



**Event:** Ocean Lava Triathlon Polska 2021  
**Organiser:** Towarzystwo Sportowe TRI-SPORT  
**Date:** 2021-08-22  
**Place:** Bydgoszcz  
**Distance:** 25.75 km

# OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Split point: 21,0 km

Place	Participant	Number	Club	Category	Drużyna 1	Swimming		T1	Cycling		T2	Race	Gap
						P_Borowno 0.75km	Poz		R_Lidl 20km	Poz			
1	ANDRZEJEWSKI Marcin	53	8 BREM	M30-39		00:11:44	13	00:02:04	00:28:17	1	00:00:48		
2	WIECZORKOWSKI Adam	117	BIKE U UP / BIALŁ	M18-29		00:11:26	9	00:01:58	00:29:02	4	00:00:45		
3	PLUTA Gniewomir	146	UKS TRS SUSZ	M40-49		00:11:11	4	00:02:11	00:29:47	6	00:00:51		
4	BEDNARCZYK Tomasz	59	BIKE U UP	M30-39		00:11:17	6	00:02:13	00:29:56	9	00:00:52		
5	HERMELIN Wojciech	7	KANCELARIA HMM	M40-49		00:11:35	11	00:02:10	00:29:59	11	00:00:57		
6	TRZASKA Przemysław	42	DREM TRI TEAM	M30-39		00:12:45	23	00:02:10	00:28:56	2	00:00:54		
7	OCHAL Pawel	136	FCNB TRI KLUB / TEAMOCHAL	M40-49	FCNB TRI KLUB/TEAMOCHAL	00:12:53	27	00:02:06	00:29:02	3	00:00:47		
8	JAHNZ Karolina	135	GO2TRI	K30-39		00:10:51	1	00:02:03	00:31:07	23	00:00:48		
9	MARTYNOWICZ Michał	3	TRISPACE/TREK	M40-49	TRISPACE/TREK	00:11:22	7	00:02:03	00:30:39	15	00:00:49		
10	PRZYBYLSKI Jakub	44	KOMPUTRONIK	M40-49		00:12:15	17	00:02:08	00:29:37	5	00:00:57		
11	JAŚKIEWICZ Marcin	149	CARSEKT	M30-39		00:12:14	16	00:02:04	00:29:54	7	00:00:48		
12	WOLAK Paweł	47	KLUB BIEGACZA T2/4	M30-39		00:11:08	3	00:02:39	00:30:47	17	00:01:02		
13	MŁYŃCZAK Jakub	138	KS GVT	M18-29		00:12:12	15	00:01:49	00:30:57	20	00:00:48		
14	ŚLIWIŃSKI Łukasz	156	LKS BOGMAR OSTROMECKO	M30-39		00:12:51	26	00:02:13	00:30:13	13	00:00:54		
15	MISZTELA Jakub	54	PTT DELTA	M18-29	PTT DELTA	00:10:55	2	00:02:23	00:32:15	32	00:00:41		
16	KONIAIEV Volodymyr	92	TARPOL TEAM	M30-39		00:12:47	24	00:02:20	00:30:14	14	00:00:53		
17	TRAWCZYŃSKI Jacek	10	TRISPACE/TREK	M50-59	TRISPACE/TREK	00:13:22	35	00:02:06	00:29:57	10	00:01:00		
18	EJSMONT Krzysztof	107		M40-49		00:13:16	34	00:02:35	00:29:55	8	00:00:50		
19	SZYTTENHOLM Oliwier	61	TRISPACE/TREK	M30-39	TRISPACE/TREK	00:13:12	33	00:02:00	00:31:18	24	00:00:51		
20	GACKA Rafał	155	LUPUS TEAM	M40-49	LUPUS TEAM	00:13:10	32	00:02:25	00:30:48	18	00:01:05		
21	PEKRUL Wojciech	119	MIĘDZY TRENINGAMI / DAWAJ KALACH TEAM	M18-29		00:11:52	14	00:02:20	00:32:28	37	00:00:50		
22	KOWALSKA Angelika	56	TRISPACE/TREK	K40-49	TRISPACE/TREK	00:13:06	31	00:01:58	00:31:27	25	00:01:04		
