

# OCREC2019 - BIEG OPEN

B4SPORT

**Wydarzenie:** OCR EUROPEAN CHAMPIONSHIPS  
**Organizator:** Stowarzyszenie Biegów Przeszkodowych OCR  
**Data:** Polska  
 2019-06-30  
**Miejsce:** Gdynia  
**Dystans:** 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 10:45 - Wolo

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>SZYSZKA Kacper</b>	<b>4674</b>		OPEN M	7	01:07:53	<b>01:07:59.40</b>	<b>01:08:00.95</b>		13:35	4.4 (100%)
2	<b>HOŁDA Dominik</b>	<b>4688</b>		OPEN M	8	01:08:27	<b>01:08:33.35</b>	<b>01:08:35.45</b>	+00:00:34 (0.8%)	13:42	4.4 (100%)
3	<b>KOŁACZEK Hubert</b>	<b>4694</b>		OPEN M	26	01:21:07	<b>01:21:21.75</b>	<b>01:21:24.00</b>	+00:13:23 (16.4%)	16:16	3.7 (84.1%)
4	<b>KASCHEL Patryk</b>	<b>4678</b>		OPEN M	33	01:23:57	<b>01:24:03.25</b>	<b>01:24:05.65</b>	+00:16:04 (19.1%)	16:48	3.6 (81.8%)
5	<b>SZULCEK Patryk</b>	<b>4684</b>		OPEN M	37	01:25:32	<b>01:25:43.15</b>	<b>01:25:44.65</b>	+00:17:43 (20.7%)	17:08	3.5 (79.5%)
6	<b>SIKORA Adam</b>	<b>10148</b>		OPEN M	40	01:26:45	<b>01:26:59.20</b>	<b>01:27:03.35</b>	+00:19:02 (21.9%)	17:23	3.4 (77.3%)
7	<b>PIETROŃ Monika</b>	<b>4601</b>		OPEN W	3	01:26:53	<b>01:27:01.70</b>	<b>01:27:03.80</b>	+00:19:02 (21.9%)	17:24	3.4 (77.3%)
8	<b>PRUCHNIAK Wojciech</b>	<b>4677</b>		OPEN M	60	01:37:53	<b>01:38:04.15</b>	<b>01:38:08.50</b>	+00:30:07 (30.7%)	19:36	3.1 (70.5%)
8	<b>WARZYŃSKI Adrian</b>	<b>4697</b>		OPEN M	61	01:37:56	<b>01:38:06.90</b>	<b>01:38:08.50</b>	+00:30:07 (30.7%)	19:37	3.1 (70.5%)
10	<b>BRZEZIŃSKI Bartosz</b>	<b>4654</b>		OPEN M	69	01:42:19	<b>01:42:26.40</b>	<b>01:42:28.75</b>	+00:34:27 (33.6%)	20:29	2.9 (65.9%)
11	<b>JABŁOŃSKI Robert</b>	<b>4673</b>		OPEN M	71	01:42:56	<b>01:43:04.25</b>	<b>01:43:05.80</b>	+00:35:04 (34.0%)	20:36	2.9 (65.9%)
12	<b>NADOLSKI Krzysztof</b>	<b>10197</b>		OPEN M	74	01:43:39	<b>01:43:50.45</b>	<b>01:43:52.10</b>	+00:35:51 (34.5%)	20:46	2.9 (65.9%)
13	<b>BIEGAŃSKI Bogumił</b>	<b>4531</b>		OPEN M	76	01:44:16	<b>01:44:24.45</b>	<b>01:44:27.50</b>	+00:36:26 (34.9%)	20:52	2.9 (65.9%)
14	<b>PAWLAK Sebastian</b>	<b>4679</b>		OPEN M	81	01:47:39	<b>01:47:46.85</b>	<b>01:47:52.25</b>	+00:39:51 (36.9%)	21:33	2.8 (63.6%)
15	<b>PIOTROWSKI Andrzej</b>	<b>10149</b>		OPEN M	87	01:49:28	<b>01:49:36.10</b>	<b>01:49:41.45</b>	+00:41:40 (38.0%)	21:55	2.7 (61.4%)
16	<b>TADZIK Paulina</b>	<b>4658</b>		OPEN W	14	01:51:08	<b>01:51:19.20</b>	<b>01:51:22.35</b>	+00:43:21 (38.9%)	22:15	2.7 (61.4%)
17	<b>TADZIK Tomasz</b>	<b>4657</b>		OPEN M	90	01:51:10	<b>01:51:20.15</b>	<b>01:51:22.60</b>	+00:43:21 (38.9%)	22:16	2.7 (61.4%)
18	<b>MIZON Ruby</b>	<b>4683</b>		OPEN M	100	01:57:06	<b>01:57:15.25</b>	<b>01:57:17.65</b>	+00:49:16 (42.0%)	23:27	2.6 (59.1%)
19	<b>TOBIS Marcin</b>	<b>4698</b>		OPEN M	103	01:58:16	<b>01:58:23.55</b>	<b>01:58:25.35</b>	+00:50:24 (42.6%)	23:40	2.5 (56.8%)
20	<b>KOZŁOWSKI Radosław</b>	<b>4682</b>		OPEN M	104	01:58:15	<b>01:58:22.90</b>	<b>01:58:25.55</b>	+00:50:24 (42.6%)	23:40	2.5 (56.8%)
21	<b>JEZIORSKI Paweł</b>	<b>4653</b>		OPEN M	108	01:58:40	<b>01:58:46.80</b>	<b>01:58:49.35</b>	+00:50:48 (42.8%)	23:45	2.5 (56.8%)
