



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

OCEAN LAVA TRIATHLON POLSKA - SPRINT

Ocean Lava Triathlon Polska 2019
Towarzystwo Sportowe TRI-SPORT
2019-08-18
Bydgoszcz
25.75 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Pływanie			Rower			Bieg		Czas			
						P_Borowno 0.75km	Poz		R_Lidl 20km	Poz		B_Announcer 5km	Poz	Kara/ bonifikata	Czas netto 26.01km	Czas łączy 26.01km	Różn
1	KUBIŃSKI Jakub	90	ENEA BYDGOSZCZ TRIATHLON	M30-39	1	00:11:08	6	00:02:01	00:30:57	7	00:00:57	00:19:38	10	00:00:10	01:04:41.00	01:04:41.00	
2	BEDNARCZYK Tomasz	8	BIKE U UP	M30-39	2	00:11:12	7	00:02:05	00:31:43	17	00:00:56	00:19:03	5		01:04:59.05	01:04:59.05	+00:00:18 (0.5%)
3	LEWANDOWSKI Maciej	100	TRIDEA TEAM	M30-39	3	00:10:56	4	00:02:10	00:30:53	6	00:01:06	00:20:43	23		01:05:48.10	01:05:48.10	+00:01:07 (1.7%)
4	WASZTYL Michał	187	ZONE3 TEAM / WITKOWO BIEGA	M30-39	4	00:11:29	9	00:02:07	00:32:11	21	00:00:52	00:19:59	13		01:06:38.95	01:06:38.95	+00:01:57 (2.9%)
5	ŚLIWIŃSKI Łukasz	223	LKS BOGMAR OSTROMECKO	M30-39	5	00:13:19	28	00:02:01	00:30:35	4	00:00:49	00:20:23	19		01:07:07.00	01:07:07.00	+00:02:26 (3.6%)
6	SZAŁKOWSKI Łukasz	169	UKS CITYZEN_/BE3	M30-39	6	00:12:18	15	00:02:43	00:31:22	12	00:01:44	00:20:11	17		01:08:18.90	01:08:18.90	+00:03:37 (5.3%)
7	KOZAR Karol	83	POLISH TRIATHLETES IN UK	M30-39	7	00:12:48	21	00:02:43	00:31:21	11	00:01:53	00:19:39	11		01:08:24.95	01:08:24.95	+00:03:43 (5.5%)
8	LITWINIUK Krzysztof	106	KRISS COACHING	M30-39	8	00:12:55	24	00:02:20	00:31:39	16	00:01:05	00:21:06	27		01:09:05.20	01:09:05.20	+00:04:24 (6.4%)
9	GOŚCINIAK Michał	127	3GRAVITY	M30-39	9	00:13:37	36	00:02:58	00:33:07	38	00:00:44	00:19:16	7		01:09:42.00	01:09:42.00	+00:05:01 (7.2%)
10	KOŁAKOWSKI Tomasz	75		M30-39	10	00:15:25	74	00:02:34	00:33:13	39	00:01:06	00:19:17	8		01:11:35.90	01:11:35.90	+00:06:54 (9.7%)
11	LICZNIERSKI Marek	102	TRIATHLONISTA.COM/ ZONE3 TEAM	M30-39	11	00:12:21	16	00:01:58	00:34:42	67	00:01:27	00:21:10	28		01:11:38.85	01:11:38.85	+00:06:57 (9.7%)
12	HOPPE Tomasz	21	CB163 BTT TRISPACE	M30-39	12	00:14:18	49	00:02:50	00:32:18	23	00:02:03	00:20:17	18		01:11:46.40	01:11:46.40	+00:07:05 (9.9%)
13	MICHALSKI Michał	119		M30-39	13	00:13:10	26	00:02:11	00:33:15	40	00:01:05	00:22:24	55		01:12:05.15	01:12:05.15	+00:07:24 (10.3%)
14	BINKOWSKI Adrian	210	PROFESSIONALHR/CB163	M30-39	14	00:14:09	45	00:02:31	00:32:28	29	00:01:51	00:21:26	35		01:12:25.90	01:12:25.90	+00:07:44 (10.7%)
15	SAWICKI Arkadiusz	230	SCORPION GVT	M30-39	15	00:13:33	33	00:02:40	00:32:00	19	00:00:56	00:23:41	75		01:12:50.65	01:12:50.65	+00:08:09 (11.2%)
16	BOCIAN Łukasz	14	BOCIAN SPORT&REKREACJA / F3TEAM	M30-39	16	00:12:25	18	00:02:46	00:33:16	41	00:01:15	00:23:24	73		01:13:06.40	01:13:06.40	+00:08:25 (11.5%)
17	GOŁATA Wojciech	43	WILCZA WATAHA	M30-39	17	00:16:28	106	00:02:29	00:34:03	55	00:00:57	00:20:42	22		01:14:39.65	01:14:39.65	+00:09:58 (13.4%)