23	LICZNIERSKI Marek	37	ZONE 3 TEAM	M30-39	ZONE 3 TEAM	00:11:31	10	00:02:07	00:33:04	47	00:01:00		
24	ZIELIŃSKI Maciej	78	ELENSPORT.PL	M30-39		00:14:22	50	00:02:02	00:30:42	16	00:00:54		
25	FÓRMANIAK Piotr	85	TM IRON TEAM	M40-49	TM Iron Tri-Team	00:12:47	25	00:02:12	00:31:50	28	00:01:20		
26	HIPNAROWICZ Grzegorz	101	SPORTTREND.PL	M40-49		00:12:16	18	00:02:18	00:32:29	38	00:01:21		
27	MICHALSKI Michał	118		M40-49		00:12:31	21	00:02:22	00:32:33	40	00:01:16		

					Swimming	TR	Cycling	TR	Race	GRAND
28	JAROCKA Wioleta	60	TWISTER TEAM	K30-39	00:13:03	30	00:02:41	00:32:25 36	00:00:51	
29	KOTŁOWSKI Bartosz	159	ŁKS OSTROMECKO	M18-29	00:15:04	66	00:01:54	00:31:02 21	00:01:01	
30	BASIŃSKI Łukasz	81	ELENSPORT.PL	M18-29	00:13:46	40	00:02:17	00:32:15 31	00:00:54	ElenSport.PL
31	CHUDZIŃSKI Filip	39		M18-29	00:12:28	20	00:03:24	00:32:19 33	00:01:03	
32	KAPUSNIAK Tomasz	145	TAK DLA TRANSPLANTACJI	M40-49	00:13:56	44	00:02:49	00:31:03 22	00:01:27	
33	PALACZ Jarosław	29		M40-49	00:15:10	71	00:02:42	00:30:09 12	00:01:17	
34	DADEJ Rafał	151	PIASKIEM W RAKA	M40-49	00:13:51	43	00:02:20	00:32:20 34	00:00:57	
35	WOJTASZEWSKI Robert	160		M30-39	00:11:40	12	00:02:40	00:34:13 67	00:00:56	
36	BAJ Joanna	139	KS GVT	K18-29	00:11:24	8	00:02:31	00:35:10 86	00:00:50	KS GVT
37	PARTYKA Rafał	21		M40-49				00:33:12 48	00:01:43	
38	SMOCZYŃSKA Emilia	34	MBC TEAM	K30-39	00:14:29	54	00:02:53	00:31:39 26	00:01:03	
39	ZIEMIŃSKI Bartosz	110	PTT DELTA	M30-39	00:15:43	86	00:02:42	00:30:51 19	00:00:53	PTT DELTA
40	KAPSA Dawid	40	TRISPACE/TREK	M40-49	00:14:39	57	00:02:13	00:32:30 39	00:01:06	TRISPACE/TREK
41	DUDKOWIAK Wojtek	129	ZKS TRIATHLON DRZONKÓW	M18-29	00:12:44	22	00:02:18	00:34:32 74	00:01:02	
42	KWAPIŃSKI Damian	26	FCNB TRI KLUB / TEAMOCHAL	M40-49	00:14:27	53	00:03:01	00:31:55 30	00:01:15	TEAM OCHAL
43	KARSKI Kacper	130		M18-29	00:11:13	5	00:03:06	00:35:09 85	00:01:12	
44	JANUSZKIEWICZ Piotr	112		M30-39	00:13:24	36	00:02:48	00:33:41 53	00:00:54	
45	SOBCZAK Marcin	150	CZARNE STOPY	M30-39	00:13:46	41	00:02:25	00:33:48 55	00:00:59	
46	GIERES Waldemar	1	PTT DELTA	M50-59	00:15:25	77	00:02:12	00:32:22 35	00:00:59	PTT DELTA
47	STANIEK Agata	14	BS- TRI TEAM	K18-29	00:12:22	19	00:02:54	00:34:51 80	00:01:05	
48	TYMIŃSKI Dariusz	103	PTT DELTA	M50-59	00:15:26	78	00:02:51	00:31:54 29	00:01:07	PTT DELTA
