



OCEAN LAVA TRIATHLON POLSKA - SPRINT

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Ocean Lava Triathlon Polska 2019
Organiser: Towarzystwo Sportowe TRI-SPORT
Date: 2019-08-18
Place: Bydgoszcz
Distance: 25.75 km

Classification: Mężczyźni

Split point: 21,0 km

| Place | Participant | Number | Club | Category | Swimming | | T1 | Cycling | | T2 | Race | Total |
|-------|---------------------|--------|---------------------------------|----------|---------------------|-----|----------|----------------|-----|----------|------|-------|
| | | | | | P_Borowno 0.75km | Poz | | R_Lidl 20km | Poz | | | |
| 1 | URBAŃSKI Michał | 182 | TRISPACE | M18-29 | 00:09:29 | 2 | 00:02:10 | 00:31:35 | 14 | 00:00:52 | | |
| 2 | KUBIŃSKI Jakub | 90 | ENEA BYDGOSZCZ TRIATHLON | M30-39 | 00:11:08 | 6 | 00:02:01 | 00:30:57 | 7 | 00:00:57 | | |
| 3 | LEWANDOWSKI Maciej | 100 | TRIDEA TEAM | M30-39 | 00:10:56 | 4 | 00:02:10 | 00:30:53 | 6 | 00:01:06 | | |
| 4 | BEDNARCZYK Tomasz | 8 | BIKE U UP | M30-39 | 00:11:12 | 7 | 00:02:05 | 00:31:43 | 17 | 00:00:56 | | |
| 5 | ZIENKIEWICZ Janusz | 207 | TRISPACE ALLIANZ TRIATHLON TEAM | M40-49 | 00:12:07 | 13 | 00:02:05 | 00:31:24 | 13 | 00:00:51 | | |
| 6 | HERMELIN Wojciech | 226 | KANCELARIA HMM | M40-49 | 00:11:57 | 12 | 00:02:01 | 00:31:46 | 18 | 00:00:52 | | |
| 7 | WASZTYL Michał | 187 | ZONE3 TEAM / WITKOWO BIEGA | M30-39 | 00:11:29 | 9 | 00:02:07 | 00:32:11 | 21 | 00:00:52 | | |
| 8 | ŚLIWIŃSKI Łukasz | 223 | LKS BOGMAR OSTROMECKO | M30-39 | 00:13:19 | 28 | 00:02:01 | 00:30:35 | 4 | 00:00:49 | | |
| 9 | SAWIEŁAJC Jakub | 238 | FUJI KRYSPOORT TEAM | M18-29 | 00:11:14 | 8 | 00:02:11 | 00:32:22 | 25 | 00:01:07 | | |
| 10 | TOPCZEWSKI Gracjan | 231 | TRISPACE/TREK | M40-49 | 00:12:37 | 19 | 00:02:21 | 00:30:42 | 5 | 00:01:19 | | |
| 11 | EJSMONT Krzysztof | 225 | TRISPACE | M40-49 | 00:13:20 | 29 | 00:02:02 | 00:30:20 | 3 | 00:01:17 | | |
| 12 | ZIELIŃSKI Nicolas | 205 | OLIMPIASPORT.PL | M18-29 | 00:12:22 | 17 | 00:02:26 | 00:31:04 | 8 | 00:01:07 | | |
| 13 | PETRENKO Hryhorii | 141 | ARRK | M18-29 | 00:22:29 | 207 | 00:04:19 | 00:19:11 | 1 | 00:01:14 | | |
| 14 | LITWINIUK Krzysztof | 106 | KRISS COACHING | M30-39 | 00:12:55 | 24 | 00:02:20 | 00:31:39 | 16 | 00:01:05 | | |
| 15 | MARTYNOWICZ Michał | 114 | TRISPACE | M40-49 | 00:11:44 | 11 | 00:02:22 | 00:32:09 | 20 | 00:01:44 | | |
| 16 | SZAŁKOWSKI Łukasz | 169 | UKS CITYZEN_/BE3 | M30-39 | 00:12:18 | 15 | 00:02:43 | 00:31:22 | 12 | 00:01:44 | | |
| 17 | DOŁKOWSKI Wojciech | 779 | | M40-49 | 00:11:40 | 10 | 00:02:42 | 00:32:28 | 30 | 00:01:48 | | |