						□ Pływanie		□ Rower		□ Bieg				
18	SIATKOWSKI Paweł	153	OPEN BROKERS TEAM	M30-39	18	00:13:51	38	00:03:10	00:36:01 90	00:00:59	00:21:31 36		01:15:32.15 01:15:32.15	+00:10:51 (14.4%)
19	NOWICKI Bartosz	128	AQUA+	M30-39	19	00:12:40	20	00:02:50	00:34:24 62	00:01:03	00:24:42 102		01:15:39.20 01:15:39.20	+00:10:58 (14.5%)
20	BURDYN Grzegorz	20	DIVINEBEAUTY / F3TEAM	M30-39	20	00:15:20	72	00:03:41	00:33:46 48	00:00:48	00:22:07 48		01:15:42.05 01:15:42.05	+00:11:01 (14.6%)
21	LISOWSKI Aleksander	105	RAZEM TRENUJEMY SPORT	M30-39	21	00:15:34	80	00:03:03	00:34:38 65	00:01:19	00:21:40 38		01:16:14.10 01:16:14.10	+00:11:33 (15.2%)
22	KAWCZYŃSKI Paweł	68		M30-39	22	00:11:00	5	00:02:34	00:34:46 70	00:01:27	00:26:30 132		01:16:17.15 01:16:17.15	+00:11:36 (15.2%)
23	JANUSZKIEWICZ Piotr	59	PROSIACZEK/HYDRO-BART/JANTUR	M30-39	23	00:14:17	48	00:03:53	00:34:46 68	00:01:33	00:21:51 40		01:16:20.20 01:16:20.20	+00:11:39 (15.3%)
24	ZIELIŃSKI Maciej	206		M30-39	24	00:15:30	79	00:02:20	00:31:14 9	00:01:00	00:26:42 136		01:16:46.00 01:16:46.00	+00:12:05 (15.7%)
25	PAWEŁCZYK Kacper	136	1987	M30-39	25	00:14:41	58	00:03:15	00:35:16 75	00:01:47	00:21:52 41		01:16:51.10 01:16:51.10	+00:12:10 (15.8%)
26	SŁOMKA Maciej	159	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	26	00:16:49	116	00:03:43	00:32:19 24	00:01:44	00:22:17 53		01:16:52.00 01:16:52.00	+00:12:11 (15.8%)
27	SMOCZYŃSKI Marek	228	MBC TEAM	M30-39	27	00:15:12	70	00:03:17	00:32:50 34	00:01:42	00:24:02 88		01:17:03.60 01:17:03.60	+00:12:22 (16.1%)
28	PERLINSKI Damian	140	MOŻE I POWOLI ALE ZA TO BYLE JAK	M30-39	28	00:16:23	102	00:02:42	00:34:00 53	00:01:15	00:22:59 66		01:17:19.20 01:17:19.20	+00:12:38 (16.3%)
29	KULWICKI Karol	92		M30-39	29	00:15:38	83	00:03:04	00:32:26 27	00:01:32	00:25:23 115		01:18:03.40 01:18:03.40	+00:13:22 (17.1%)
30	BANAŚ Mateusz	4		M30-39	30	00:18:53	171	00:02:10	00:35:50 86	00:02:08	00:20:36 21		01:19:37.15 01:19:37.15	+00:14:56 (18.8%)
31	KAPUSTKA Mirosław	66	KAPUSTRI	M30-39	31	00:15:04	69	00:03:09	00:36:54 113	00:01:26	00:23:08 69		01:19:41.55 01:19:41.55	+00:15:00 (18.8%)
32	PAWĘTA Marcin	137		M30-39	32	00:19:14	180	00:02:37	00:33:44 47	00:02:55	00:21:32 37		01:20:02.20 01:20:02.20	+00:15:21 (19.2%)
33	GILL Daniel	216	BOGMAR	M30-39	33	00:15:00	66	00:03:21	00:36:55 115	00:01:30	00:23:51 78		01:20:37.45 01:20:37.45	+00:15:56 (19.8%)
34	RADZIEJEWSKI Tomasz	146		M30-39	34	00:15:54	87	00:03:53	00:36:14 95	00:00:51	00:23:54 82		01:20:46.90 01:20:46.90	+00:16:05 (19.9%)
35	WOŹNIAK Radek	199	BOZITA POLSKA	M30-39	35	00:17:00	130	00:03:14	00:34:46 69	00:01:39	00:24:27 96		01:21:06.00 01:21:06.00	+00:16:25 (20.2%)
36	BOROWSKI Radosław	15	MLKS KRAJNA SĘPÓLNO	M30-39	36	00:16:59	129	00:02:53	00:37:12 119	00:01:25	00:22:43 60		01:21:12.85 01:21:12.85	+00:16:31 (20.4%)
37	SKOWROŃSKI Jarosław	157	KRISS COACHING	M30-39	37	00:16:21	98	00:03:14	00:36:54 114	00:01:01	00:24:00 84		01:21:30.70 01:21:30.70	+00:16:49 (20.6%)
38	SZARLEJ Marcin	170	PKO BANK POLSKI S.A.	M30-39	38	00:16:57	124	00:03:10	00:35:53 88	00:01:17	00:24:28 99		01:21:45.05 01:21:45.05	+00:17:04 (20.9%)
39	DRELICH Michał	240	SEGROUD	M30-39	39	00:17:01	131	00:03:48	00:37:19 125	00:01:51	00:22:07 49		01:22:06.80 01:22:06.80	+00:17:25 (21.2%)
40	DĘBIEC Andrzej	218		M30-39	40	00:17:12	136	00:02:44	00:36:37 106	00:00:43	00:25:04 110		01:22:20.75 01:22:20.75	+00:17:39 (21.4%)
41	ZIÓŁKOWSKI Krzysztof	171		M30-39	41	00:15:36	82	00:02:23	00:39:23 165	00:01:23	00:24:10 90		01:22:55.80 01:22:55.80	+00:18:14 (22.0%)
42	TACIAK Dawid	174	ATOS/KLINIKA TRIATHLONU	M30-39	42	00:16:46	115	00:03:57	00:36:20 98	00:01:35	00:24:21 93		01:22:59.45 01:22:59.45	+00:18:18 (22.1%)
43	SKRZYNIARZ Hubert	158	#CIAGLA_WALKA_Z_BMI	M30-39	43	00:16:25	103	00:04:00	00:34:22 61	00:01:42	00:26:31 133		01:23:00.20 01:23:00.20	+00:18:19 (22.1%)

