



# OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Ocean Lava Triathlon Polska 2019  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2019-08-18  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 1 Fala

Punkt pomiarowy: 21,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie			Rower			Bieg	Czas
					P_Borowno 0.75km	Poz		R_Lidl 20km	Poz			
1	URBAŃSKI Michał	182	TRISPACE	M18-29	00:09:29	2	00:02:10	00:31:35	14	00:00:52		
2	KUBIŃSKI Jakub	90	ENEA BYDGOSZCZ TRIATHLON	M30-39	00:11:08	6	00:02:01	00:30:57	7	00:00:57		
3	LEWANDOWSKI Maciej	100	TRIDEA TEAM	M30-39	00:10:56	4	00:02:10	00:30:53	6	00:01:06		
4	BEDNARCZYK Tomasz	8	BIKE U UP	M30-39	00:11:12	7	00:02:05	00:31:43	17	00:00:56		
5	ZIENKIEWICZ Janusz	207	TRISPACE ALLIANZ TRIATHLON TEAM	M40-49	00:12:07	13	00:02:05	00:31:24	13	00:00:51		
6	HERMELIN Wojciech	226	KANCELARIA HMM	M40-49	00:11:57	12	00:02:01	00:31:46	18	00:00:52		
7	WASZTYL Michał	187	ZONE3 TEAM / WITKOWO BIEGA	M30-39	00:11:29	9	00:02:07	00:32:11	21	00:00:52		
8	ŚLIWIŃSKI Łukasz	223	LKS BOGMAR OSTROMECKO	M30-39	00:13:19	28	00:02:01	00:30:35	4	00:00:49		
9	SAWIEŁAJC Jakub	238	FUJI KRYSPORT TEAM	M18-29	00:11:14	8	00:02:11	00:32:22	25	00:01:07		
10	TOPCZEWSKI Gracjan	231	TRISPACE/TREK	M40-49	00:12:37	19	00:02:21	00:30:42	5	00:01:19		
11	EJSMONT Krzysztof	225	TRISPACE	M40-49	00:13:20	29	00:02:02	00:30:20	3	00:01:17		
12	ZIELIŃSKI Nicolas	205	OLIMPIASPORT.PL	M18-29	00:12:22	17	00:02:26	00:31:04	8	00:01:07		
13	PETRENKO Hryhorii	141	ARRK	M18-29	00:22:29	207	00:04:19	00:19:11	1	00:01:14		
14	LITWINIUK Krzysztof	106	KRISS COACHING	M30-39	00:12:55	24	00:02:20	00:31:39	16	00:01:05		
15	MARTYNOWICZ Michał	114	TRISPACE	M40-49	00:11:44	11	00:02:22	00:32:09	20	00:01:44		
16	SZAŁKOWSKI Łukasz	169	UKS CITYZEN_/BE3	M30-39	00:12:18	15	00:02:43	00:31:22	12	00:01:44		
17	DOŁKOWSKI Wojciech	779		M40-49	00:11:40	10	00:02:42	00:32:28	30	00:01:48		
18	KOZAR Karol	83	POLISH TRIATHLETES IN UK	M30-39	00:12:48	21	00:02:43	00:31:21	11	00:01:53		
19	DAWIDOWICZ Maciej	28	BRZOZA BIEGA	M40-49	00:12:48	22	00:02:19	00:33:04	36	00:00:51		
20	SAWICKI Arkadiusz	230	SCORPION GVT	M30-39	00:13:33	33	00:02:40	00:32:00	19	00:00:56		
21	MADEJ Rafał	112		M40-49	00:14:19	50	00:02:46	00:31:16	10	00:01:07		
22	MICHALSKI Michał	119		M30-39	00:13:10	26	00:02:11	00:33:15	40	00:01:05		
23	BOCIAN Łukasz	14	BOCIAN SPORT&REKREACJA / F3TEAM	M30-39	00:12:25	18	00:02:46	00:33:16	41	00:01:15		
24	KAWCZYŃSKI Paweł	68		M30-39	00:11:00	5	00:02:34	00:34:46	70	00:01:27		
25	BASIŃSKI Łukasz	6	OLIMPIASPORT.PL	M18-29	00:14:04	42	00:01:55	00:32:16	22	00:01:44		
26	TRAWCZYŃSKI Jacek	176	TRISPACE	M50-59	00:14:25	52	00:02:23	00:31:35	15	00:01:36		
27	ZIELIŃSKI Maciej	206		M30-39	00:15:30	79	00:02:20	00:31:14	9	00:01:00		
28	DEMBSKI Patryk	31	TEAM PATROL	M18-29	00:09:54	3	00:02:45	00:36:22	99	00:01:05		
29	KOWALSKA Angelika	237	TRISPACE	K30-39	00:13:50	37	00:02:17	00:33:17	42	00:00:49		

					Pływanie			Rower		Bieg	
