

Klasyfikacja: 1 Fala

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna 1 | Pływanie | | | Rower | | | Bieg | | | Czas | |
|-----|---------------------|-------|---------------------------|-----------|------|-------------------------|---------------------|-----|----------|----------------|-----|----------|-----------------------|--------------------|-----|--------------------------|---------------------|
| | | | | | | | P_Borowno 0.75km | Poz | 00:00:00 | R_Lidl 20km | Poz | 00:00:00 | B_Announcer 4.59km | B_Announcer 5km | Poz | Czas netto 26.01km | Różn |
| 1 | OCHAL Paweł | 136 | FCNB TRI KLUB / TEAMOCHAL | M40-49 | 1 | FCNB TRI KLUB/TEAMOCHAL | 00:12:53 | 27 | 00:02:06 | 00:29:02 | 3 | 00:00:47 | 00:15:51 | 00:16:01 | 1 | 01:00:49.90 | |
| 2 | ANDRZEJEWSKI Marcin | 53 | 8 BREM | M30-39 | 1 | | 00:11:44 | 13 | 00:02:04 | 00:28:17 | 1 | 00:00:48 | 00:18:07 | 00:18:19 | 3 | 01:01:12.05 | +00:00:22 (0.6%) |
| 3 | WIECZORKOWSKI Adam | 117 | BIKE U UP / BIALŁ | M18-29 | 1 | | 00:11:26 | 9 | 00:01:58 | 00:29:02 | 4 | 00:00:45 | 00:18:21 | 00:18:32 | 4 | 01:01:43.45 | +00:00:53 (1.4%) |
| 4 | BEDNARCZYK Tomasz | 59 | BIKE U UP | M30-39 | 2 | | 00:11:17 | 6 | 00:02:13 | 00:29:56 | 9 | 00:00:52 | 00:19:32 | 00:19:46 | 9 | 01:04:04.25 | +00:03:14 (5.1%) |
| 5 | PLUTA Gniewomir | 146 | UKS TRS SUSZ | M40-49 | 2 | | 00:11:11 | 4 | 00:02:11 | 00:29:47 | 6 | 00:00:51 | 00:19:54 | 00:20:08 | 12 | 01:04:08.40 | +00:03:18 (5.2%) |
| 6 | TRZASKA Przemysław | 42 | DREM TRI TEAM | M30-39 | 3 | | 00:12:45 | 23 | 00:02:10 | 00:28:56 | 2 | 00:00:54 | 00:19:22 | 00:19:37 | 6 | 01:04:22.35 | +00:03:32 (5.5%) |
| 7 | PRZYBYLSKI Jakub | 44 | KOMPUTRONIK | M40-49 | 3 | | 00:12:15 | 17 | 00:02:08 | 00:29:37 | 5 | 00:00:57 | 00:19:35 | 00:19:49 | 10 | 01:04:46.10 | +00:03:56 (6.1%) |
| 8 | MŁYŃCZAK Jakub | 138 | KS GVT | M18-29 | 2 | | 00:12:12 | 15 | 00:01:49 | 00:30:57 | 20 | 00:00:48 | 00:19:00 | 00:19:13 | 5 | 01:04:59.25 | +00:04:09 (6.4%) |
| 9 | JAHNZ Karolina | 135 | GO2TRI | K30-39 | 1 | | 00:10:51 | 1 | 00:02:03 | 00:31:07 | 23 | 00:00:48 | 00:20:27 | 00:20:39 | 18 | 01:05:28.25 | +00:04:38 (7.1%) |
| 10 | MARTYNOWICZ Michał | 3 | TRISPACE/TREK | M40-49 | 4 | TRISPACE/TREK | 00:11:22 | 7 | 00:02:03 | 00:30:39 | 15 | 00:00:49 | 00:20:34 | 00:20:46 | 21 | 01:05:39.10 | +00:04:49 (7.3%) |
| 11 | KOTŁOWSKI Bartosz | 159 | ŁKS OSTROMECKO | M18-29 | 3 | | 00:15:04 | 66 | 00:01:54 | 00:31:02 | 21 | 00:01:01 | 00:16:41 | 00:16:53 | 2 | 01:05:54.00 | +00:05:04 (7.7%) |
| 12 | HERMELIN Wojciech | 7 | KANCELARIA HMM | M40-49 | 5 | | 00:11:35 | 11 | 00:02:10 | 00:29:59 | 11 | 00:00:57 | 00:21:13 | 00:21:24 | 32 | 01:06:05.35 | +00:05:15 (8.0%) |
| 13 | JAŚKIEWICZ Marcin | 149 | CARSEKT | M30-39 | 4 | | 00:12:14 | 16 | 00:02:04 | 00:29:54 | 7 | 00:00:48 | 00:20:56 | 00:21:08 | 29 | 01:06:08.70 | +00:05:18 (8.0%) |
| 14 | ŚLIWIŃSKI Łukasz | 156 | LKS BOGMAR OSTROMECKO | M30-39 | 5 | | 00:12:51 | 26 | 00:02:13 | 00:30:13 | 13 | 00:00:54 | 00:19:55 | 00:20:18 | 13 | 01:06:29.55 | +00:05:39 (8.5%) |
| 15 | EJSMONT Krzysztof | 107 | | M40-49 | 6 | | 00:13:16 | 34 | 00:02:35 | 00:29:55 | 8 | 00:00:50 | 00:19:33 | 00:19:56 | 11 | 01:06:32.55 | +00:05:42 (8.6%) |
| 16 | KONIAIEV Volodymyr | 92 | TARPOL TEAM | M30-39 | 6 | | 00:12:47 | 24 | 00:02:20 | 00:30:14 | 14 | 00:00:53 | 00:20:09 | 00:20:22 | 14 | 01:06:36.80 | +00:05:46 (8.7%) |
| 17 | MISZTELA Jakub | 54 | PTT DELTA | M18-29 | 4 | PTT DELTA | 00:10:55 | 2 | 00:02:23 | 00:32:15 | 32 | 00:00:41 | 00:20:23 | 00:20:36 | 17 | 01:06:50.35 | +00:06:00 (9.0%) |
