



Klasyfikacja: Open M

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Gorce Ultra-Trail 2021
Fundacja Run Vegan - GUT
2021-08-01
Ochoznica Dolna
20 km

OCHOTNICA CHALLENGE 20 KM

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------------|--|-----------|------|--------------|---------------|---------------------------------|-----------------------|------------------------|----------------------|-----------------|-----------------|
| 1 | SIOŁA Karol | 1183 | TEAM DYNAFIT | M 35 | 1 | 00:51:19 | 01:09:50 | 01:11:43 | 01:51:41.15 | 01:51:43.70 | | 5:35 | 10.7 (100%) |
| 2 | ZARZYCKI Maciej | 1229 | DOGOŃ GRODZISK MAZOWIECKI | M 35 | 2 | 00:51:37 | 01:10:05 | 01:12:39 | 01:54:01.25 | 01:54:04.85 | +00:02:21 (2.1%) | 5:42 | 10.5 (98.1%) |
| 3 | BALIGA Cezary | 1001 | | M 35 | 3 | 00:51:31 | 01:10:20 | 01:13:06 | 01:54:38.30 | 01:54:41.45 | +00:02:57 (2.6%) | 5:43 | 10.5 (98.1%) |
| 4 | KOSTELA Piotr | 1085 | | M 35 | 4 | 00:56:23 | 01:15:35 | 01:18:23 | 02:01:40.35 | 02:01:43.00 | +00:09:59 (8.2%) | 6:05 | 9.9 (92.5%) |
| 5 | JARZĄBEK Robert | 1065 | TEAM MOUNTAIN FUEL POLSKA | M 35 | 5 | 00:57:24 | 01:16:34 | 01:19:18 | 02:03:00.10 | 02:03:03.65 | +00:11:19 (9.2%) | 6:09 | 9.8 (91.6%) |
| 6 | GRZYWNOWICZ Piotr | 1054 | | M 35 | 6 | 00:57:57 | 01:17:17 | 01:20:18 | 02:05:27.05 | 02:05:34.95 | +00:13:51 (11.0%) | 6:16 | 9.6 (89.7%) |
| 7 | STACHERSKI Łukasz | 1191 | RUNNERS TEAM PRZEDBÓRZ | M 35 | 7 | 00:57:06 | 01:16:51 | 01:19:56 | 02:06:35.40 | 02:06:38.55 | +00:14:54 (11.8%) | 6:19 | 9.5 (88.8%) |
| 8 | MIKA Andrzej | 1128 | | M 36-44 | 1 | 00:59:28 | 01:20:07 | 01:23:05 | 02:08:23.75 | 02:08:26.20 | +00:16:42 (13.0%) | 6:25 | 9.3 (86.9%) |
| 9 | HEBDA Adrian | 1056 | | M 35 | 8 | 00:57:15 | 01:16:57 | 01:19:37 | 02:08:47.95 | 02:08:51.40 | +00:17:07 (13.3%) | 6:26 | 9.3 (86.9%) |
| 10 | DADOK Janusz | 1030 | | M 36-44 | 2 | | 01:15:19 | 01:18:30 | 02:10:50.05 | 02:10:58.80 | +00:19:15 (14.7%) | 6:32 | 9.2 (86.0%) |
| 11 | UMANA Diego | 653 | CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA | M 36-44 | 3 | 00:59:44 | 01:20:39 | 01:23:45 | 02:11:33.90 | 02:11:37.70 | +00:19:54 (15.1%) | 6:34 | 9.1 (85.0%) |
| 12 | MATUSZ Krystian | 1124 | | M 35 | 9 | | 01:15:03 | 01:18:20 | 02:15:42.70 | 02:16:01.75 | +00:24:18 (17.9%) | 6:47 | 8.8 (82.2%) |
| 13 | TOTA Radosław | 1238 | | M 36-44 | 4 | 00:57:59 | 01:19:53 | 01:23:05 | 02:16:02.45 | 02:16:10.20 | +00:24:26 (17.9%) | 6:48 | 8.8 (82.2%) |
| 14 | SAINTEMARIE Arnaud | 1178 | #MARCINSWIERCTEAM | M 36-44 | 5 | 01:04:45 | 01:26:01 | 01:28:51 | 02:17:52.30 | 02:17:56.60 | +00:26:12 (19.0%) | 6:53 | 8.7 (81.3%) |
| 15 | SZELEŻYŃSKI Kamil | 1201 | | M 35 | 10 | 01:02:59 | 01:24:40 | 01:27:52 | 02:18:04.00 | 02:18:06.95 | +00:26:23 (19.1%) | 6:54 | 8.7 (81.3%) |
| 16 | FLORYS Jakub | 1041 | MORSKI KOŃ | M 36-44 | 6 | 01:03:14 | 01:26:06 | 01:29:04 | 02:18:39.35 | 02:18:45.35 | +00:27:01 (19.5%) | 6:55 | 8.7 (81.3%) |