| 18 | KOZAR Karol | 83 | POLISH TRIATHLETES IN UK | M30-39 | 00:12:48 | 21 | 00:02:43 | 00:31:21 | 11 | 00:01:53 | | |
| 19 | DAWIDOWICZ Maciej | 28 | BRZOZA BIEGA | M40-49 | 00:12:48 | 22 | 00:02:19 | 00:33:04 | 36 | 00:00:51 | | |
| 20 | SAWICKI Arkadiusz | 230 | SCORPION GVT | M30-39 | 00:13:33 | 33 | 00:02:40 | 00:32:00 | 19 | 00:00:56 | | |
| 21 | MADEJ Rafał | 112 | | M40-49 | 00:14:19 | 50 | 00:02:46 | 00:31:16 | 10 | 00:01:07 | | |
| 22 | MICHALSKI Michał | 119 | | M30-39 | 00:13:10 | 26 | 00:02:11 | 00:33:15 | 40 | 00:01:05 | | |
| 23 | BOCIAN Łukasz | 14 | BOCIAN SPORT&REKREACJA / F3TEAM | M30-39 | 00:12:25 | 18 | 00:02:46 | 00:33:16 | 41 | 00:01:15 | | |
| 24 | KAWCZYŃSKI Paweł | 68 | | M30-39 | 00:11:00 | 5 | 00:02:34 | 00:34:46 | 70 | 00:01:27 | | |
| 25 | BASIŃSKI Łukasz | 6 | OLIMPIASPORT.PL | M18-29 | 00:14:04 | 42 | 00:01:55 | 00:32:16 | 22 | 00:01:44 | | |
| 26 | TRAWCZYŃSKI Jacek | 176 | TRISPACE | M50-59 | 00:14:25 | 52 | 00:02:23 | 00:31:35 | 15 | 00:01:36 | | |
| 27 | ZIELIŃSKI Maciej | 206 | | M30-39 | 00:15:30 | 79 | 00:02:20 | 00:31:14 | 9 | 00:01:00 | | |
| 28 | DEMBSKI Patryk | 31 | TEAM PATROL | M18-29 | 00:09:54 | 3 | 00:02:45 | 00:36:22 | 99 | 00:01:05 | | |
| 29 | CHOLEWIŃSKI Dariusz | 24 | HURAGAN MIEDZYŃ | M40-49 | 00:14:51 | 63 | 00:02:15 | 00:32:25 | 26 | 00:00:55 | | |

| | | | | | Swimming | | | Cycling | | | Race | |
|----|-----------------------|-----|--------------------------------------|--------|----------|-----|----------|----------|-----|----------|------|--|
| 30 | GOŚCINIAK Michał | 127 | 3GRAVITY | M30-39 | 00:13:37 | 36 | 00:02:58 | 00:33:07 | 38 | 00:00:44 | | |
| 31 | LICZNIERSKI Marek | 102 | TRIATHLONISTA.COM/ ZONE3 TEAM | M30-39 | 00:12:21 | 16 | 00:01:58 | 00:34:42 | 67 | 00:01:27 | | |
| 32 | WITKOWSKI Mateusz | 194 | JW 1223 | M18-29 | 00:14:36 | 56 | 00:02:15 | 00:32:48 | 33 | 00:00:54 | | |
| 33 | NOWICKI Bartosz | 128 | AQUA+ | M30-39 | 00:12:40 | 20 | 00:02:50 | 00:34:24 | 62 | 00:01:03 | | |
| 34 | BINKOWSKI Adrian | 210 | PROFESSIONALHR/CB163 | M30-39 | 00:14:09 | 45 | 00:02:31 | 00:32:28 | 29 | 00:01:51 | | |
| 35 | KOTŁOWSKI Bartosz | 78 | LKS OSTROMECKO | M18-29 | 00:14:32 | 54 | 00:01:59 | 00:33:19 | 43 | 00:01:29 | | |
| 36 | DERDA Piotr | 32 | | M18-29 | 00:14:30 | 53 | 00:02:40 | 00:32:42 | 32 | 00:01:29 | | |
| 37 | HOPPE Tomasz | 21 | CB163 BTT TRISPACE | M30-39 | 00:14:18 | 49 | 00:02:50 | 00:32:18 | 23 | 00:02:03 | | |