| 18 | WOLAK Paweł | 47 | KLUB BIEGACZA T2/4 | M30-39 | 7 | | 00:11:08 | 3 | 00:02:39 | 00:30:47 | 17 | 00:01:02 | 00:21:09 | 00:21:21 | 31 | 01:06:57.90 | +00:06:08 (9.2%) |

| Rank | Name | Age Group | Team | Sex | Age | Team | Pływanie | | | Rower | | Bieg | | | Total Time | Delta | | |
|------|----------------------|-----------|---------------------------------------|-----|-------|------|------------------|----------|------|----------|----------|------|----------|----------|------------|-------|-------------|-------------------|
| | | | | | | | Time | Rank | Time | Rank | Time | Rank | Time | Rank | | | | |
| 19 | GACKA Rafał | 155 | LUPUS TEAM | M | 40-49 | 7 | LUPUS TEAM | 00:13:10 | 32 | 00:02:25 | 00:30:48 | 18 | 00:01:05 | 00:19:32 | 00:19:45 | 8 | 01:07:13.80 | +00:06:23 (9.5%) |
| 20 | TRAWCZYŃSKI Jacek | 10 | TRISPACE/TREK | M | 50-59 | 1 | TRISPACE/TREK | 00:13:22 | 35 | 00:02:06 | 00:29:57 | 10 | 00:01:00 | 00:20:36 | 00:20:48 | 23 | 01:07:13.90 | +00:06:24 (9.5%) |
| 21 | SZYTTHENHOLM Oliwier | 61 | TRISPACE/TREK | M | 30-39 | 8 | TRISPACE/TREK | 00:13:12 | 33 | 00:02:00 | 00:31:18 | 24 | 00:00:51 | 00:20:43 | 00:20:54 | 26 | 01:08:15.90 | +00:07:26 (10.9%) |
| 22 | LICZNIERSKI Marek | 37 | ZONE 3 TEAM | M | 30-39 | 9 | ZONE 3 TEAM | 00:11:31 | 10 | 00:02:07 | 00:33:04 | 47 | 00:01:00 | 00:20:32 | 00:20:45 | 20 | 01:08:27.60 | +00:07:37 (11.1%) |
| 23 | KOWALSKA Angelika | 56 | TRISPACE/TREK | K | 40-49 | 1 | TRISPACE/TREK | 00:13:06 | 31 | 00:01:58 | 00:31:27 | 25 | 00:01:04 | 00:20:42 | 00:20:54 | 25 | 01:08:29.45 | +00:07:39 (11.2%) |
| 24 | CHUDZIŃSKI Filip | 39 | | M | 18-29 | 5 | | 00:12:28 | 20 | 00:03:24 | 00:32:19 | 33 | 00:01:03 | | 00:19:38 | 7 | 01:08:52.40 | +00:08:02 (11.7%) |
| 25 | PEKRUL Wojciech | 119 | MIĘDZY TRENINGAMI / DAWAJ KALACH TEAM | M | 18-29 | 6 | | 00:11:52 | 14 | 00:02:20 | 00:32:28 | 37 | 00:00:50 | 00:21:28 | 00:21:39 | 36 | 01:09:09.70 | +00:08:19 (12.0%) |
| 26 | PARTYKA Rafał | 21 | | M | 40-49 | 8 | | | | | 00:33:12 | 48 | 00:01:43 | | 00:20:29 | 15 | 01:10:29.00 | +00:09:39 (13.7%) |
| 27 | FÓRMANIAK Piotr | 85 | TM IRON TEAM | M | 40-49 | 9 | TM Iron Tri-Team | 00:12:47 | 25 | 00:02:12 | 00:31:50 | 28 | 00:01:20 | 00:22:08 | 00:22:20 | 42 | 01:10:29.45 | +00:09:39 (13.7%) |
| 28 | KAPUSNIAK Tomasz | 145 | TAK DLA TRANSPLANTACJI | M | 40-49 | 10 | | 00:13:56 | 44 | 00:02:49 | 00:31:03 | 22 | 00:01:27 | 00:21:16 | 00:21:29 | 33 | 01:10:44.90 | +00:09:55 (14.0%) |
| 29 | ZIEMIŃSKI Bartosz | 110 | PTT DELTA | M | 30-39 | 10 | PTT DELTA | 00:15:43 | 86 | 00:02:42 | 00:30:51 | 19 | 00:00:53 | 00:20:23 | 00:20:36 | 16 | 01:10:45.55 | +00:09:55 (14.0%) |
| 30 | JAROCKA Wioleta | 60 | TWISTER TEAM | K | 30-39 | 2 | | 00:13:03 | 30 | 00:02:41 | 00:32:25 | 36 | 00:00:51 | 00:21:34 | 00:21:47 | 38 | 01:10:47.90 | +00:09:58 (14.1%) |
| 31 | PALACZ Jarosław | 29 | | M | 40-49 | 11 | | 00:15:10 | 71 | 00:02:42 | 00:30:09 | 12 | 00:01:17 | 00:21:18 | 00:21:30 | 34 | 01:10:48.75 | +00:09:58 (14.1%) |
| 32 | HIPNAROWICZ Grzegorz | 101 | SPORTTREND.PL | M | 40-49 | 12 | | 00:12:16 | 18 | 00:02:18 | 00:32:29 | 38 | 00:01:21 | 00:22:19 | 00:22:32 | 45 | 01:10:56.25 | +00:10:06 (14.2%) |
| 33 | MICHALSKI Michał | 118 | | M | 40-49 | 13 | | 00:12:31 | 21 | 00:02:22 | 00:32:33 | 40 | 00:01:16 | 00:22:04 | 00:22:18 | 41 | 01:11:00.40 | +00:10:10 (14.3%) |
| 34 | DADEJ Rafał | 151 | PIASKIEM W RAKA | M | 40-49 | 14 | | 00:13:51 | 43 | 00:02:20 | 00:32:20 | 34 | 00:00:57 | 00:21:24 | 00:21:36 | 35 | 01:11:04.25 | +00:10:14 (14.4%) |
