



# OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

**Wydarzenie:** Ocean Lava Triathlon Polska 2019  
**Organizator:** Towarzystwo Sportowe TRI-SPORT  
**Data:** 2019-08-18  
**Miejsce:** Bydgoszcz  
**Dystans:** 25.75 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M40-49

Punkt pomiarowy: 21,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Pływanie		Bieg	Rower		Bieg	Czas
					P_Borowno 0.75km	Poz		R_Lidl 20km	Poz		
1	ZIENKIEWICZ Janusz	207	TRISPACE ALLIANZ TRIATHLON TEAM	M40-49	00:12:07	13	00:02:05	00:31:24	13		
2	TOPCZEWSKI Gracjan	231	TRISPACE/TREK	M40-49	00:12:37	19	00:02:21	00:30:42	5		
3	EJSMONT Krzysztof	225	TRISPACE	M40-49	00:13:20	29	00:02:02	00:30:20	3		
4	HERMELIN Wojciech	226	KANCELARIA HMM	M40-49	00:11:57	12	00:02:01	00:31:46	18		
5	MARTYNOWICZ Michał	114	TRISPACE	M40-49	00:11:44	11	00:02:22	00:32:09	20		
6	DOŁKOWSKI Wojciech	779		M40-49	00:11:40	10	00:02:42	00:32:28	30		
7	DAWIDOWICZ Maciej	28	BRZOZA BIEGA	M40-49	00:12:48	22	00:02:19	00:33:04	36		
8	MADEJ Rafał	112		M40-49	00:14:19	50	00:02:46	00:31:16	10		
9	CHOLEWIŃSKI Dariusz	24	HURAGAN MIEDZYŃ	M40-49	00:14:51	63	00:02:15	00:32:25	26		
10	HIPNAROWICZ Grzegorz	55	SPORTTREND.PL	M40-49	00:13:23	30	00:02:33	00:34:03	54		
11	FIEGEL Wojciech	39	TRISPACE/TREK	M40-49	00:14:48	61	00:02:32	00:33:31	44		
12	PIEKARSKI Wojtek	142	TMS	M40-49	00:13:53	39	00:03:21	00:34:10	59		
13	ZAKURZEWSKI Tomasz	203	BRZOZABIEGA	M40-49	00:13:54	40	00:02:34	00:35:25	78		
14	ZIENKIEWICZ Marek	239	ATOS	M40-49	00:14:04	43	00:02:58	00:35:16	77		
15	KĄTNIK Jacek	222		M40-49	00:17:06	132	00:02:43	00:33:05	37		
16	BUGALSKI Wojciech	19		M40-49	00:16:14	95	00:02:56	00:33:49	50		
17	SIUDA Marek	155	KLINIKA TRIATHLONU BYDGOSZCZ	M40-49	00:14:49	62	00:04:06	00:34:09	57		
18	TOMASZEWSKI Marcin	175		M40-49	00:14:45	60	00:02:58	00:35:27	80		
19	BYRTEK Grzegorz	22		M40-49	00:13:18	27	00:03:11	00:36:42	110		
20	STACHNIUK Przemek	163	TRISPACE	M40-49	00:16:05	90	00:03:16	00:34:05	56		
21	POPEK Maciej	143	WŁOCLAWEK TRIATHLON TEAM, ANETA TEAM	M40-49	00:15:53	86	00:03:31	00:34:10	58		
22	JARUSZEWSKI Krzysztof	60	MAJKA TEAM	M40-49	00:15:01	67	00:04:50	00:33:46	49		
23	WIŚNIEWSKI Arnold	193		M40-49	00:14:40	57	00:05:36	00:33:41	46		
24	KADOW Ryszard	64	TRISPACE	M40-49	00:21:51	203	00:03:59	00:28:09	2		
25	CIUPA Jarosław	25	ARRK	M40-49	00:16:27	104	00:03:31	00:34:32	63		
26	KRAWISZ Maciej	84	LP500	M40-49	00:16:35	109	00:02:40	00:35:16	76		
27	NAGOW Michał	124		M40-49	00:16:15	96	00:02:54	00:36:11	94		
28	GRUBICH Arkadiusz	217		M40-49	00:16:58	127	00:02:55	00:35:49	85		
29	GEHRKE Tomasz	40	LPN	M40-49	00:16:44	114	00:03:59	00:35:03	71		