Klasyfikacja ogólna						Pływanie		Rower		Bieg		Czas				
Rank	Name	Points	Team	Age Group	Age	Time	Distance	Time	Distance	Time	Distance	Time	Time	Time	%	
44	HENDRZAK Sylwester	54	MISYL RUN TEAM	M30-39	44	00:20:05	190	00:04:11	00:36:38	108	00:00:58	00:21:50	39	01:23:42.60	01:23:42.60	+00:19:01 (22.7%)
45	NAWROCKI Marcin	125	DELIKATESY RYBNE FISHKA.PL	M30-39	45	00:16:20	97	00:04:25	00:37:36	127	00:01:24	00:25:25	117	01:25:10.60	01:25:10.60	+00:20:29 (24.1%)
46	LIPNIEWICZ Paweł	104	LIPNE MUMIE	M30-39	46	00:19:12	177	00:03:34	00:33:37	45	00:01:09	00:27:42	157	01:25:14.00	01:25:14.00	+00:20:33 (24.1%)
47	TRZASKOWSKI Tomasz	177		M30-39	47	00:14:34	55	00:04:54	00:36:42	111	00:01:50	00:27:22	152	01:25:22.45	01:25:22.45	+00:20:41 (24.2%)
48	KARCZEWSKI Filip	67		M30-39	48	00:17:54	151	00:03:05	00:36:18	97	00:01:08	00:27:22	151	01:25:47.65	01:25:47.65	+00:21:06 (24.6%)
49	KLINOWSKI Radosław	72	GALACTICA	M30-39	49	00:20:25	192	00:03:56	00:37:50	133	00:01:48	00:21:58	44	01:25:57.85	01:25:57.85	+00:21:16 (24.8%)
50	MACIEJCZYK Michał	110		M30-39	50	00:13:37	35	00:02:45	00:36:52	112	00:01:50	00:31:24	196	01:26:28.90	01:26:28.90	+00:21:47 (25.2%)
51	STRYCZYŃSKI Marek	166	TRISPACE	M30-39	51	00:16:30	107	00:03:15	00:38:53	155	00:01:21	00:26:46	140	01:26:45.35	01:26:45.35	+00:22:04 (25.4%)
52	OSAK Paweł	129		M30-39	52	00:17:07	133	00:04:02	00:37:53	137	00:01:15	00:26:53	142	01:27:10.05	01:27:10.05	+00:22:29 (25.8%)
53	ROŚ Sławek	148		M30-39	53	00:16:41	112	00:03:54	00:37:58	138	00:01:10	00:27:31	153	01:27:14.30	01:27:14.30	+00:22:33 (25.9%)
54	IWAŃCZYK Marcin	57	CB163	M30-39	54	00:16:09	91	00:04:47	00:37:18	123	00:01:44	00:28:09	164	01:28:07.65	01:28:07.65	+00:23:26 (26.6%)
55	SŁOMSKI Marcin	160	TRIATHLON KONSULTING TEAM	M30-39	55	00:16:23	101	00:04:01	00:40:49	174	00:01:00	00:25:59	125	01:28:12.25	01:28:12.25	+00:23:31 (26.7%)
56	BORUCKI Marcin	17		M30-39	56	00:15:55	88	00:04:33	00:38:56	156	00:01:31	00:28:16	165	01:29:11.60	01:29:11.60	+00:24:30 (27.5%)