| 35 | ZIELIŃSKI Maciej | 78 | ELENSPORT.PL | M | 30-39 | 11 | | 00:14:22 | 50 | 00:02:02 | 00:30:42 | 16 | 00:00:54 | 00:23:06 | 00:23:21 | 53 | 01:11:21.30 | +00:10:31 (14.7%) |
| 36 | KAPSA Dawid | 40 | TRISPACE/TREK | M | 40-49 | 15 | TRISPACE/TREK | 00:14:39 | 57 | 00:02:13 | 00:32:30 | 39 | 00:01:06 | 00:20:54 | 00:21:07 | 28 | 01:11:35.90 | +00:10:46 (15.0%) |
| 37 | JANUSZKIEWICZ Piotr | 112 | | M | 30-39 | 12 | | 00:13:24 | 36 | 00:02:48 | 00:33:41 | 53 | 00:00:54 | 00:20:41 | 00:20:52 | 24 | 01:11:39.25 | +00:10:49 (15.1%) |
| 38 | KWAPIŃSKI Damian | 26 | FCNB TRI KLUB / TEAMOCHAL | M | 40-49 | 16 | TEAM OCHAL | 00:14:27 | 53 | 00:03:01 | 00:31:55 | 30 | 00:01:15 | 00:20:58 | 00:21:09 | 30 | 01:11:47.45 | +00:10:57 (15.3%) |
| 39 | TYMIŃSKI Dariusz | 103 | PTT DELTA | M | 50-59 | 2 | PTT DELTA | 00:15:26 | 78 | 00:02:51 | 00:31:54 | 29 | 00:01:07 | 00:20:35 | 00:20:46 | 22 | 01:12:04.75 | +00:11:14 (15.6%) |
| 40 | WOJTASZEWSKI Robert | 160 | | M | 30-39 | 13 | | 00:11:40 | 12 | 00:02:40 | 00:34:13 | 67 | 00:00:56 | | 00:22:54 | 49 | 01:12:23.15 | +00:11:33 (16.0%) |
| 41 | JABŁOŃSKI Marcin | 158 | KRYSPOORT TEAM | M | 50-59 | 3 | | 00:15:02 | 64 | 00:02:26 | 00:32:49 | 44 | 00:01:19 | 00:20:50 | 00:21:02 | 27 | 01:12:38.05 | +00:11:48 (16.2%) |
| 42 | KARSKI Kacper | 130 | | M | 18-29 | 7 | | 00:11:13 | 5 | 00:03:06 | 00:35:09 | 85 | 00:01:12 | 00:22:14 | 00:22:24 | 43 | 01:13:04.90 | +00:12:15 (16.8%) |
| 43 | BAJ Joanna | 139 | KS GVT | K | 18-29 | 1 | KS GVT | 00:11:24 | 8 | 00:02:31 | 00:35:10 | 86 | 00:00:50 | 00:23:18 | 00:23:32 | 58 | 01:13:27.40 | +00:12:37 (17.2%) |
| 44 | SMOCZYŃSKA Emilia | 34 | MBC TEAM | K | 30-39 | 3 | | 00:14:29 | 54 | 00:02:53 | 00:31:39 | 26 | 00:01:03 | 00:23:12 | 00:23:38 | 62 | 01:13:42.30 | +00:12:52 (17.5%) |
| 45 | BASIŃSKI Łukasz | 81 | ELENSPORT.PL | M | 18-29 | 8 | ElenSport.PL | 00:13:46 | 40 | 00:02:17 | 00:32:15 | 31 | 00:00:54 | 00:24:21 | 00:24:33 | 77 | 01:13:45.95 | +00:12:56 (17.5%) |
| 46 | DUDKOWIAK Wojtek | 129 | ZKS TRIATHLON DRZONKÓW | M | 18-29 | 9 | | 00:12:44 | 22 | 00:02:18 | 00:34:32 | 74 | 00:01:02 | 00:23:14 | 00:23:27 | 56 | 01:14:03.55 | +00:13:13 (17.9%) |

| Rank | Name | Age | Team | Category | Sex | Team | Pływanie | | Rower | | Bieg | | Total | % | | | |
|------|--------------------------------|-----|---------------------------|----------|-----|-------------------------|-----------------|------|----------|-----------------|------|----------|----------|-----------------|----|--------------------|-------------------|
| | | | | | | | Time | Rank | Time | Rank | Time | Rank | | | | | |
| 47 | KOZŁOWSKI Jacek | 25 | PTT DELTA | M40-49 | 17 | PTT DELTA | 00:15:18 | 74 | 00:03:04 | 00:32:34 | 41 | 00:01:25 | 00:21:33 | 00:21:45 | 37 | 01:14:06.90 | +00:13:17 (17.9%) |
| 48 | GILL Daniel | 152 | BOGMAR OSTROMECKO | M40-49 | 18 | | 00:14:47 | 61 | 00:02:44 | 00:33:41 | 52 | 00:00:56 | 00:21:50 | 00:22:02 | 40 | 01:14:10.15 | +00:13:20 (18.0%) |
| 49 | SOBCZAK Marcin | 150 | CZARNE STOPY | M30-39 | 14 | | 00:13:46 | 41 | 00:02:25 | 00:33:48 | 55 | 00:00:59 | 00:23:14 | 00:23:27 | 55 | 01:14:25.45 | +00:13:35 (18.3%) |
| 50 | GIERES Waldemar | 1 | PTT DELTA | M50-59 | 4 | PTT DELTA | 00:15:25 | 77 | 00:02:12 | 00:32:22 | 35 | 00:00:59 | 00:23:20 | 00:23:35 | 60 | 01:14:33.60 | +00:13:43 (18.4%) |
| 51 | BUDZIK Ireneusz | 131 | BOZITA POLSKA | M40-49 | 19 | | 00:15:41 | 82 | 00:03:02 | 00:31:41 | 27 | 00:01:45 | 00:22:41 | 00:22:54 | 50 | 01:15:03.75 | +00:14:13 (19.0%) |
| 52 | STANIEK Agata | 14 | BS- TRI TEAM | K18-29 | 2 | | 00:12:22 | 19 | 00:02:54 | 00:34:51 | 80 | 00:01:05 | 00:23:42 | 00:23:56 | 67 | 01:15:08.00 | +00:14:18 (19.0%) |
