowno 0.95km	P_Borowno 1.9km	Poz					
1	<b>MARCINEK Tomasz</b>	<b>503</b>	IRON TEAM TOMASZ MARCINEK	M25-29	Iron Team Tomasz Marcinek	00:11:39	<b>00:23:19</b>	2	00:02:00	00:08:32			
2	<b>ADAM Kacper</b>	<b>502</b>	OLIMPIUS/PCG/THESPORT	M25-29		00:11:39	<b>00:23:18</b>	1	00:02:29	00:09:02			
3	<b>KALINOWSKI Paweł</b>	<b>613</b>	TRIZARZA	M35-39	TriZarza	00:13:28	<b>00:27:23</b>	5	00:02:33	00:09:28			
4	<b>FABISZEWSKI Marcin</b>	<b>566</b>	TRIWAWA	M35-39		00:13:46	<b>00:27:50</b>	6	00:02:34	00:09:46			
5	<b>RUCIŃSKI Marcin</b>	<b>755</b>	TRIBA BOSIR BARCIN	M45-49		00:14:10	<b>00:28:53</b>	10	00:02:31	00:09:24			
6	<b>MAZUR Paweł</b>	<b>687</b>	NAJMOWICZ TRIATHLON/TRS SUSZ	M30-34		00:13:56	<b>00:28:20</b>	7	00:02:38	00:09:54			
7	<b>PLUTA Gniewomir</b>	<b>738</b>	UKS TRS SUSZ	M35-39		00:14:13	<b>00:28:25</b>	8	00:02:32	00:10:00			
8	<b>OLSZEWSKI Aleksander</b>	<b>715</b>	TRINERGY TEAM	M30-34		00:14:18	<b>00:29:27</b>	16	00:02:28	00:09:26			
9	<b>GOGACZ Sebastian</b>	<b>579</b>	UKS TRÓJKA PUŁAWY	M40-44		00:12:44	<b>00:26:01</b>	4	00:04:19	00:11:17			
10	<b>MALICKI Michał</b>	<b>681</b>		M30-34		00:14:01	<b>00:29:05</b>	14	00:03:05	00:09:48			
11	<b>PIEKARSKI Paweł</b>	<b>727</b>		M30-34		00:13:53	<b>00:28:45</b>	9	00:03:16	00:09:58			
12	<b>LESINSKI Jarosław</b>	<b>663</b>		M40-44		00:14:06	<b>00:28:58</b>	12	00:03:06	00:10:12			
13	<b>ANDRZEJEWSKI Marcin</b>	<b>512</b>	8 BREM KOŁOBRZEG	M35-39		00:15:21	<b>00:30:59</b>	28	00:02:34	00:08:45			
14	<b>JAROŃ Tomasz</b>	<b>601</b>	AKADEMIA TRIATHLONU JAROSŁAW	M45-49		00:14:13	<b>00:29:03</b>	13	00:03:46	00:09:34			
15	<b>WIĘCKOWSKI Dariusz</b>	<b>818</b>	AMS TRIATHLON BYDGOSZCZ	M40-44	AMS Triathlon Bydgoszcz	00:14:09	<b>00:29:09</b>	15	00:02:52	00:10:29			
16	<b>CIEMIELEWSKI Piotr</b>	<b>544</b>	TORUŃ MULTISPORT TEAM	M35-39		00:15:10	<b>00:30:55</b>	27	00:02:57	00:09:07			
17	<b>P..... A.....</b>	<b>740</b>	T.....	M45-49	Trinergy Team	00:15:26	<b>00:31:17</b>	32	00:02:47	00:09:05			
	<b>ŚMIGŁAK Krzysztof</b>	<b>795</b>	SAUERLAND TEAM	M35-39		00:16:10	<b>00:32:00</b>	46	00:02:13	00:08:56			
19	<b>ZIĘBA Adam</b>	<b>509</b>	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:15:44	<b>00:31:42</b>	39	00:02:38	00:09:01			
20	<b>TOPCZEWSKI Gracjan</b>	<b>505</b>	TRISPACE/TREK	M40-44	TRISPACE/TREK	00:15:15	<b>00:31:39</b>	37	00:02:27	00:09:18			
21	<b>STACHURA Mateusz</b>	<b>777</b>		M30-34		00:15:05	<b>00:31:32</b>	36	00:02:14	00:09:50			
22	<b>GÓRECKI Tomasz</b>	<b>581</b>	PTT DELTA	M30-34		00:14:36	<b>00:29:45</b>	19	00:03:17	00:10:38			
23	<b>SARAPUK Krzysztof</b>	<b>762</b>	ATC CARGO TEAM	M50-54		00:15:15	<b>00:31:12</b>	29	00:02:42	00:09:49			
24	<b>CIASTO Sebastian</b>	<b>542</b>		M35-39		00:14:44	<b>00:29:44</b>	18	00:03:11	00:10:54			
	<b>TRACZYK Paweł</b>	<b>506</b>	TRI TEAM RUMIA	M40-44		00:13:17	<b>00:25:01</b>	3	00:02:46	00:16:04			
26	<b>HERMELIN Wojciech</b>	<b>591</b>	KANCELARIA HMM	M40-44		00:15:28	<b>00:31:43</b>	40	00:02:43	00:09:28			
