



# OCEAN LAVA TRIATHLON POLSKA - DYSTANS ŚREDNI 70.3

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

**Event:** Ocean Lava Triathlon Polska 2021  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2021-08-21  
**Place:** Bydgoszcz  
**Distance:** 113 km

Classification: Mężczyźni

Split point: 2,3 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming			T1	Cycling	T2	Race	Total
						P_Borowno 0.95km	P_Borowno 1.9km	Poz					
	<b>URBAŃSKI Michał</b>	<b>721</b>	NEURON REHABILITACJA	M18-24		00:12:06	<b>00:24:44</b>	1	00:02:08				
2	<b>JAKIMIUK Daniel</b>	<b>640</b>	NATURAL EPO #DASHRADE RACING TEAM	M25-29		00:13:56	<b>00:28:36</b>	3	00:01:52				
3	<b>SAWICKI Patryk</b>	<b>711</b>	COMPLEXSPORTS	M30-34	Complexsports	00:13:44	<b>00:28:29</b>	2	00:02:17				
4	<b>SAWIEŁAJC Jakub</b>	<b>511</b>	FUJI KRYSPORT TEAM	M18-24	FUJI KRYSPORT TEAM	00:14:00	<b>00:28:49</b>	5	00:02:05				
5	<b>PRZYCHODZIEN Rafał</b>	<b>655</b>	KUŹNIA TRIATHLONU	M40-44		00:14:17	<b>00:29:07</b>	7	00:02:31				
6	<b>KOWALIK Stanisław</b>	<b>673</b>		M45-49		00:14:17	<b>00:28:50</b>	6	00:03:01				
7	<b>KONIECZNY Marcin</b>	<b>668</b>	K. S. NIEMANIEMOGĘ	M45-49		00:14:43	<b>00:30:07</b>	8	00:02:05				
8	<b>DANEK Bartek</b>	<b>719</b>	TRINERGY	M45-49		00:14:15	<b>00:28:47</b>	4	00:03:39				
9	<b>TWAROWSKI Michał</b>	<b>687</b>	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:14:57	<b>00:30:27</b>	10	00:02:02				
10	<b>RYMER Jakub</b>	<b>694</b>	TM IRON TEAM	M35-39	TM Iron Tri-Team	00:14:36	<b>00:30:09</b>	9	00:02:27				
11	<b>ZIENKIEWICZ Janusz</b>	<b>689</b>	TRISPACE/TREK	M45-49	TRISPACE/TREK	00:15:04	<b>00:30:50</b>	12	00:02:09				
12	<b>SPALENIAK Tomasz</b>	<b>717</b>	ENDURE TEAM	M30-34		00:15:14	<b>00:30:54</b>	13	00:02:19				
13	<b>MATUSIAK Mateusz</b>	<b>546</b>	SNG WILD DUCKS	M30-34	SNG WILD DUCKS	00:15:13	<b>00:31:12</b>	16	00:02:09				
14	<b>NOSOWSKI Jacek</b>	<b>674</b>	TRI.REGRESS	M45-49		00:14:51	<b>00:30:28</b>	11	00:03:09				
15	<b>SZARSZEWSKI Michał</b>	<b>667</b>	JERZYKTEAM	M40-44		00:15:19	<b>00:31:29</b>	19	00:02:22				
16	<b>PYKA Marek</b>	<b>658</b>	CHOP ZE ŻELAZA TRI TEAM	M40-44		00:15:07	<b>00:31:14</b>	17	00:02:41				
17	<b>POLICZKIEWICZ Maciej</b>	<b>519</b>	TRIZARZA	M35-39	Trizarza	00:15:16	<b>00:31:17</b>	18	00:02:46				
18	<b>ZUZIAK Axel</b>	<b>699</b>	UNLIMITED SPORT	M25-29		00:15:12	<b>00:31:04</b>	14	00:03:10				