30	<b>CHOLEWIŃSKI Dariusz</b>	<b>24</b>	HURAGAN MIEDZYŃ	M40-49	<b>00:14:51</b>	63	00:02:15	<b>00:32:25</b>	<b>26</b>	00:00:55	
31	<b>GOŚCINIAK Michał</b>	<b>127</b>	3GRAVITY	M30-39	<b>00:13:37</b>	36	00:02:58	<b>00:33:07</b>	<b>38</b>	00:00:44	
32	<b>LICZNIERSKI Marek</b>	<b>102</b>	TRIATHLONISTA.COM/ ZONE3 TEAM	M30-39	<b>00:12:21</b>	16	00:01:58	<b>00:34:42</b>	<b>67</b>	00:01:27	
33	<b>WITKOWSKI Mateusz</b>	<b>194</b>	JW 1223	M18-29	<b>00:14:36</b>	56	00:02:15	<b>00:32:48</b>	<b>33</b>	00:00:54	
34	<b>NOWICKI Bartosz</b>	<b>128</b>	AQUA+	M30-39	<b>00:12:40</b>	20	00:02:50	<b>00:34:24</b>	<b>62</b>	00:01:03	
35	<b>BINKOWSKI Adrian</b>	<b>210</b>	PROFESSIONALHR/CB163	M30-39	<b>00:14:09</b>	45	00:02:31	<b>00:32:28</b>	<b>29</b>	00:01:51	
36	<b>KOTŁOWSKI Bartosz</b>	<b>78</b>	LKS OSTROMECKO	M18-29	<b>00:14:32</b>	54	00:01:59	<b>00:33:19</b>	<b>43</b>	00:01:29	
37	<b>DERDA Piotr</b>	<b>32</b>		M18-29	<b>00:14:30</b>	53	00:02:40	<b>00:32:42</b>	<b>32</b>	00:01:29	
38	<b>HOPPE Tomasz</b>	<b>21</b>	CB163 BTT TRISPACE	M30-39	<b>00:14:18</b>	49	00:02:50	<b>00:32:18</b>	<b>23</b>	00:02:03	
39	<b>PILIUKH Marharyta</b>	<b>235</b>	TRISPACE/TREK	K18-29	<b>00:12:16</b>	14	00:02:39	<b>00:35:51</b>	<b>87</b>	00:01:01	
40	<b>HIPNAROWICZ Grzegorz</b>	<b>55</b>	SPORTTREND.PL	M40-49	<b>00:13:23</b>	30	00:02:33	<b>00:34:03</b>	<b>54</b>	00:01:55	
41	<b>FIEGEL Wojciech</b>	<b>39</b>	TRISPACE/TREK	M40-49	<b>00:14:48</b>	61	00:02:32	<b>00:33:31</b>	<b>44</b>	00:01:18	
42	<b>KOŁAKOWSKI Tomasz</b>	<b>75</b>		M30-39	<b>00:15:25</b>	74	00:02:34	<b>00:33:13</b>	<b>39</b>	00:01:06	
43	<b>KULWICKI Karol</b>	<b>92</b>		M30-39	<b>00:15:38</b>	83	00:03:04	<b>00:32:26</b>	<b>27</b>	00:01:32	
44	<b>PIEKARSKI Wojtek</b>	<b>142</b>	TMS	M40-49	<b>00:13:53</b>	39	00:03:21	<b>00:34:10</b>	<b>59</b>	00:01:22	
45	<b>SKORECKI Aleksander</b>	<b>156</b>	BYDGOSZCZ TRIATHLON TEAM	M18-29	<b>00:14:05</b>	44	00:02:48	<b>00:35:11</b>	<b>74</b>	00:00:56	
46	<b>SMOCZYŃSKI Marek</b>	<b>228</b>	MBC TEAM	M30-39	<b>00:15:12</b>	70	00:03:17	<b>00:32:50</b>	<b>34</b>	00:01:42	
47	<b>WROBEL Mateusx</b>	<b>200</b>	TEAM WROBEL	M18-29	<b>00:17:15</b>	139	00:02:23	<b>00:33:02</b>	<b>35</b>	00:00:27	
48	<b>ZIENKIEWICZ Marek</b>	<b>239</b>	ATOS	M40-49	<b>00:14:04</b>	43	00:02:58	<b>00:35:16</b>	<b>77</b>	00:01:07	
49	<b>GIERES Waldemar</b>	<b>41</b>	PTT DELTA	M50-59	<b>00:15:27</b>	77	00:02:33	<b>00:33:59</b>	<b>52</b>	00:01:33	
50	<b>BURDYN Grzegorz</b>	<b>20</b>	DIVINEBEAUTY / F3TEAM	M30-39	<b>00:15:20</b>	72	00:03:41	<b>00:33:46</b>	<b>48</b>	00:00:48	
51	<b>GOŁATA Wojciech</b>	<b>43</b>	WILCZA WATAHA	M30-39	<b>00:16:28</b>	106	00:02:29	<b>00:34:03</b>	<b>55</b>	00:00:57	
52	<b>ZAKURZEWSKI Tomasz</b>	<b>203</b>	BRZOZABIEGA	M40-49	<b>00:13:54</b>	40	00:02:34	<b>00:35:25</b>	<b>78</b>	00:02:06	
53	<b>ŻMICH-FÓRCHANIAK Joanna</b>	<b>790</b>	TRISPACE/TRECK	K40-49	<b>00:13:36</b>	34	00:02:53	<b>00:35:04</b>	<b>73</b>	00:02:26	
54	<b>SIATKOWSKI Paweł</b>	<b>153</b>	OPEN BROKERS TEAM	M30-39	<b>00:13:51</b>	38	00:03:10	<b>00:36:01</b>	<b>90</b>	00:00:59	
