



Wydarzenie: Gorce Ultra-Trail
Organizator: Fundacja Run Vegan - GUT
Data: 2024-08-02
Miejsce: Ochotnica Dolna
Dystans: 20 km

OCHOTNICA CHALLENGE 20 KM

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

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INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Potok 9km	Wieża Gorc 11.3km	Polana pod Gorcem 12km	Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
1	BARTECKI Jakub	1105	STS BIEGATON	M 18-35	1		00:45:59	01:07:18	01:09:53	01:51:20.90	01:51:20.90		5:21	11.2 (100%)
2	WERNER Kamil	1225	DZIKI BIEG	M 36-45	1		00:46:35	01:08:56	01:11:56	01:52:10.75	01:52:10.75	+00:00:49 (0.7%)	5:23	11.1 (99.1%)
3	KOWALCZYK Andrzej	1151	SPORTOWA PERSPEKTYWA	M 18-35	2		00:47:10	01:09:28	01:12:02	01:53:06.65	01:53:06.65	+00:01:45 (1.6%)	5:26	11 (98.2%)
4	RYZHYNSKYI Vitalii	1198	GRZĄDZIEL TEAM	M 18-35	3		00:48:43	01:11:48	01:14:27	01:59:54.25	01:59:54.25	+00:08:33 (7.1%)	5:45	10.4 (92.9%)
5	PORĘBA Andrzej	1243	KRZYSZTOF BODURICA	M 36-45	2		00:50:46	01:15:00	01:17:52	02:00:57.95	02:00:57.95	+00:09:37 (8.0%)	5:48	10.3 (92.0%)
6	POŠEFKO Matej	1190	ACTIVE LIFE TEAM KOŠICE	M 18-35	4		00:49:39	01:14:18	01:17:30	02:06:33.40	02:06:33.40	+00:15:12 (12.0%)	6:05	9.9 (88.4%)
7	PAŁKA Mariusz	1178	KB PARANTELA	M 46-55	1	KB Parantela	00:54:21	01:20:49	01:23:42	02:09:42.05	02:09:42.05	+00:18:21 (14.1%)	6:14	9.6 (85.7%)
8	SIOŁA Rafał	1204		M 18-35	5		00:59:14	01:20:39	01:23:33	02:12:28.25	02:12:28.25	+00:21:07 (15.9%)	6:22	9.4 (83.9%)
9	RYŻ Konrad	1199		M 18-35	6			01:17:15	01:20:43	02:15:45.00	02:15:45.00	+00:24:24 (18.0%)	6:31	9.2 (82.1%)
10	TARANTA Daniel	1216	JELENIOWATE-POGOŃCOWATE	M 18-35	7		00:58:16	01:25:52	01:28:43	02:15:58.45	02:15:58.45	+00:24:37 (18.1%)	6:32	9.2 (82.1%)
11	KRZUS Grzegorz	1155	BESKID GODZISZKA/WIEJSKIE PIJACZKI	M 36-45	3			01:18:00	01:21:13	02:16:29.75	02:16:29.75	+00:25:08 (18.4%)	6:33	9.1 (81.3%)
12	STACHERSKI Łukasz	1208	MAMY TO	M 18-35	8	Mamy To	00:56:57	01:24:41	01:28:12	02:18:23.75	02:18:23.75	+00:27:02 (19.5%)	6:39	9 (80.4%)
13	APOSTOLSKI Łukasz	1100	ZABIERZÓW BIEGA	M 18-35	9		00:58:10	01:26:54	01:30:28	02:20:22.25	02:20:22.25	+00:29:01 (20.7%)	6:44	8.9 (79.5%)