57	OSTRZYCKI Sławomir	131	TRISPACE/TREK	M30-39	57	00:16:57	125	00:03:57	00:39:13	160	00:01:31	00:27:38	156	01:29:16.15	01:29:16.15	+00:24:35 (27.5%)
58	ZIELIŃSKI Radosław	204		M30-39	58	00:19:13	178	00:03:43	00:36:02	91	00:02:01	00:28:43	170	01:29:42.20	01:29:42.20	+00:25:01 (27.9%)
59	KOSIŃSKI Robert	77	NOKIA BYDGOSZCZ	M30-39	59	00:15:51	84	00:03:08	00:38:00	139	00:01:31	00:31:13	193	01:29:43.45	01:29:43.45	+00:25:02 (27.9%)
60	PAPIEROWSKI Piotr	134		M30-39	60	00:18:44	167	00:02:45	00:39:13	162	00:00:53	00:28:19	166	01:29:54.05	01:29:54.05	+00:25:13 (28.1%)
61	MIEKCZYŃSKI Artur	120	POLONIA BYDGOSZCZ	M30-39	61	00:19:49	187	00:03:40	00:38:01	140	00:01:09	00:29:03	175	01:31:42.50	01:31:42.50	+00:27:01 (29.5%)
62	GWIZDAŁA Adam	50	BUKOWIEC	M30-39	62	00:20:46	196	00:03:11	00:38:38	152	00:00:46	00:28:57	172	01:32:18.25	01:32:18.25	+00:27:37 (29.9%)
63	FALCONNET Chris	38		M30-39	63	00:19:00	174	00:04:04	00:41:27	183	00:01:10	00:27:06	147	01:32:47.50	01:32:47.50	+00:28:06 (30.3%)
64	STĘPIEŃ Michał	164		M30-39	64	00:20:00	188	00:03:44	00:41:26	182	00:01:06	00:26:42	135	01:32:58.30	01:32:58.30	+00:28:17 (30.4%)
65	SENSKI Przemysław	152		M30-39	65	00:16:53	120	00:04:01	00:40:55	176	00:02:10	00:30:55	189	01:34:54.05	01:34:54.05	+00:30:13 (31.8%)
66	BINDEK Łukasz	13		M30-39	66	00:16:22	100	00:05:44	00:44:41	207	00:01:32	00:26:46	138	01:35:05.00	01:35:05.00	+00:30:24 (32.0%)
67	KWIATKOWSKI Waldemar	96		M30-39	67	00:17:52	149	00:03:49	00:43:53	205	00:01:01	00:31:31	198	01:38:06.55	01:38:06.55	+00:33:25 (34.1%)
68	GÓRNIKIEWICZ Piotr	44		M30-39	68	00:21:06	199	00:05:24	00:43:04	198	00:01:38	00:30:42	186	01:41:54.55	01:41:54.55	+00:37:13 (36.5%)
69	DĄBROWSKI Bartosz	30	SPORTOWA PASJA	M30-39	69	00:20:01	189	00:05:30	00:46:12	210	00:01:08	00:29:59	181	01:42:50.65	01:42:50.65	+00:38:09 (37.1%)

				□ Pływanie		T1	□ Rower		T2	□ Bieg		Czas			
70	DETLAF Mariusz	33	M30-39	70	00:26:04	215	00:03:32	00:42:26	192	00:01:26	00:35:50	211	01:49:18.45	01:49:18.45	+00:44:37 (40.8%)

Znaleziono 70 wynik(ów)