55	<b>KWIATOŃ Michał</b>	<b>98</b>		M18-29	<b>00:16:21</b>	99	00:03:57	<b>00:32:34</b>	<b>31</b>	00:01:26	
56	<b>BYRTEK Grzegorz</b>	<b>22</b>		M40-49	<b>00:13:18</b>	27	00:03:11	<b>00:36:42</b>	<b>110</b>	00:01:08	
57	<b>PERLINSKI Damian</b>	<b>140</b>	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	<b>00:16:23</b>	102	00:02:42	<b>00:34:00</b>	<b>53</b>	00:01:15	
58	<b>JANUSZKIEWICZ Piotr</b>	<b>59</b>	PROSIACZEK/HYDRO-BART/JANTUR	M30-39	<b>00:14:17</b>	48	00:03:53	<b>00:34:46</b>	<b>68</b>	00:01:33	
59	<b>SZULC Wojtek</b>	<b>229</b>	KOCHAM DARIE	M50-59	<b>00:17:26</b>	142	00:03:11	<b>00:32:27</b>	<b>28</b>	00:01:25	
60	<b>ŁUCZAK Paweł</b>	<b>108</b>	TKKF KOLEJARZ BYDGOSZCZ	M50-59	<b>00:15:53</b>	85	00:02:45	<b>00:34:33</b>	<b>64</b>	00:01:22	
61	<b>LISOWSKI Aleksander</b>	<b>105</b>	RAZEM TRENUJEMY SPORT	M30-39	<b>00:15:34</b>	80	00:03:03	<b>00:34:38</b>	<b>65</b>	00:01:19	
62	<b>SŁOMKA Maciej</b>	<b>159</b>	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	<b>00:16:49</b>	116	00:03:43	<b>00:32:19</b>	<b>24</b>	00:01:44	
63	<b>KUBIAK Sławomir</b>	<b>89</b>		M50-59	<b>00:15:35</b>	81	00:03:00	<b>00:34:41</b>	<b>66</b>	00:01:20	
64	<b>KRUCZKOWSKI Piotr</b>	<b>220</b>	KRYSPOORT TEAM	M50-59	<b>00:17:10</b>	134	00:02:46	<b>00:33:49</b>	<b>51</b>	00:00:57	
65	<b>BRYCKI Jakub</b>	<b>219</b>	POLONIA BIELANY WROCŁAWSKIE	M18-29	<b>00:12:50</b>	23	00:03:29	<b>00:37:42</b>	<b>130</b>	00:00:44	
66	<b>KĄTNIK Jacek</b>	<b>222</b>		M40-49	<b>00:17:06</b>	132	00:02:43	<b>00:33:05</b>	<b>37</b>	00:01:53	
67	<b>SIUDA Marek</b>	<b>155</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M40-49	<b>00:14:49</b>	62	00:04:06	<b>00:34:09</b>	<b>57</b>	00:01:45	
68	<b>WIŚNIEWSKI Arnold</b>	<b>193</b>		M40-49	<b>00:14:40</b>	57	00:05:36	<b>00:33:41</b>	<b>46</b>	00:00:56	
69	<b>POPEK Maciej</b>	<b>143</b>	WŁOCŁAWEK TRIATHLON TEAM, ANETA TEAM	M40-49	<b>00:15:53</b>	86	00:03:31	<b>00:34:10</b>	<b>58</b>	00:01:21	
70	<b>PAWEŁCZYK Kacper</b>	<b>136</b>	1987	M30-39	<b>00:14:41</b>	58	00:03:15	<b>00:35:16</b>	<b>75</b>	00:01:47	
71	<b>CZAJKOWSKA Natalia</b>	<b>26</b>		K18-29	<b>00:13:25</b>	31	00:03:20	<b>00:36:23</b>	<b>100</b>	00:01:51	
72	<b>TOMASZEWSKI Marcin</b>	<b>175</b>		M40-49	<b>00:14:45</b>	60	00:02:58	<b>00:35:27</b>	<b>80</b>	00:01:49	
73	<b>MACIEJCZYK Michał</b>	<b>110</b>		M30-39	<b>00:13:37</b>	35	00:02:45	<b>00:36:52</b>	<b>112</b>	00:01:50	
74	<b>STACHNIUK Przemek</b>	<b>163</b>	TRISPACE	M40-49	<b>00:16:05</b>	90	00:03:16	<b>00:34:05</b>	<b>56</b>	00:01:48	
75	<b>BENTKOWSKA Natalia</b>	<b>11</b>	WITKOWSKITEAM	K18-29	<b>00:13:05</b>	25	00:02:51	<b>00:37:52</b>	<b>136</b>	00:01:32	

					Pływanie			Rower		Bieg	
76	JARUSZEWSKI Krzysztof	60	MAJKA TEAM	M40-49	00:15:01	67	00:04:50	00:33:46	49	00:01:45	
77	WASILEWSKA Martyna	185	AMS BYDGOSZCZ	K30-39	00:14:44	59	00:02:57	00:36:37	105	00:01:18	
78	KADOW Ryszard	64	TRISPACE	M40-49	00:21:51	203	00:03:59	00:28:09	2	00:01:52	
79	KLIMKOWSKI Mateusz	71	DECATHLON TRIATHLON TEAM	M18-29	00:15:26	76	00:02:44	00:36:33	103	00:01:21	