19	<b>TOPCZEWSKI Gracjan</b>	<b>656</b>	TRISPACE/TREK POWERED BY CTS	M45-49	TRISPACE/TREK	00:15:44	<b>00:31:58</b>	23	00:02:32				
20	<b>GOŁYŚ Grzegorz</b>	<b>578</b>		M18-24		00:15:44	<b>00:32:18</b>	26	00:02:18				
21	<b>STARON Piotr</b>	<b>664</b>	STARZYNSKI.COACH	M40-44		00:15:39	<b>00:31:36</b>	20	00:03:18				
22	<b>MAGDZIARZ Jakub</b>	<b>594</b>	KANCELARIA HMM	M40-44		00:16:05	<b>00:32:39</b>	29	00:02:31				
23	<b>IDZIKOWSKI Maciej</b>	<b>558</b>		M30-34		00:15:47	<b>00:31:50</b>	22	00:03:26				
24	<b>MIZERIA Przemysław</b>	<b>683</b>		M30-34		00:15:39	<b>00:32:17</b>	25	00:03:06				
25	<b>JANCZUK Dawid</b>	<b>662</b>	TRIATHLON KONSULTING	M18-24		00:15:07	<b>00:31:04</b>	15	00:04:23				
26	<b>BYCH Maciej</b>	<b>557</b>	TRIDEA TEAM	M45-49		00:15:38	<b>00:32:01</b>	24	00:03:32				
27	<b>DAWIDOWICZ Maciej</b>	<b>619</b>	TRISPACE/TREK	M40-44	TRISPACE/TREK	00:16:03	<b>00:32:58</b>	31	00:02:52				
28	<b>KRASOŃ Marcin</b>	<b>639</b>	SMASHING PAPKINS / NBR TEAM / TRINERGY	M40-44		00:16:34	<b>00:33:32</b>	35	00:02:25				

					Swimming			Cycling	Race	Cross
29	<b>ŁUKASIEWICZ Mariusz</b>	<b>636</b>	ALOHA TRIATHLON TEAM	M35-39	00:16:15	<b>00:33:30</b>	33	00:02:53		
30	<b>KASTRAU Tomasz</b>	<b>572</b>	RUN4FUN	M40-44	00:15:46	<b>00:32:49</b>	30	00:03:36		
31	<b>PRZEDPEŁSKI Radosław</b>	<b>684</b>	SNG WILD DUCKS	M35-39	SNG WILD DUCKS	00:16:10	<b>00:33:47</b>	36	00:02:58	
32	<b>DEPTUŁA Grzegorz</b>	<b>623</b>	VII LICEUM OGÓLNOKSZTAŁCĄCE W BYDGOSZCZY	M40-44		00:16:29	<b>00:34:07</b>	39	00:02:56	
33	<b>ŻOK Filip</b>	<b>642</b>		M30-34		00:16:29	<b>00:34:08</b>	40	00:03:09	
34	<b>CZAJKOWSKI Krzysztof</b>	<b>708</b>		M45-49		00:16:49	<b>00:34:39</b>	48	00:02:42	
35	<b>PIESIK Dawid</b>	<b>605</b>		M30-34	Akademia Mistrzów Sportu	00:16:11	<b>00:34:00</b>	38	00:03:22	
36	<b>FAJFER Arkadiusz</b>	<b>627</b>	SNG WILD DUCKS	M35-39	SNG WILD DUCKS	00:16:31	<b>00:34:11</b>	41	00:03:13	
37	<b>AUGUSTYNIAK Grzegorz</b>	<b>606</b>	PTTDELTA	M45-49	PTT DELTA	00:16:28	<b>00:33:20</b>	32	00:04:04	
38	<b>CHILEWSKI Arkadiusz</b>	<b>648</b>	CB163	M45-49		00:16:30	<b>00:34:11</b>	42	00:03:15	
39	<b>SOBCZAK Marcin</b>	<b>596</b>	IM INSPIRATION TEAM	M45-49	IM Inspiration Team	00:17:15	<b>00:34:55</b>	52	00:02:48	
40	<b>SZCZYRBOWSKI Michał</b>	<b>601</b>	YOOBEE.PL	M40-44		00:16:45	<b>00:34:19</b>	45	00:03:35	