27	<b>SOBCZAK Marcin</b>	<b>771</b>	SOBCZAKTEAM	M45-49		00:15:14	<b>00:31:13</b>	31	00:03:15	00:09:42			

						Swimming			T1	Cycling	T2	Race	Czas
28	<b>POLICZKIEWICZ Maciej</b>	<b>741</b>	TRIZARZA TEAM	M35-39	TriZarza	00:15:11	<b>00:31:12</b>	30	00:03:16	00:09:44			
29	<b>PORZYCH Rafał</b>	<b>744</b>	RAFSON.TV	M18-24		00:15:32	<b>00:32:25</b>	56	00:02:40	00:09:21			
30	<b>KOWALIKOWSKI Daniel</b>	<b>642</b>	IRON TEAM TOMASZ MARCINEK	M30-34	Iron Team Tomasz Marcinek	00:15:49	<b>00:32:24</b>	55	00:02:26	00:09:50			
31	<b>GRYCZ Kamil</b>	<b>586</b>	TRIZARZA	M30-34	TriZarza	00:15:36	<b>00:31:56</b>	44	00:03:13	00:09:34			
32	<b>STASZKIEWICZ Jakub</b>	<b>778</b>	STASHKY TEAM	M18-24		00:14:03	<b>00:28:57</b>	11	00:04:03	00:11:55			
33	<b>PARTYKA Rafał</b>	<b>720</b>		M40-44		00:14:20	<b>00:29:39</b>	17	00:04:56	00:10:22			
34	<b>SZYNALIK Sławomir</b>	<b>792</b>	KIKA TEAM	M45-49		00:15:42	<b>00:31:28</b>	34	00:03:34	00:09:58			
	<b>WARCZAK Piotr</b>	<b>804</b>	TEAMOCHAL	M40-44		00:16:09	<b>00:33:05</b>	66	00:02:22	00:09:34			
36	<b>JURKIEWICZ Mariusz</b>	<b>611</b>	KOBYLARNIA/BIKEBOYS	M40-44		00:15:45	<b>00:32:18</b>	51	00:03:32	00:09:12			
	<b>CIESZYNSKI Jacek</b>	<b>545</b>	LABOSPORT	M55-59		00:15:43	<b>00:31:31</b>	35	00:03:02	00:10:31			
38	<b>MIZERIA Przemysław</b>	<b>699</b>		M25-29		00:15:26	<b>00:31:45</b>	41	00:03:51	00:09:36			
39	<b>FABISZEWSKI Rafał</b>	<b>565</b>	KAZIKI / TRIWAWA	M35-39		00:15:32	<b>00:32:18</b>	52	00:02:36	00:10:19			
40	<b>SZYDŁOWSKI Marek</b>	<b>786</b>	CYTADELA BY NIGHT TRI TEAM	M35-39		00:14:48	<b>00:30:07</b>	21	00:04:26	00:10:42			
	<b>SZARMACHER Sebastian</b>	<b>783</b>		M35-39		00:15:44	<b>00:32:02</b>	47	00:03:20	00:09:55			
42	<b>SOCHA Tomasz</b>	<b>775</b>	TRINERGY TEAM	M50-54		00:15:48	<b>00:32:19</b>	54	00:03:13	00:09:56			
43	<b>RYNKO Paweł</b>	<b>759</b>	NAJMOWICZ TRIATHLON	M40-44		00:16:32	<b>00:33:36</b>	79	00:02:32	00:09:24			
44	<b>KILIJĄCZYK Piotr</b>	<b>625</b>	PEKRAPOLTEAM	M40-44		00:16:21	<b>00:33:29</b>	76	00:02:32	00:09:34			
45	<b>WOJNAR Robert</b>	<b>845</b>	PACIFIC NESTLE TORUN	M40-44		00:16:58	<b>00:34:33</b>	95	00:02:11	00:08:52			
46	<b>WENDA Dawid</b>	<b>809</b>	SZKOŁA JAZDY TOMAS	M30-34		00:16:14	<b>00:33:07</b>	67	00:03:10	00:09:21			
47	<b>HELAK Paweł</b>	<b>590</b>	TRINERGY	M40-44		00:16:07	<b>00:32:44</b>	58	00:03:08	00:09:51			
48	<b>PIOSIK Emil</b>	<b>736</b>		M30-34		00:16:30	<b>00:33:08</b>	68	00:03:24	00:09:13			
49	<b>LUBARSKI Marcin</b>	<b>673</b>	SZTAFLONIŚCI	M35-39		00:14:55	<b>00:30:31</b>	22	00:05:20	00:09:55			
50	<b>SOBOTA Mateusz</b>	<b>774</b>	AUTO - ROBO TEAM	M25-29		00:15:19	<b>00:31:20</b>	33	00:03:58	00:10:32			
51	<b>ZBORAŁA Dawid</b>	<b>836</b>	SZKOŁA JAZDY TOMAS	M30-34		00:15:23	<b>00:31:53</b>	42	00:03:47	00:10:11			
52	<b>POWALISZ Darek</b>	<b>745</b>	TRISPACE TREK	M40-44		00:15:35	<b>00:31:59</b>	45	00:03:42	00:10:12			
53	<b>WIROWSKI Szymon</b>	<b>819</b>		M18-24		00:14:26	<b>00:29:49</b>	20	00:04:51	00:11:26			
54	<b>WITKOWSKI Mateusz</b>	<b>826</b>	JW 1223	M25-29		00:16:58	<b>00:34:14</b>	89	00:02:27	00:09:28			