80	DUDEK Krzysztof	221	POLONIA BIELANY WROCŁAWSKIE	M18-29	00:13:30	32	00:03:53	00:37:16	122	00:01:27	
81	KRAWISZ Maciej	84	LP500	M40-49	00:16:35	109	00:02:40	00:35:16	76	00:01:47	
82	DOBRZAŃSKI Dariusz	34	3GRAVITY	M18-29	00:15:13	71	00:04:06	00:35:40	83	00:01:24	
83	WOŹNIAK Anna	198		K40-49	00:16:31	108	00:02:58	00:35:34	81	00:01:22	
84	SKRZYNIARZ Hubert	158	#CIAGLA_WALKA_Z_BMI	M30-39	00:16:25	103	00:04:00	00:34:22	61	00:01:42	
85	KAPUSTKA Mirosław	66	KAPUSTRI	M30-39	00:15:04	69	00:03:09	00:36:54	113	00:01:26	
86	CIUPA Jarosław	25	ARRK	M40-49	00:16:27	104	00:03:31	00:34:32	63	00:02:06	
87	WOŹNIAK Radek	199	BOZITA POLSKA	M30-39	00:17:00	130	00:03:14	00:34:46	69	00:01:39	
88	BUGALSKI Wojciech	19		M40-49	00:16:14	95	00:02:56	00:33:49	50	00:03:46	
89	GILL Daniel	216	BOGMAR	M30-39	00:15:00	66	00:03:21	00:36:55	115	00:01:30	
90	RADZIEJEWSKI Tomasz	146		M30-39	00:15:54	87	00:03:53	00:36:14	95	00:00:51	
91	GRUBICH Arkadiusz	217		M40-49	00:16:58	127	00:02:55	00:35:49	85	00:01:15	
92	KUŹMA Wojtek	94		M50-59	00:16:54	122	00:02:35	00:36:33	104	00:00:57	
93	NAGOW Michał	124		M40-49	00:16:15	96	00:02:54	00:36:11	94	00:01:45	
94	WOLSKI Tomasz	196	BYDGOSZCZ TRIATHLON TEAM	M18-29	00:16:40	111	00:03:03	00:36:00	89	00:01:29	
95	DĘBIEC Andrzej	218		M30-39	00:17:12	136	00:02:44	00:36:37	106	00:00:43	
96	SZARLEJ Marcin	170	PKO BANK POLSKI S.A.	M30-39	00:16:57	124	00:03:10	00:35:53	88	00:01:17	
97	KIEŁPIŃSKI Mikołaj	69		M18-29	00:13:59	41	00:03:28	00:38:40	153	00:01:14	
98	GEHRKE Tomasz	40	LPN	M40-49	00:16:44	114	00:03:59	00:35:03	71	00:01:38	
99	SKOWROŃSKI Jarosław	157	KRISS COACHING	M30-39	00:16:21	98	00:03:14	00:36:54	114	00:01:01	
100	LIPNIEWICZ Paweł	104	LIPNE MUMIE	M30-39	00:19:12	177	00:03:34	00:33:37	45	00:01:09	
101	GWIAZDOWSKI Krzysztof	49		M40-49	00:16:57	126	00:04:18				
102	WASILEWSKA-MICHALAK Agata	186	AMS	K30-39	00:15:26	75	00:03:25	00:37:19	124	00:01:26	
103	WARCZAK Katarzyna	215	TEAMOCHAL	K30-39	00:14:12	47	00:03:24	00:38:30	150	00:01:31	
104	MEYER Maciej	118		M18-29	00:16:10	92	00:03:21	00:36:26	101	00:02:02	
105	TWAROWSKI Arkadiusz	180		M40-49	00:14:58	65	00:02:54	00:38:27	147	00:01:40	
106	URBANIAK Daniel	181		M40-49	00:17:48	145	00:03:56	00:34:14	60	00:02:01	
107	TRZASKOWSKI Tomasz	177		M30-39	00:14:34	55	00:04:54	00:36:42	111	00:01:50	
108	ŁATKA Marcin	107		M40-49	00:14:25	51	00:03:06	00:39:05	157	00:01:35	
109	KARCZEWSKI Filip	67		M30-39	00:17:54	151	00:03:05	00:36:18	97	00:01:08	
110	LIPIŃSKI Michał	103		M40-49							
111	BOROWSKI Radosław	15	MLKS KRAJNA SĘPÓLNO	M30-39	00:16:59	129	00:02:53	00:37:12	119	00:01:25	
112	PAWĘTA Marcin	137		M30-39	00:19:14	180	00:02:37	00:33:44	47	00:02:55	
113	KOSIŃSKI Robert	77	NOKIA BYDGOSZCZ	M30-39	00:15:51	84	00:03:08	00:38:00	139	00:01:31	
114	TACIAK Dawid	174	ATOS/KLINIKA TRIATHLONU	M30-39	00:16:46	115	00:03:57	00:36:20	98	00:01:35	
115	DULIŃSKA Dorota	36	TRISPACE	K40-49	00:16:36	110	00:02:23	00:38:12	144	00:01:30	
116	RIVAT Emmanuel	212		M40-49	00:16:10	93	00:04:02	00:37:06	117	00:01:25	