41	<b>ZDANOWSKI Tomasz</b>	<b>622</b>	TRIZARZA	M25-29	Trizarza	00:16:56	<b>00:35:02</b>	53	00:03:01	
42	<b>JURKIEWICZ Mariusz</b>	<b>518</b>	KOBYLARNIA BIKE BOYS OCHAL TEAM	M40-44	TEAMOCHAL	00:17:00	<b>00:35:09</b>	54	00:02:57	
43	<b>KARCZEWSKI Adrian</b>	<b>706</b>	CB 163 ENDURANCE COACHING SYSTEM	M30-34	CB163	00:17:22	<b>00:35:19</b>	55	00:02:52	
44	<b>KLAPUCH Michał</b>	<b>584</b>	EWA BUGDOŁ TEAM	M40-44		00:17:09	<b>00:35:35</b>	61	00:02:37	
45	<b>MICHAŁOWSKI Piotr</b>	<b>504</b>	NADAKTYWNI BIAŁYSTOK	M30-34		00:15:52	<b>00:32:22</b>	28	00:05:51	
46	<b>CZAJA Kamil</b>	<b>659</b>	SWIM2TRI	M35-39		00:17:01	<b>00:35:23</b>	58	00:02:54	
47	<b>KILIJAŃCZYK Piotr</b>	<b>513</b>	PEKRAPOL TEAM	M40-44		00:17:13	<b>00:35:27</b>	60	00:02:53	
48	<b>BEIL Dawid</b>	<b>681</b>	3DVSN	M40-44		00:17:27	<b>00:35:48</b>	62	00:02:41	
49	<b>KOWALSKI Damian</b>	<b>609</b>	WODNIACY SĘPOLNO	M35-39		00:16:25	<b>00:33:31</b>	34	00:05:07	
50	<b>CHRAPKOWSKI Marcel</b>	<b>525</b>	IRON HOUSE TRIATHLON WŁOCLAWEK	M35-39	Iron House Triathlon Włocławek	00:17:21	<b>00:35:25</b>	59	00:03:19	
51	<b>PAWLIK Mariusz</b>	<b>537</b>		M40-44		00:16:50	<b>00:34:21</b>	47	00:04:24	
52	<b>KOGUT Bartłomiej</b>	<b>618</b>		M40-44		00:18:19	<b>00:36:08</b>	65	00:02:48	
53	<b>SMOCZYNSKI Marek</b>	<b>589</b>	MBC TEAM	M40-44		00:16:38	<b>00:34:50</b>	50	00:04:06	
54	<b>PORZYCH Rafał</b>	<b>686</b>	PORZYCH.PL	M18-24		00:16:39	<b>00:36:09</b>	66	00:02:53	
55	<b>MICHAŁ Kieruzel</b>	<b>580</b>	MK	M35-39		00:17:20	<b>00:35:23</b>	57	00:03:42	
	<b>JUSZCZYK Mirosław</b>	<b>621</b>		M30-34		00:17:10	<b>00:35:20</b>	56	00:03:54	
57	<b>RYBAK Remigiusz</b>	<b>540</b>	TRISPACE/TREK	M40-44	TRISPACE/TREK	00:17:50	<b>00:36:36</b>	69	00:02:40	
58	<b>MAŚKIEWICZ Michał</b>	<b>539</b>	ORKAMASTERS IŁAWA	M35-39		00:17:49	<b>00:36:47</b>	73	00:02:30	
59	<b>KOZMINCZUK-MARKULAK Marek</b>	<b>710</b>	TM IRON TRI-TEAM	M45-49	TM Iron Tri-Team	00:18:02	<b>00:36:51</b>	76	00:02:45	
60	<b>STRZAŁA Grzegorz</b>	<b>696</b>	TRI DIVISION TRIATHLON TEAM	M40-44		00:17:40	<b>00:35:52</b>	63	00:03:48	
61	<b>GACZKOWSKI Jacek</b>	<b>672</b>	ZBIEGIZGŁOWNEJ	M35-39		00:17:31	<b>00:37:22</b>	80	00:02:36	
62	<b>GŁUSZCZAK Wojciech</b>	<b>602</b>	KLAN GŁUSZCZAKÓW	M50-54		00:17:47	<b>00:36:38</b>	72	00:03:37	
63	<b>STAFARCZYK Dawid</b>	<b>598</b>		M25-29		00:17:53	<b>00:36:51</b>	75	00:03:24	