| 17 | ZIĘBA Tomek | 1231 | JACEKBIEGA RUNNING TEAM | M 45-59 | 1 | 01:05:21 | 01:28:36 | 01:31:52 | 02:20:53.10 | 02:20:57.80 | +00:29:14 (20.7%) | 7:02 | 8.5 (79.4%) |
| 18 | GÓRA Krzysztof | 1049 | MAMY TO | M 45-59 | 2 | 01:03:12 | 01:25:56 | 01:28:56 | 02:21:15.00 | 02:21:19.10 | +00:29:35 (20.9%) | 7:03 | 8.5 (79.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|----------------------------|-----------|------|-----------|------------|------------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | | | | |
| 19 | MRÓZ Rafał | 1135 | | M 45-59 | 3 | | 01:15:36 | 01:20:41 | 02:21:21.65 | 02:21:29.00 | +00:29:45 (21.0%) | 7:04 | 8.5 (79.4%) |
| 20 | GOŁDYN Piotr | 1047 | | M 36-44 | 7 | 01:03:10 | 01:25:40 | 01:28:41 | 02:21:32.60 | 02:21:34.70 | +00:29:51 (21.1%) | 7:04 | 8.5 (79.4%) |
| 21 | JANUS Adam | 1064 | | M 35 | 11 | | 01:20:21 | 01:24:03 | 02:21:17.55 | 02:21:35.10 | +00:29:51 (21.1%) | 7:03 | 8.5 (79.4%) |
| 22 | NIEDZIELA Sławomir | 1139 | | M 45-59 | 4 | 01:05:45 | 01:28:15 | 01:31:41 | 02:22:19.80 | 02:22:25.75 | +00:30:42 (21.6%) | 7:06 | 8.4 (78.5%) |
| 23 | ZON Arkadiusz | 654 | | M 35 | 12 | 01:04:02 | 01:27:23 | 01:30:41 | 02:22:57.70 | 02:23:02.90 | +00:31:19 (21.9%) | 7:08 | 8.4 (78.5%) |
| 24 | RYBACKI Mateusz | 1173 | | M 35 | 13 | 01:04:22 | 01:27:33 | 01:31:19 | 02:23:04.35 | 02:23:07.60 | +00:31:23 (21.9%) | 7:09 | 8.4 (78.5%) |
| 25 | WÓJCIAK Piotr | 1225 | | M 35 | 14 | 01:02:57 | 01:25:46 | 01:28:41 | 02:23:44.60 | 02:23:46.55 | +00:32:02 (22.3%) | 7:11 | 8.3 (77.6%) |
| 26 | URBANEK Patryk | 1240 | | M 35 | 15 | 01:05:02 | 01:29:10 | 01:32:34 | 02:24:17.05 | 02:24:22.75 | +00:32:39 (22.6%) | 7:12 | 8.3 (77.6%) |
| 27 | ROGAŁA Grzegorz | 1171 | | M 45-59 | 5 | 01:03:39 | 01:27:21 | 01:30:29 | 02:24:41.85 | 02:24:45.00 | +00:33:01 (22.8%) | 7:14 | 8.3 (77.6%) |
| 28 | JASIURKOWSKI Daniel | 1066 | IGEKA | M 45-59 | 6 | 01:06:01 | 01:30:36 | 01:33:55 | 02:24:39.30 | 02:24:46.15 | +00:33:02 (22.8%) | 7:13 | 8.3 (77.6%) |
| 29 | LENARCZYK Jakub | 1109 | | M 36-44 | 8 | 01:04:11 | 01:27:24 | 01:31:19 | 02:25:28.55 | 02:25:36.70 | +00:33:53 (23.3%) | 7:16 | 8.2 (76.6%) |
| 30 | GAWRON Łukasz | 1045 | JEDYNY TAKI | M 36-44 | 9 | 01:05:26 | 01:28:48 | 01:32:19 | 02:25:47.35 | 02:25:53.30 | +00:34:09 (23.4%) | 7:17 | 8.2 (76.6%) |
| 31 | PLEWA Rafał | 1158 | | M 36-44 | 10 | 01:05:36 | 01:28:42 | 01:32:09 | 02:26:12.60 | 02:26:19.00 | +00:34:35 (23.6%) | 7:18 | 8.2 (76.6%) |
| 32 | LATOS Marcin | 1107 | EUROCLEAR RUNNING TEAM | M 35 | 16 | 01:06:43 | 01:30:41 | 01:34:01 | 02:28:08.80 | 02:28:12.80 | +00:36:29 (24.6%) | 7:24 | 8.1 (75.7%) |
| 33 | OLSZEWSKI Tomek | 1143 | | M 36-44 | 11 | 01:06:38 | 01:30:34 | 01:34:06 | 02:28:12.05 | 02:28:17.45 | +00:36:33 (24.7%) | 7:24 | 8.1 (75.7%) |
| 34 | HASSAK Maciej | 1055 | GKC GORLICE | M 36-44 | 12 | 01:07:01 | 01:30:24 | 01:33:48 | 02:28:28.55 | 02:28:34.80 | +00:36:51 (24.8%) | 7:25 | 8.1 (75.7%) |
| 35 | FELUCH Krzysztof | 1039 | | M 45-59 | 7 | | 01:34:25 | 01:38:40 | 02:32:19.40 | 02:32:24.10 | +00:40:40 (26.7%) | 7:36 | 7.9 (73.8%) |