| 38 | HIPNAROWICZ Grzegorz | 55 | SPORTTREND.PL | M40-49 | 00:13:23 | 30 | 00:02:33 | 00:34:03 | 54 | 00:01:55 | | |
| 39 | FIGEL Wojciech | 39 | TRISPACE/TREK | M40-49 | 00:14:48 | 61 | 00:02:32 | 00:33:31 | 44 | 00:01:18 | | |
| 40 | KOŁAKOWSKI Tomasz | 75 | | M30-39 | 00:15:25 | 74 | 00:02:34 | 00:33:13 | 39 | 00:01:06 | | |
| 41 | KULWICKI Karol | 92 | | M30-39 | 00:15:38 | 83 | 00:03:04 | 00:32:26 | 27 | 00:01:32 | | |
| 42 | PIEKARSKI Wojtek | 142 | TMS | M40-49 | 00:13:53 | 39 | 00:03:21 | 00:34:10 | 59 | 00:01:22 | | |
| 43 | SKORECKI Aleksander | 156 | BYDGOSZCZ TRIATHLON TEAM | M18-29 | 00:14:05 | 44 | 00:02:48 | 00:35:11 | 74 | 00:00:56 | | |
| 44 | SMOCZYŃSKI Marek | 228 | MBC TEAM | M30-39 | 00:15:12 | 70 | 00:03:17 | 00:32:50 | 34 | 00:01:42 | | |
| 45 | WROBEL Mateusx | 200 | TEAM WROBEL | M18-29 | 00:17:15 | 139 | 00:02:23 | 00:33:02 | 35 | 00:00:27 | | |
| 46 | ZIENKIEWICZ Marek | 239 | ATOS | M40-49 | 00:14:04 | 43 | 00:02:58 | 00:35:16 | 77 | 00:01:07 | | |
| 47 | GIERES Waldemar | 41 | PTT DELTA | M50-59 | 00:15:27 | 77 | 00:02:33 | 00:33:59 | 52 | 00:01:33 | | |
| 48 | BURDYN Grzegorz | 20 | DIVINEBEAUTY / F3TEAM | M30-39 | 00:15:20 | 72 | 00:03:41 | 00:33:46 | 48 | 00:00:48 | | |
| 49 | GOŁATA Wojciech | 43 | WILCZA WATAHA | M30-39 | 00:16:28 | 106 | 00:02:29 | 00:34:03 | 55 | 00:00:57 | | |
| 50 | ZAKURZEWSKI Tomasz | 203 | BRZOZABIEGA | M40-49 | 00:13:54 | 40 | 00:02:34 | 00:35:25 | 78 | 00:02:06 | | |
| 51 | SIATKOWSKI Paweł | 153 | OPEN BROKERS TEAM | M30-39 | 00:13:51 | 38 | 00:03:10 | 00:36:01 | 90 | 00:00:59 | | |
| 52 | KWIATON Michał | 98 | | M18-29 | 00:16:21 | 99 | 00:03:57 | 00:32:34 | 31 | 00:01:26 | | |
| 53 | BYRTEK Grzegorz | 22 | | M40-49 | 00:13:18 | 27 | 00:03:11 | 00:36:42 | 110 | 00:01:08 | | |
| 54 | PERLINSKI Damian | 140 | MOŻE I POWOLI ALE ZA TO BYLE JAK | M30-39 | 00:16:23 | 102 | 00:02:42 | 00:34:00 | 53 | 00:01:15 | | |
| 55 | JANUSZKIEWICZ Piotr | 59 | PROSIACZEK/HYDRO-BART/JANTUR | M30-39 | 00:14:17 | 48 | 00:03:53 | 00:34:46 | 68 | 00:01:33 | | |
| 56 | SZULC Wojtek | 229 | KOCHAM DARIE | M50-59 | 00:17:26 | 142 | 00:03:11 | 00:32:27 | 28 | 00:01:25 | | |
| 57 | ŁUCZAK Paweł | 108 | TKKF KOLEJARZ BYDGOSZCZ | M50-59 | 00:15:53 | 85 | 00:02:45 | 00:34:33 | 64 | 00:01:22 | | |
| 58 | LISOWSKI Aleksander | 105 | RAZEM TRENUJEMY SPORT | M30-39 | 00:15:34 | 80 | 00:03:03 | 00:34:38 | 65 | 00:01:19 | | |
| 59 | SŁOMKA Maciej | 159 | MOŻE I POWOLI ALE ZA TO BYLE JAK | M30-39 | 00:16:49 | 116 | 00:03:43 | 00:32:19 | 24 | 00:01:44 | | |
| 60 | KUBIAK Sławomir | 89 | | M50-59 | 00:15:35 | 81 | 00:03:00 | 00:34:41 | 66 | 00:01:20 | | |