64	<b>GREJCZYK Alan</b>	<b>704</b>	CORTEZ TRIATHLON TEAM	M25-29		00:18:49	<b>00:37:51</b>	85	00:02:31	
65	<b>PIASECKI Radosław</b>	<b>559</b>		M25-29		00:18:24	<b>00:37:45</b>	84	00:02:54	
66	<b>MACIEJEWSKI Rafał</b>	<b>582</b>		M30-34		00:17:49	<b>00:36:32</b>	68	00:04:18	
67	<b>SENGER Robert</b>	<b>591</b>	TRIZARZA	M35-39	Trizarza					
68	<b>WYSMOLIŃSKI Rafał</b>	<b>675</b>		M40-44		00:18:27	<b>00:37:20</b>	79	00:03:45	
69	<b>LASSAK Bartosz</b>	<b>15</b>	AKADEMIA MISTRZÓW SPORTU	M45-49	Akademia Mistrzów Sportu	00:18:27	<b>00:38:03</b>	90	00:03:04	
	<b>GOŁAŚ Robert</b>	<b>516</b>	ORKAMASTERS IŁAWA	M45-49		00:18:31	<b>00:38:06</b>	91	00:03:01	

						Swimming			Cycling		Race		Cross
71	<b>WRÓBLEWSKI Wojciech</b>	<b>714</b>	SNG WILD DUCKS	M40-44	SNG WILD DUCKS	00:18:51	<b>00:37:51</b>	86	00:03:22				
72	<b>DURMAJ Bartek</b>	<b>676</b>		M35-39		00:19:01	<b>00:38:33</b>	95	00:02:49				
73	<b>WAŁĘZA Hubert</b>	<b>564</b>	KANAŁOWA TRI TEAM	M30-34		00:18:23	<b>00:37:38</b>	82	00:03:48				
74	<b>DĘBICKI Artur</b>	<b>678</b>		M50-54		00:17:48	<b>00:36:49</b>	74	00:04:43				
75	<b>KRAUSE Szymon</b>	<b>535</b>		M35-39		00:19:01	<b>00:38:48</b>	101	00:02:45				
76	<b>SZYMCZAK Jakub</b>	<b>588</b>		M30-34		00:18:03	<b>00:36:56</b>	77	00:04:42				
77	<b>WINIECKI Tomasz</b>	<b>690</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M45-49	Iron House Triathlon Włocławek	00:18:57	<b>00:38:39</b>	98	00:03:07				
78	<b>KLEJZEROWICZ Roman</b>	<b>703</b>	IM INSPIRATION / EGGER BISKUPIEC BIEGA	M40-44	IM Inspiration Team	00:18:54	<b>00:38:59</b>	104	00:02:48				
79	<b>OSOWSKI Adam</b>	<b>663</b>	ROZBIEGANE DZIAŁDOWO	M35-39		00:19:35	<b>00:38:59</b>	105	00:02:53				
80	<b>CHŁOSTA Marek</b>	<b>543</b>	KAZIKI	M45-49		00:18:29	<b>00:38:21</b>	92	00:03:31				
81	<b>STANISŁAWSKI Marcin</b>	<b>628</b>	SNG WILD DUCKS	M45-49		00:18:32	<b>00:37:55</b>	87	00:03:57				
82	<b>CHMURA Szczepan</b>	<b>549</b>	SZCZ TRI	M50-54		00:18:54	<b>00:38:51</b>	102	00:03:02				
83	<b>CHMIEL Piotr</b>	<b>552</b>	PTT DELTA	M30-34	PTT DELTA	00:18:00	<b>00:36:58</b>	78	00:05:00				
84	<b>KIEDROWSKI Jerzy</b>	<b>553</b>		M25-29		00:17:33	<b>00:36:02</b>	64	00:06:01				
85	<b>ZOBER Marek</b>	<b>544</b>	CHOP ZE ŻELAZA TRI TEAM	M35-39		00:19:02	<b>00:38:42</b>	99	00:03:21				
86	<b>KŁOPOCKI Jakub</b>	<b>575</b>		M30-34		00:18:49	<b>00:38:48</b>	100	00:03:18				