| 36 | ZAWADA Michał | 1230 | SPRYTNE WIEWIÓRKI | M 45-59 | 8 | 01:10:15 | 01:35:03 | 01:38:46 | 02:32:48.75 | 02:32:53.90 | +00:41:10 (26.9%) | 7:38 | 7.9 (73.8%) |
| 37 | ZALEWSKI Konrad | 1228 | | M 35 | 17 | 01:07:44 | 01:31:42 | 01:35:30 | 02:33:01.35 | 02:33:07.90 | +00:41:24 (27.0%) | 7:39 | 7.8 (72.9%) |
| 38 | WUDARCZYK Tomasz | 1226 | MAZOVIA PROACTIV CIECHANÓW | M 60+ | 1 | | 01:21:18 | 01:25:25 | 02:33:07.20 | 02:33:12.20 | +00:41:28 (27.1%) | 7:39 | 7.8 (72.9%) |
| 39 | MALINA Michał | 1118 | HUTNIK RUN | M 36-44 | 13 | 01:09:54 | 01:34:16 | 01:37:53 | 02:33:58.40 | 02:34:04.20 | +00:42:20 (27.5%) | 7:41 | 7.8 (72.9%) |
| 40 | JURKOWSKI Jan | 1072 | | M 45-59 | 9 | 01:09:39 | 01:33:49 | 01:37:52 | 02:37:23.05 | 02:37:33.00 | +00:45:49 (29.1%) | 7:52 | 7.6 (71.0%) |
| 41 | KOLASA Przemysław | 1080 | | M 35 | 18 | 01:10:08 | 01:34:48 | 01:38:38 | 02:37:54.60 | 02:38:09.60 | +00:46:25 (29.4%) | 7:53 | 7.6 (71.0%) |
| 42 | JACHYMEK Bartłomiej | 1062 | JACEKBIEGA RUNNING TEAM | M 45-59 | 10 | 01:11:30 | 01:37:10 | 01:40:37 | 02:38:43.85 | 02:38:50.75 | +00:47:07 (29.7%) | 7:56 | 7.6 (71.0%) |
| 43 | MOTYKA Michał | 1134 | | M 36-44 | 14 | 01:05:25 | 01:30:55 | 01:34:20 | 02:38:58.65 | 02:39:12.80 | +00:47:29 (29.8%) | 7:56 | 7.5 (70.1%) |
| 44 | WARDA Paweł | 1215 | MED-SPORT | M 36-44 | 15 | 01:11:29 | 01:37:10 | 01:41:04 | 02:39:36.45 | 02:39:48.20 | +00:48:04 (30.1%) | 7:58 | 7.5 (70.1%) |
| 45 | LIGAS Andrzej | 1111 | SPRINTER | M 36-44 | 16 | 01:12:16 | 01:38:38 | 01:42:40 | 02:40:07.25 | 02:40:13.25 | +00:48:29 (30.3%) | 8:00 | 7.5 (70.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|---|-----------|------|--------------|---------------|---------------------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| | | | | | | | | | | | | | |
| 46 | FARON Bartłomiej | 1038 | OCHOTNICA TEAM | M 35 | 19 | 01:11:17 | 01:38:07 | 01:41:36 | 02:40:35.35 | 02:40:43.85 | +00:49:00 (30.5%) | 8:01 | 7.5 (70.1%) |
| 47 | LUCJUSZ Krzysztof | 1112 | | M 35 | 20 | 01:13:42 | 01:39:51 | 01:43:23 | 02:41:53.10 | 02:42:03.30 | +00:50:19 (31.1%) | 8:05 | 7.4 (69.2%) |
| 48 | GÓRA Kamil | 1242 | | M 35 | 21 | 01:10:14 | 01:34:54 | 01:38:40 | 02:42:04.60 | 02:42:17.55 | +00:50:33 (31.2%) | 8:06 | 7.4 (69.2%) |
| 49 | ŁOMZIK Marcin | 1114 | | M 36-44 | 17 | 01:09:57 | 01:34:41 | 01:38:40 | 02:43:01.90 | 02:43:12.10 | +00:51:28 (31.5%) | 8:09 | 7.4 (69.2%) |
| 50 | BINKOWSKI Marcin | 1009 | | M 45-59 | 11 | 01:14:59 | 01:42:33 | 01:46:29 | 02:43:45.50 | 02:43:50.60 | +00:52:06 (31.8%) | 8:11 | 7.3 (68.2%) |
| 51 | MIKUŚKIEWICZ Piotr | 1130 | 10 ŚWIĘTOKRZYSKA BRYGADA OBRONY TERYTORIALNEJ | M 36-44 | 18 | 01:16:30 | 01:43:41 | 01:48:33 | 02:44:02.20 | 02:44:20.40 | +00:52:36 (32.0%) | 8:12 | 7.3 (68.2%) |
| 52 | KOWALCZYK Artur | 1087 | BH TEAM | M 35 | 22 | 01:11:20 | 01:38:26 | 01:42:52 | 02:44:24.90 | 02:44:37.40 | +00:52:53 (32.1%) | 8:13 | 7.3 (68.2%) |