14	KLIMCZAK Bogdan	1237	KLUB SPORTOWY SPRINTER	M 36-45	4	Klub Sportowy Sprinter		01:17:58	01:21:25	02:21:27.70	02:21:27.70	+00:30:06 (21.3%)	6:48	8.8 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Potok 9km	Polana		Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
								Wieża Gorc 11.3km	Pod Gorcem 12km					
15	HAJDA Terenia	1133		K 18-35	1		00:59:50	01:30:04	01:33:10	02:26:36.70	02:26:36.70	+00:35:15 (24.1%)	7:02	8.5 (75.9%)
16	SĄŁACH Marcin	1201		M 36-45	5		00:57:32	01:27:39	01:31:59	02:26:41.25	02:26:41.25	+00:35:20 (24.1%)	7:03	8.5 (75.9%)
17	KRUPA Roman	1154		M 36-45	6		00:59:59	01:30:10	01:33:19	02:27:24.35	02:27:24.35	+00:36:03 (24.5%)	7:05	8.5 (75.9%)
18	ZIĘBA Daniel	1232		M 18-35	10		00:57:38	01:16:49	01:34:19	02:27:41.00	02:27:41.00	+00:36:20 (24.6%)	7:06	8.5 (75.9%)
19	WÓJCIAK Piotr	1239	LZS KS GORC OCHOTNICA	M 18-35	11		00:58:52	01:27:19	01:30:45	02:27:41.65	02:27:41.65	+00:36:20 (24.6%)	7:06	8.5 (75.9%)
20	RUTKOWSKI Łukasz	1196		M 18-35	12		00:58:47	01:27:27	01:30:58	02:28:34.15	02:28:34.15	+00:37:13 (25.1%)	7:08	8.4 (75.0%)
21	SOBULA Karol	1206	HASAM	M 36-45	7		01:00:05	01:30:48	01:34:31	02:28:45.85	02:28:45.85	+00:37:24 (25.2%)	7:09	8.4 (75.0%)
22	MAZOYER Luc	1170		M 18-35	13		00:58:34	01:27:10	01:30:43	02:29:17.15	02:29:17.15	+00:37:56 (25.4%)	7:10	8.4 (75.0%)
23	DRYWA Jakub	1119		M 18-35	14		01:03:17	01:33:14	01:37:03	02:33:53.60	02:33:53.60	+00:42:32 (27.6%)	7:23	8.1 (72.3%)
24	KOCHMAN Karol	1148		M 18-35	15			01:16:22	01:34:24	02:34:24.10	02:34:24.10	+00:43:03 (27.9%)	7:25	8.1 (72.3%)
25	MRÓZ Rafał	1174		M 46-55	2		01:03:14	01:34:32	01:38:10	02:34:41.25	02:34:41.25	+00:43:20 (28.0%)	7:26	8.1 (72.3%)
26	KARWACZKA Piotr	1146		M 46-55	3		01:03:20	01:34:40	01:38:11	02:34:50.95	02:34:50.95	+00:43:30 (28.1%)	7:26	8.1 (72.3%)
27	JASIURKOWSKI Daniel	1138	KLUB SPORTOWY SPRINTER	M 46-55	4	Klub Sportowy Sprinter	01:05:55	01:37:23	01:41:00	02:36:46.65	02:36:46.65	+00:45:25 (29.0%)	7:32	8 (71.4%)
28	ZAREBA Rafal	1230	FUJISTU RUNNING TEAM	M 36-45	8		01:08:32	01:39:43	01:43:28	02:37:26.20	02:37:26.20	+00:46:05 (29.3%)	7:34	7.9 (70.5%)
29	PALUCH Marcin	1248		M 36-45	9		01:06:11	01:37:57	01:41:30	02:38:00.55	02:38:00.55	+00:46:39 (29.5%)	7:35	7.9 (70.5%)
30	DUDA Patryk	1120		M 18-35	16		01:06:53	01:38:45	01:42:20	02:41:32.55	02:41:32.55	+00:50:11 (31.1%)	7:45	7.7 (68.8%)