55	<b>IDZIKOWSKI Maciej</b>	<b>592</b>		M30-34		00:15:35	<b>00:32:08</b>	50	00:03:45	00:10:23			
56	<b>BICZKOWSKI Kajetan</b>	<b>522</b>	ALE TEAM	M25-29		00:16:27	<b>00:33:54</b>	85	00:02:32	00:09:50			
57	<b>NAFALSKI Rajmund</b>	<b>703</b>	TEAMKARAŚ	M45-49		00:16:14	<b>00:33:03</b>	65	00:03:08	00:10:19			
58	<b>WYSMOLIŃSKI Rafał</b>	<b>833</b>		M40-44		00:16:22	<b>00:33:35</b>	78	00:03:03	00:09:56			
59	<b>SZYMAŃSKI Piotr</b>	<b>789</b>	MIELCARKS TEAM	M25-29	Mielcarks Team	00:15:28	<b>00:32:37</b>	57	00:04:12	00:09:53			
60	<b>KURAJ Robert</b>	<b>656</b>	UNLIMITED SPORT & LIFESTYLE KRAKÓW	M25-29		00:16:03	<b>00:33:25</b>	73	00:03:22	00:09:56			
61	<b>LIGENZA Kamil</b>	<b>668</b>	NEON	M30-34		00:16:04	<b>00:33:33</b>	77	00:03:53	00:09:20			
62	<b>KLAPUCH Michał</b>	<b>627</b>	FIZJO-MAT	M40-44		00:16:08	<b>00:32:58</b>	63	00:03:33	00:10:18			
63	<b>FIEGEL Wojciech</b>	<b>569</b>	TRISPACE/TREK	M40-44		00:16:57	<b>00:33:56</b>	86	00:02:54	00:10:02			
64	<b>STWORA Dawid</b>	<b>781</b>	REPREZENTACJA KGP W TRIATHLONIE	M40-44		00:16:53	<b>00:34:07</b>	88	00:02:27	00:10:18			
DNC	<b>DZIOBA Michał</b>	<b>562</b>	TRI DZIOBA TEAM	M45-49		00:15:42	<b>00:31:39</b>	38	00:04:28	00:10:47			
	<b>DAWIDOWICZ Maciej</b>	<b>552</b>	TRISPACE/TREK	M40-44		00:16:44	<b>00:33:53</b>	84	00:02:59	00:10:02			
67	<b>PESZT Marek</b>	<b>724</b>	MAGAZYN TRIATHLON	M35-39		00:17:01	<b>00:33:38</b>	80	00:03:02	00:10:16			
68	<b>GIBIEC Sebastian</b>	<b>576</b>	GIBIEC TEAM	M45-49		00:16:21	<b>00:33:24</b>	70	00:04:08	00:09:30			
69	<b>GACZKOWSKI Jacek</b>	<b>572</b>		M35-39		00:16:26	<b>00:33:38</b>	81	00:02:44	00:10:45			

					Swimming			T3		Cycling		Race	
70	JANKOWSKI Tomasz	599	TRISPACE TREK	M45-49	00:16:14	00:33:25	72	00:03:40	00:10:24				
71	SOBCZAK Marcin	772	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:16:42	00:33:51	83	00:03:04	00:10:36			
72	LEWAK Marcin	665	NEON TEAM	M35-39		00:16:23	00:32:53	61	00:03:49	00:10:52			
73	KASTRAU Tomasz	618	PĘDZĄCY ŻÓŁW	M35-39		00:15:39	00:32:19	53	00:04:53	00:10:24			
74	ŁUKIEWICZ Łukasz	676	TEAM KARAS	M40-44		00:16:28	00:33:57	87	00:03:25	00:10:14			
75	TERPIŁOWSKI Michał	797		M25-29		00:15:46	00:33:29	75	00:03:52	00:10:17			
76	PATALON Piotr	721	ORKAMASTERS IŁAWA	M50-54		00:17:03	00:34:46	98	00:02:50	00:10:08			
77	ZAKURZEWSKI Tomasz	834	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:17:11	00:34:41	96	00:02:32	00:10:33			
78	BISKUP Łukasz	525	POLONIA ŚRODA	M40-44		00:17:40	00:35:48	116	00:02:21	00:09:40			
79	PIESIK Dawid	731	ARRK	M30-34		00:16:42	00:35:16	107	00:03:17	00:09:23			
80	PIETROWSKI Szymon	734	KS KONIEC KIEPSZCZENIA	M35-39		00:16:42	00:33:28	74	00:04:44	00:09:51			
81	SARNECKI Paweł	763		M25-29		00:15:47	00:32:04	49	00:04:41	00:11:19			
82	CHŁOSTA Marek	534		M45-49		00:17:07	00:34:47	99	00:03:01	00:10:19			
83	KLONOWSKI Tomasz	630	PLATAN	M40-44		00:17:17	00:35:39	113	00:02:44	00:09:46			
84	SOBIK Andrzej	773		M40-44		00:16:32	00:34:19	90	00:03:41	00:10:11			