| 53 | JESKA Tomasz | 1068 | DIRTY SPARROWS | M 36-44 | 19 | 01:13:39 | 01:39:22 | 01:47:48 | 02:46:57.35 | 02:47:15.55 | +00:55:31 (33.2%) | 8:20 | 7.2 (67.3%) |
| 54 | DZIEDZIC Grzegorz | 1037 | | M 36-44 | 20 | 01:14:59 | 01:42:39 | 01:46:45 | 02:47:12.30 | 02:47:31.80 | +00:55:48 (33.3%) | 8:21 | 7.2 (67.3%) |
| 55 | BIELAS Krzysztof | 1008 | | M 36-44 | 21 | 01:10:33 | 01:37:54 | 01:42:28 | 02:47:39.60 | 02:47:46.65 | +00:56:02 (33.4%) | 8:22 | 7.2 (67.3%) |
| 56 | NOWAK Dominik | 1140 | | M 36-44 | 22 | 01:14:58 | 01:42:53 | 01:47:00 | 02:47:44.75 | 02:47:56.65 | +00:56:12 (33.5%) | 8:23 | 7.2 (67.3%) |
| 57 | BODZIOCH Grzegorz | 1011 | GORLICKA GRUPA BIEGOWA | M 45-59 | 12 | 01:14:15 | 01:41:10 | 01:46:11 | 02:49:17.70 | 02:49:35.40 | +00:57:51 (34.1%) | 8:27 | 7.1 (66.4%) |
| 58 | BANACH Mariusz | 1003 | | M 35 | 23 | 01:14:00 | 01:40:58 | 01:46:06 | 02:49:48.75 | 02:50:12.45 | +00:58:28 (34.4%) | 8:29 | 7.1 (66.4%) |
| 59 | KOLONKO Łukasz | 1081 | | M 45-59 | 13 | 01:14:37 | 01:42:08 | 01:47:20 | 02:50:03.15 | 02:50:24.75 | +00:58:41 (34.4%) | 8:30 | 7.1 (66.4%) |
| 60 | KOŁAKOWSKI Igor | 1082 | | M 35 | 24 | 01:10:59 | 01:36:15 | 01:40:38 | 02:51:43.05 | 02:52:05.50 | +01:00:21 (35.1%) | 8:35 | 7 (65.4%) |
| 61 | BIEL Tomasz | 1007 | | M 36-44 | 23 | 01:19:06 | 01:45:40 | 01:50:06 | 02:53:24.40 | 02:53:47.05 | +01:02:03 (35.7%) | 8:40 | 6.9 (64.5%) |
| 62 | CHOJNACKI Mikołaj | 1237 | WARSAW RUN CLUB | M 36-44 | 24 | 01:17:00 | 01:44:42 | 01:50:04 | 02:54:39.15 | 02:55:10.75 | +01:03:27 (36.2%) | 8:43 | 6.9 (64.5%) |
| 63 | KOPIEC Arkadiusz | 1084 | | M 45-59 | 14 | 01:14:49 | 01:42:21 | 01:47:30 | 02:55:12.70 | 02:55:25.20 | +01:03:41 (36.3%) | 8:45 | 6.8 (63.6%) |
| 64 | HANLEY Chris | 1245 | | M 45-59 | 15 | 01:15:15 | 01:42:43 | 01:47:28 | 02:56:58.55 | 02:57:27.85 | +01:05:44 (37.0%) | 8:50 | 6.8 (63.6%) |
| 65 | BŁACH Bartosz | 1010 | | M 35 | 25 | 01:16:21 | 01:44:29 | 01:49:03 | 02:57:35.40 | 02:57:41.75 | +01:05:58 (37.1%) | 8:52 | 6.8 (63.6%) |
| 66 | PŁOK Krzysztof | 1159 | TEAM PŁOK | M 45-59 | 16 | 01:18:23 | 01:47:01 | 01:51:08 | 02:57:50.20 | 02:57:59.00 | +01:06:15 (37.2%) | 8:53 | 6.7 (62.6%) |
| 67 | GONTAR Rafał | 135 | | M 45-59 | 17 | 01:18:01 | 01:46:41 | 01:51:27 | 02:58:49.05 | 02:59:09.15 | +01:07:25 (37.6%) | 8:56 | 6.7 (62.6%) |
| 68 | METRYCKI Dariusz | 1127 | | M 36-44 | 25 | 01:22:14 | 01:50:13 | 01:54:36 | 02:59:30.70 | 02:59:55.60 | +01:08:11 (37.9%) | 8:58 | 6.7 (62.6%) |
| 69 | PRZESMYCKI Krzysztof | 1164 | | M 36-44 | 26 | 01:18:17 | 01:46:35 | 01:50:31 | 03:00:22.35 | 03:00:40.25 | +01:08:56 (38.2%) | 9:01 | 6.7 (62.6%) |
| 70 | ŁUCKA Artur | 1115 | | M 35 | 26 | 01:22:01 | 01:49:48 | 01:54:47 | 03:00:25.80 | 03:00:48.30 | +01:09:04 (38.2%) | 9:01 | 6.7 (62.6%) |
| 71 | RUSNARCZYK Wojciech | 1241 | KS GORC | M 36-44 | 27 | 01:19:12 | 01:47:10 | 01:51:13 | 03:03:27.85 | 03:03:32.05 | +01:11:48 (39.1%) | 9:10 | 6.5 (60.7%) |