117	ZIÓŁKOWSKI Krzysztof	171		M30-39	00:15:36	82	00:02:23	00:39:23	165	00:01:23	
DNC	MARTIN Adam	227	WILDCATS SWISS TRIATHLON TEAM	M18-29	00:09:06	1	00:01:46	00:46:55	211	00:01:05	
119	BARANOWICZ Bartosz	5	TMS GLOBART	M40-49	00:14:10	46	00:03:52	00:39:06	158	00:01:46	
120	TUREK Marta	178	TRIBA BOSIR BARCIN	K30-39	00:17:58	153	00:03:29	00:36:18	96	00:01:11	
121	LESZCZYŃSKI Marcin	99	BYDGOSZCZ TRIATHLON TEAM	M18-29	00:16:50	117	00:03:12	00:37:13	121	00:01:44	

					Pływanie			Rower		Bieg	
122	<b>BANAŚ Mateusz</b>	<b>4</b>		M30-39	<b>00:18:53</b>	171	00:02:10	<b>00:35:50</b>	<b>86</b>	00:02:08	
123	<b>KOTOWSKI Jacek</b>	<b>79</b>		M40-49	<b>00:18:54</b>	172	00:03:27	<b>00:35:03</b>	<b>72</b>	00:01:37	
124	<b>BEJFUS Mateusz</b>	<b>10</b>		M18-29	<b>00:17:23</b>	141	00:03:35	<b>00:37:13</b>	<b>120</b>	00:01:07	
125	<b>BEJFUS Łukasz</b>	<b>9</b>	LEŚNY PARK KULTURY I WYPOCZYNKU	M18-29	<b>00:18:26</b>	162	00:03:06	<b>00:36:38</b>	<b>107</b>	00:01:11	
126	<b>DULIŃSKI Jacek</b>	<b>37</b>		M40-49	<b>00:16:58</b>	128	00:04:14	<b>00:36:30</b>	<b>102</b>	00:01:39	
127	<b>KOSMALA-SZULC Daria</b>	<b>214</b>	KOCHAM WOJTKA	K30-39	<b>00:16:56</b>	123	00:03:35	<b>00:37:44</b>	<b>132</b>	00:01:14	
128	<b>MIKA-HOFFMANN Magdalena</b>	<b>122</b>	BRZYSKI TRI TEAM	K40-49	<b>00:16:51</b>	119	00:03:13	<b>00:38:18</b>	<b>145</b>	00:01:11	
129	<b>KOWALSKI Marek</b>	<b>82</b>	REKINY OSIELSKO	M40-49	<b>00:15:24</b>	73	00:02:35	<b>00:39:13</b>	<b>161</b>	00:02:24	
130	<b>ROŚ Sławek</b>	<b>148</b>		M30-39	<b>00:16:41</b>	112	00:03:54	<b>00:37:58</b>	<b>138</b>	00:01:10	
131	<b>NAWROCKI Marcin</b>	<b>125</b>	DELIKATESY RYBNE FISHKA.PL	M30-39	<b>00:16:20</b>	97	00:04:25	<b>00:37:36</b>	<b>127</b>	00:01:24	
132	<b>LICZNIERSKA Alina</b>	<b>101</b>	ZONE3 TEAM	K30-39	<b>00:17:15</b>	138	00:02:51	<b>00:38:28</b>	<b>148</b>	00:01:12	
133	<b>GREJCZYK Alan</b>	<b>123</b>		M18-29	<b>00:19:14</b>	179	00:03:27	<b>00:35:44</b>	<b>84</b>	00:01:28	
134	<b>GUSS Rafał</b>	<b>48</b>	ARRK	M18-29	<b>00:18:12</b>	157	00:04:13	<b>00:36:39</b>	<b>109</b>	00:00:51	
135	<b>IWAŃCZYK Marcin</b>	<b>57</b>	CB163	M30-39	<b>00:16:09</b>	91	00:04:47	<b>00:37:18</b>	<b>123</b>	00:01:44	
136	<b>KULIŃSKI Grzegorz</b>	<b>91</b>		M18-29	<b>00:16:42</b>	113	00:03:18	<b>00:39:11</b>	<b>159</b>	00:00:47	
137	<b>STRYCZYŃSKI Marek</b>	<b>166</b>	TRISPACE	M30-39	<b>00:16:30</b>	107	00:03:15	<b>00:38:53</b>	<b>155</b>	00:01:21	
138	<b>. .</b>	<b>776</b>		1 Fala	<b>00:18:02</b>	155	00:04:47	<b>00:35:26</b>	<b>79</b>	00:01:44	
139	<b>BOROWSKI Łukasz</b>	<b>16</b>	LADYSI TEAM	M40-49	<b>00:17:13</b>	137	00:03:22	<b>00:37:44</b>	<b>131</b>	00:01:40	
140	<b>RASZLIŃSKA Mariola</b>	<b>147</b>		K50-59	<b>00:17:11</b>	135	00:03:09	<b>00:38:02</b>	<b>141</b>	00:01:37	
141	<b>DRELICH Michał</b>	<b>240</b>	SEGROUD	M30-39	<b>00:17:01</b>	131	00:03:48	<b>00:37:19</b>	<b>125</b>	00:01:51	
142	<b>OLECH Jacek</b>	<b>233</b>		M40-49	<b>00:19:45</b>	186	00:03:30	<b>00:36:05</b>	<b>92</b>	00:00:45	