| 53 | DULIŃSKI Bartek | 99 | TRISPACE TREK | M18-29 | 10 | TRISPACE/TREK | 00:15:45 | 87 | 00:02:39 | 00:33:51 | 57 | 00:01:24 | 00:21:39 | 00:21:48 | 39 | 01:15:27.70 | +00:14:37 (19.4%) |
| 54 | ŁUCZAK Paweł | 69 | TKKF KOLEJARZ BYDGOSZCZ | M50-59 | 5 | | 00:15:53 | 91 | 00:03:12 | 00:33:24 | 49 | 00:01:14 | 00:22:12 | 00:22:27 | 44 | 01:16:10.30 | +00:15:20 (20.1%) |
| 55 | GRUBICH Arkadiusz | 154 | | M40-49 | 20 | | 00:15:43 | 85 | 00:02:34 | 00:33:31 | 50 | 00:00:58 | 00:23:23 | 00:23:36 | 61 | 01:16:22.70 | +00:15:32 (20.4%) |
| 56 | RYMARKIEWICZ Małgorzata | 90 | KLINIKA TRIATHLONU | K30-39 | 4 | | 00:15:07 | 69 | 00:03:11 | 00:33:03 | 46 | 00:01:34 | 00:23:18 | 00:23:32 | 57 | 01:16:27.50 | +00:15:37 (20.4%) |
| 57 | GRZESIAK Patryk | 73 | ARTURKUREK.PRO | M40-49 | 21 | | 00:13:58 | 45 | 00:03:41 | 00:32:39 | 42 | 00:01:04 | 00:24:59 | 00:25:13 | 86 | 01:16:35.65 | +00:15:45 (20.6%) |
| 58 | NOWAK Konrad | 46 | KRISSCOACHING.PL TEAM | M40-49 | 22 | | 00:15:12 | 72 | 00:02:52 | 00:32:42 | 43 | 00:01:58 | 00:23:42 | 00:23:56 | 68 | 01:16:40.80 | +00:15:50 (20.7%) |
| 59 | ZALEWSKI Marcin | 87 | FOTOBUDKA FUNSHOTSPL | M30-39 | 15 | | 00:14:57 | 63 | 00:02:45 | 00:34:34 | 75 | 00:01:23 | 00:23:00 | 00:23:10 | 52 | 01:16:49.85 | +00:15:59 (20.8%) |
| 60 | ANTCZAK Marek | 41 | | M40-49 | 23 | | 00:16:32 | 100 | 00:04:01 | 00:34:03 | 59 | 00:01:39 | 00:20:32 | 00:20:44 | 19 | 01:16:59.60 | +00:16:09 (21.0%) |
| 61 | WARCZAK Katarzyna | 114 | FCNB TRI KLUB / TEAMOCHAL | K40-49 | 2 | FCNB TRI KLUB/TEAMOCHAL | 00:13:36 | 37 | 00:03:00 | 00:34:23 | 71 | 00:01:07 | 00:24:42 | 00:24:59 | 83 | 01:17:05.00 | +00:16:15 (21.1%) |
| 62 | OSYDA Maciej | 51 | HTF LUDWIK SIKORSKI | M30-39 | 16 | | 00:14:45 | 60 | 00:03:34 | 00:34:06 | 61 | 00:01:12 | 00:23:21 | 00:23:33 | 59 | 01:17:10.10 | +00:16:20 (21.2%) |
| 63 | BOHDANOWICZ Patrycja | 147 | | K30-39 | 5 | | 00:14:24 | 51 | 00:02:49 | 00:34:17 | 68 | 00:01:04 | 00:24:43 | 00:24:58 | 82 | 01:17:32.05 | +00:16:42 (21.5%) |
| 64 | MALANOWSKI Jarosław | 142 | PTT DELTA | M60-69 | 1 | PTT DELTA | 00:15:58 | 92 | 00:02:40 | 00:34:21 | 70 | 00:01:18 | 00:23:13 | 00:23:26 | 54 | 01:17:43.90 | +00:16:54 (21.7%) |
| 65 | MARKIEWICZ Bartosz | 11 | PTT DELTA | M30-39 | 17 | PTT DELTA | 00:14:39 | 58 | 00:03:20 | 00:34:08 | 63 | 00:01:33 | 00:24:03 | 00:24:17 | 72 | 01:17:57.80 | +00:17:07 (22.0%) |
| 66 | PIETRUSZEWSKA Ewa | 64 | HTF LUDWIK SIKORSKI | K30-39 | 6 | HTF Ludwik Sikorski | 00:14:53 | 62 | 00:03:20 | 00:34:08 | 64 | 00:01:08 | 00:24:16 | 00:24:29 | 76 | 01:17:58.10 | +00:17:08 (22.0%) |
| 67 | KLOMFAS Miron | 120 | AS BOX | M40-49 | 24 | | 00:13:59 | 46 | 00:03:43 | 00:34:51 | 79 | 00:00:59 | 00:24:12 | 00:24:26 | 75 | 01:17:58.30 | +00:17:08 (22.0%) |
| 68 | GWIAZDOWSKI Krzysztof | 8 | | M40-49 | 25 | | 00:16:36 | 101 | 00:03:26 | 00:32:59 | 45 | 00:01:20 | 00:23:33 | 00:23:44 | 63 | 01:18:05.30 | +00:17:15 (22.1%) |
| 69 | ŁABEDZKI Maciej | 65 | TRISPACE TREK | M30-39 | 18 | | 00:14:00 | 47 | 00:03:28 | 00:35:37 | 91 | 00:01:14 | 00:23:37 | 00:23:50 | 65 | 01:18:09.55 | +00:17:19 (22.2%) |
| 70 | LICZNIERSKA Alina | 86 | OWOCBIEGATEAM | K30-39 | 7 | | 00:16:41 | 102 | 00:02:29 | 00:35:34 | 88 | 00:01:01 | 00:22:22 | 00:22:35 | 46 | 01:18:20.55 | +00:17:30 (22.4%) |
| 71 | HENDRZAK Sylwester | 128 | | M30-39 | 19 | | 00:17:25 | 109 | 00:03:15 | 00:34:28 | 72 | 00:00:43 | 00:22:34 | 00:22:46 | 47 | 01:18:37.80 | +00:17:47 (22.6%) |
| 72 | GÓRNY Bartłomiej | 76 | | M40-49 | 26 | | 00:16:43 | 103 | 00:02:48 | 00:34:08 | 65 | 00:01:07 | 00:23:52 | 00:24:05 | 70 | 01:18:51.95 | +00:18:02 (22.9%) |