85	CHRAPKOWSKI Marcel	541	WŁOCLAWEK TRIATHLON TEAM	M35-39		00:16:30	00:33:41	82	00:03:29	00:11:03			
86	GACKA Rafal	571	LUPUS TEAM	M40-44		00:16:49	00:35:07	106	00:03:16	00:10:05			
87	ROSIŃSKI Sławomir	754	WICHER SIEKIERKI	M40-44		00:16:38	00:34:25	92	00:03:37	00:10:27			
88	KĄŁEK Artur	615	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49		00:17:17	00:34:29	93	00:03:23	00:10:38			
89	PIASECKI Radosław	725		M25-29		00:16:46	00:34:32	94	00:03:34	00:10:28			
90	SOBCZAK Mateusz	770		M30-34		00:16:54	00:34:58	104	00:03:46	00:09:59			
91	PIC Dawid	726	KLINIKA TRIATHLONU	M25-29	Klinika triathlonu	00:16:46	00:34:53	102	00:03:20	00:10:32			
92	MAŚKIEWICZ Michał	685	ORKA MASTERS IŁAWA	M35-39		00:17:15	00:35:48	115	00:02:37	00:10:27			
93	PIESZAŁA Maciej	733		M30-34		00:17:16	00:34:57	103	00:04:10	00:10:00			
94	KOWALSKI Michał	645	TRIWISE\POLKAS	M30-34		00:17:27	00:35:18	109	00:03:41	00:10:31			
95	OSOWSKI Adam	716	ROZBIEGANE DZIAŁDOWO	M35-39		00:18:18	00:36:39	129	00:03:36	00:09:16			
96	MIELCAREK Maciej	691	MIELCARCS TEAM	M30-34	Mielcarks Team	00:16:13	00:34:20	91	00:04:01	00:11:21			
	OLSZEWSKI Błażej	714		M30-34		00:18:16	00:36:56	138	00:02:59	00:09:53			
98	PAWLIK Mariusz	722	DRUŻYNA SZPIKU	M40-44		00:16:19	00:32:59	64	00:05:10	00:11:47			
99	RYBAK Remigiusz	756	BIKE U UP	M40-44		00:18:17	00:37:01	141	00:03:13	00:09:44			
100	MUCHA Robert	701	MUCHA SPORTOWA / KAZIKI	M40-44		00:17:07	00:35:19	110	00:05:00	00:09:44			
101	IGNACZAK Jarosław	593	3GRAVITY	M35-39		00:17:45	00:36:23	122	00:03:27	00:10:16			
102	KAZIMIERCZYK Adam	620	PTT DELTA	M40-44	PTT Delta	00:17:17	00:34:51	101	00:04:47	00:10:34			
103	KRAUSE Szymon	646		M35-39		00:17:44	00:36:06	120	00:03:28	00:10:40			
104	KRUPIŃSKI Jakub	649	EDI-TEAM	M35-39		00:17:21	00:36:21	121	00:03:11	00:10:47			
105	WAŁĘZA Hubert	803	KANAŁOWA TRITEAM	M30-34		00:17:31	00:35:52	117	00:03:26	00:11:02			
106	KONIAIEV Volodymyr	827		M35-39		00:16:59	00:35:25	112	00:04:39	00:10:17			
107	WRÓBLEWSKI Wojciech	831	SNG WILD DUCKS	M40-44		00:18:51	00:37:25	150	00:03:15	00:09:43			
108	NIEDZIAŁKOWSKI Patryk	704	BYDGOSKIE OKONIE	M25-29		00:17:46	00:36:58	139	00:03:28	00:10:11			
109	ZŁOCKI Marcin	839	BESKID TRI TEAM	M30-34		00:17:44	00:36:46	133	00:03:35	00:10:35			
110	WIECZOREK Łukasz	814		M30-34		00:18:40	00:37:50	160	00:03:17	00:09:54			
111	NOWAK Jakub	707	SWIMTRI RZESZÓW	M30-34		00:17:15	00:35:22	111	00:04:07	00:11:32			
112	KMIECIK Paweł	633	AKADEMIA TRIATHLONU JAROSŁAW	M30-34		00:17:41	00:36:46	132	00:03:35	00:10:43			

					Swimming			Cycling		Race	
113	WOREK Pawel	830	GIBIEC TEAM	M45-49	00:17:42	00:36:38	128	00:04:05	00:10:23		
114	KRYGIELSKI Krzysztof	651	CRYOSPACE OLSZTYN	M45-49	00:18:01	00:36:33	125	00:04:01	00:10:32		
115	CUPA Ireneusz	546	TRIATHLON KONSULTING	M45-49	00:17:59	00:37:29	152	00:03:46	00:09:54		
116	PIEKARSKI Marek	679		M45-49	00:18:25	00:36:59	140	00:04:31	00:09:45		
117	BUGALSKI Wojciech	532	ARRK	M40-44	00:18:08	00:37:19	148	00:03:34	00:10:24		