31	STANCZYK Dariusz	1209		M 18-35	17		01:09:59	01:41:25	01:45:20	02:41:48.60	02:41:48.60	+00:50:27 (31.2%)	7:46	7.7 (68.8%)
32	ZEZULA Sylwia	1244	SKAWINA BIEGA	K 36-45	1		01:10:26	01:37:43	01:41:38	02:42:30.05	02:42:30.05	+00:51:09 (31.5%)	7:48	7.7 (68.8%)
33	MALEC Cezary	1169		M 18-35	18		01:06:08	01:37:49	01:41:31	02:42:31.85	02:42:31.85	+00:51:10 (31.5%)	7:48	7.7 (68.8%)
34	MYJAK Paweł	1235	FENIXRUNNINGTEAM	M 36-45	10		01:08:01	01:41:19	01:45:25	02:44:35.35	02:44:35.35	+00:53:14 (32.3%)	7:54	7.6 (67.9%)
35	PURGAL Tomasz	1192	SAINT-GOBAIN SQUAD	M 36-45	11		01:07:56	01:41:29	01:45:14	02:44:38.80	02:44:38.80	+00:53:17 (32.4%)	7:54	7.6 (67.9%)
36	OLEJNICZAK Leon	1175		M 18-35	19			01:34:42	01:39:19	02:46:58.70	02:46:58.70	+00:55:37 (33.3%)	8:01	7.5 (67.0%)
37	RUSLOV Vladyslav	1195		M 46-55	5			01:45:11	01:49:40	02:47:06.65	02:47:06.65	+00:55:45 (33.4%)	8:02	7.5 (67.0%)

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								Wieża Gorc 11.3km	Polana pod Gorcem 12km					
38	ŚWIĘTACH Piotr	1234		M 18-35	20		01:03:24	01:36:10	01:39:48	02:47:39.80	02:47:39.80	+00:56:18 (33.6%)	8:03	7.4 (66.1%)
39	CISOŃ Adam	1111		M 18-35	21		01:06:00	01:38:27	01:42:29	02:49:20.30	02:49:20.30	+00:57:59 (34.2%)	8:08	7.4 (66.1%)
40	MŁOCKA Matylda	1172		K 36-45	2		01:10:06	01:43:12	01:46:51	02:50:14.65	02:50:14.65	+00:58:53 (34.6%)	8:11	7.3 (65.2%)
41	MACIOŁ Dominik	1163		M 18-35	22		01:06:04	01:40:16	01:44:18	02:50:46.35	02:50:46.35	+00:59:25 (34.8%)	8:12	7.3 (65.2%)
42	OSZCZĘDA Krzysztof	1177		M 46-55	6		01:11:11	01:46:21	01:50:11	02:52:02.75	02:52:02.75	+01:00:41 (35.3%)	8:16	7.3 (65.2%)
43	HURKAŁA Katarzyna	1136		K 18-35	2		01:10:45	01:44:39	01:48:39	02:54:16.30	02:54:16.30	+01:02:55 (36.1%)	8:22	7.2 (64.3%)
44	DRACHAL Krzysztof	1118		M 36-45	12		01:10:35	01:45:34	01:50:47	02:55:21.10	02:55:21.10	+01:04:00 (36.5%)	8:25	7.1 (63.4%)
45	KAŁUSKI Mateusz	1144		M 36-45	13		01:09:55	01:44:02	01:48:43	02:55:25.70	02:55:25.70	+01:04:04 (36.5%)	8:26	7.1 (63.4%)
46	WOJCIECHOWSKI Gaurahari	1228	LA BASKET WARSZAWA	M 18-35	23		01:10:15	01:44:55	01:50:23	02:55:39.00	02:55:39.00	+01:04:18 (36.6%)	8:26	7.1 (63.4%)
47	MADEJ Maciej	1164		M 18-35	24		01:12:38	01:47:09	01:51:04	02:55:40.80	02:55:40.80	+01:04:19 (36.6%)	8:26	7.1 (63.4%)