| 72 | SZCZEPANEK Kamil | 1200 | | M 35 | 27 | 01:19:33 | 01:47:55 | 01:54:02 | 03:03:52.40 | 03:04:05.80 | +01:12:22 (39.3%) | 9:11 | 6.5 (60.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|-------------|---------------------------|-----------|------|-----------|------------|------------------------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | | | | |
| 73 | BOKSA Bartłomiej | 1012 | KKM KALORYFER | M 36-44 | 28 | 01:22:09 | 01:52:13 | 01:56:25 | 03:03:50.70 | 03:04:12.00 | +01:12:28 (39.3%) | 9:11 | 6.5 (60.7%) |
| 74 | MACKOWIAK Mateusz | 1116 | PROBALANS | M 35 | 28 | 01:20:23 | 01:49:58 | 01:55:34 | 03:04:45.10 | 03:04:55.10 | +01:13:11 (39.6%) | 9:14 | 6.5 (60.7%) |
| 75 | UCHEREK Kazimierz | 1211 | | M 45-59 | 18 | 01:21:04 | 01:50:32 | 01:56:11 | 03:05:00.75 | 03:05:10.25 | +01:13:26 (39.7%) | 9:15 | 6.5 (60.7%) |
| 76 | WĘDRYCHOWICZ Grzegorz | 1217 | RUN4FUN | M 45-59 | 19 | 01:21:41 | 01:49:55 | 01:57:05 | 03:05:02.25 | 03:05:22.00 | +01:13:38 (39.7%) | 9:15 | 6.5 (60.7%) |
| 77 | OSIAL Mariusz | 1144 | KB IM. PIOTRA SĘKOWSKIEGO | M 36-44 | 29 | 01:18:40 | 01:46:51 | 01:51:20 | 03:05:17.70 | 03:05:46.55 | +01:14:02 (39.9%) | 9:15 | 6.5 (60.7%) |
| 78 | PUDŁO Sebastian | 1166 | | M 36-44 | 30 | 01:19:13 | 01:47:47 | 01:53:40 | 03:05:56.00 | 03:06:07.20 | +01:14:23 (40.0%) | 9:17 | 6.5 (60.7%) |
| 79 | KRZYKWA Artur | 1094 | | M 45-59 | 20 | 01:23:38 | 01:52:13 | 01:56:50 | 03:05:55.50 | 03:06:21.45 | +01:14:37 (40.0%) | 9:17 | 6.5 (60.7%) |
| 80 | KOZYRA Marek | 1089 | BBM KIELCE | M 60+ | 2 | 01:22:06 | 01:50:21 | 01:56:18 | 03:06:10.10 | 03:06:22.00 | +01:14:38 (40.0%) | 9:18 | 6.4 (59.8%) |
| 81 | PASTWA Janusz | 1151 | | M 45-59 | 21 | 01:19:59 | 01:50:09 | 01:56:03 | 03:06:31.65 | 03:06:45.60 | +01:15:01 (40.2%) | 9:19 | 6.4 (59.8%) |
| 82 | HILLER Artur | 1058 | | M 36-44 | 31 | 01:22:19 | 01:51:24 | 01:56:58 | 03:06:58.20 | 03:07:19.25 | +01:15:35 (40.4%) | 9:20 | 6.4 (59.8%) |
| 83 | BALUCH Adam | 1002 | | M 45-59 | 22 | 01:22:04 | 01:50:26 | 01:55:45 | 03:07:25.75 | 03:07:54.95 | +01:16:11 (40.5%) | 9:22 | 6.4 (59.8%) |
| 84 | TEMPIŃSKI Bartosz | 1207 | GGB | M 35 | 29 | 01:20:06 | 01:48:38 | 01:55:57 | 03:09:47.70 | 03:10:09.65 | +01:18:25 (41.2%) | 9:29 | 6.3 (58.9%) |
| 85 | IWANIEC Piotr | 1236 | BIEGANIE SZYDERCÓW | M 36-44 | 32 | 01:23:54 | 01:55:33 | 02:01:31 | 03:10:32.55 | 03:10:40.00 | +01:18:56 (41.4%) | 9:31 | 6.3 (58.9%) |
| 86 | CHMURA Łukasz | 1019 | | M 36-44 | 33 | | 01:36:02 | 01:42:56 | 03:11:02.50 | 03:11:34.25 | +01:19:50 (41.7%) | 9:33 | 6.3 (58.9%) |
| 87 | PACHUT Krzysztof | 1146 | NOCETTA RUNNERS | M 36-44 | 34 | 01:19:25 | 01:50:38 | 01:56:45 | 03:12:04.30 | 03:12:15.20 | +01:20:31 (41.9%) | 9:36 | 6.2 (57.9%) |
| 88 | LEGUTKO Piotr | 1108 | | M 36-44 | 35 | 01:23:12 | 01:53:37 | 01:58:12 | 03:12:44.60 | 03:13:02.15 | +01:21:18 (42.1%) | 9:38 | 6.2 (57.9%) |
| 89 | DZIADURA Damian | 1035 | ARP RUN TEAM | M 36-44 | 36 | 01:25:23 | 01:57:04 | 02:03:19 | 03:14:54.70 | 03:15:06.90 | +01:23:23 (42.7%) | 9:44 | 6.2 (57.9%) |