| 61 | KRUCZKOWSKI Piotr | 220 | KRYSPORT TEAM | M50-59 | 00:17:10 | 134 | 00:02:46 | 00:33:49 | 51 | 00:00:57 | | |
| 62 | BRYCKI Jakub | 219 | POLONIA BIELANY WROCŁAWSKIE | M18-29 | 00:12:50 | 23 | 00:03:29 | 00:37:42 | 130 | 00:00:44 | | |
| 63 | KĄTNIK Jacek | 222 | | M40-49 | 00:17:06 | 132 | 00:02:43 | 00:33:05 | 37 | 00:01:53 | | |
| 64 | SIUDA Marek | 155 | KLINIKA TRIATHLONU BYDGOSZCZ | M40-49 | 00:14:49 | 62 | 00:04:06 | 00:34:09 | 57 | 00:01:45 | | |
| 65 | WIŚNIEWSKI Arnold | 193 | | M40-49 | 00:14:40 | 57 | 00:05:36 | 00:33:41 | 46 | 00:00:56 | | |
| 66 | POPEK Maciej | 143 | WŁOCŁAWEK TRIATHLON TEAM, ANETA TEAM | M40-49 | 00:15:53 | 86 | 00:03:31 | 00:34:10 | 58 | 00:01:21 | | |
| 67 | PAWEŁCZYK Kacper | 136 | 1987 | M30-39 | 00:14:41 | 58 | 00:03:15 | 00:35:16 | 75 | 00:01:47 | | |
| 68 | TOMASZEWSKI Marcin | 175 | | M40-49 | 00:14:45 | 60 | 00:02:58 | 00:35:27 | 80 | 00:01:49 | | |
| 69 | MACIEJCZYK Michał | 110 | | M30-39 | 00:13:37 | 35 | 00:02:45 | 00:36:52 | 112 | 00:01:50 | | |
| 70 | STACHNIUK Przemek | 163 | TRISPACE | M40-49 | 00:16:05 | 90 | 00:03:16 | 00:34:05 | 56 | 00:01:48 | | |
| 71 | JARUSZEWSKI Krzysztof | 60 | MAJKA TEAM | M40-49 | 00:15:01 | 67 | 00:04:50 | 00:33:46 | 49 | 00:01:45 | | |
| 72 | KADOW Ryszard | 64 | TRISPACE | M40-49 | 00:21:51 | 203 | 00:03:59 | 00:28:09 | 2 | 00:01:52 | | |
| 73 | KLIMKOWSKI Mateusz | 71 | DECATHLON TRIATHLON TEAM | M18-29 | 00:15:26 | 76 | 00:02:44 | 00:36:33 | 103 | 00:01:21 | | |
| 74 | DUDEK Krzysztof | 221 | POLONIA BIELANY WROCŁAWSKIE | M18-29 | 00:13:30 | 32 | 00:03:53 | 00:37:16 | 122 | 00:01:27 | | |
| 75 | KRAWISZ Maciej | 84 | LP500 | M40-49 | 00:16:35 | 109 | 00:02:40 | 00:35:16 | 76 | 00:01:47 | | |

| Rank | Name | Age | Team | Sex | Swimming | | | Cycling | | | Race |
|------|-----------------------|-----|---------------------------------|-----|----------|--------|----------|----------|--------|----------|------|
| | | | | | Time | Points | Time | Time | Points | Time | |
| 76 | DOBZAŃSKI Dariusz | 34 | 3GRAVITY | M | 00:15:13 | 71 | 00:04:06 | 00:35:40 | 83 | 00:01:24 | Race |
| 77 | SKRZYNIARZ Hubert | 158 | #CIAGLA_WALKA_Z_BMI | M | 00:16:25 | 103 | 00:04:00 | 00:34:22 | 61 | 00:01:42 | |
| 78 | KAPUSTKA Mirosław | 66 | KAPUSTRI | M | 00:15:04 | 69 | 00:03:09 | 00:36:54 | 113 | 00:01:26 | |
| 79 | CIUPA Jarosław | 25 | ARRK | M | 00:16:27 | 104 | 00:03:31 | 00:34:32 | 63 | 00:02:06 | |
| 80 | WOŹNIAK Radek | 199 | BOZITA POLSKA | M | 00:17:00 | 130 | 00:03:14 | 00:34:46 | 69 | 00:01:39 | |