48	HOŻNICZKA Jolanta	1238	ADAM DRACZYŃSKI RUNNING TEAM	K 46-55	1		01:10:31	01:44:35	01:49:17	02:55:44.60	02:55:44.60	+01:04:23 (36.6%)	8:26	7.1 (63.4%)
49	TROJNAR Daniel	1219		M 36-45	14		01:10:56	01:46:08	01:50:26	02:56:04.60	02:56:04.60	+01:04:43 (36.8%)	8:27	7.1 (63.4%)
50	CHACHUŁA Piotr	1110		M 46-55	7		01:11:55	01:47:44	01:51:22	02:57:13.45	02:57:13.45	+01:05:52 (37.2%)	8:31	7 (62.5%)
51	NYKAZA Adam	1247		M 56+	1		01:06:15	01:38:22	01:42:33	02:57:45.30	02:57:45.30	+01:06:24 (37.4%)	8:32	7 (62.5%)
52	DENYSENKO Lech	1114	BDB TEAM	M 56+	2			01:36:54	01:42:21	02:58:19.75	02:58:19.75	+01:06:58 (37.6%)	8:34	7 (62.5%)
53	KOWALSKA Dorota	1241	KB PARANTELA	K 36-45	3		01:13:24	01:51:54	01:56:27	02:59:04.35	02:59:04.35	+01:07:43 (37.8%)	8:36	7 (62.5%)
54	PARZNIEWSKI Maciej	1180	TOWARZYSTWO TURYSTYCZNE AKS POLONIA WARSZAWA	M 36-45	15		01:10:48	01:48:11	01:54:10	02:59:13.25	02:59:13.25	+01:07:52 (37.9%)	8:36	7 (62.5%)
55	POPŁAWSKI Piotr	1005	PĘDZĄCE ŚLIMAKI ŁOSICE	M 36-45	16		01:13:32	01:50:14	01:55:25	03:01:48.25	03:01:48.25	+01:10:27 (38.8%)	8:44	6.9 (61.6%)
56	WIŚNIEWSKA Magda	1227		K 18-35	3	Mamy To	01:11:44	01:46:44	01:50:55	03:01:51.05	03:01:51.05	+01:10:30 (38.8%)	8:44	6.9 (61.6%)
57	MALEC Daniel	1168		M 36-45	17		01:11:00	01:46:28	01:50:56	03:02:09.65	03:02:09.65	+01:10:48 (38.9%)	8:45	6.9 (61.6%)
58	KWIATEK Filip	1158		M 18-35	25			01:37:11	01:42:25	03:02:37.70	03:02:37.70	+01:11:16 (39.0%)	8:46	6.8 (60.7%)
59	KOWALSKA Agnieszka	1240	KOMANDOSI	K 18-35	4			01:37:07	01:42:26	03:03:09.05	03:03:09.05	+01:11:48 (39.2%)	8:48	6.8 (60.7%)
60	JURKOWSKI Jan	1142		M 46-55	8		01:12:00	01:46:34	01:51:03	03:03:24.05	03:03:24.05	+01:12:03 (39.3%)	8:49	6.8 (60.7%)

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								Wieża Gorc 11.3km	Polana pod Gorcem 12km					
61	JAKUBIEC Katarzyna	1137	PAWKO RUNNER TEAM	K 36-45	4		01:13:38	01:50:11	01:55:45	03:03:26.65	03:03:26.65	+01:12:05 (39.3%)	8:49	6.8 (60.7%)
62	KARAŚ Krystian	1145		M 18-35	26		01:10:39	01:44:57	01:50:24	03:04:30.50	03:04:30.50	+01:13:09 (39.7%)	8:52	6.8 (60.7%)
63	MADEJ- ŚWIĄTKOWSKA Karina	1165		K 18-35	5		01:15:32	01:52:51	01:57:19	03:04:49.15	03:04:49.15	+01:13:28 (39.8%)	8:53	6.8 (60.7%)
64	PATEREK Ada	1182		K 46-55	2		01:14:30	01:50:08	01:54:49	03:04:49.35	03:04:49.35	+01:13:28 (39.8%)	8:53	6.8 (60.7%)