| 90 | OKRASA Tomasz | 1142 | CAŁA OLEŚNICA BIEGA | M 36-44 | 37 | 01:28:05 | 01:58:38 | 02:02:57 | 03:16:07.20 | 03:16:26.55 | +01:24:42 (43.1%) | 9:48 | 6.1 (57.0%) |
| 91 | KURACH Piotr | 1104 | | M 35 | 30 | 01:20:51 | 01:54:03 | 01:58:58 | 03:16:25.40 | 03:16:32.90 | +01:24:49 (43.2%) | 9:49 | 6.1 (57.0%) |
| 92 | NAPIERAŁSKI Michał | 1138 | | M 45-59 | 23 | 01:23:40 | 01:56:12 | 02:00:46 | 03:17:08.15 | 03:17:23.35 | +01:25:39 (43.4%) | 9:51 | 6.1 (57.0%) |
| 93 | PACIOREK Paweł | 1148 | THE ONE AND LONELY | M 36-44 | 38 | 01:27:09 | 01:58:57 | 02:03:45 | 03:17:16.65 | 03:17:25.20 | +01:25:41 (43.4%) | 9:51 | 6.1 (57.0%) |
| 94 | FORNEK Przemysław | 1042 | | M 36-44 | 39 | 01:23:07 | 01:52:48 | 02:00:09 | 03:17:11.00 | 03:17:25.55 | +01:25:41 (43.4%) | 9:51 | 6.1 (57.0%) |
| 95 | FORDHAM Robert | 1248 | CHEALSE RUNNING | M 35 | 31 | 01:25:12 | 01:57:07 | 02:04:42 | 03:17:29.80 | 03:17:58.35 | +01:26:14 (43.6%) | 9:52 | 6.1 (57.0%) |
| 96 | CIEŚLIK Wojtek | 1025 | SZWADRONY 7.0 | M 35 | 32 | 01:28:31 | 02:00:57 | 02:06:26 | 03:18:01.30 | 03:18:22.05 | +01:26:38 (43.7%) | 9:54 | 6.1 (57.0%) |
| 97 | TWOMEY Mark | 1210 | | M 36-44 | 40 | 01:22:57 | 01:52:10 | 01:58:42 | 03:18:27.20 | 03:18:47.70 | +01:27:04 (43.8%) | 9:55 | 6 (56.1%) |
| 98 | MAZUREK Grzegorz | 1125 | | M 45-59 | 24 | 01:24:45 | 01:56:23 | 02:01:21 | 03:18:51.15 | 03:19:06.25 | +01:27:22 (43.9%) | 9:56 | 6 (56.1%) |
| 99 | KRAWIEC Marcin | 1091 | | M 36-44 | 41 | 01:26:03 | 01:57:11 | 02:01:58 | 03:19:19.70 | 03:19:33.45 | +01:27:49 (44.0%) | 9:57 | 6 (56.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------------|--|-----------|------|--------------|---------------|---------------------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| | | | | | | | | | | | | | |
| 100 | NAJDEREK Robert | 132 | | M 36-44 | 42 | 01:30:34 | 02:02:34 | 02:07:43 | 03:19:28.55 | 03:19:54.55 | +01:28:10 (44.1%) | 9:58 | 6 (56.1%) |
| 101 | HELIŃSKI Jacek | 1057 | DZIKIE ŻYCIE RUN TEAM | M 45-59 | 25 | 01:22:57 | 01:55:08 | 02:01:42 | 03:20:14.45 | 03:20:30.90 | +01:28:47 (44.3%) | 10:00 | 6 (56.1%) |
| 102 | RICHARDSON Michael | 1170 | | M 36-44 | 43 | 01:26:42 | 01:57:53 | 02:03:39 | 03:20:27.45 | 03:20:47.55 | +01:29:03 (44.4%) | 10:01 | 6 (56.1%) |
| 103 | CZERWIŃSKI Jarosław | 1028 | | M 60+ | 3 | 01:32:00 | 02:04:39 | 02:09:45 | 03:20:28.80 | 03:21:02.15 | +01:29:18 (44.4%) | 10:01 | 6 (56.1%) |
| 104 | KĘDZIOR Grzegorz | 1074 | | M 35 | 33 | 01:31:25 | 02:03:31 | 02:08:18 | 03:21:13.10 | 03:21:32.80 | +01:29:49 (44.6%) | 10:03 | 6 (56.1%) |
| 105 | HOROWSKI Tomasz | 1060 | RUNHOGS TYCHY | M 45-59 | 26 | 01:28:53 | 02:01:41 | 02:08:17 | 03:21:10.45 | 03:21:40.75 | +01:29:57 (44.6%) | 10:03 | 6 (56.1%) |
| 106 | PODSIEDZIK Marcin | 1161 | | M 36-44 | 44 | | 01:54:57 | 02:01:16 | 03:23:01.45 | 03:23:18.10 | +01:31:34 (45.0%) | 10:09 | 5.9 (55.1%) |
| 107 | PAPROCKI Bartek | 1150 | | M 36-44 | 45 | 01:29:54 | 02:03:10 | 02:08:57 | 03:24:55.55 | 03:25:06.75 | +01:33:23 (45.5%) | 10:14 | 5.9 (55.1%) |