87	<b>BRZESKI Sebastian</b>	<b>613</b>		M40-44		00:19:09	<b>00:39:05</b>	107	00:03:11				
88	<b>GRUBA Marek</b>	<b>576</b>	TRISPACE/TREK	M30-34	TRISPACE/TREK	00:18:50	<b>00:38:37</b>	97	00:03:50				
89	<b>ROSENKRANC Mariusz</b>	<b>705</b>	ENDURE TEAM	M35-39		00:19:11	<b>00:38:28</b>	93	00:04:01				
90	<b>MOSKAL Aleksander</b>	<b>643</b>		M55-59		00:18:40	<b>00:38:02</b>	89	00:04:48				
91	<b>MUCHA Aleksander</b>	<b>527</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M35-39	Iron House Triathlon Włocławek	00:19:07	<b>00:38:53</b>	103	00:03:59				
92	<b>POPŁAWSKI Przemysław</b>	<b>624</b>		M30-34		00:19:21	<b>00:40:05</b>	115	00:02:56				
93	<b>KRUPIŃSKI Jakub</b>	<b>521</b>	EDI-TEAM	M35-39		00:18:48	<b>00:39:00</b>	106	00:04:04				
	<b>STASIAK Krzysztof</b>	<b>531</b>	VOCA ADVISE	M45-49		00:18:19	<b>00:37:43</b>	83	00:05:31				
95	<b>FIEGEL Wojciech</b>	<b>515</b>	TRISPACE/TREK	M40-44	TRISPACE/TREK	00:20:25	<b>00:40:03</b>	114	00:03:12				
	<b>DZIOBA Michał</b>	<b>545</b>	TRIDZIOBA	M45-49		00:15:45	<b>00:31:45</b>	21	00:11:32				
97	<b>STĘPNIAK Krzysztof</b>	<b>514</b>	RUN4FUN	M40-44	Run4Fun	00:19:04	<b>00:38:34</b>	96	00:04:55				
98	<b>POPEK Maciej</b>	<b>520</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	M40-44	Iron House Triathlon Włocławek	00:19:16	<b>00:39:40</b>	110	00:03:50				
99	<b>TALBOOM Jeffrey</b>	<b>698</b>		M25-29		00:17:57	<b>00:38:33</b>	94	00:04:59				
100	<b>JOVANOVIĆ Marko</b>	<b>560</b>	PSK BRDANKA	M25-29		00:18:43	<b>00:39:10</b>	108	00:04:26				
101	<b>TRZASKOWSKI Tomasz</b>	<b>512</b>		M40-44		00:18:15	<b>00:37:23</b>	81	00:06:15				
102	<b>SZELC Mikołaj</b>	<b>528</b>	ORT ŁOMIANKI	M45-49		00:21:47	<b>00:40:51</b>	125	00:02:52				
103	<b>LESZCZYŃSKI Mariusz</b>	<b>567</b>	K. S. TRI BE.R	M45-49	K. S. TRI BE.R	00:19:37	<b>00:40:36</b>	119	00:03:23				
104	<b>BORKOWSKI Pawel</b>	<b>666</b>	RNB TEAM POLANICA ZDROJ/EWA BUDGOL TEAM	M30-34		00:19:49	<b>00:40:57</b>	127	00:03:14				
105	<b>NOWAK Michał</b>	<b>563</b>	LEGALAID	M30-34		00:19:41	<b>00:40:37</b>	120	00:03:38				
106	<b>HEJNICKI Dariusz</b>	<b>670</b>	DON TRUCKING GROUP	M30-34		00:19:33	<b>00:40:08</b>	116	00:04:13				
107	<b>DOMERACKI Damian</b>	<b>590</b>	PERSONAL TRIATHLON	M40-44		00:19:15	<b>00:39:43</b>	111	00:04:46				
108	<b>SYGA Michal</b>	<b>724</b>	HASTEN	M35-39		00:20:11	<b>00:41:02</b>	129	00:03:57				