65	RAAB Dominik	1193		M 18-35	27		01:12:54	01:49:09	01:53:10	03:06:27.10	03:06:27.10	+01:15:06 (40.3%)	8:57	6.7 (59.8%)
66	GELETA Marek	1127		M 56+	3		01:14:07	01:52:22	01:57:17	03:07:01.30	03:07:01.30	+01:15:40 (40.5%)	8:59	6.7 (59.8%)
67	DUDEK Piotr	1121		M 18-35	28		01:13:21	01:50:39	01:56:26	03:07:21.50	03:07:21.50	+01:16:00 (40.6%)	9:00	6.7 (59.8%)
68	LIGĘZA Wittek	1160	SMASHING PAPKINS	M 46-55	9	Smashing PApkins	01:13:27	01:50:18	01:54:34	03:07:39.25	03:07:39.25	+01:16:18 (40.7%)	9:01	6.7 (59.8%)
69	APOSTOLSKI Przemysław	1101	ZABIERZÓW BIEGA/SOCIOS WISŁA	M 18-35	29		01:10:43	01:47:22	01:53:08	03:09:06.85	03:09:06.85	+01:17:45 (41.1%)	9:05	6.6 (58.9%)
70	JĘDRZEJCZYK Wojciech	1139		M 46-55	10		01:13:42	01:50:50	01:55:22	03:09:55.60	03:09:55.60	+01:18:34 (41.4%)	9:07	6.6 (58.9%)
71	SETLAK Aleksander	1203		M 18-35	30		01:14:51	01:50:43	01:55:14	03:11:19.25	03:11:19.25	+01:19:58 (41.8%)	9:11	6.5 (58.0%)
72	STYRYLSKA Aga	1210	SKAWINA BIEGA	K 36-45	5		01:14:54	01:52:47	01:57:20	03:13:32.05	03:13:32.05	+01:22:11 (42.5%)	9:18	6.4 (57.1%)
73	HEMMERLING Roman	1134		M 18-35	31			01:36:00	01:41:12	03:16:04.45	03:16:04.45	+01:24:43 (43.2%)	9:25	6.4 (57.1%)
74	HROMEK Maciej	1135		M 18-35	32		01:15:22	01:52:08	01:56:15	03:16:14.95	03:16:14.95	+01:24:54 (43.3%)	9:26	6.4 (57.1%)
75	BORYS Przemysław	1109	SZALONE DŹDŻOWNICE	M 36-45	18		01:13:35	01:52:38	01:57:17	03:19:13.70	03:19:13.70	+01:27:52 (44.1%)	9:34	6.3 (56.3%)
76	BAKUN Mariusz	1102	CHEŁM	M 46-55	11		01:16:18	01:57:13	02:01:47	03:21:34.60	03:21:34.60	+01:30:13 (44.8%)	9:41	6.2 (55.4%)
77	SKOWROŃSKA Daria	1205		K 18-35	6		01:18:10	01:59:46	02:04:01	03:22:31.95	03:22:31.95	+01:31:11 (45.0%)	9:44	6.2 (55.4%)
78	SAJDAK Tadeusz	1200		M 18-35	33		01:13:46	01:52:42	01:57:43	03:22:33.65	03:22:33.65	+01:31:12 (45.0%)	9:44	6.2 (55.4%)
79	WENSIERSKI Jacek	1224		M 56+	4		01:14:14	01:53:24	01:58:26	03:24:51.55	03:24:51.55	+01:33:30 (45.6%)	9:50	6.1 (54.5%)
80	PAŁKA Ewa	1242	KB PARANTELA	K 46-55	3		01:23:12	02:03:27	02:08:17	03:25:03.75	03:25:03.75	+01:33:42 (45.7%)	9:51	6.1 (54.5%)
81	GRANTHAM Lisa	1129	PENSBY RUNNERD	K 46-55	4		01:24:05	02:07:09	02:14:15	03:25:29.90	03:25:29.90	+01:34:09 (45.8%)	9:52	6.1 (54.5%)