| 73 | KARCZEWSKA Karolina | 50 | OWOCBIEGA TEAM | K30-39 | 8 | ZONE 3 TEAM | 00:15:04 | 67 | 00:03:48 | 00:35:59 | 98 | 00:01:18 | 00:22:45 | 00:22:56 | 51 | 01:19:05.75 | +00:18:15 (23.1%) |
| 74 | KMIEĆ Karolina | 71 | TM IRON TEAM | K30-39 | 9 | | 00:14:32 | 55 | 00:02:42 | 00:35:08 | 84 | 00:01:27 | 00:25:11 | 00:25:25 | 89 | 01:19:14.40 | +00:18:24 (23.2%) |

| Kwalifikacje | | | | | | | Wyniki | | | | | | | | | | |
|--------------|------------------------|------|--------------------------|-----------|------|--------------------|----------|---------|----------|-----------|---------|----------|----------|----------|---------|-------------|-------------------|
| Ranking | Imię i Nazwisko | Wiek | Klub | Kategoria | Płeć | Wybór | Pływanie | | | Kolarstwo | | | Bieg | | | | |
| | | | | | | | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | 0:00:00 | |
| 75 | RUCIŃSKI Rafał | 16 | SELEKCJA NATURALNA | M30-39 | 20 | Selekcja Naturalna | 00:16:12 | 95 | 00:02:54 | 00:33:42 | 54 | 00:01:29 | 00:24:54 | 00:25:07 | 85 | 01:19:24.45 | +00:18:34 (23.4%) |
| 76 | CABAJ Martyna | 9 | | K18-29 | 3 | | 00:14:09 | 49 | 00:02:33 | 00:34:58 | 82 | 00:01:32 | 00:26:06 | 00:26:21 | 105 | 01:19:33.00 | +00:18:43 (23.5%) |
| 77 | PACZKOWSKI Mirosław | 143 | | M50-59 | 6 | | 00:16:09 | 93 | 00:03:12 | 00:35:44 | 96 | 00:01:44 | 00:22:36 | 00:22:48 | 48 | 01:19:37.50 | +00:18:47 (23.6%) |
| 78 | OZOROWSKI Lukasz | 82 | | M30-39 | 21 | | 00:15:08 | 70 | 00:04:22 | 00:34:50 | 78 | 00:01:40 | 00:23:34 | 00:23:47 | 64 | 01:19:47.35 | +00:18:57 (23.8%) |
| 79 | JANKOWSKI Arkadiusz | 96 | NAGEL GROUP | M40-49 | 27 | | 00:15:05 | 68 | 00:04:29 | 00:34:04 | 60 | 00:01:14 | 00:24:50 | 00:25:02 | 84 | 01:19:54.80 | +00:19:04 (23.9%) |
| 80 | ANDRZEJEWSKI Bartosz | 33 | | M40-49 | 28 | | 00:13:49 | 42 | 00:04:05 | 00:33:39 | 51 | 00:01:39 | 00:26:32 | 00:26:49 | 111 | 01:20:01.30 | +00:19:11 (24.0%) |
| 81 | KARCZEWSKI Filip | 2 | | M30-39 | 22 | | 00:16:15 | 97 | 00:03:06 | 00:34:07 | 62 | 00:01:07 | 00:25:21 | 00:25:35 | 92 | 01:20:10.75 | +00:19:20 (24.1%) |
| 82 | ZALESINSKI Marcin | 83 | | M40-49 | 29 | | 00:14:25 | 52 | 00:03:13 | 00:36:33 | 102 | 00:01:12 | 00:24:43 | 00:24:58 | 81 | 01:20:21.65 | +00:19:31 (24.3%) |
| 83 | DUDKOWIAK Jacek | 127 | ZKS TRIATHLON DRZONKÓW | M50-59 | 7 | | 00:15:02 | 65 | 00:03:25 | 00:34:29 | 73 | 00:01:46 | 00:25:32 | 00:25:47 | 95 | 01:20:29.60 | +00:19:39 (24.4%) |
| 84 | KRAWISZ Maciej | 20 | LP500/SOPLICA TEAM | M40-49 | 30 | | 00:15:52 | 89 | 00:03:19 | 00:33:55 | 58 | 00:01:07 | 00:26:21 | 00:26:34 | 107 | 01:20:47.75 | +00:19:57 (24.7%) |
| 85 | JANOWSKI Krzysztof | 63 | ESZYBY.PL | M40-49 | 31 | | 00:15:37 | 80 | 00:03:09 | 00:34:20 | 69 | 00:01:03 | 00:26:28 | 00:26:45 | 110 | 01:20:54.10 | +00:20:04 (24.8%) |
| 86 | CICHY Adam | 28 | RUN4FUN | M30-39 | 23 | | 00:15:29 | 79 | 00:04:10 | 00:35:36 | 90 | 00:01:01 | 00:24:33 | 00:24:48 | 78 | 01:21:04.20 | +00:20:14 (25.0%) |
| 87 | REPKA Marek | 137 | LUPUS TEAM | M40-49 | 32 | | 00:17:31 | 113 | 00:02:38 | 00:34:41 | 76 | 00:01:24 | 00:24:37 | 00:24:50 | 79 | 01:21:04.60 | +00:20:14 (25.0%) |
| 88 | LIZIK Radosław | 105 | TRISPACE/TREK | M40-49 | 33 | TRISPACE/TREK | 00:15:24 | 75 | 00:03:26 | 00:35:03 | 83 | 00:01:24 | 00:25:40 | 00:25:54 | 97 | 01:21:11.95 | +00:20:22 (25.1%) |
| 89 | ROMAN Krzysztof | 19 | PRZECINAK 77 | M40-49 | 34 | | 00:16:48 | 105 | 00:03:38 | 00:35:28 | 87 | 00:01:55 | 00:23:41 | 00:23:56 | 66 | 01:21:45.10 | +00:20:55 (25.6%) |