49	GRZESIAK Patryk	73	ARTURKUREK.PRO	M40-49	00:13:58	45	00:03:41	00:32:39 42	00:01:04	
50	JABŁOŃSKI Marcin	158	KRYSOORT TEAM	M50-59	00:15:02	64	00:02:26	00:32:49 44	00:01:19	
51	WARCZAK Katarzyna	114	FCNB TRI KLUB / TEAMOCHAL	K40-49	00:13:36	37	00:03:00	00:34:23 71	00:01:07	FCNB TRI KLUB/TEAMOCHAL
52	GILL Daniel	152	BOGMAR OSTROMECKO	M40-49	00:14:47	61	00:02:44	00:33:41 52	00:00:56	
53	BUDZIK Ireneusz	131	BOZITA POLSKA	M40-49	00:15:41	82	00:03:02	00:31:41 27	00:01:45	
54	KOZŁOWSKI Jacek	25	PTT DELTA	M40-49	00:15:18	74	00:03:04	00:32:34 41	00:01:25	PTT DELTA
55	BOHDANOWICZ Patrycja	147		K30-39	00:14:24	51	00:02:49	00:34:17 68	00:01:04	
56	NOWAK Konrad	46	KRISSCOACHING.PL TEAM	M40-49	00:15:12	72	00:02:52	00:32:42 43	00:01:58	
57	GRUBICH Arkadiusz	154		M40-49	00:15:43	85	00:02:34	00:33:31 50	00:00:58	
58	RYMARKIEWICZ Małgorzata	90	KLINIKA TRIATHLONU	K30-39	00:15:07	69	00:03:11	00:33:03 46	00:01:34	
59	CABAJ Martyna	9		K18-29	00:14:09	49	00:02:33	00:34:58 82	00:01:32	
60	ANDRZEJEWSKI Bartosz	33		M40-49	00:13:49	42	00:04:05	00:33:39 51	00:01:39	
61	PIETRUSZEWSKA Ewa	64	HTF LUDWIK SIKORSKI	K30-39	00:14:53	62	00:03:20	00:34:08 64	00:01:08	HTF Ludwik Sikorski
62	KLOMFAS Miron	120	AS BOX	M40-49	00:13:59	46	00:03:43	00:34:51 79	00:00:59	
63	OSYDA Maciej	51	HTF LUDWIK SIKORSKI	M30-39	00:14:45	60	00:03:34	00:34:06 61	00:01:12	
64	DULIŃSKI Bartek	99	TRISPACE TREK	M18-29	00:15:45	87	00:02:39	00:33:51 57	00:01:24	TRISPACE/TREK
65	ZALEWSKI Marcin	87	FOTOBUDKA FUNSHOTSPL	M30-39	00:14:57	63	00:02:45	00:34:34 75	00:01:23	
66	MARKIEWICZ Bartosz	11	PTT DELTA	M30-39	00:14:39	58	00:03:20	00:34:08 63	00:01:33	PTT DELTA
67	ŁUCZAK Paweł	69	TKKF KOLEJARZ BYDGOSZCZ	M50-59	00:15:53	91	00:03:12	00:33:24 49	00:01:14	
68	KMIEĆ Karolina	71	TM IRON TEAM	K30-39	00:14:32	55	00:02:42	00:35:08 84	00:01:27	
69	KOBZIAKOWSKI Klaudiusz	123	3GRAVITY	M30-39	00:13:39	39	00:03:13	00:35:42 94	00:01:26	TRISPACE/TREK
70	JANOWSKI Krzysztof	63	ESZYBY.PL	M40-49	00:15:37	80	00:03:09	00:34:20 69	00:01:03	
71	KRAWISZ Maciej	20	LP500/SOPLICA TEAM	M40-49	00:15:52	89	00:03:19	00:33:55 58	00:01:07	

						Swimming		Cycling		Race	
						Time	Rank	Time	Rank	Time	Rank
72	RUCIŃSKI Rafał	16	SELEKCJA NATURALNA	M30-39	Selekcja Naturalna	00:16:12	95	00:02:54	00:33:42	54	00:01:29
73	MALANOWSKI Jarosław	142	PTT DELTA	M60-69	PTT DELTA	00:15:58	92	00:02:40	00:34:21	70	00:01:18
74	ŁABEDZKI Maciej	65	TRISPACE TREK	M30-39		00:14:00	47	00:03:28	00:35:37	91	00:01:14