82	LIGĘZA Joanna	1159	SMASHING PAPKINS I UNLIMITED 2.0	K 46-55	5	Smashing PApkins	01:14:44	01:52:32		03:25:53.70	03:25:53.70	+01:34:32 (45.9%)	9:53	6.1 (54.5%)
83	GRZYWNA Piotr	1132		M 36-45	19		01:15:02	01:53:50	01:59:39	03:26:05.05	03:26:05.05	+01:34:44 (46.0%)	9:54	6.1 (54.5%)

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								Wieża Gorc 11.3km	Pod Gorcem 12km					
84	BAKUN Jolanta	1103	CHEŁM	K 46-55	6		01:21:25	02:08:58	02:14:32	03:27:02.35	03:27:02.35	+01:35:41 (46.2%)	9:57	6 (53.6%)
85	MACHURA Krzysztof	1162		M 46-55	12		01:21:14	02:00:23	02:06:03	03:27:14.40	03:27:14.40	+01:35:53 (46.3%)	9:57	6 (53.6%)
86	WYSOCKA Marta	1229	DRUŻYNA GRUBEGO MISIA	K 36-45	6	Drużyna Grubego Misia		01:44:52	01:50:55	03:29:32.95	03:29:32.95	+01:38:12 (46.9%)	10:04	6 (53.6%)
87	PEZDA Jakub	1184	SZLACHTA BIEGA	M 18-35	34		01:23:30	02:05:48	02:10:49	03:30:01.65	03:30:01.65	+01:38:40 (47.0%)	10:05	5.9 (52.7%)
88	OLESIAK Beata	1245		K 36-45	7		01:23:59	02:09:19	02:14:18	03:32:03.25	03:32:03.25	+01:40:42 (47.5%)	10:11	5.9 (52.7%)
89	PARSONS Alan	1179	WITC	M 36-45	20		01:16:46	01:53:28		03:33:00.20	03:33:00.20	+01:41:39 (47.7%)	10:14	5.9 (52.7%)
90	DOMOWICZ Anna	1117	RUNONLINEPL TEAM	K 36-45	8			01:58:14	02:03:59	03:33:17.25	03:33:17.25	+01:41:56 (47.8%)	10:15	5.9 (52.7%)
91	JURKOWSKI Albert	1140	RACoon TEAM	M 46-55	13		01:14:48	01:50:27	01:55:50	03:33:40.45	03:33:40.45	+01:42:19 (47.9%)	10:16	5.8 (51.8%)
92	JURKOWSKI Dawid	1141	RACoon TEAM	M 18-35	35		01:14:41	01:50:23	01:55:49	03:33:40.75	03:33:40.75	+01:42:19 (47.9%)	10:16	5.8 (51.8%)
93	MAKOS Adam	1167	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ Z INTER	M 46-55	14			01:58:10	02:03:49	03:36:26.40	03:36:26.40	+01:45:05 (48.6%)	10:24	5.8 (51.8%)
94	URBACZKA Łukasz	1220		M 56+	5		01:23:40	02:04:51	02:10:38	03:37:16.30	03:37:16.30	+01:45:55 (48.8%)	10:26	5.7 (50.9%)
95	KOZIK Agnieszka	1153		K 46-55	7		01:28:25	02:09:42	02:15:28	03:37:43.55	03:37:43.55	+01:46:22 (48.9%)	10:28	5.7 (50.9%)
96	KOZIK Bartłomiej	1152		M 46-55	15		01:28:28	02:09:38	02:15:28	03:37:43.80	03:37:43.80	+01:46:22 (48.9%)	10:28	5.7 (50.9%)
97	VELANDER Anton	1222		M 18-35	36			01:58:44	02:04:24	03:40:01.75	03:40:01.75	+01:48:40 (49.4%)	10:34	5.7 (50.9%)
98	MICHALEWSKI Mateusz	1171	DRUŻYNA GRUBEGO MISIA	M 46-55	16	Drużyna Grubego Misia	01:24:32	02:10:39	02:17:24	03:40:05.90	03:40:05.90	+01:48:45 (49.4%)	10:34	5.7 (50.9%)