					Pływanie		Rower		12	Bieg	Czas
30	<b>URBANIAK Daniel</b>	<b>181</b>		M40-49	<b>00:17:48</b>	145	00:03:56	<b>00:34:14</b>	<b>60</b>		
31	<b>TWAROWSKI Arkadiusz</b>	<b>180</b>		M40-49	<b>00:14:58</b>	65	00:02:54	<b>00:38:27</b>	<b>147</b>		
32	<b>ŁATKA Marcin</b>	<b>107</b>		M40-49	<b>00:14:25</b>	51	00:03:06	<b>00:39:05</b>	<b>157</b>		
33	<b>BARANOWICZ Bartosz</b>	<b>5</b>	TMS GLOBART	M40-49	<b>00:14:10</b>	46	00:03:52	<b>00:39:06</b>	<b>158</b>		
34	<b>KOWALSKI Marek</b>	<b>82</b>	REKINY OSIELSKO	M40-49	<b>00:15:24</b>	73	00:02:35	<b>00:39:13</b>	<b>161</b>		
35	<b>RIVAT Emmanuel</b>	<b>212</b>		M40-49	<b>00:16:10</b>	93	00:04:02	<b>00:37:06</b>	<b>117</b>		
36	<b>KOTOWSKI Jacek</b>	<b>79</b>		M40-49	<b>00:18:54</b>	172	00:03:27	<b>00:35:03</b>	<b>72</b>		
37	<b>DULIŃSKI Jacek</b>	<b>37</b>		M40-49	<b>00:16:58</b>	128	00:04:14	<b>00:36:30</b>	<b>102</b>		
38	<b>BOROWSKI Łukasz</b>	<b>16</b>	LADYSI TEAM	M40-49	<b>00:17:13</b>	137	00:03:22	<b>00:37:44</b>	<b>131</b>		
39	<b>OLECH Jacek</b>	<b>233</b>		M40-49	<b>00:19:45</b>	186	00:03:30	<b>00:36:05</b>	<b>92</b>		
40	<b>RYBAK Mariusz</b>	<b>150</b>	SISU-OWB TEAM	M40-49	<b>00:15:27</b>	78	00:03:40	<b>00:40:23</b>	<b>170</b>		
41	<b>KLISZEWSKI Damian</b>	<b>73</b>		M40-49	<b>00:17:49</b>	147	00:02:10	<b>00:39:44</b>	<b>166</b>		
42	<b>TURNO Szymon</b>	<b>179</b>	TURBO TEAM	M40-49	<b>00:17:53</b>	150	00:04:30	<b>00:39:16</b>	<b>163</b>		
43	<b>CZAPLICKI Wojciech</b>	<b>211</b>		M40-49	<b>00:19:38</b>	185	00:02:21	<b>00:39:44</b>	<b>167</b>		
44	<b>MAZURKIEWICZ Piotr</b>	<b>116</b>		M40-49	<b>00:20:13</b>	191	00:04:10	<b>00:37:29</b>	<b>126</b>		
45	<b>RZENTKOWSKI Grzegorz</b>	<b>151</b>		M40-49	<b>00:19:16</b>	182	00:04:06	<b>00:38:30</b>	<b>149</b>		
46	<b>WĘGRZYŃSKI Piotr</b>	<b>192</b>		M40-49	<b>00:22:05</b>	205	00:03:36	<b>00:38:38</b>	<b>151</b>		
47	<b>WOZNIAK Tomasz</b>	<b>197</b>		M40-49	<b>00:19:31</b>	184	00:04:32	<b>00:40:26</b>	<b>171</b>		
48	<b>SIEKIERKA Robert</b>	<b>154</b>	AS BOX	M40-49	<b>00:21:42</b>	202	00:04:40	<b>00:40:54</b>	<b>175</b>		
49	<b>OSIŃSKI Adam</b>	<b>130</b>		M40-49	<b>00:22:33</b>	208	00:05:39	<b>00:39:49</b>	<b>168</b>		
50	<b>JUCHACZ Michał</b>	<b>62</b>	DZIKI Z BALCZEWA	M40-49	<b>00:20:28</b>	193	00:02:56	<b>00:46:05</b>	<b>209</b>		
51	<b>BUDNICKI Krzysztof</b>	<b>18</b>		M40-49	<b>00:24:36</b>	212	00:05:04	<b>00:41:46</b>	<b>186</b>		
52	<b>WYSŁOUCH Sebastian</b>	<b>201</b>	AMATOR	M40-49	<b>00:21:04</b>	198	00:06:08	<b>00:44:38</b>	<b>206</b>		
53	<b>GWIAZDOWSKI Krzysztof</b>	<b>49</b>		M40-49	<b>00:16:57</b>	126	00:04:18				
54	<b>LIPIŃSKI Michał</b>	<b>103</b>		M40-49							

Znaleziono 54 wynik(ów)