| 81 | BUGALSKI Wojciech | 19 | | M | 00:16:14 | 95 | 00:02:56 | 00:33:49 | 50 | 00:03:46 | |
| 82 | GILL Daniel | 216 | BOGMAR | M | 00:15:00 | 66 | 00:03:21 | 00:36:55 | 115 | 00:01:30 | |
| 83 | RADZIEJEWSKI Tomasz | 146 | | M | 00:15:54 | 87 | 00:03:53 | 00:36:14 | 95 | 00:00:51 | |
| 84 | GRUBICH Arkadiusz | 217 | | M | 00:16:58 | 127 | 00:02:55 | 00:35:49 | 85 | 00:01:15 | |
| 85 | KUŹMA Wojtek | 94 | | M | 00:16:54 | 122 | 00:02:35 | 00:36:33 | 104 | 00:00:57 | |
| 86 | NAGOW Michał | 124 | | M | 00:16:15 | 96 | 00:02:54 | 00:36:11 | 94 | 00:01:45 | |
| 87 | WOLSKI Tomasz | 196 | BYDGOSZCZ TRIATHLON TEAM | M | 00:16:40 | 111 | 00:03:03 | 00:36:00 | 89 | 00:01:29 | |
| 88 | DĘBIEC Andrzej | 218 | | M | 00:17:12 | 136 | 00:02:44 | 00:36:37 | 106 | 00:00:43 | |
| 89 | SZARLEJ Marcin | 170 | PKO BANK POLSKI S.A. | M | 00:16:57 | 124 | 00:03:10 | 00:35:53 | 88 | 00:01:17 | |
| 90 | KIEŁPIŃSKI Mikołaj | 69 | | M | 00:13:59 | 41 | 00:03:28 | 00:38:40 | 153 | 00:01:14 | |
| 91 | GEHRKE Tomasz | 40 | LPN | M | 00:16:44 | 114 | 00:03:59 | 00:35:03 | 71 | 00:01:38 | |
| 92 | SKOWROŃSKI Jarosław | 157 | KRISS COACHING | M | 00:16:21 | 98 | 00:03:14 | 00:36:54 | 114 | 00:01:01 | |
| 93 | LIPNIEWICZ Paweł | 104 | LIPNE MUMIE | M | 00:19:12 | 177 | 00:03:34 | 00:33:37 | 45 | 00:01:09 | |
| 94 | GWIAZDOWSKI Krzysztof | 49 | | M | 00:16:57 | 126 | 00:04:18 | | | | |
| 95 | MEYER Maciej | 118 | | M | 00:16:10 | 92 | 00:03:21 | 00:36:26 | 101 | 00:02:02 | |
| 96 | TWAROWSKI Arkadiusz | 180 | | M | 00:14:58 | 65 | 00:02:54 | 00:38:27 | 147 | 00:01:40 | |
| 97 | URBANIAK Daniel | 181 | | M | 00:17:48 | 145 | 00:03:56 | 00:34:14 | 60 | 00:02:01 | |
| 98 | TRZASKOWSKI Tomasz | 177 | | M | 00:14:34 | 55 | 00:04:54 | 00:36:42 | 111 | 00:01:50 | |
| 99 | ŁATKA Marcin | 107 | | M | 00:14:25 | 51 | 00:03:06 | 00:39:05 | 157 | 00:01:35 | |
| 100 | KARCZEWSKI Filip | 67 | | M | 00:17:54 | 151 | 00:03:05 | 00:36:18 | 97 | 00:01:08 | |
| 101 | LIPIŃSKI Michał | 103 | | M | | | | | | | |
| 102 | BOROWSKI Radosław | 15 | MLKS KRAJNA SĘPÓLNO | M | 00:16:59 | 129 | 00:02:53 | 00:37:12 | 119 | 00:01:25 | |
| 103 | PAWĘTA Marcin | 137 | | M | 00:19:14 | 180 | 00:02:37 | 00:33:44 | 47 | 00:02:55 | |
| 104 | KOSIŃSKI Robert | 77 | NOKIA BYDGOSZCZ | M | 00:15:51 | 84 | 00:03:08 | 00:38:00 | 139 | 00:01:31 | |
| 105 | TACIAK Dawid | 174 | ATOS/KLINIKA TRIATHLONU | M | 00:16:46 | 115 | 00:03:57 | 00:36:20 | 98 | 00:01:35 | |
| 106 | RIVAT Emmanuel | 212 | | M | 00:16:10 | 93 | 00:04:02 | 00:37:06 | 117 | 00:01:25 | |