99	BERGQVIST Charlotta	1106		K 36-45	9			01:58:51	02:04:22	03:40:07.45	03:40:07.45	+01:48:46 (49.4%)	10:34	5.7 (50.9%)
100	VELANDER Albin	1223		M 18-35	37			01:59:08	02:04:26	03:40:08.80	03:40:08.80	+01:48:47 (49.4%)	10:35	5.7 (50.9%)
101	ŁEBEK Łukasz	1161		M 36-45	21		01:20:33	02:00:16	02:06:04	03:42:51.55	03:42:51.55	+01:51:30 (50.0%)	10:42	5.6 (50.0%)
102	TATARCZUCH Mateusz	1217		M 18-35	38		01:28:20	02:07:47	02:13:52	03:45:17.25	03:45:17.25	+01:53:56 (50.6%)	10:49	5.5 (49.1%)
103	FADIEJEW Andrzej	1124		M 36-45	22		01:28:22	02:07:12	02:13:48	03:45:17.95	03:45:17.95	+01:53:57 (50.6%)	10:49	5.5 (49.1%)
104	KOWALCZYK Dominika	1246		K 18-35	7			01:57:11		03:45:47.00	03:45:47.00	+01:54:26 (50.7%)	10:51	5.5 (49.1%)
105	PLESZCZYŃSKI Piotr	1187	MAMY TO	M 46-55	17			01:59:50	02:06:02	03:46:14.65	03:46:14.65	+01:54:53 (50.8%)	10:52	5.5 (49.1%)
106	EISLER Andres	1123		M 36-45	23		01:30:34	02:10:50	02:17:58	03:46:27.10	03:46:27.10	+01:55:06 (50.8%)	10:53	5.5 (49.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Potok 9km	Polana		Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
								Wieża Gorc 11.3km	Pod Gorcem 12km					
107	GREEN Karen	1130		K 46-55	8		01:30:28	02:12:58	02:21:57	03:48:39.10	03:48:39.10	+01:57:18 (51.3%)	10:59	5.5 (49.1%)
108	DELODDER James	1113		M 46-55	18		01:30:31	02:12:54	02:21:51	03:48:39.20	03:48:39.20	+01:57:18 (51.3%)	10:59	5.5 (49.1%)
109	CZAPCZYŃSKA Iwona	1112		K 46-55	9		01:25:00	02:10:46	02:18:27	03:50:27.30	03:50:27.30	+01:59:06 (51.7%)	11:04	5.4 (48.2%)
110	BERGQVIST-BACKMAN Karolina	1108		K 36-45	10			01:58:40	02:04:53	03:53:08.20	03:53:08.20	+02:01:47 (52.2%)	11:12	5.4 (48.2%)
111	BERGQVIST Benjamin	1107		M 18-35	39			01:59:01	02:04:54	03:53:09.00	03:53:09.00	+02:01:48 (52.2%)	11:12	5.4 (48.2%)
112	ŻAK Oliwia	1233		K 36-45	11		01:31:11	02:20:12	02:28:06	03:53:43.55	03:53:43.55	+02:02:22 (52.4%)	11:14	5.3 (47.3%)
113	POMIERNY Dominik	1189	KUCIAPSKI RUNNING CLUB	M 46-55	19		01:28:37	02:14:59	02:24:43	03:54:00.65	03:54:00.65	+02:02:39 (52.4%)	11:15	5.3 (47.3%)
114	MAKARA Dorota	1166	MAMY TO	K 46-55	10	Mamy To	01:30:24	02:22:33	02:27:14	03:55:54.35	03:55:54.35	+02:04:33 (52.8%)	11:20	5.3 (47.3%)