118	CHMIEL Piotr	536	PTT DELTA	M30-34	00:17:53	00:35:48	114	00:05:41	00:09:57		PTT Delta
119	STACHERA Piotr	776	JELCZ TRIATHLON PROJECT	M35-39	00:17:46	00:36:47	134	00:03:35	00:11:08		
120	PANUFNIK Tomasz	719	NEON / AKS POLONIA WARSZAWA	M35-39	00:18:38	00:37:31	154	00:04:02	00:09:59		
121	SZYMCZAK Jakub	790		M30-34	00:17:30	00:35:04	105	00:04:53	00:11:42		
122	ŁUSZCZEWSKI Krzysztof	677	ZYTANIA TEAM	M40-44	00:18:04	00:37:26	151	00:04:11	00:10:18		
123	JARMUŻEK Mikołaj	600	APPTENSION SPORT TEAM	M30-34	00:17:49	00:37:10	144	00:04:31	00:10:21		
124	GAJEWSKI Jarosław	844		M50-54	00:18:22	00:36:48	136	00:04:07	00:11:09		
125	ECHAUST Maciej	563	CFP	M45-49	00:17:57	00:37:52	163	00:02:59	00:11:14		
126	CHMURA Szczepan	538		M45-49	00:18:19	00:37:16	147	00:04:24	00:10:35		
127	LEKI Krzysztof	661		M40-44	00:18:00	00:37:23	149	00:04:17	00:10:37		
128	GRACZYK Filip	582	UKS CITYZEN POZNAŃ/PWC	M25-29	00:16:37	00:33:24	71	00:02:48	00:16:10		
129	CZAPIEWSKI Krzysztof	549		M35-39	00:18:55	00:37:59	166	00:04:07	00:10:19		
130	LESZCZYŃSKI Mariusz	664	K.S. RADOSNA	M40-44	00:18:42	00:38:16	172	00:03:50	00:10:21		
131	ŚLEDZIEWSKI Karol	793		M35-39	00:18:23	00:36:24	123	00:05:32	00:10:34		
132	MIKOŁAJCZAK Tomek	696	DZIK SQUAD	M30-34	00:17:53	00:36:51	137	00:04:54	00:10:54		
133	MAJDA Adrian	678	DZIK SQUAD	M30-34	00:18:10	00:37:45	158	00:03:42	00:11:16		
134	WESOŁOWSKI Marcin	812		M30-34	00:18:13	00:36:45	131	00:05:22	00:10:37		
135	KONIEC Piotr	637	IRONTATA	M40-44	00:18:45	00:38:58	184	00:03:00	00:10:46		
136	MUCHA Aleksander	700	WŁOCLAWEK TRIATHLON TEAM	M30-34	00:17:54	00:35:59	119	00:04:29	00:12:18		
137	NIR Łukasz	705	WARSZTAT FORMY	M40-44	00:19:12	00:38:54	182	00:04:05	00:09:54		
138	NUSBAUM Piotr	710	BIKE U UP	M40-44	00:19:05	00:38:03	169	00:04:43	00:10:13		
139	BARCZAK Adam	515		M45-49	00:19:12	00:37:56	164	00:04:25	00:10:41		
140	WERMIŃSKI Mariusz	810	FALA SWARZĘDZ	M40-44	00:17:54	00:36:42	130	00:05:19	00:11:02		
141	PIEKARSKI Wojciech	728	TMS GLOBART	M40-44	00:17:52	00:36:25	124	00:04:25	00:12:14		
142	GILL Daniel	578	LKS BOGMAR OSTROMECKO	M35-39	00:18:17	00:37:57	165	00:04:11	00:10:56		
143	KŁOPOCKI Jakub	631		M30-34	00:18:09	00:38:17	174	00:03:41	00:11:09		
144	LASSAK Bartosz	660	AMS TRIATHLON BYDGOSZCZ	M40-44	00:18:43	00:38:22	177	00:04:03	00:10:50		AMS Triathlon Bydgoszcz
145	PYTKOWSKI Arek	751	GRYFUS SZCZECIN	M45-49	00:18:40	00:38:16	173	00:03:49	00:11:12		
146	WIŚNIEWSKI Piotr	822		M35-39	00:18:55	00:38:18	175	00:04:03	00:11:02		
147	POCIEJ Bohdan	739	PTT DELTA	M60-64	00:19:03	00:38:11	170	00:04:55	00:10:18		
148	SANECKI Robert	761	SPRINT GORZYCE	M40-44	00:19:35	00:39:05	189	00:04:06	00:10:31		
149	BIRONT Krzysztof	524	BIELAWSKA AKADEMIA BIEGANIA	M40-44	00:18:16	00:37:08	143	00:05:45	00:10:54		
150	MIELCAREK Jędrzej	692	MIELCARCS TEAM	M25-29	00:18:16	00:38:16	171	00:04:55	00:10:47		Mielcarks Team
151	WIECZOREK Maciek	815	TRI FOR IT	M45-49	00:19:31	00:39:34	197	00:03:55	00:10:30		
152	BUCHAL Grzegorz	530	TRIDIVISION	M50-54	00:18:21	00:37:16	146	00:06:13	00:10:31		