75	GWIAZDOWSKI Krzysztof	8		M40-49		00:16:36	101	00:03:26	00:32:59	45	00:01:20
76	KARCZEWSKI Filip	2		M30-39		00:16:15	97	00:03:06	00:34:07	62	00:01:07
77	DUDKOWIAK Jacek	127	ZKS TRIATHLON DRZONKÓW	M50-59		00:15:02	65	00:03:25	00:34:29	73	00:01:46
78	GÓRNY Bartłomiej	76		M40-49		00:16:43	103	00:02:48	00:34:08	65	00:01:07
79	DUDKOWIAK Andrzej	133	KANCELARIA ADWOKACKA - DUDKOWIAK	M60-69		00:12:57	29	00:03:29	00:36:43	104	00:01:38
80	KLIMKOWSKI Mateusz	48	DECATHLON TRIATHLON TEAM	M18-29		00:16:14	96	00:02:41	00:34:53	81	00:01:02
81	JANKOWSKI Arkadiusz	96	NAGEL GROUP	M40-49		00:15:05	68	00:04:29	00:34:04	60	00:01:14
82	DUDKOWIAK Michał	125	DUDKOWIAK TEAM	M30-39		00:12:56	28	00:03:06	00:38:13	118	00:00:53
83	LIZIK Radosław	105	TRISPACE/TREK	M40-49	TRISPACE/TREK	00:15:24	75	00:03:26	00:35:03	83	00:01:24
84	ZALESINSKI Marcin	83		M40-49		00:14:25	52	00:03:13	00:36:33	102	00:01:12
85	LICZNIERSKA Alina	86	OWOCBIEGATEAM	K30-39		00:16:41	102	00:02:29	00:35:34	88	00:01:01
86	STRYCZYŃSKI Marek	94	TRISPACE/TREK	M30-39	TRISPACE/TREK	00:15:16	73	00:03:43	00:34:48	77	00:02:03
87	HENDRZAK Sylwester	128		M30-39		00:17:25	109	00:03:15	00:34:28	72	00:00:43
88	WOŹNIAK Radek	108	BOZITA POLSKA	M30-39		00:17:55	116	00:02:50	00:33:50	56	00:01:17
89	OZOROWSKI Lukasz	82		M30-39		00:15:08	70	00:04:22	00:34:50	78	00:01:40
90	KARCZEWSKA Karolina	50	OWOCBIEGA TEAM	K30-39	ZONE 3 TEAM	00:15:04	67	00:03:48	00:35:59	98	00:01:18
91	REPKA Marek	137	LUPUS TEAM	M40-49		00:17:31	113	00:02:38	00:34:41	76	00:01:24
92	ANTCZAK Marek	41		M40-49		00:16:32	100	00:04:01	00:34:03	59	00:01:39
93	CICHY Adam	28	RUN4FUN	M30-39		00:15:29	79	00:04:10	00:35:36	90	00:01:01
94	SŁOMSKI Marcin	72	TRIATHLON KONSULTING	M40-49		00:15:25	76	00:04:04	00:35:38	93	00:01:11
95	STĘPSKA Małgorzata	57	K.T.O Z KRAKOWA B3T	K40-49		00:15:45	88	00:03:50	00:35:37	92	00:01:28
96	NECHYTAILOVA Anna	43	TRIPASSION	K18-29		00:14:36	56	00:02:18	00:38:28	121	00:01:21
97	PACZKOWSKI Mirosław	143		M50-59		00:16:09	93	00:03:12	00:35:44	96	00:01:44
98	DULIŃSKA Dorota	100	TRISPACE TREK	K40-49	TRISPACE/TREK	00:17:01	106	00:02:40	00:35:52	97	00:01:19
99	RUTKOWSKA Virginia	134	ATOS/KLINIKA TRIATHLONU	K30-39		00:14:43	59	00:03:24	00:37:50	114	00:01:18
100	BARANOWICZ Bartosz	23	GLOBART MEBLE	M40-49		00:13:36	38	00:04:35	00:37:15	108	00:01:54
101	GIEDRYS Roman	55		M50-59		00:16:10	94	00:03:43	00:36:00	99	00:01:35