| 90 | DUDKOWIAK Michał | 125 | DUDKOWIAK TEAM | M30-39 | 24 | | 00:12:56 | 28 | 00:03:06 | 00:38:13 | 118 | 00:00:53 | 00:26:29 | 00:26:40 | 108 | 01:21:48.90 | +00:20:59 (25.6%) |
| 91 | WOŹNIAK Radek | 108 | BOZITA POLSKA | M30-39 | 25 | | 00:17:55 | 116 | 00:02:50 | 00:33:50 | 56 | 00:01:17 | 00:25:43 | 00:25:57 | 98 | 01:21:49.15 | +00:20:59 (25.7%) |
| 92 | STRYCZYŃSKI Marek | 94 | TRISPACE/TREK | M30-39 | 26 | TRISPACE/TREK | 00:15:16 | 73 | 00:03:43 | 00:34:48 | 77 | 00:02:03 | 00:26:32 | 00:26:45 | 109 | 01:22:35.05 | +00:21:45 (26.3%) |
| 93 | STĘPSKA Małgorzata | 57 | K.T.O Z KRAKOWA B3T | K40-49 | 3 | | 00:15:45 | 88 | 00:03:50 | 00:35:37 | 92 | 00:01:28 | 00:26:08 | 00:26:26 | 106 | 01:23:06.90 | +00:22:17 (26.8%) |
| 94 | KLIMKOWSKI Mateusz | 48 | DECATHLON TRIATHLON TEAM | M18-29 | 11 | | 00:16:14 | 96 | 00:02:41 | 00:34:53 | 81 | 00:01:02 | 00:28:20 | 00:28:33 | 124 | 01:23:23.10 | +00:22:33 (27.0%) |
| 95 | KOBZIAKOWSKI Klaudiusz | 123 | 3GRAVITY | M30-39 | 27 | TRISPACE/TREK | 00:13:39 | 39 | 00:03:13 | 00:35:42 | 94 | 00:01:26 | 00:29:20 | 00:29:38 | 129 | 01:23:38.10 | +00:22:48 (27.3%) |
| 96 | TOMASZ Mariusz | 38 | TRIIM OŁAWA | M40-49 | 35 | | 00:17:06 | 107 | 00:03:48 | 00:35:42 | 95 | 00:02:01 | 00:25:06 | 00:25:20 | 87 | 01:23:57.10 | +00:23:07 (27.5%) |
| 97 | DULIŃSKA Dorota | 100 | TRISPACE TREK | K40-49 | 4 | TRISPACE/TREK | 00:17:01 | 106 | 00:02:40 | 00:35:52 | 97 | 00:01:19 | 00:26:58 | 00:27:13 | 117 | 01:24:05.55 | +00:23:15 (27.7%) |
| 98 | RADZIŃSKA Joanna | 15 | TRISPACE/TREK | K30-39 | 10 | TRISPACE/TREK | 00:17:28 | 112 | 00:03:34 | 00:35:36 | 89 | 00:01:47 | 00:25:27 | 00:25:43 | 94 | 01:24:08.85 | +00:23:18 (27.7%) |
| 99 | LISEWSKI Piotr | 68 | | M50-59 | 8 | | 00:16:32 | 99 | 00:03:44 | 00:36:45 | 105 | 00:01:53 | 00:25:10 | 00:25:21 | 88 | 01:24:15.70 | +00:23:25 (27.8%) |
| 100 | GIEDRYS Roman | 55 | | M50-59 | 9 | | 00:16:10 | 94 | 00:03:43 | 00:36:00 | 99 | 00:01:35 | 00:26:41 | 00:26:55 | 113 | 01:24:23.85 | +00:23:33 (27.9%) |
| 101 | CZACHOWSKI Jacek | 148 | | M30-39 | 28 | | 00:15:41 | 81 | 00:03:23 | 00:38:37 | 123 | 00:00:35 | 00:26:04 | 00:26:14 | 103 | 01:24:30.85 | +00:23:40 (28.0%) |
| 102 | SŁOMSKI Marcin | 72 | TRIATHLON KONSULTING | M40-49 | 36 | | 00:15:25 | 76 | 00:04:04 | 00:35:38 | 93 | 00:01:11 | 00:28:12 | 00:28:28 | 123 | 01:24:46.90 | +00:23:57 (28.2%) |

| Rank | Name | Age Group | Sex | Club | Pływanie | | | Rower | | | Bieg | | | Total Time | % | | |
|------|-----------------------------------|-----------|-----|----------------------------------|----------|------|-----------------|-------|----------|-----------------|------|----------|----------|-----------------|-----|--------------------|-------------------|
| | | | | | Time | Rank | Score | Time | Rank | Score | Time | Rank | Score | | | | |
| 103 | SOŁDYGA Paweł | 95 | M | SKOWRONEKBIEGA | M40-49 | 37 | 00:18:50 | 124 | 00:03:41 | 00:36:24 | 101 | 00:01:54 | 00:24:06 | 00:24:20 | 73 | 01:25:09.95 | +00:24:20 (28.6%) |
| 104 | DUDKOWIAK Andrzej | 133 | M | KANCELARIA ADWOKACKA - DUDKOWIAK | M60-69 | 2 | 00:12:57 | 29 | 00:03:29 | 00:36:43 | 104 | 00:01:38 | 00:30:10 | 00:30:26 | 133 | 01:25:13.15 | +00:24:23 (28.6%) |
| 105 | BARANOWICZ Bartosz | 23 | M | GLOBALART MEBLE | M40-49 | 38 | 00:13:36 | 38 | 00:04:35 | 00:37:15 | 108 | 00:01:54 | 00:28:25 | 00:28:40 | 126 | 01:26:00.05 | +00:25:10 (29.3%) |
| 106 | RASZLIŃSKA Mariola | 4 | F | | K50-59 | 1 | 00:15:42 | 84 | 00:03:11 | 00:39:08 | 126 | 00:01:57 | 00:25:53 | 00:26:08 | 101 | 01:26:06.95 | +00:25:17 (29.4%) |