153	CYBULSKI Konrad	547	AMZ-KUTNO S.A.	M45-49	00:18:43	00:37:50	162	00:04:34	00:11:39		
154	SZELC Mikołaj	784	ORT ŁOMIANKI	M40-44	00:19:50	00:39:28	195	00:04:32	00:10:04		
155	DOŁHUN Adam	554	RUN PASJA BYDGOSZCZ	M40-44	00:18:59	00:38:28	178	00:04:47	00:10:59		
156	NOWICKI Adam	708		M45-49	00:19:23	00:39:25	193	00:02:58	00:11:56		

					Swimming			T3		Cycling		Race	
157	STĘPNIAK Krzysztof	779	RUN4FUN	M40-44	00:18:02	00:37:01	142	00:06:12	00:11:14				
158	JOACHIMIAK Marek	607	TRITOGO / SPRAWNE ŻYWIENIE	M25-29	00:20:05	00:41:38	222	00:02:56	00:09:53				
159	SIUDA Marek	768	KLINIKA TRIATHLONU BYDGOSZCZ	M45-49	00:18:38	00:38:57	183	00:04:45	00:10:45				
160	WITKOWSKI Tomasz	825	VIVA LA VIDA	M35-39	00:18:32	00:39:04	187	00:04:44	00:10:39				
161	KLEIBER Piotr	629	WUEFTRI TEAM	M40-44	00:18:33	00:38:02	168	00:05:02	00:11:24				
162	KONCKI Andrzej	636		M40-44	00:18:58	00:38:18	176	00:03:31	00:12:47				
163	ZIELIŃSKI Robert	837	LUBOŃSKI KLUB BIEGACZA	M40-44	00:19:59	00:39:42	200	00:03:54	00:11:13				
164	CHALAMOŃSKI Tomasz	533	KURPIOWSKIE CENTRUM WETERYNARYJNE	M45-49	00:19:44	00:39:49	202	00:04:00	00:11:03				
165	DAWID Łukasz	551	ROZBIEGANY GOLENIÓW	M30-34	00:19:48	00:39:34	196	00:03:52	00:11:26				
166	TOMASZEWSKI Marcin	800		M45-49	00:19:09	00:38:46	180	00:04:41	00:11:27				
167	LINDNER Marek	669	FANDOM	M40-44	00:19:21	00:39:05	188	00:04:48	00:11:09				
168	KALISZEWSKI Daniel	614		M45-49	00:19:29	00:39:22	192	00:05:26	00:10:17				
169	ROGALSKI Radosław	753		M35-39	00:18:42	00:37:46	159	00:05:54	00:11:26				
170	SKROK Krzysztof	769	RYKOWISKO	M50-54	00:20:56	00:41:07	213	00:03:53	00:10:17				
171	JOVANOVIĆ Marko	609	PSK BRDJANKA	M25-29	00:18:14	00:36:36	126	00:06:39	00:12:04				
	ZOBER Marek	840	CHOP ZE ŻELAZA TRI TEAM	M35-39	00:18:35	00:37:50	161	00:03:35	00:13:58				
173	RADZIK Tomasz	752	FITNATION	M40-44	00:19:10	00:41:11	215	00:04:02	00:10:16				
174	JON Marcin	608	MMK JONKI	M40-44	00:20:05	00:40:15	205	00:04:42	00:10:48				
175	RYCHARSKI Bartosz	757		M35-39	00:19:11	00:40:14	204	00:04:37	00:10:59				
176	TOMASZEWICZ Krzysztof	799	TRIATHLON TEAM TYCHY	M40-44	00:20:05	00:41:05	211	00:04:12	00:10:37				
177	WACHOWSKI Karol	683	AMS TRIATHLON	M40-44	00:20:28	00:40:55	208	00:04:19	00:10:43				
178	BLÁHA Jan	527		M45-49	00:19:57	00:41:02	210	00:04:03	00:10:55				
179	KORSAKOV Kostiantyn	641	-	M45-49	00:18:26	00:37:35	155	00:06:30	00:11:55				
180	LIBRONT Dawid	667		M25-29	00:19:43	00:40:21	206	00:04:39	00:11:05				
181	OLEDZKI Janusz	713	OLEDZCY	M60-64	00:19:05	00:38:40	179	00:05:41	00:11:53				
182	BAZAK Cezary	517	CENTRUM DOKTRYN I SZKOLENIA SIŁ ZBROJNYCH	M50-54	00:20:15	00:42:12	224	00:04:23	00:09:44				
183	CHMIEL Waldemar	535	PTT DELTA	M55-59	00:19:14	00:39:03	186	00:05:26	00:11:50				
184	PELANT Ryszard	723	WICHER ROSNÓWKO	M45-49	00:18:12	00:36:48	135	00:05:06	00:14:29				
185	ETTINGER Dariusz	564		M30-34	00:19:42	00:41:16	217	00:04:22	00:10:55				
186	RYBCZYŃSKI Łukasz	843	TRIATHLON KONSULTING DARIUSZ OLEWIŃSKI	M25-29	00:20:09	00:41:19	219	00:04:05	00:11:24				