102	ROMAN Krzysztof	19	PRZECINAK 77	M40-49		00:16:48	105	00:03:38	00:35:28	87	00:01:55
103	CZACHOWSKI Jacek	148		M30-39		00:15:41	81	00:03:23	00:38:37	123	00:00:35
104	RADZIŃSKA Joanna	15	TRISPACE/TREK	K30-39	TRISPACE/TREK	00:17:28	112	00:03:34	00:35:36	89	00:01:47
105	WRÓBEL Paweł	5		M30-39		00:15:52	90	00:04:43	00:36:15	100	00:01:44
106	TOMAŚ Mariusz	38	TRIIM OŁAWA	M40-49		00:17:06	107	00:03:48	00:35:42	95	00:02:01
107	LISEWSKI Piotr	68		M50-59		00:16:32	99	00:03:44	00:36:45	105	00:01:53
108	GRZESIAK Weronika	77		K40-49		00:15:42	83	00:03:48	00:38:11	117	00:01:46
109	RASZLIŃSKA Mariola	4		K50-59		00:15:42	84	00:03:11	00:39:08	126	00:01:57
110	ŁATKA Marcin	27		M40-49		00:14:05	48	00:04:18	00:40:27	131	00:01:32
111	JARGIŁO Michał	113		M30-39		00:17:28	111	00:03:02	00:38:10	116	00:01:52
112	LEBIECKI Paweł	24	KLINIKA TRIATHLONU	M30-39		00:18:15	117	00:03:56	00:36:48	106	00:01:49
113	SOŁDYGA Paweł	95	SKOWRONEKBIEGA	M40-49		00:18:50	124	00:03:41	00:36:24	101	00:01:54
114	GARBIEC Mirosław	62		M60-69		00:19:42	130	00:04:43	00:34:11	66	00:02:17
115	ZIÓŁKOWSKI Bartosz	18		M18-29		00:19:06	126	00:02:38	00:37:54	115	00:01:18
116	DRZEWIECKI Mikołaj	32		M30-39		00:19:50	131	00:03:20	00:36:51	107	00:01:17

						Swimming		Cycling		Race	
						T1	T2	T3	T4	T5	T6
117	<b>GRUBA Jacek</b>	<b>17</b>	TRISPACE/TREK	M60-69	TRISPACE/TREK	<b>00:19:10</b>	127	00:03:57	<b>00:37:28</b>	<b>109</b>	00:01:29
118	<b>MILERSKA Natalia</b>	<b>66</b>		K30-39		<b>00:16:47</b>	104	00:05:23	<b>00:39:03</b>	<b>125</b>	00:00:51
119	<b>JASNOCH Adam</b>	<b>121</b>	BEZTLENOWI	M40-49		<b>00:18:38</b>	123	00:03:57	<b>00:37:49</b>	<b>112</b>	00:01:52
120	<b>CHROMIŃSKI Fabian</b>	<b>153</b>		M18-29		<b>00:20:26</b>	136	00:03:37	<b>00:36:38</b>	<b>103</b>	00:01:48
121	<b>ZAJĄKAŁA Wojciech</b>	<b>124</b>		M18-29		<b>00:17:46</b>	115	00:04:56	<b>00:37:50</b>	<b>113</b>	00:02:13
122	<b>CZYŻEWSKI Piotr</b>	<b>30</b>		M30-39		<b>00:18:33</b>	120	00:04:29	<b>00:38:44</b>	<b>124</b>	00:01:01
123	<b>MORDAKA Maciej</b>	<b>13</b>	KLINIKA TRIATHLONU	M30-39		<b>00:16:29</b>	98	00:03:52	<b>00:40:46</b>	<b>133</b>	00:01:46
124	<b>OSIŃSKI Adam</b>	<b>22</b>	CHŁOPAKI TO MY.	M40-49		<b>00:18:29</b>	119	00:05:06	<b>00:37:45</b>	<b>111</b>	00:01:46
125	<b>KRAZIŃSKA Samanta</b>	<b>144</b>	MIĘDZY TRENINGAMI	K18-29		<b>00:18:51</b>	125	00:03:07	<b>00:40:22</b>	<b>130</b>	00:01:05