143	<b>JAKUBOWSKA-OLECH Edyta</b>	<b>232</b>	AMATOR ŚWIECIE	K50-59	<b>00:18:18</b>	159	00:03:07	<b>00:37:41</b>	<b>129</b>	00:01:08	
144	<b>RYBAK Mariusz</b>	<b>150</b>	SISU-OWB TEAM	M40-49	<b>00:15:27</b>	78	00:03:40	<b>00:40:23</b>	<b>170</b>	00:00:45	
145	<b>OSAK Paweł</b>	<b>129</b>		M30-39	<b>00:17:07</b>	133	00:04:02	<b>00:37:53</b>	<b>137</b>	00:01:15	
146	<b>WERNER Michał</b>	<b>190</b>	GARDENFLORA MTB TEAM	M18-29	<b>00:18:45</b>	168	00:03:30	<b>00:36:55</b>	<b>116</b>	00:01:13	
147	<b>OSUCH Mirka</b>	<b>132</b>		K50-59	<b>00:17:58</b>	152	00:03:11	<b>00:37:51</b>	<b>134</b>	00:01:26	
148	<b>BORUCKI Marcin</b>	<b>17</b>		M30-39	<b>00:15:55</b>	88	00:04:33	<b>00:38:56</b>	<b>156</b>	00:01:31	
149	<b>ZUPA Martyna</b>	<b>209</b>	SISU-OWB TEAM	K18-29	<b>00:14:53</b>	64	00:03:39	<b>00:41:02</b>	<b>177</b>	00:01:23	
150	<b>ZIELIŃSKI Radosław</b>	<b>204</b>		M30-39	<b>00:19:13</b>	178	00:03:43	<b>00:36:02</b>	<b>91</b>	00:02:01	
151	<b>GRUBA Jacek</b>	<b>45</b>		M50-59	<b>00:18:01</b>	154	00:04:07	<b>00:37:12</b>	<b>118</b>	00:01:39	
152	<b>MALINOWSKI Artur</b>	<b>113</b>		M50-59	<b>00:18:50</b>	170	00:04:18	<b>00:36:09</b>	<b>93</b>	00:01:43	
153	<b>KAMIŃSKA Agnieszka</b>	<b>65</b>	SAN ESCOBAR TRIATHLON TEAM	K40-49	<b>00:17:45</b>	144	00:04:27	<b>00:37:38</b>	<b>128</b>	00:01:13	
154	<b>KLISZEWSKI Damian</b>	<b>73</b>		M40-49	<b>00:17:49</b>	147	00:02:10	<b>00:39:44</b>	<b>166</b>	00:01:28	
155	<b>KUCHARCZYK Michał</b>	<b>139</b>	KS POLONIA BIELANY	M18-29	<b>00:18:37</b>	165	00:04:04	<b>00:38:02</b>	<b>142</b>	00:00:33	
156	<b>KRUCZKOWSKA - LASSAK Anita</b>	<b>85</b>	CHŁOPAKI TO MY	K30-39	<b>00:18:14</b>	158	00:03:15	<b>00:38:23</b>	<b>146</b>	00:01:32	
157	<b>PAPIEROWSKI Piotr</b>	<b>134</b>		M30-39	<b>00:18:44</b>	167	00:02:45	<b>00:39:13</b>	<b>162</b>	00:00:53	
158	<b>OSTRZYCKI Sławomir</b>	<b>131</b>	TRISPACE/TREK	M30-39	<b>00:16:57</b>	125	00:03:57	<b>00:39:13</b>	<b>160</b>	00:01:31	
159	<b>HENDRZAK Sylwester</b>	<b>54</b>	MISYL RUN TEAM	M30-39	<b>00:20:05</b>	190	00:04:11	<b>00:36:38</b>	<b>108</b>	00:00:58	
160	<b>SŁOMSKI Marcin</b>	<b>160</b>	TRIATHLON KONSULTING TEAM	M30-39	<b>00:16:23</b>	101	00:04:01	<b>00:40:49</b>	<b>174</b>	00:01:00	
161	<b>NITKA Dominika</b>	<b>126</b>		K18-29	<b>00:15:03</b>	68	00:03:32	<b>00:42:31</b>	<b>193</b>	00:01:15	
162	<b>MARTYNOWICZ Maria</b>	<b>115</b>	TRISPACE	K40-49	<b>00:19:24</b>	183	00:03:34	<b>00:37:52</b>	<b>135</b>	00:01:39	
163	<b>MIEKCZYNSKI Artur</b>	<b>120</b>	POLONIA BYDGOSZCZ	M30-39	<b>00:19:49</b>	187	00:03:40	<b>00:38:01</b>	<b>140</b>	00:01:09	
164	<b>TURNO Szymon</b>	<b>179</b>	TURBO TEAM	M40-49	<b>00:17:53</b>	150	00:04:30	<b>00:39:16</b>	<b>163</b>	00:01:01	
165	<b>MACIEJEWSKI Tomasz</b>	<b>111</b>	NORMOBARIC	M18-29	<b>00:17:48</b>	146	00:02:11	<b>00:40:32</b>	<b>173</b>	00:02:15	
166	<b>MAZURKIEWICZ Piotr</b>	<b>116</b>		M40-49	<b>00:20:13</b>	191	00:04:10	<b>00:37:29</b>	<b>126</b>	00:01:21	