| 108 | TADROWSKI Tomasz | 1206 | | M 45-59 | 27 | 01:26:57 | 02:01:19 | 02:06:14 | 03:25:30.80 | 03:25:58.60 | +01:34:14 (45.8%) | 10:16 | 5.8 (54.2%) |
| 109 | WANGLER Tomasz | 1214 | MAMY TO | M 45-59 | 28 | 01:26:32 | 01:59:13 | 02:07:52 | 03:33:21.15 | 03:33:40.55 | +01:41:56 (47.7%) | 10:40 | 5.6 (52.3%) |
| 110 | GRABARCZYK Seba | 1051 | BIEGACZ NOWOSOLNA | M 36-44 | 46 | 01:28:11 | 02:02:53 | 02:10:27 | 03:34:37.35 | 03:35:02.85 | +01:43:19 (48.0%) | 10:43 | 5.6 (52.3%) |
| 111 | SADYŚ Maciej | 1177 | | M 45-59 | 29 | 01:31:49 | 02:05:31 | 02:10:48 | 03:35:02.05 | 03:35:22.25 | +01:43:38 (48.1%) | 10:45 | 5.6 (52.3%) |
| 112 | SABALA Adrian | 1176 | | M 35 | 34 | 01:29:58 | 02:05:09 | 02:12:05 | 03:34:03.30 | 03:35:24.20 | +01:43:40 (48.1%) | 10:42 | 5.6 (52.3%) |
| 113 | FAJER Marek | 449 | ZWIK MYSZKÓW, MYSZKÓW BIEGA, BBB | M 60+ | 4 | 01:28:35 | 02:03:06 | 02:10:03 | 03:35:38.70 | 03:35:48.60 | +01:44:04 (48.2%) | 10:46 | 5.6 (52.3%) |
| 114 | BRZOZA Norbert | 1016 | AMBRA ZWINNI | M 36-44 | 47 | 01:32:58 | 02:12:05 | 02:17:05 | 03:38:40.95 | 03:38:57.70 | +01:47:14 (49.0%) | 10:56 | 5.5 (51.4%) |
| 115 | OSTROWSKI Artur | 1145 | | M 45-59 | 30 | 01:36:56 | 02:15:59 | 02:22:58 | 03:44:43.40 | 03:45:07.80 | +01:53:24 (50.4%) | 11:14 | 5.3 (49.5%) |
| 116 | GRYGORUK Marek | 1052 | VEGE RUNNERS | M 45-59 | 31 | 01:44:12 | 02:20:21 | 02:33:32 | 03:44:37.35 | 03:45:12.30 | +01:53:28 (50.4%) | 11:13 | 5.3 (49.5%) |
| 117 | DROZD Krystian | 1034 | PATAGOŃSKIE CHARTY | M 45-59 | 32 | 01:36:55 | 02:16:03 | 02:22:52 | 03:44:52.05 | 03:45:15.40 | +01:53:31 (50.4%) | 11:14 | 5.3 (49.5%) |
| 118 | IWAN Czesław | 1061 | WIKAM KIELCE | M 60+ | 5 | 01:32:10 | 02:06:38 | 02:14:05 | 03:45:07.45 | 03:45:21.10 | +01:53:37 (50.4%) | 11:15 | 5.3 (49.5%) |
| 119 | KULCZYCKI Łukasz | 1103 | ATLAS RUNNING TEAM | M 36-44 | 48 | 01:38:14 | 02:16:49 | 02:23:24 | 03:53:01.35 | 03:53:18.30 | +02:01:34 (52.1%) | 11:39 | 5.1 (47.7%) |
| 120 | CHORBIŃSKI Krystian | 1022 | | M 36-44 | 49 | 01:38:32 | 02:16:17 | 02:23:07 | 03:54:03.60 | 03:54:17.60 | +02:02:33 (52.3%) | 11:42 | 5.1 (47.7%) |
| 121 | KROMER Ludwik | 1092 | | M 60+ | 6 | 01:44:54 | 02:20:58 | 02:31:34 | 03:57:13.60 | 03:57:45.65 | +02:06:01 (53.0%) | 11:51 | 5.1 (47.7%) |
| 122 | PEJSKI Cezary | 1154 | | M 60+ | 7 | 01:42:20 | 02:19:06 | 02:26:37 | 04:01:18.15 | 04:01:40.30 | +02:09:56 (53.8%) | 12:03 | 5 (46.7%) |
| 123 | KAIM Antoni | 1073 | | M 60+ | 8 | 01:43:12 | 02:21:47 | 02:30:42 | 04:02:13.60 | 04:02:46.55 | +02:11:02 (54.0%) | 12:06 | 5 (46.7%) |
| 124 | JĘZYK Bartłomiej | 1069 | JAZOR SPORT BARTŁOMIEJ JĘZYK, RYNEK PODGÓRSKI 7/20, 30-518 KRAKÓW, NIP: 6772187013 | M 36-44 | 50 | 01:34:42 | 02:20:14 | 02:26:53 | 04:03:05.80 | 04:03:28.85 | +02:11:45 (54.1%) | 12:09 | 4.9 (45.8%) |
| 125 | CHORZĘPA Wojciech | 1023 | | M 36-44 | 51 | 01:43:33 | 02:21:02 | 02:28:44 | 04:04:01.90 | 04:04:19.50 | +02:12:35 (54.3%) | 12:12 | 4.9 (45.8%) |
