

OCR POLISH CHAMPIONSHIPS - 3 KM

B4SPORT

Wydarzenie: OCR Polish Championships
Organizator: OCRA POLAND
Data: 2018-08-24
Miejsce: Ząbki
Dystans: 3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
1	SOBIERAJSKI Wojciech	9	OCRA POLAND	ELITE MEN	1	00:20:17.20	00:20:19.65		6:45	8.9 (100%)
2	SELIANIN Dmytro	34	OCRA POLAND	m25-29	1	00:21:55.65	00:21:56.95	+00:01:37 (7.4%)	7:18	8.2 (92.1%)
3	SOBIERAJSKI Bolesław	17	OCRA POLAND	m13-17	1	00:21:55.70	00:21:59.10	+00:01:39 (7.5%)	7:18	8.2 (92.1%)
4	JÓZEFIAK Łukasz	64		m35-39	1	00:23:51.90	00:23:53.75	+00:03:34 (14.9%)	7:57	7.5 (84.3%)
5	ZAWISTOWSKI Jakub	6	HUSARIA RACE TEAM	ELITE MEN	2	00:24:19.45	00:24:22.40	+00:04:02 (16.6%)	8:06	7.4 (83.1%)
6	SOBIERAJSKI Krzysztof	18	OCRA POLAND	m13-17	2	00:24:27.20	00:24:31.10	+00:04:11 (17.1%)	8:09	7.4 (83.1%)
7	ALBON Jonathan	1		ELITE MEN	3	00:24:51.95	00:24:54.60	+00:04:34 (18.4%)	8:17	7.2 (80.9%)
8	NYKIEL Mariusz	31	SOCIOS SILESIA	m25-29	2	00:25:26.25	00:25:28.55	+00:05:08 (20.2%)	8:28	7.1 (79.8%)
9	KOWALCZYK Dawid	12		ELITE MEN	4	00:27:00.55	00:27:03.05	+00:06:43 (24.9%)	9:00	6.7 (75.3%)
10	HARBYNOU Ihar	10		ELITE MEN	5	00:27:12.45	00:27:14.50	+00:06:54 (25.4%)	9:04	6.6 (74.2%)
11	LISOWSKI Adam	68	SOCIOS SILESIA	m35-39	2	00:27:26.15	00:27:27.50	+00:07:07 (26.0%)	9:08	6.6 (74.2%)
12	MÓRAWSKI Mieszko	3	HUSARIA RACE TEAM	ELITE MEN	6	00:28:42.20	00:28:45.30	+00:08:25 (29.3%)	9:34	6.3 (70.8%)
13	WYPUKOŁ Jakub	30	SOCIOS SILESIA	m25-29	3	00:28:56.55	00:28:58.80	+00:08:39 (29.9%)	9:38	6.2 (69.7%)
14	SOBIERAJSKI Marian	24	OCRA POLAND	m18-24	1	00:34:50.15	00:34:53.40	+00:14:33 (41.7%)	11:36	5.2 (58.4%)
15	PODGÓRSKI Marek	11		m35-39	3	00:36:12.35	00:36:13.90	+00:15:54 (43.9%)	12:04	5 (56.2%)
16	SZARUGA Małgorzata	14	OCRA POLAND	ELITE WOMEN	1	00:37:46.25	00:37:50.10	+00:17:30 (46.3%)	12:35	4.8 (53.9%)
17	LISOWSKI Grzegorz	67	SOCIOS SILESIA	m35-39	4	00:41:33.80	00:41:35.55	+00:21:15 (51.1%)	13:51	4.3 (48.3%)
18	ALBON Henriette	15		ELITE WOMEN	2	00:41:41.15	00:41:44.40	+00:21:24 (51.3%)	13:53	4.3 (48.3%)
19	HANSLIK Aleksandra	16	SOCIOS SILESIA	ELITE WOMEN	3	00:43:49.95	00:43:53.70	+00:23:34 (53.7%)	14:36	4.1 (46.1%)
20	KWIATKOWSKI Michał	51	HUSARIA RACE TEAM	m30-34	1	00:49:50.90	00:49:53.20	+00:29:33 (59.3%)	16:37	3.6 (40.4%)
21	BORUC Tomasz	61	SPEEDSTERS	m35-39	5	00:50:26.65	00:50:29.10	+00:30:09 (59.7%)	16:49	3.6 (40.4%)