187	GRUBICH Arkadiusz	585		M40-44	00:20:04	00:42:30	225	00:03:10	00:11:19				
188	KONIECZNY Karol	638		M35-39	00:19:31	00:39:26	194	00:06:32	00:11:06				
189	BRZOZOWSKI Łukasz	529		M25-29	00:18:59	00:38:52	181	00:06:51	00:11:36				
190	ŚMIGOCKI Piotr	796	NIEZRZESZONY	M35-39	00:20:49	00:42:01	223	00:04:21	00:11:00				
191	DRZEWIECKI Rafał	556	RUN4FUN WWW.BYTPAK.PL	M45-49	00:20:00	00:41:35	221	00:04:06	00:11:42				
192	PRUSACZYK Marcin	748		M50-54	00:18:48	00:37:44	157	00:08:41	00:11:18				
193	KAZUBOWSKI Jacek	621	TRIDARKO	M50-54	00:21:34	00:43:42	236	00:03:31	00:10:37				
194	ARISMENDI Jean-Paul	513		M35-39	00:20:43	00:42:52	229	00:03:16	00:11:53				
195	MUCHA Grzegorz	702	AKADEMIA TRIATHLONU JAROSŁAW	M40-44	00:20:15	00:40:41	207	00:06:48	00:10:38				
196	FEDAK Bohdan	568	KLUB POD WISIENKĄ	M45-49	00:19:54	00:39:46	201	00:06:00	00:12:23				
197	KOPPLINGER Grzegorz	640	ASSECO ACTIVE TEAM	M45-49	00:21:54	00:44:21	240	00:03:55	00:09:57				
198	DUDEK Artur	557		M25-29	00:20:04	00:41:27	220	00:05:52	00:11:03				
199	KROPIDŁOWSKI Marcjusz	647	CREATIVE BOCHNIA BIEGA TEAM	M35-39	Creative Bochnia Biega Team	00:20:26	00:41:05	212	00:06:00	00:11:17			

					Swimming			Cycling		Race	
200	<b>KARWACKI Grzegorz</b>	<b>617</b>	KAT CROSS WAŁBRZYCH	M45-49	00:19:40	<b>00:41:15</b>	216	00:04:44	00:12:32		
201	<b>WIŚNIEWSKI Zbigniew</b>	<b>823</b>	BRZOZA BIEGA	M50-54	00:20:37	<b>00:42:32</b>	226	00:05:31	00:10:40		
202	<b>BEDYK Ireneusz</b>	<b>519</b>	PTT DELTA	M60-64	00:22:16	<b>00:43:26</b>	234	00:04:54	00:10:26		
203	<b>MAKOWSKI Sławomir</b>	<b>680</b>		M50-54	00:21:15	<b>00:43:47</b>	237	00:04:35	00:10:28		
204	<b>MISZTELA Tomasz</b>	<b>698</b>	PTT DELTA	M50-54	00:21:26	<b>00:44:40</b>	241	00:04:36	00:10:17		
205	<b>SUDAKOWSKI Tomasz</b>	<b>782</b>	RAWA TIM ZAWSZE SLIM / KS TRIATHLON RAWA	M45-49	00:22:09	<b>00:45:32</b>	249	00:03:02	00:11:08		
206	<b>BEDNAREK Krzysztof</b>	<b>518</b>	SPORTEVO	M50-54	00:21:50	<b>00:44:59</b>	244	00:04:39	00:10:55		
207	<b>NURKIEWICZ Jarosław</b>	<b>709</b>	KING FU PANDY 3	M45-49	00:23:37	<b>00:46:15</b>	254	00:03:04	00:11:55		
208	<b>PACZKOWSKI Mirosław</b>	<b>718</b>	CB 163	M50-54	00:21:43	<b>00:44:17</b>	239	00:05:30	00:11:28		
209	<b>WRZOSEK Jarosław</b>	<b>832</b>		M45-49	00:21:32	<b>00:43:53</b>	238	00:05:38	00:11:44		
210	<b>CYREK Grzegorz</b>	<b>548</b>	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:22:24	<b>00:45:44</b>	252	00:05:42	00:09:54		
211	<b>ANDRZEJAK Robert</b>	<b>511</b>	DRONE & MORE	M40-44	00:21:26	<b>00:45:07</b>	247	00:05:54	00:10:20		
212	<b>LUFTMANN Cezary</b>	<b>674</b>		M40-44	00:20:09	<b>00:41:09</b>	214	00:08:31	00:11:45		
213	<b>GREJCZYK Alan</b>	<b>583</b>	CAR GVARANTI	M25-29	00:19:39	<b>00:40:13</b>	203	00:03:14	00:18:00		
214	<b>KLAWE Filip</b>	<b>628</b>		M30-34	00:20:39	<b>00:42:32</b>	227	00:07:33	00:11:23		
215	<b>MAĆZYŃSKI Czesław</b>	<b>688</b>	MCBIKE	M65-69	00:23:20	<b>00:47:31</b>	261				