| 107 | RUTKOWSKA Virginia | 134 | F | ATOS/KLINIKA TRIATHLONU | K30-39 | 11 | 00:14:43 | 59 | 00:03:24 | 00:37:50 | 114 | 00:01:18 | 00:28:45 | 00:29:01 | 127 | 01:26:16.50 | +00:25:26 (29.5%) |
| 108 | GARBIEC Mirosław | 62 | M | | M60-69 | 3 | 00:19:42 | 130 | 00:04:43 | 00:34:11 | 66 | 00:02:17 | 00:25:20 | 00:25:35 | 93 | 01:26:28.45 | +00:25:38 (29.7%) |
| 109 | ZIÓŁKOWSKI Bartosz | 18 | M | | M18-29 | 12 | 00:19:06 | 126 | 00:02:38 | 00:37:54 | 115 | 00:01:18 | 00:25:36 | 00:25:49 | 96 | 01:26:45.40 | +00:25:55 (29.9%) |
| 110 | JARGIŁO Michał | 113 | M | | M30-39 | 29 | 00:17:28 | 111 | 00:03:02 | 00:38:10 | 116 | 00:01:52 | 00:26:04 | 00:26:19 | 104 | 01:26:51.45 | +00:26:01 (30.0%) |
| 111 | ZAJĄKAŁA Wojciech | 124 | M | | M18-29 | 13 | 00:17:46 | 115 | 00:04:56 | 00:37:50 | 113 | 00:02:13 | 00:24:09 | 00:24:23 | 74 | 01:27:08.15 | +00:26:18 (30.2%) |
| 112 | WRÓBEL Paweł | 5 | M | | M30-39 | 30 | 00:15:52 | 90 | 00:04:43 | 00:36:15 | 100 | 00:01:44 | 00:28:15 | 00:28:34 | 125 | 01:27:08.20 | +00:26:18 (30.2%) |
| 113 | LEBIECKI Paweł | 24 | M | KLINIKA TRIATHLONU | M30-39 | 31 | 00:18:15 | 117 | 00:03:56 | 00:36:48 | 106 | 00:01:49 | 00:26:44 | 00:27:01 | 116 | 01:27:49.45 | +00:26:59 (30.7%) |
| 114 | CHROMIŃSKI Fabian | 153 | M | | M18-29 | 14 | 00:20:26 | 136 | 00:03:37 | 00:36:38 | 103 | 00:01:48 | 00:25:16 | 00:25:29 | 90 | 01:27:58.25 | +00:27:08 (30.9%) |
| 115 | DRZEWIECKI Mikołaj | 32 | M | | M30-39 | 32 | 00:19:50 | 131 | 00:03:20 | 00:36:51 | 107 | 00:01:17 | 00:26:46 | 00:26:59 | 114 | 01:28:17.50 | +00:27:27 (31.1%) |
| 116 | LECH Mikołaj | 116 | M | | M30-39 | 33 | 00:19:26 | 129 | 00:04:23 | 00:38:18 | 119 | 00:01:18 | 00:24:43 | 00:24:55 | 80 | 01:28:20.40 | +00:27:30 (31.1%) |
| 117 | ŁATKA Marcin | 27 | M | | M40-49 | 39 | 00:14:05 | 48 | 00:04:18 | 00:40:27 | 131 | 00:01:32 | 00:27:51 | 00:28:07 | 121 | 01:28:29.15 | +00:27:39 (31.3%) |
| 118 | GRUBA Jacek | 17 | M | TRISPACE/TREK | M60-69 | 4 | 00:19:10 | 127 | 00:03:57 | 00:37:28 | 109 | 00:01:29 | 00:26:38 | 00:26:53 | 112 | 01:28:57.60 | +00:28:07 (31.6%) |
| 119 | OSIŃSKI Adam | 22 | M | CHŁOPAKI TO MY. | M40-49 | 40 | 00:18:29 | 119 | 00:05:06 | 00:37:45 | 111 | 00:01:46 | 00:25:44 | 00:26:02 | 100 | 01:29:08.70 | +00:28:18 (31.8%) |
| 120 | NECHYTAILOVA Anna | 43 | F | TRIPASSION | K18-29 | 4 | 00:14:36 | 56 | 00:02:18 | 00:38:28 | 121 | 00:01:21 | 00:32:17 | 00:32:36 | 139 | 01:29:19.30 | +00:28:29 (31.9%) |
| 121 | GRZESIAK Weronika | 77 | F | | K40-49 | 5 | 00:15:42 | 83 | 00:03:48 | 00:38:11 | 117 | 00:01:46 | 00:29:38 | 00:29:54 | 130 | 01:29:21.90 | +00:28:32 (31.9%) |
| 122 | JASNOCH Adam | 121 | M | BEZTLENOWI | M40-49 | 41 | 00:18:38 | 123 | 00:03:57 | 00:37:49 | 112 | 00:01:52 | 00:27:00 | 00:27:16 | 118 | 01:29:32.90 | +00:28:43 (32.1%) |
| 123 | MILERSKA Natalia | 66 | F | | K30-39 | 12 | 00:16:47 | 104 | 00:05:23 | 00:39:03 | 125 | 00:00:51 | 00:27:40 | 00:27:54 | 120 | 01:29:58.45 | +00:29:08 (32.4%) |
| 124 | DWOJACZNA-CHRAPKOWSKA Anna | 12 | F | IRON HOUSE TRIATHLON WŁOCŁAWEK | K30-39 | 13 | 00:20:43 | 138 | 00:04:17 | 00:38:33 | 122 | 00:01:56 | 00:25:55 | 00:26:11 | 102 | 01:31:40.00 | +00:30:50 (33.6%) |
| 125 | PASTWA Donata | 141 | F | | K50-59 | 2 | 00:20:23 | 135 | 00:03:55 | 00:40:53 | 134 | 00:02:31 | 00:23:52 | 00:24:07 | 71 | 01:31:49.15 | +00:30:59 (33.7%) |
| 126 | MONIKOWSKI Adam | 80 | M | TRINITY TRIATHLON | M40-49 | 42 | 00:19:25 | 128 | 00:05:13 | 00:38:21 | 120 | 00:02:26 | 00:26:43 | 00:26:59 | 115 | 01:32:24.15 | +00:31:34 (34.2%) |