| 107 | ZIÓŁKOWSKI Krzysztof | 171 | | M | 00:15:36 | 82 | 00:02:23 | 00:39:23 | 165 | 00:01:23 | |
| DNC | MARTIN Adam | 227 | WILDCATS SWISS TRIATHLON TEAM | M | 00:09:06 | 1 | 00:01:46 | 00:46:55 | 211 | 00:01:05 | |
| 109 | BARANOWICZ Bartosz | 5 | TMS GLOBART | M | 00:14:10 | 46 | 00:03:52 | 00:39:06 | 158 | 00:01:46 | |
| 110 | LESZCZYŃSKI Marcin | 99 | BYDGOSZCZ TRIATHLON TEAM | M | 00:16:50 | 117 | 00:03:12 | 00:37:13 | 121 | 00:01:44 | |
| 111 | BANAŚ Mateusz | 4 | | M | 00:18:53 | 171 | 00:02:10 | 00:35:50 | 86 | 00:02:08 | |
| 112 | KOTOWSKI Jacek | 79 | | M | 00:18:54 | 172 | 00:03:27 | 00:35:03 | 72 | 00:01:37 | |
| 113 | BEJFUS Mateusz | 10 | | M | 00:17:23 | 141 | 00:03:35 | 00:37:13 | 120 | 00:01:07 | |
| 114 | BEJFUS Łukasz | 9 | LEŚNY PARK KULTURY I WYPOCZYNKU | M | 00:18:26 | 162 | 00:03:06 | 00:36:38 | 107 | 00:01:11 | |
| 115 | DULIŃSKI Jacek | 37 | | M | 00:16:58 | 128 | 00:04:14 | 00:36:30 | 102 | 00:01:39 | |
| 116 | KOWALSKI Marek | 82 | REKINY OSIELSKO | M | 00:15:24 | 73 | 00:02:35 | 00:39:13 | 161 | 00:02:24 | |
| 117 | ROŚ Sławek | 148 | | M | 00:16:41 | 112 | 00:03:54 | 00:37:58 | 138 | 00:01:10 | |
| 118 | NAWROCKI Marcin | 125 | DELIKATESY RYBNE FISHKA.PL | M | 00:16:20 | 97 | 00:04:25 | 00:37:36 | 127 | 00:01:24 | |
| 119 | GREJCZYK Alan | 123 | | M | 00:19:14 | 179 | 00:03:27 | 00:35:44 | 84 | 00:01:28 | |
| 120 | GUSS Rafał | 48 | ARRK | M | 00:18:12 | 157 | 00:04:13 | 00:36:39 | 109 | 00:00:51 | |
| 121 | IWAŃCZYK Marcin | 57 | CB163 | M | 00:16:09 | 91 | 00:04:47 | 00:37:18 | 123 | 00:01:44 | |

| | | | | Swimming | | | Cycling | | | Race | |
|-----|-----------------------------|------------|---------------------------|----------|-----------------|-----|----------|-----------------|------------|----------|--|
| 122 | KULIŃSKI Grzegorz | 91 | | M18-29 | 00:16:42 | 113 | 00:03:18 | 00:39:11 | 159 | 00:00:47 | |
| 123 | STRYCZYŃSKI Marek | 166 | TRISPACE | M30-39 | 00:16:30 | 107 | 00:03:15 | 00:38:53 | 155 | 00:01:21 | |
| 124 | BOROWSKI Łukasz | 16 | LADYSI TEAM | M40-49 | 00:17:13 | 137 | 00:03:22 | 00:37:44 | 131 | 00:01:40 | |
| 125 | DRELICH Michał | 240 | SEGroUD | M30-39 | 00:17:01 | 131 | 00:03:48 | 00:37:19 | 125 | 00:01:51 | |
| 126 | OLECH Jacek | 233 | | M40-49 | 00:19:45 | 186 | 00:03:30 | 00:36:05 | 92 | 00:00:45 | |
| 127 | RYBAK Mariusz | 150 | SISU-OWB TEAM | M40-49 | 00:15:27 | 78 | 00:03:40 | 00:40:23 | 170 | 00:00:45 | |
| 128 | OSAK Paweł | 129 | | M30-39 | 00:17:07 | 133 | 00:04:02 | 00:37:53 | 137 | 00:01:15 | |