216	<b>NOVGORODTSEV Ivan</b>	<b>706</b>		M18-24	00:21:26	<b>00:45:20</b>	248	00:06:04	00:10:27		
217	<b>ILLEK Arkadiusz</b>	<b>594</b>		M50-54	00:21:27	<b>00:42:58</b>	230	00:06:28	00:12:28		
218	<b>KĘDZIERSKI Michał</b>	<b>623</b>	HTF LUDWIK SIKORSKI	M35-39	00:21:19	<b>00:44:40</b>	242	00:05:35	00:11:47		
219	<b>WITCZAK Dariusz</b>	<b>824</b>	ROSZPUNEK	M45-49	00:21:49	<b>00:45:39</b>	251	00:04:34	00:12:07		
220	<b>STOLECKI Piotr</b>	<b>780</b>	DRUŻYNA SZPIKU	M40-44	00:22:39	<b>00:46:22</b>	255	00:05:04	00:10:55		
221	<b>BOROWIEC Łukasz</b>	<b>528</b>	CREATIVE BOCHNIA BIEGA TEAM	M30-34	00:21:52	<b>00:43:13</b>	232	00:07:15	00:12:00		
222	<b>KOLOSSA Tomasz</b>	<b>635</b>	WWW.KOLOSSA.PL	M50-54	00:21:39	<b>00:45:07</b>	246	00:05:58	00:11:24		
223	<b>KĘDZIA Jarosław</b>	<b>622</b>		M40-44	00:21:15	<b>00:46:04</b>	253	00:05:43	00:10:59		
224	<b>POMASTOWSKI Dariusz</b>	<b>742</b>		M40-44	00:21:47	<b>00:44:55</b>	243	00:05:46	00:12:07		
DNC	<b>BEJFUS Mateusz</b>	<b>520</b>		M18-24	00:22:12	<b>00:46:40</b>	256	00:04:28	00:12:33		
226	<b>SZUKAJ Karol</b>	<b>785</b>	KANAŁOWATRITEAM	M35-39	00:21:59	<b>00:47:04</b>	259	00:04:23	00:12:31		
227	<b>KRUSZKA Łukasz</b>	<b>650</b>		M40-44	00:22:18	<b>00:47:35</b>	262	00:04:53	00:11:50		
228	<b>MALISZEWSKI Piotr</b>	<b>682</b>		M45-49	00:23:33	<b>00:49:31</b>	266	00:04:39	00:10:52		
229	<b>WERNER Michał</b>	<b>811</b>	GARDENFLORA MTB TEAM / ŁABISZYN RUNNERS	M30-34	00:21:40	<b>00:45:38</b>	250	00:06:09	00:13:21		
230	<b>LIPIŃSKI Sebastian</b>	<b>671</b>	ENEA BYDGOSZCZ TRIATHLON	M45-49	00:24:12	<b>00:49:13</b>	265	00:05:20	00:11:24		
231	<b>JAGODZIŃSKI Leszek</b>	<b>597</b>		M50-54	00:23:04	<b>00:46:54</b>	257	00:06:15	00:13:04		
232	<b>MASTALERZ Tomasz</b>	<b>684</b>		M40-44	00:24:55	<b>00:50:30</b>	267	00:04:38	00:12:12		
233	<b>OKOŃ Michał</b>	<b>711</b>	PARKRUN GDYNIA	M45-49	00:23:30	<b>00:47:02</b>	258	00:08:57	00:13:11		
234	<b>BINKOWSKI Cezary</b>	<b>523</b>	LKS BOGMAR OSTROMECKO	M45-49	00:25:16	<b>00:51:30</b>	270	00:05:57	00:13:18		
235	<b>CHMIEL Dariusz</b>	<b>537</b>		M55-59	00:27:36	<b>00:51:11</b>	268	00:05:59	00:13:38		
236	<b>WIŚNIEWSKI Piotr</b>	<b>821</b>		M30-34	00:22:40	<b>00:48:19</b>	264	00:10:24	00:12:44		
	<b>MATUSZEWSKI Dariusz</b>	<b>686</b>	BIEGIEM DO GARÓW	M50-54	00:24:29	<b>00:52:13</b>	272	00:06:20	00:13:09		
238	<b>MIKOŁAJSKI Krzysztof</b>	<b>697</b>		M30-34	00:25:41	<b>00:52:42</b>	273	00:07:03	00:12:21		
239	<b>BATOREK Bogdan</b>	<b>516</b>	RAWA TIM ZAWSZE SLIM	M40-44	00:26:40	<b>00:55:39</b>	274	00:05:14	00:13:20		
240	<b>MIELCAREK Mateusz</b>	<b>690</b>	MIELCARCS TEAM	M30-34	00:20:06	<b>00:41:19</b>	218				
	<b>JAUMIEŃ Łukasz</b>	<b>604</b>		M35-39	00:15:13	<b>00:30:48</b>	26	00:03:13			

					Swimming	T1	Cycling	T2	Race	Czas
<b>POROSŁO Paweł</b>	<b>743</b>	CREATIVE BOCHNIA BIEGA TEAM	M45-49	00:24:48						
<b>BENTKOWSKI Marcin</b>	<b>521</b>	TRIPower	M30-34	00:15:26	<b>00:32:02</b>	48				
<b>FABROWSKI Dawid</b>	<b>567</b>	TRITATA	M35-39	00:18:43	<b>00:37:44</b>	156	00:05:49			

Total 244 results.