109	<b>OLEJNIK Piotr</b>	<b>647</b>		M30-34		00:19:48	<b>00:40:25</b>	117	00:04:41				
110	<b>JOACHIMIAK Marek</b>	<b>651</b>	TRITOGO	M30-34		00:20:35	<b>00:42:21</b>	137	00:02:49				
111	<b>MIKOŁAJSKI Krzysztof</b>	<b>688</b>		M30-34		00:20:05	<b>00:41:34</b>	132	00:03:41				
112	<b>WIŚNIEWSKI Piotr</b>	<b>524</b>	GEOTACH	M35-39		00:20:14	<b>00:42:03</b>	136	00:03:22				
113	<b>PELANT Ryszard</b>	<b>571</b>	WICHER ROSNÓWKO	M45-49		00:19:47	<b>00:40:01</b>	113	00:05:29				

					Swimming			Cycling	Race	Cross
114	NOWICKI Adam	548	PENTEL	M45-49	00:19:38	00:41:57	135	00:03:40		
115	ARISMENDI Jean-Paul	526		M35-39	00:20:28	00:42:39	139	00:03:04		
116	ŁUCZAK Jacek	693	KB UE POZNAŃ	M50-54	00:19:45	00:41:48	134	00:04:01		
117	GAWRON Marcin	538	CAR-MAN	M45-49	00:19:47	00:41:01	128	00:04:52		
118	ŁADZIŃSKI Jakub	607		M30-34	00:19:24	00:40:26	118	00:05:38		
119	KITKOWSKI Maciej	677		M50-54	00:19:54	00:41:41	133	00:04:25		
120	OFFEREINS Tino	697		M25-29	00:19:55	00:40:49	122	00:05:31		
121	PIEKARSKI Wojciech	573		M40-44	00:21:41	00:41:26	130	00:04:58		
122	BEDYK Ireneusz	532	PTT DELTA	M60-64	PTT DELTA	00:20:42	00:41:30	131	00:05:01	
123	KONIECZNY Karol	632		M35-39	00:20:24	00:40:51	124	00:06:11		
124	BŁĘDOWSKI Bogdan	669		M45-49	00:19:39	00:40:43	121	00:06:27		
125	KOCIŃSKI Kajetan	577		M18-24	00:19:55	00:43:33	147	00:03:46		
126	KONIECZNY Przemysław	650	TRI NOT TO DIE	M35-39	00:20:48	00:44:23	152	00:03:16		
127	ZAKRZEWSKI Jarosław	586		M45-49	00:21:15	00:43:43	148	00:04:00		
128	ANTKOWIAK Bartosz	541	TRISPACE/TREK	M30-34	TRISPACE/TREK	00:21:49	00:45:07	158	00:02:45	
129	AUGUSTYNIAK Piotr	635		M45-49	00:21:21	00:44:53	156	00:03:03		
130	KUCHARCZYK Kamil	713	TRI NOT TO DIE	M30-34	00:21:08	00:44:33	154	00:03:25		
131	GRUSZCZYK Grzegorz	637		M35-39	00:21:10	00:43:22	144	00:04:45		
132	KAMIŃSKI Tomasz	657	IM INSPIRATION TEAM	M40-44	IM Inspiration Team	00:20:57	00:44:55	157	00:03:13	
133	PABIN Maksymilian	661		M25-29	00:21:27	00:43:24	145	00:05:05		
134	SZAŁKOWSKI Tomasz	562	CITYZEN POZNAŃ	M35-39	00:23:20	00:45:55	161	00:02:39		
135	WIŚNIEWSKI Zbigniew	702	ROWEROWA BRZOZA	M55-59	00:20:55	00:43:19	143	00:05:17		
136	PRZYBYLAK Karol	592		M35-39	00:21:57	00:43:49	149	00:04:52		
137	SIUDA Marek	568	KLINIKA TRIATHLONU	M45-49	00:20:45	00:43:03	142	00:05:52		
138	MAZURKIEWICZ Michał	529		M30-34	00:21:06	00:42:58	141	00:06:10		