| 129 | WERNER Michał | 190 | GARDENFLORA MTB TEAM | M18-29 | 00:18:45 | 168 | 00:03:30 | 00:36:55 | 116 | 00:01:13 | |
| 130 | BORUCKI Marcin | 17 | | M30-39 | 00:15:55 | 88 | 00:04:33 | 00:38:56 | 156 | 00:01:31 | |
| 131 | ZIELIŃSKI Radosław | 204 | | M30-39 | 00:19:13 | 178 | 00:03:43 | 00:36:02 | 91 | 00:02:01 | |
| 132 | GRUBA Jacek | 45 | | M50-59 | 00:18:01 | 154 | 00:04:07 | 00:37:12 | 118 | 00:01:39 | |
| 133 | MALINOWSKI Artur | 113 | | M50-59 | 00:18:50 | 170 | 00:04:18 | 00:36:09 | 93 | 00:01:43 | |
| 134 | KLISZEWSKI Damian | 73 | | M40-49 | 00:17:49 | 147 | 00:02:10 | 00:39:44 | 166 | 00:01:28 | |
| 135 | KUCHARCZYK Michał | 139 | KS POLONIA BIELANY | M18-29 | 00:18:37 | 165 | 00:04:04 | 00:38:02 | 142 | 00:00:33 | |
| 136 | PAPIEROWSKI Piotr | 134 | | M30-39 | 00:18:44 | 167 | 00:02:45 | 00:39:13 | 162 | 00:00:53 | |
| 137 | OSTRZYCKI Sławomir | 131 | TRISPACE/TREK | M30-39 | 00:16:57 | 125 | 00:03:57 | 00:39:13 | 160 | 00:01:31 | |
| 138 | HENDRZAK Sylwester | 54 | MISYL RUN TEAM | M30-39 | 00:20:05 | 190 | 00:04:11 | 00:36:38 | 108 | 00:00:58 | |
| 139 | SŁOMSKI Marcin | 160 | TRIATHLON KONSULTING TEAM | M30-39 | 00:16:23 | 101 | 00:04:01 | 00:40:49 | 174 | 00:01:00 | |
| 140 | MIEKCZYŃSKI Artur | 120 | POLONIA BYDGOSZCZ | M30-39 | 00:19:49 | 187 | 00:03:40 | 00:38:01 | 140 | 00:01:09 | |
| 141 | TURNO Szymon | 179 | TURBO TEAM | M40-49 | 00:17:53 | 150 | 00:04:30 | 00:39:16 | 163 | 00:01:01 | |
| 142 | MACIEJEWSKI Tomasz | 111 | NORMOBARIC | M18-29 | 00:17:48 | 146 | 00:02:11 | 00:40:32 | 173 | 00:02:15 | |
| 143 | MAZURKIEWICZ Piotr | 116 | | M40-49 | 00:20:13 | 191 | 00:04:10 | 00:37:29 | 126 | 00:01:21 | |
| 144 | GWIZDAŁA Adam | 50 | BUKOWIEC | M30-39 | 00:20:46 | 196 | 00:03:11 | 00:38:38 | 152 | 00:00:46 | |
| 145 | RYBCZYŃSKI Łukasz | 213 | | M18-29 | 00:16:51 | 118 | 00:03:56 | 00:41:08 | 179 | 00:01:42 | |
| 146 | CZAPLICKI Wojciech | 211 | | M40-49 | 00:19:38 | 185 | 00:02:21 | 00:39:44 | 167 | 00:02:11 | |
| 147 | SENSKI Przemysław | 152 | | M30-39 | 00:16:53 | 120 | 00:04:01 | 00:40:55 | 176 | 00:02:10 | |
| 148 | ADLER Filip | 1 | | M18-29 | 00:17:17 | 140 | 00:03:20 | 00:41:09 | 180 | 00:02:13 | |
| 149 | KLINOWSKI Radosław | 72 | GALACTICA | M30-39 | 00:20:25 | 192 | 00:03:56 | 00:37:50 | 133 | 00:01:48 | |
| 150 | RZENTKOWSKI Grzegorz | 151 | | M40-49 | 00:19:16 | 182 | 00:04:06 | 00:38:30 | 149 | 00:02:18 | |
| 151 | URBAŃSKI Janusz | 183 | TRISPACE | M50-59 | 00:18:22 | 161 | 00:05:17 | 00:38:11 | 143 | 00:02:25 | |