22	FRYDRYCH Maciek	184		m40-44	1	00:54:16.15	00:54:18.30	+00:33:58 (62.6%)	18:05	3.3 (37.1%)
23	GAWRYLUK Marcin	58	OUTDOOR TRAINING	m30-34	2	01:01:47.60	01:01:51.10	+00:41:31 (67.1%)	20:36	2.9 (32.6%)
24	KOŁODZIEJCZYK Kamil	59	SOCIOS SILESIA	m30-34	3	01:06:41.50	01:06:42.75	+00:46:23 (69.5%)	22:13	2.7 (30.3%)
25	JANISZEWSKI Grzegorz	78		m50+	1	01:07:48.95	01:07:51.30	+00:47:31 (70.0%)	22:36	2.7 (30.3%)
26	ORANKIEWICZ Krzysztof	4		ELITE MEN	7	01:40:49.55	01:40:52.95	+01:20:33 (79.9%)	33:36	1.8 (20.2%)
27	ROSSA Michał	43	OCRA POLAND	m25-29	4	02:02:55.40	02:02:58.95	+01:42:39 (83.5%)	40:58	1.5 (16.9%)
DNC	BEREZNOWSKA Patrycja	73		k40-44		00:16:16.25	00:16:19.35		-	- (0.0%)
DNC	MACH Szymon	63	MMA DEVIL MI?DZYCHÓD	m35-39		00:22:33.70	00:22:35.05		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 3km	Czas brutto 3km	Różn	Tempo min/km	Tempo km/h
DNC	RATAJSKA Iga	47	MMA DEVIL MIĘDZYCHÓD	k25-29		00:27:28.10	00:27:31.40	-	-	(0.0%)
DNC	PAWŁOWSKI Kamil	25	OCR TEAM WŁOCŁAWEK	m18-24		00:28:50.95	00:28:54.25	-	-	(0.0%)
DNC	WICHA Iwona	56	OCRA POLAND	k30-34		00:31:02.25	00:31:05.15	-	-	(0.0%)
DNC	KUBAŚ Arkadiusz	62	KLUB AKTYWNYCH PARKRUN SKÓZEC	m35-39		00:33:00.20	00:33:03.00	-	-	(0.0%)
DNC	PYZ Marek	7	OFF- ROAD RUNNERS	ELITE MEN		00:36:19.05	00:36:22.60	-	-	(0.0%)
DNC	KĘDZIOREK Eryk	57	OCRA POLAND	m30-34		00:38:14.60	00:38:16.15	-	-	(0.0%)
DNC	WNOROWSKA Magdalena	75	DZIADY OCR	k40-44		00:38:57.90	00:39:00.25	-	-	(0.0%)
DNC	TARGOŃSKI Grzegorz	77		m40-44		00:39:15.00	00:39:17.35	-	-	(0.0%)
DNC	HREBIACHUK Maksim	32		m25-29		00:39:39.40	00:39:40.70	-	-	(0.0%)
DNC	ROSSA Łukasz	42	OCRA POLAND	m25-29		00:39:55.00	00:39:58.20	-	-	(0.0%)
DNC	OKTABIŃSKI Karol	41	OCRA POLAND	m25-29		00:40:04.50	00:40:07.05	-	-	(0.0%)
DNC	MITRUSHKINA Olga	33		k25-29		00:40:26.80	00:40:29.50	-	-	(0.0%)
DNC	KALINOWSKA Wioletta	71	OCRA POLAND	k40-44		00:40:36.40	00:40:39.20	-	-	(0.0%)
DNC	KONDRACIUK Andrzej	20		m13-17		00:43:07.55	00:43:11.00	-	-	(0.0%)
DNC	MACHNIK Katarzyna	38	OCRA POLAND	ELITE WOMEN		00:44:13.45	00:44:17.00	-	-	(0.0%)
DNC	PAMUŁA Krystian	50	SRTG NIEPOŁOMICE	m30-34		00:47:09.40	00:47:11.85	-	-	(0.0%)
DNC	JAWOREK Rafał	37	HUSARIA RACE TEAM	m25-29		00:49:08.15	00:49:10.45	-	-	(0.0%)
DNC	DALNICENKO Uiri	54		m30-34		00:57:08.25	00:57:09.95	-	-	(0.0%)
DNC	KOWALCZYK Konrad	49		m30-34		00:58:38.70	00:58:40.65	-	-	(0.0%)