139	BETLEJ Hubert	644	B3T	M35-39	00:22:10	00:46:01	163	00:03:32		
140	CYREK Grzegorz	593	CREATIVE BOCHNIA TEAM	M45-49	CREATIVE BOCHNIA TEAM	00:21:36	00:44:20	151	00:05:24	
141	NURKIEWICZ Jarosław	561	KUNG FU PANDY 3	M50-54	00:21:39	00:46:20	166	00:03:25		
142	HUĆ Aron	653	ETICOD	M30-34	00:21:05	00:46:12	165	00:03:36		
143	BAZAK Cezary	534		M55-59	00:21:27	00:44:39	155	00:05:17		
144	FRAĆKIEWICZ Paweł	646		M18-24	00:20:25	00:42:43	140	00:07:20		
145	LEWANDOWSKI Marcin	502		M30-34	00:22:08	00:45:29	159	00:04:36		
146	MIKOŁAJCZAK Tomasz	565		M30-34	00:20:35	00:42:38	138	00:07:51		
147	GORSKI Slawek	579	TRI TEAM LUBAŃ	M50-54	Tri Team Lubań	00:24:33	00:47:12	170	00:03:18	
148	GRUBA Jacek	551	TRISPACE/TREK	M60-64	TRISPACE/TREK	00:22:41	00:47:06	169	00:04:10	
149	ANDRZEJAK Robert	550	VAMOS	M45-49	00:22:18	00:46:32	168	00:04:59		
150	ZUBEK Rafał	501	PTT DELTA	M50-54	00:22:06	00:45:35	160	00:06:13		
151	ZAMOYSKI Piotr	507		M30-34	00:24:18	00:49:43	175	00:03:39		
152	CHMIEL Dariusz	685	PTT DELTA	M55-59	PTT DELTA	00:22:14	00:46:02	164	00:07:41	
153	WITKOWSKI Tomasz	556	VIVA LA VIDA	M35-39	00:21:48	00:45:57	162	00:08:06		
154	SZUKAJ Karol	547	KANAŁOWA TRI TEAM	M35-39	00:22:56	00:49:37	174	00:04:32		
155	DUDEK Artur	692		M25-29	00:22:53	00:49:02	172	00:05:23		
156	OSAK Paweł	617		M35-39	Klinika Triathlonu	00:23:43	00:50:10	176	00:04:48	
157	BEJROWSKI Piotr	691	SKRZAT TEAM	M35-39	00:25:12	00:53:19	183	00:02:30		

					Swimming			T1	Cycling	T2	Race	Czas
	<b>BEDNAREK Krzysztof</b>	<b>530</b>	SPORTEVO	M50-54	00:25:04	<b>00:51:44</b>	179	00:05:02				
	<b>KRUSZKA Łukasz</b>	<b>554</b>	K. S. TRI BE.R	M40-44	00:24:02	<b>00:52:14</b>	180	00:04:38				
160	<b>BINKOWSKI Cezary Fafik</b>	<b>718</b>	LKS OSTROMECKO	M45-49	00:26:16	<b>00:54:00</b>	184	00:05:11				
161	<b>BATOREK Bogdan</b>	<b>641</b>	RAWA TIM ZAWSZE SLIM	M40-44	00:27:01	<b>00:54:20</b>	188	00:05:26				
162	<b>MATUSZEWSKI Dariusz</b>	<b>18</b>	BIEGIEM DO GARÓW	M50-54	00:25:45	<b>00:54:32</b>	189	00:05:52				
163	<b>WOŹNICKI Mikołaj</b>	<b>614</b>		M30-34	00:25:31	<b>00:54:13</b>	186	00:06:39				
164	<b>KOCHANOWSKI Maciej</b>	<b>629</b>		M25-29	00:25:42	<b>00:54:15</b>	187	00:06:46				
165	<b>WILK Piotr</b>	<b>680</b>	MSPORT TEAM	M45-49	00:24:04	<b>00:52:28</b>	181	00:09:08				
166	<b>CZAJKOWSKI Arkadiusz</b>	<b>695</b>		M25-29	00:25:42	<b>00:55:43</b>	190	00:08:57				

Total 166 results.