| 152 | JUREK Krzysztof | 63 | | M50-59 | 00:15:57 | 89 | 00:04:26 | 00:43:18 | 200 | 00:00:55 | |
| 153 | FALCONNET Chris | 38 | | M30-39 | 00:19:00 | 174 | 00:04:04 | 00:41:27 | 183 | 00:01:10 | |
| 154 | WOZNIAK Tomasz | 197 | | M40-49 | 00:19:31 | 184 | 00:04:32 | 00:40:26 | 171 | 00:01:30 | |
| 155 | STĘPIEŃ Michał | 164 | | M30-39 | 00:20:00 | 188 | 00:03:44 | 00:41:26 | 182 | 00:01:06 | |
| 156 | WĘGRZYŃSKI Piotr | 192 | | M40-49 | 00:22:05 | 205 | 00:03:36 | 00:38:38 | 151 | 00:02:07 | |
| 157 | KWIATKOWSKI Waldemar | 96 | | M30-39 | 00:17:52 | 149 | 00:03:49 | 00:43:53 | 205 | 00:01:01 | |
| 158 | PRZYBYTKOWSKI Marek | 145 | | M18-29 | 00:24:57 | 214 | 00:04:56 | 00:35:37 | 82 | 00:01:32 | |
| 159 | MIĘTKIEWICZ Rafał | 121 | SPÓJNIA BIAŁE BŁOTA | M18-29 | 00:23:08 | 209 | 00:03:39 | 00:40:07 | 169 | 00:00:56 | |
| 160 | SMIETANA Mirosław | 161 | | M60-69 | 00:20:35 | 194 | 00:04:40 | 00:41:35 | 185 | 00:01:15 | |
| 161 | SIEKIERKA Robert | 154 | AS BOX | M40-49 | 00:21:42 | 202 | 00:04:40 | 00:40:54 | 175 | 00:01:01 | |
| 162 | BINDEK Łukasz | 13 | | M30-39 | 00:16:22 | 100 | 00:05:44 | 00:44:41 | 207 | 00:01:32 | |
| 163 | OSIŃSKI Adam | 130 | | M40-49 | 00:22:33 | 208 | 00:05:39 | 00:39:49 | 168 | 00:01:40 | |
| 164 | JUCHACZ Michał | 62 | DZIKI Z BALCZEWA | M40-49 | 00:20:28 | 193 | 00:02:56 | 00:46:05 | 209 | 00:00:54 | |
| 165 | GÓRNIKIEWICZ Piotr | 44 | | M30-39 | 00:21:06 | 199 | 00:05:24 | 00:43:04 | 198 | 00:01:38 | |
| 166 | DĄBROWSKI Bartosz | 30 | SPORTOWA PASJA | M30-39 | 00:20:01 | 189 | 00:05:30 | 00:46:12 | 210 | 00:01:08 | |
| 167 | ŁUKOMSKI Dawid | 109 | GARDENFLORA MTB TEAM | M18-29 | 00:24:00 | 211 | 00:04:08 | 00:43:21 | 201 | 00:01:27 | |

| | | | | Swimming | | | Cycling | | | Race | Time |
|-----|-------------------------------|------------|--------|----------|-----------------|-----|----------|-----------------|------------|----------|------|
| 168 | KLIMEK Przemysław | 70 | | M18-29 | 00:18:21 | 160 | 00:04:28 | 00:49:27 | 214 | 00:00:51 | |
| 169 | BUDNICKI Krzysztof | 18 | | M40-49 | 00:24:36 | 212 | 00:05:04 | 00:41:46 | 186 | 00:01:46 | |
| 170 | DETLAF Mariusz | 33 | | M30-39 | 00:26:04 | 215 | 00:03:32 | 00:42:26 | 192 | 00:01:26 | |
| 171 | WYSŁOUCH Sebastian | 201 | AMATOR | M40-49 | 00:21:04 | 198 | 00:06:08 | 00:44:38 | 206 | 00:01:48 | |
| 172 | JĘDRUSZCZAK Przemysław | 61 | | M18-29 | 00:24:52 | 213 | 00:05:04 | 00:43:22 | 202 | 00:01:04 | |
| 173 | PALACZ Mirosław | 133 | | M50-59 | 00:28:35 | 216 | 00:04:02 | 00:42:22 | 191 | 00:01:27 | |

Total 173 results.