DNC	KUR Marcin	39	HUSARIA RACE TEAM	m25-29		00:59:02.05	00:59:03.80	-	-	(0.0%)
DNC	PAWŁOWICZ Aleksander	53		m30-34		00:59:05.10	00:59:07.35	-	-	(0.0%)
DNC	KRÓL Dariusz	80	ZABIEGANY WOŁOMIN	m50+		00:59:38.90	00:59:41.20	-	-	(0.0%)
DNC	BIENIECKI Jarosław	187		m30-34		01:00:28.80	01:00:30.35	-	-	(0.0%)
DNC	WIŚNIEWSKI Norbert	72		m40-44		01:02:25.55	01:02:28.40	-	-	(0.0%)
DNC	GAŁEK Rafał	186		m13-17		01:05:55.80	01:06:00.00	-	-	(0.0%)
DNC	GOŁOWCZYC Mateusz	52	HUSARIA RACE TEAM	m30-34		01:09:30.30	01:09:32.25	-	-	(0.0%)
DNC	JABŁOŃSKI Tomasz	188		m35-39		01:03:42.85	01:09:56.55	-	-	(0.0%)
DNC	HELLWICH Łukasz	45	MMA DEVIL MIĘDZYCHÓD	m25-29		01:12:08.30	01:12:09.65	-	-	(0.0%)
DNC	LEWANDOWSKI Michał	215		m18-24		01:12:13.00	01:12:17.55	-	-	(0.0%)
DNC	GOJTKA Mariusz	44	MMA DEVIL MIĘDZYCHÓD	m25-29		01:12:37.55	01:12:40.30	-	-	(0.0%)
DNC	FECHNER Bartosz	46	MMA DEVIL MIĘDZYCHÓD	m25-29		01:12:39.55	01:12:41.90	-	-	(0.0%)
DNC	WEBER Karol	48	MMA DEVIL MIĘDZYCHÓD	m25-29		01:12:41.35	01:12:43.05	-	-	(0.0%)
DNC	MISIAK Piotr	28		m25-29		01:12:45.10	01:12:47.05	-	-	(0.0%)
DNC	JASEK Łukasz	29		m25-29		01:19:26.80	01:19:29.05	-	-	(0.0%)
DNC	PIOTROWSKI Damian	76		m40-44		01:21:00.35	01:21:03.50	-	-	(0.0%)
DNC	CHOJNA Zygmunt	79	SOCIOS SILESIA	m50+		01:23:03.05	01:23:04.50	-	-	(0.0%)
DNC	GAJEK Anna	70	SOCIOS SILESIA	k40-44		01:23:01.95	01:23:04.50	-	-	(0.0%)
DNC	ZOŃ Arkadiusz	27	HUSARIA RACE TEAM	m25-29		01:30:20.40	01:30:20.40	-	-	(0.0%)
DNC	GOLEC Rafał	2	CROSSFIT SIEDLCE & CROSSFIT ?UKÓW	ELITE MEN		01:32:48.50	01:32:50.70	-	-	(0.0%)
DNC	KĘDZIOREK Paulina	36	OCRA POLAND	k25-29		01:33:11.60	01:33:14.35	-	-	(0.0%)
DNC	KONDRACIUK Piotr	74		m40-44		01:43:32.45	01:43:34.40	-	-	(0.0%)
DNC	GAWEŁ Mateusz	23	HUSARIA RACE TEAM	m18-24		01:51:41.20	01:51:46.35	-	-	(0.0%)
DNC	JÓZEFIAK Aleksandra	65		k35-39		02:03:54.95	02:03:56.90	-	-	(0.0%)
DNC	KARPOWICZ Jakub	21	MAD RUNNERS WAŁBRZYCH	m18-24		02:09:15.90	02:09:19.15	-	-	(0.0%)

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DNC	BURS Klaudia	19		k13-17		02:11:22.85	02:11:27.35		-	- (0.0%)
	ŁOBODZIŃSKI Piotr	8	OCRA POLAND	ELITE MEN		DNF	DNF		-	- (0.0%)
	ROLA Rafał	5	ZABIEGANY WOŁOMIN	ELITE MEN		DNF	DNF		-	- (0.0%)
	TOMASIK Alan	26	OCRA POLAND	m25-29		DNF	DNF		-	- (0.0%)
	JASTRZĘBSKI Piotr	55	SOCIOS SILESIA	m30-34		DNF	DNF		-	- (0.0%)

Znaleziono 78 wynik(ów)