167	<b>GWIZDAŁA Adam</b>	<b>50</b>	BUKOWIEC	M30-39	<b>00:20:46</b>	196	00:03:11	<b>00:38:38</b>	<b>152</b>	00:00:46	



				Pływanie			Rower		Bieg	
168	<b>RYBCZYŃSKI Łukasz</b>	<b>213</b>		M18-29	<b>00:16:51</b>	118	00:03:56	<b>00:41:08</b>	<b>179</b>	00:01:42
169	<b>CZAPLICKI Wojciech</b>	<b>211</b>		M40-49	<b>00:19:38</b>	185	00:02:21	<b>00:39:44</b>	<b>167</b>	00:02:11
170	<b>SENSKI Przemysław</b>	<b>152</b>		M30-39	<b>00:16:53</b>	120	00:04:01	<b>00:40:55</b>	<b>176</b>	00:02:10
171	<b>ADLER Filip</b>	<b>1</b>		M18-29	<b>00:17:17</b>	140	00:03:20	<b>00:41:09</b>	<b>180</b>	00:02:13
172	<b>KLINOWSKI Radosław</b>	<b>72</b>	GALACTICA	M30-39	<b>00:20:25</b>	192	00:03:56	<b>00:37:50</b>	<b>133</b>	00:01:48
173	<b>RZENTKOWSKI Grzegorz</b>	<b>151</b>		M40-49	<b>00:19:16</b>	182	00:04:06	<b>00:38:30</b>	<b>149</b>	00:02:18
174	<b>URBAŃSKI Janusz</b>	<b>183</b>	TRISPACE	M50-59	<b>00:18:22</b>	161	00:05:17	<b>00:38:11</b>	<b>143</b>	00:02:25
175	<b>KOCZOROWSKA Kamila</b>	<b>74</b>		K30-39	<b>00:18:55</b>	173	00:03:23	<b>00:41:02</b>	<b>178</b>	00:01:11
176	<b>WEDEŁ Agnieszka</b>	<b>188</b>		K30-39	<b>00:16:53</b>	121	00:03:24	<b>00:43:10</b>	<b>199</b>	00:01:06
177	<b>JUREK Krzysztof</b>	<b>63</b>		M50-59	<b>00:15:57</b>	89	00:04:26	<b>00:43:18</b>	<b>200</b>	00:00:55
178	<b>KRYZAN Irma</b>	<b>87</b>		K18-29	<b>00:16:11</b>	94	00:03:47	<b>00:43:40</b>	<b>204</b>	00:01:00
179	<b>BILSKA Magda</b>	<b>12</b>	CHŁOPAKI TO MY	K30-39	<b>00:17:50</b>	148	00:04:00	<b>00:41:32</b>	<b>184</b>	00:01:24
180	<b>SZURNICKA Gosia</b>	<b>172</b>	1972	K40-49	<b>00:19:16</b>	181	00:04:06	<b>00:38:41</b>	<b>154</b>	00:02:59
181	<b>HARTMAN Joanna</b>	<b>53</b>		K30-39	<b>00:20:42</b>	195	00:03:36	<b>00:39:17</b>	<b>164</b>	00:01:28
182	<b>KWIATON Agata</b>	<b>97</b>		K30-39	<b>00:16:27</b>	105	00:05:07	<b>00:40:32</b>	<b>172</b>	00:03:02
183	<b>FALCONNET Chris</b>	<b>38</b>		M30-39	<b>00:19:00</b>	174	00:04:04	<b>00:41:27</b>	<b>183</b>	00:01:10
184	<b>PELANT Hanna</b>	<b>138</b>	WICHER ROSNÓWKO	K18-29	<b>00:18:35</b>	164	00:03:27	<b>00:42:14</b>	<b>189</b>	00:01:43
185	<b>WOZNIAK Tomasz</b>	<b>197</b>		M40-49	<b>00:19:31</b>	184	00:04:32	<b>00:40:26</b>	<b>171</b>	00:01:30
186	<b>SPRYSZYŃSKA Magdalena</b>	<b>162</b>	TRIRODZINKA.PL	K30-39	<b>00:19:02</b>	175	00:03:20	<b>00:42:34</b>	<b>194</b>	00:01:08
187	<b>STĘPIEŃ Michał</b>	<b>164</b>		M30-39	<b>00:20:00</b>	188	00:03:44	<b>00:41:26</b>	<b>182</b>	00:01:06
188	<b>RUTKOWSKA Virginia</b>	<b>149</b>	ATOS/KLINIKA TRIATHLONU	K30-39	<b>00:18:47</b>	169	00:04:08	<b>00:41:53</b>	<b>188</b>	00:01:34
189	<b>WĘGRZYŃSKI Piotr</b>	<b>192</b>		M40-49	<b>00:22:05</b>	205	00:03:36	<b>00:38:38</b>	<b>151</b>	00:02:07
190	<b>KWIATKOWSKI Waldemar</b>	<b>96</b>		M30-39	<b>00:17:52</b>	149	00:03:49	<b>00:43:53</b>	<b>205</b>	00:01:01
191	<b>MERING Marta</b>	<b>117</b>	TRISPACE	K30-39	<b>00:21:24</b>	200	00:01:01	<b>00:42:51</b>	<b>196</b>	00:01:43
192	<b>PRZYBYTKOWSKI Marek</b>	<b>145</b>		M18-29	<b>00:24:57</b>	214	00:04:56	<b>00:35:37</b>	<b>82</b>	00:01:32