| 126 | TRELA Roman | 1208 | TRUCKS BULLS | M 36-44 | 52 | 01:41:49 | 02:19:52 | 02:25:59 | 04:09:01.80 | 04:09:17.95 | +02:17:34 (55.2%) | 12:27 | 4.8 (44.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Potok 9km | Wieża 10km | Polana pod Gorcem 11km | Czas netto 20km | Czas brutto 20km | Różn | Tempo min/km | Tempo km/h |
|---|---------------------------|-------------|------------------------|-----------|------|--------------|----------------|---------------------------------|--------------------------|------------------------|----------------------|-----------------|------------------|
| 127 | MAZUR Mariusz | 1244 | ROZBIEGAJMY RADOMSKO | M 45-59 | 33 | 01:38:43 | 02:18:40 | 02:27:56 | 04:12:09.75 | 04:12:35.30 | +02:20:51 (55.8%) | 12:36 | 4.8 (44.9%) |
| 128 | KRZYWIK Daniel | 1095 | POCHODZONE NW RADOMSKO | M 45-59 | 34 | 01:38:21 | 02:19:25 | 02:28:14 | 04:14:08.35 | 04:14:43.65 | +02:22:59 (56.1%) | 12:42 | 4.7 (43.9%) |
| 129 | JĘZYK Marek | 1070 | | M 35 | 35 | 01:47:03 | 02:19:19 | 02:26:47 | 04:18:06.60 | 04:18:29.40 | +02:26:45 (56.8%) | 12:54 | 4.6 (43.0%) |
| 130 | SALIŃSKI Bartosz | 1179 | | M 36-44 | 53 | 01:55:08 | 02:36:53 | 02:43:41 | 04:20:13.50 | 04:20:43.30 | +02:28:59 (57.1%) | 13:00 | 4.6 (43.0%) |
| 131 | MALISZEWSKI Adrian | 1119 | MAMY TO | M 36-44 | 54 | 01:45:38 | 02:24:06 | 02:32:05 | 04:20:25.50 | 04:20:44.55 | +02:29:00 (57.1%) | 13:01 | 4.6 (43.0%) |
| 132 | KUBICKI Mariusz | 1100 | KOZŁOWICKI CROSS | M 45-59 | 35 | 02:00:30 | 02:39:27 | 02:46:41 | 04:27:26.00 | 04:27:39.55 | +02:35:55 (58.3%) | 13:22 | 4.5 (42.1%) |
| 133 | FABIŃSKI Marcin | 1243 | JRC | M 36-44 | 55 | 01:36:56 | 02:10:09 | 02:17:56 | 04:28:54.70 | 04:29:25.70 | +02:37:42 (58.5%) | 13:26 | 4.5 (42.1%) |
| 134 | LUC Adam | 1113 | BIEGUSIEM.PL | M 36-44 | 56 | 02:00:39 | 02:42:01 | | 04:32:58.90 | 04:32:58.90 | +02:41:15 (59.1%) | 13:38 | 4.4 (41.1%) |
| 135 | STRZELCZYK Mariusz | 1239 | PROJEKT 1000UP | M 35 | 36 | 02:05:50 | 02:46:42 | 02:55:20 | 04:50:46.65 | 04:51:14.75 | +02:59:31 (61.6%) | 14:32 | 4.1 (38.3%) |
| Przekroczony limit czasu: 05:00:00 | | | | | | | | | | | | | |
| 136 | MINDA Michał | 1131 | | M 36-44 | 57 | 02:30:10 | 03:15:28 | 03:25:28 | 06:04:44.15 | 06:05:18.40 | +04:13:34 (69.4%) | 18:14 | 3.3 (30.8%) |
| 137 | WOJCIECHOWSKA Ewa | 136 | | M 45-59 | 36 | 02:28:33 | 03:13:46 | 03:24:08 | 06:03:00.45 | 06:05:19.65 | +04:13:35 (69.4%) | 18:09 | 3.3 (30.8%) |
| 138 | WODZYŃSKI Robert | 1222 | | M 45-59 | 37 | 02:28:28 | 03:13:29 | 03:23:56 | 06:03:00.65 | 06:05:20.05 | +04:13:36 (69.4%) | 18:09 | 3.3 (30.8%) |
| 139 | CHODOWIEC Maciej | 1020 | PGB SPORTOWA PACZKA | M 45-59 | 38 | 02:00:23 | 02:46:06 | 02:57:05 | | | +01:45:31 | 16:05 | 3.7 (34.6%) |
| 140 | PŁOSZAJ Marcin | 1160 | | M 36-44 | 58 | 01:43:35 | 02:18:09 | | | | +01:08:16 | 13:48 | 4.3 (40.2%) |
| DQ | KNUTELSKI Błażej | 1078 | GORĄCY POTOK TEAM | M 35 | | DQ | 00:55:49 DQ | 00:58:26 DQ | 01:39:23.80 DQ | DQ | | 0:00 | 12.1 (113.1%) |

Znaleziono 141 wynik(ów)