115	PEPLIŃSKA Katarzyna	1183	MAMY TO	K 46-55	11	Mamy To	01:31:02	02:21:10	02:26:13	03:59:43.45	03:59:43.45	+02:08:22 (53.6%)	11:31	5.2 (46.4%)
116	LATAŁA Bożena	1236		K 46-55	12		01:32:09	02:20:02	02:25:56	03:59:57.95	03:59:57.95	+02:08:37 (53.6%)	11:32	5.2 (46.4%)
117	GRYGORUK Marek	1131		M 46-55	20		01:29:53	02:16:39	02:24:56	04:11:47.70	04:11:47.70	+02:20:26 (55.8%)	12:06	5 (44.6%)
118	DOBIJA Ania	1115		K 18-35	8		01:47:51	02:34:02	02:42:50	04:15:30.10	04:15:30.10	+02:24:09 (56.4%)	12:17	4.9 (43.8%)
119	DOBIJA Magdalena	1116		K 36-45	12		01:48:13	02:34:04	02:42:52	04:15:30.20	04:15:30.20	+02:24:09 (56.4%)	12:17	4.9 (43.8%)
120	ORKISZ Sylvie	1176		K 56+	1		01:35:51	02:21:39	02:29:25	04:24:36.50	04:24:36.50	+02:33:15 (57.9%)	12:43	4.7 (42.0%)
121	GÓRSKI Patryk	1128		M 46-55	21		01:42:59	02:33:58	02:46:19	04:28:04.90	04:28:04.90	+02:36:44 (58.5%)	12:53	4.7 (42.0%)
122	KORSAK Agata	1150		K 36-45	13		01:45:50	02:46:34	02:55:50	04:37:24.55	04:37:24.55	+02:46:03 (59.9%)	13:20	4.5 (40.2%)
123	URBAN Joanna	1221	CHOSZCZEŃSKA 10	K 46-55	13		01:46:06	02:46:59	02:55:57	04:37:24.90	04:37:24.90	+02:46:04 (59.9%)	13:20	4.5 (40.2%)
124	SURDAKCI Piotr	1211		M 46-55	22		01:45:57	02:46:27	02:55:45	04:37:25.00	04:37:25.00	+02:46:04 (59.9%)	13:20	4.5 (40.2%)
125	SZELAĞIEWICZ Małgorzata	1215	CI OD RUDEGO KOTA	K 46-55	14		01:44:57	02:38:09	02:49:53	04:41:54.75	04:41:54.75	+02:50:33 (60.5%)	13:33	4.4 (39.3%)
Przekroczony limit czasu: 05:00:00														
126	WINDER Agnieszka	1226	KENKO	K 36-45	14		02:05:58	03:14:10	03:21:08	05:32:12.15	05:32:12.15	+03:40:51 (66.5%)	15:58	3.8 (33.9%)
127	MRÓZ Joanna	1173	KASZTANKI	K 36-45	15		02:05:54	03:14:19	03:21:17	05:32:14.85	05:32:14.85	+03:40:53 (66.5%)	15:58	3.8 (33.9%)
128	SZCZĘSNY Justyna	1213	PIASECZNO RUNNING	K 36-45	16		02:06:06	03:16:41	03:21:22	05:32:29.50	05:32:29.50	+03:41:08 (66.5%)	15:59	3.8 (33.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Potok 9km	Wieża Gorc 11.3km	Polana pod Gorcem 12km	Czas netto 20.8km	Czas brutto 20.8km	Różn	Tempo min/km	Tempo km/h
129	KOPIEC Marcin	1149	GUT TEAM/PIASECZNO RUNNING	M 46-55	23		02:06:31	03:16:44	03:21:26	05:32:36.40	05:32:36.40	+03:41:15 (66.5%)	15:59	3.8 (33.9%)
130	DZIEDZIC Grzegorz	1122	STAJNIAK TEAM	M 36-45	24							+00:00:03	66:40	0.9 (8.0%)

Znaleziono 130 wynik(ów)