126	<b>LECH Mikołaj</b>	<b>116</b>		M30-39		<b>00:19:26</b>	129	00:04:23	<b>00:38:18</b>	<b>119</b>	00:01:18
127	<b>OSYDA Sylwia</b>	<b>52</b>	HTF LUDWIK SIKORSKI	K30-39		<b>00:17:44</b>	114	00:04:38	<b>00:39:36</b>	<b>127</b>	00:01:33
128	<b>KULCZYŃSKI Przemysław</b>	<b>49</b>		M30-39		<b>00:22:13</b>	140	00:03:37	<b>00:37:30</b>	<b>110</b>	00:01:35
129	<b>MONTOWSKI Jakub</b>	<b>84</b>	KS KANDAHAR	M30-39		<b>00:20:03</b>	133	00:03:40	<b>00:39:56</b>	<b>128</b>	00:01:30
130	<b>MONIKOWSKI Adam</b>	<b>80</b>	TRINITY TRIATHLON	M40-49		<b>00:19:25</b>	128	00:05:13	<b>00:38:21</b>	<b>120</b>	00:02:26
131	<b>DWOJACZNA-CHRAPKOWSKA Anna</b>	<b>12</b>	IRON HOUSE TRIATHLON WŁOCŁAWEK	K30-39	Iron House Triathlon Włocławek	<b>00:20:43</b>	138	00:04:17	<b>00:38:33</b>	<b>122</b>	00:01:56
132	<b>BARTOSZEWSKA Katarzyna</b>	<b>111</b>		K40-49		<b>00:17:27</b>	110	00:04:56	<b>00:40:40</b>	<b>132</b>	00:03:02
133	<b>WISNIEWSKA Małgorzata</b>	<b>36</b>		K40-49		<b>00:18:34</b>	121	00:03:23	<b>00:44:08</b>	<b>140</b>	00:00:58
134	<b>FIEGEL Katarzyna</b>	<b>106</b>	TRISPACE/TREK	K40-49	TRISPACE/TREK	<b>00:19:53</b>	132	00:02:42	<b>00:42:58</b>	<b>137</b>	00:01:37
135	<b>CHMURA Maciej</b>	<b>70</b>		M40-49		<b>00:17:22</b>	108	00:06:16	<b>00:41:25</b>	<b>135</b>	00:02:09
136	<b>MONTOWSKI Jan</b>	<b>93</b>	OPŁAWIEC	M60-69		<b>00:21:44</b>	139	00:04:33	<b>00:39:57</b>	<b>129</b>	00:01:00
137	<b>PASTWA Donata</b>	<b>141</b>		K50-59	TRISPACE/TREK	<b>00:20:23</b>	135	00:03:55	<b>00:40:53</b>	<b>134</b>	00:02:31
138	<b>GRUSZKA Mateusz</b>	<b>67</b>		M40-49		<b>00:20:29</b>	137	00:03:22	<b>00:43:48</b>	<b>139</b>	00:00:39
139	<b>JESION Remigiusz</b>	<b>109</b>		M30-39		<b>00:20:12</b>	134	00:04:25	<b>00:42:52</b>	<b>136</b>	00:01:13
140	<b>DUECHTING Ben</b>	<b>115</b>		M30-39		<b>00:18:37</b>	122	00:05:41	<b>00:43:02</b>	<b>138</b>	00:02:11
141	<b>NOWAKOWSKA Natalia</b>	<b>88</b>		K30-39		<b>00:18:26</b>	118	00:02:57	<b>00:50:04</b>	<b>142</b>	00:01:07
142	<b>SAWICKI Waldemar</b>	<b>98</b>	80+	M80+		<b>00:22:20</b>	141	00:06:16	<b>00:46:36</b>	<b>141</b>	00:01:37
143	<b>BŁASZKIEWICZ Marzena</b>	<b>6</b>	CHOŁE KLÓLIKI	K40-49		<b>00:22:55</b>	142	00:04:03	<b>01:00:58</b>	<b>143</b>	00:00:49
	<b>KLARKOWSKI Adrian</b>	<b>97</b>	WAKE UP	M30-39							
	<b>PALACZ Mirosław</b>	<b>91</b>		M60-69		<b>00:24:01</b>	143	00:05:38			

Total 145 results.