| 127 | OSYDA Sylwia | 52 | F | HTF LUDWIK SIKORSKI | K30-39 | 14 | 00:17:44 | 114 | 00:04:38 | 00:39:36 | 127 | 00:01:33 | 00:28:55 | 00:29:09 | 128 | 01:32:40.20 | +00:31:50 (34.4%) |
| 128 | JESION Remigiusz | 109 | M | | M30-39 | 34 | 00:20:12 | 134 | 00:04:25 | 00:42:52 | 136 | 00:01:13 | 00:23:45 | 00:23:58 | 69 | 01:32:40.55 | +00:31:50 (34.4%) |
| 129 | MONTOWSKI Jakub | 84 | M | KS KANDAHAR | M30-39 | 35 | 00:20:03 | 133 | 00:03:40 | 00:39:56 | 128 | 00:01:30 | 00:27:35 | 00:27:50 | 119 | 01:32:59.70 | +00:32:09 (34.6%) |

| Lp. | Imię i nazwisko | Punkty | Klub | Kategoria | Wiek | Klub | Pływanie | | Rower | | Bieg | | Suma | % | Dobry | | |
|-----|-------------------------------|------------|--------------------|-----------|------|---------------|-----------------|-----|----------|-----------------|------------|----------|----------|-----------------|------------|--------------------|----------------------|
| | | | | | | | 01 | 02 | 01 | 02 | 01 | 02 | | | | | |
| 130 | FIEGEL Katarzyna | 106 | TRISPACE/TREK | K40-49 | 6 | TRISPACE/TREK | 00:19:53 | 132 | 00:02:42 | 00:42:58 | 137 | 00:01:37 | 00:25:46 | 00:26:00 | 99 | 01:33:10.65 | +00:32:20 (34.7%) |
| 131 | KRAZIŃSKA Samanta | 144 | MIĘDZY TRENINGAMI | K18-29 | 5 | | 00:18:51 | 125 | 00:03:07 | 00:40:22 | 130 | 00:01:05 | 00:29:42 | 00:29:58 | 131 | 01:33:23.40 | +00:32:33 (34.9%) |
| 132 | GRUSZKA Mateusz | 67 | | M40-49 | 43 | | 00:20:29 | 137 | 00:03:22 | 00:43:48 | 139 | 00:00:39 | 00:25:17 | 00:25:32 | 91 | 01:33:50.60 | +00:33:00 (35.2%) |
| 133 | CHMURA Maciej | 70 | | M40-49 | 44 | | 00:17:22 | 108 | 00:06:16 | 00:41:25 | 135 | 00:02:09 | 00:28:08 | 00:28:25 | 122 | 01:35:37.20 | +00:34:47 (36.4%) |
| 134 | KULCZYŃSKI Przemysław | 49 | | M30-39 | 36 | | 00:22:13 | 140 | 00:03:37 | 00:37:30 | 110 | 00:01:35 | 00:30:40 | 00:30:56 | 134 | 01:35:51.35 | +00:35:01 (36.5%) |
| 135 | CZYŻEWSKI Piotr | 30 | | M30-39 | 37 | | 00:18:33 | 120 | 00:04:29 | 00:38:44 | 124 | 00:01:01 | 00:33:48 | 00:34:03 | 140 | 01:36:50.40 | +00:36:00 (37.2%) |
| 136 | MONTOWSKI Jan | 93 | OPLAWIEC | M60-69 | 5 | | 00:21:44 | 139 | 00:04:33 | 00:39:57 | 129 | 00:01:00 | 00:29:55 | 00:30:11 | 132 | 01:37:25.90 | +00:36:36 (37.6%) |
| 137 | BARTOSZEWSKA Katarzyna | 111 | | K40-49 | 7 | | 00:17:27 | 110 | 00:04:56 | 00:40:40 | 132 | 00:03:02 | 00:31:09 | 00:31:27 | 138 | 01:37:32.65 | +00:36:42 (37.6%) |
| 138 | WISNIEWSKA Małgorzata | 36 | | K40-49 | 8 | | 00:18:34 | 121 | 00:03:23 | 00:44:08 | 140 | 00:00:58 | 00:30:45 | 00:31:00 | 136 | 01:38:03.55 | +00:37:13 (38.0%) |
| 139 | MORDAKA Maciej | 13 | KLINIKA TRIATHLONU | M30-39 | 38 | | 00:16:29 | 98 | 00:03:52 | 00:40:46 | 133 | 00:01:46 | 00:36:57 | 00:37:17 | 142 | 01:40:10.75 | +00:39:20 (39.3%) |
| 140 | NOWAKOWSKA Natalia | 88 | | K30-39 | 15 | | 00:18:26 | 118 | 00:02:57 | 00:50:04 | 142 | 00:01:07 | 00:30:38 | 00:30:59 | 135 | 01:43:33.00 | +00:42:43 (41.3%) |
| 141 | DUECHTING Ben | 115 | | M30-39 | 39 | | 00:18:37 | 122 | 00:05:41 | 00:43:02 | 138 | 00:02:11 | 00:34:01 | 00:34:18 | 141 | 01:43:49.35 | +00:42:59 (41.4%) |
| 142 | BŁASZKIEWICZ Marzena | 6 | CHOŁE KŁÓLIKI | K40-49 | 9 | | 00:22:55 | 142 | 00:04:03 | 01:00:58 | 143 | 00:00:49 | 00:30:49 | 00:31:05 | 137 | 01:59:50.60 | +00:59:00 (49.2%) |
| 143 | SAWICKI Waldemar | 98 | 80+ | M80+ | 1 | | 00:22:20 | 141 | 00:06:16 | 00:46:36 | 141 | 00:01:37 | 00:47:49 | 00:48:21 | 143 | 02:05:10.55 | +01:04:20 (51.4%) |
| | PALACZ Mirosław | 91 | | M60-69 | | | 00:24:01 | 143 | 00:05:38 | | | | | | | DNF | |
| | KLARKOWSKI Adrian | 97 | WAKE UP | M30-39 | | | | | | | | | | | | DNF | |

Znaleziono 145 wynik(ów)