193	<b>HRYNIEWICZ Agnieszka</b>	<b>56</b>		K30-39	<b>00:17:34</b>	143	00:05:10	<b>00:43:31</b>	<b>203</b>	00:01:07
194	<b>DĄBKOWSKA Wioleta</b>	<b>29</b>	OSTROŁĘKA	K30-39	<b>00:19:07</b>	176	00:04:59	<b>00:42:16</b>	<b>190</b>	00:01:24
195	<b>MIĘTKIEWICZ Rafał</b>	<b>121</b>	SPÓJNIA BIAŁE BŁOTA	M18-29	<b>00:23:08</b>	209	00:03:39	<b>00:40:07</b>	<b>169</b>	00:00:56
196	<b>SMIETANA Mirosław</b>	<b>161</b>		M60-69	<b>00:20:35</b>	194	00:04:40	<b>00:41:35</b>	<b>185</b>	00:01:15
197	<b>SIEKIERKA Robert</b>	<b>154</b>	AS BOX	M40-49	<b>00:21:42</b>	202	00:04:40	<b>00:40:54</b>	<b>175</b>	00:01:01
198	<b>BINDEK Łukasz</b>	<b>13</b>		M30-39	<b>00:16:22</b>	100	00:05:44	<b>00:44:41</b>	<b>207</b>	00:01:32
199	<b>KRYSPIN Marta Aleksandra</b>	<b>86</b>	STOMIL TRAINING / V RUNNER	K30-39	<b>00:20:48</b>	197	00:04:49	<b>00:41:23</b>	<b>181</b>	00:02:00
200	<b>OSIŃSKI Adam</b>	<b>130</b>		M40-49	<b>00:22:33</b>	208	00:05:39	<b>00:39:49</b>	<b>168</b>	00:01:40
201	<b>WŁODARCZAK Barbara</b>	<b>195</b>	TRISPACE	K50-59	<b>00:22:24</b>	206	00:03:09	<b>00:42:55</b>	<b>197</b>	00:01:28
202	<b>WĘGRZYŃSKA Oliwia</b>	<b>191</b>		K18-29	<b>00:22:02</b>	204	00:03:25	<b>00:42:46</b>	<b>195</b>	00:02:04
203	<b>JUCHACZ Michał</b>	<b>62</b>	DZIKI Z BALCZEWA	M40-49	<b>00:20:28</b>	193	00:02:56	<b>00:46:05</b>	<b>209</b>	00:00:54
204	<b>PASTWA Donata</b>	<b>135</b>	TRISPACE	K40-49	<b>00:23:20</b>	210	00:04:04	<b>00:41:51</b>	<b>187</b>	00:01:36
205	<b>GÓRNIKIEWICZ Piotr</b>	<b>44</b>		M30-39	<b>00:21:06</b>	199	00:05:24	<b>00:43:04</b>	<b>198</b>	00:01:38
206	<b>CHMIEL Dorota</b>	<b>23</b>	PTT DELTA	K50-59	<b>00:18:40</b>	166	00:04:37	<b>00:47:16</b>	<b>212</b>	00:01:17
207	<b>HAC Monika</b>	<b>51</b>		K40-49	<b>00:18:05</b>	156	00:05:22	<b>00:45:19</b>	<b>208</b>	00:03:07
208	<b>DĄBROWSKI Bartosz</b>	<b>30</b>	SPORTOWA PASJA	M30-39	<b>00:20:01</b>	189	00:05:30	<b>00:46:12</b>	<b>210</b>	00:01:08
209	<b>ŁUKOMSKI Dawid</b>	<b>109</b>	GARDENFLORA MTB TEAM	M18-29	<b>00:24:00</b>	211	00:04:08	<b>00:43:21</b>	<b>201</b>	00:01:27
210	<b>KLIMEK Przemysław</b>	<b>70</b>		M18-29	<b>00:18:21</b>	160	00:04:28	<b>00:49:27</b>	<b>214</b>	00:00:51
211	<b>BUDNICKI Krzysztof</b>	<b>18</b>		M40-49	<b>00:24:36</b>	212	00:05:04	<b>00:41:46</b>	<b>186</b>	00:01:46
212	<b>DETLAF Mariusz</b>	<b>33</b>		M30-39	<b>00:26:04</b>	215	00:03:32	<b>00:42:26</b>	<b>192</b>	00:01:26
213	<b>WYSŁOUCH Sebastian</b>	<b>201</b>	AMATOR	M40-49	<b>00:21:04</b>	198	00:06:08	<b>00:44:38</b>	<b>206</b>	00:01:48

				Pływanie			Rower			Bieg	Czas
214	<b>ŚLIZOWSKA Paulina</b>	<b>173</b>	K30-39	<b>00:18:32</b>	163	00:06:19	<b>00:48:01</b>	<b>213</b>	00:01:21		
215	<b>JĘDRUSZCZAK Przemysław</b>	<b>61</b>	M18-29	<b>00:24:52</b>	213	00:05:04	<b>00:43:22</b>	<b>202</b>	00:01:04		
216	<b>PALACZ Mirosław</b>	<b>133</b>	M50-59	<b>00:28:35</b>	216	00:04:02	<b>00:42:22</b>	<b>191</b>	00:01:27		
217	<b>SZABO-MOSKAL Jadwiga</b>	<b>168</b>	K50-59	<b>00:21:38</b>	201	00:04:30	<b>00:50:08</b>	<b>215</b>	00:01:03		

Znaleziono 217 wynik(ów)