22	<b>MISZEWSKI Grzegorz</b>	<b>4676</b>		OPEN M	109	01:59:19	<b>01:59:27.30</b>	<b>01:59:31.90</b>	+00:51:30 (43.1%)	23:53	2.5 (56.8%)
23	<b>GITNER Marcin</b>	<b>4664</b>		OPEN M	110	01:59:21	<b>01:59:29.10</b>	<b>01:59:33.00</b>	+00:51:32 (43.1%)	23:54	2.5 (56.8%)
24	<b>BARAN Bernard</b>	<b>4665</b>		OPEN M	113	02:02:23	<b>02:02:33.55</b>	<b>02:02:37.50</b>	+00:54:36 (44.5%)	24:30	2.4 (54.5%)
25	<b>MACHTYL Lucyna</b>	<b>4231</b>		OPEN W	27	02:03:39	<b>02:03:48.00</b>	<b>02:03:50.55</b>	+00:55:49 (45.1%)	24:45	2.4 (54.5%)
26	<b>MACHTYL Marta</b>	<b>4666</b>		OPEN W	28	02:03:39	<b>02:03:47.75</b>	<b>02:03:50.60</b>	+00:55:49 (45.1%)	24:45	2.4 (54.5%)
27	<b>MIKICIUK SŁOMA Izabela</b>	<b>4669</b>		OPEN W	33	02:08:05	<b>02:09:15.65</b>	<b>02:09:18.25</b>	+01:01:17 (47.4%)	25:51	2.3 (52.3%)
28	<b>JASZCZUK Kamila</b>	<b>4695</b>		OPEN W	37	02:12:25	<b>02:12:33.55</b>	<b>02:12:35.50</b>	+01:04:34 (48.7%)	26:30	2.3 (52.3%)
29	<b>NAROLEWSKA Dorota</b>	<b>4692</b>		OPEN W	38	02:12:23	<b>02:12:31.80</b>	<b>02:12:35.55</b>	+01:04:34 (48.7%)	26:30	2.3 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spiker_OCR 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
30	<b>BODO Olga</b>	<b>4691</b>		OPEN W	39	02:08:27	<b>02:12:33.35</b>	<b>02:12:35.75</b>	+01:04:34 (48.7%)	26:30	2.3 (52.3%)
30	<b>LEWANDOWSKA-KULAK Joanna</b>	<b>4656</b>		OPEN W	40	02:10:20	<b>02:12:33.60</b>	<b>02:12:35.75</b>	+01:04:34 (48.7%)	26:30	2.3 (52.3%)
32	<b>LASKA Anna</b>	<b>4663</b>		OPEN W	41	02:12:39	<b>02:12:49.70</b>	<b>02:12:52.25</b>	+01:04:51 (48.8%)	26:34	2.3 (52.3%)
33	<b>PYLAK Krzysztof</b>	<b>4655</b>		OPEN M	147	02:16:04	<b>02:16:12.95</b>	<b>02:16:16.95</b>	+01:08:16 (50.1%)	27:14	2.2 (50.0%)
34	<b>WOJNOWSKI Marcin</b>	<b>4660</b>		OPEN M	148	02:16:04	<b>02:16:12.40</b>	<b>02:16:17.00</b>	+01:08:16 (50.1%)	27:14	2.2 (50.0%)
35	<b>LIPIECKI Jacek</b>	<b>4316</b>		OPEN M	149	02:16:04	<b>02:16:12.95</b>	<b>02:16:17.15</b>	+01:08:16 (50.1%)	27:14	2.2 (50.0%)
36	<b>WRÓBEL Filip</b>	<b>4675</b>		OPEN M	150	02:16:05	<b>02:16:14.30</b>	<b>02:16:17.40</b>	+01:08:16 (50.1%)	27:14	2.2 (50.0%)
36	<b>BOREK Monika</b>	<b>4681</b>		OPEN W	43	02:16:06	<b>02:16:14.85</b>	<b>02:16:17.40</b>	+01:08:16 (50.1%)	27:15	2.2 (50.0%)
38	<b>KLUGE Wiktoria</b>	<b>4687</b>		OPEN W	67	02:32:13	<b>02:32:21.10</b>	<b>02:32:24.35</b>	+01:24:23 (55.4%)	30:28	2 (45.5%)
39	<b>TOMPOROWSKA Katarzyna</b>	<b>4662</b>		OPEN W	68	02:32:22	<b>02:32:32.05</b>	<b>02:32:35.95</b>	+01:24:35 (55.4%)	30:30	2 (45.5%)
40	<b>BYRA Michał</b>	<b>4510</b>		OPEN M	201	02:50:52	<b>02:50:57.95</b>	<b>02:51:01.10</b>	+01:43:00 (60.2%)	34:11	1.8 (40.9%)
41	<b>OŹMINKOWSKA Aleksandra</b>	<b>4652</b>		OPEN W	86	02:50:53	<b>02:50:58.60</b>	<b>02:51:01.30</b>	+01:43:00 (60.2%)	34:11	1.8 (40.9%)
42	<b>DROZDOWSKI Piotr</b>	<b>4661</b>		OPEN M	202	02:50:53	<b>02:50:59.75</b>	<b>02:51:01.55</b>	+01:43:00 (60.2%)	34:12	1.8 (40.9%)
43	<b>SZCZERBA Joanna</b>	<b>4667</b>		OPEN W	87	02:50:52	<b>02:50:58.00</b>	<b>02:51:01.65</b>	+01:43:00 (60.2%)	34:11	1.8 (40.9%)
44	<b>BENTKOWSKA Magdalena</b>	<b>4605</b>		OPEN W	88	02:50:52	<b>02:50:58.60</b>	<b>02:51:01.80</b>	+01:43:00 (60.2%)	34:11	1.8 (40.9%)
45	<b>ELLMANN Leszek</b>	<b>4524</b>		OPEN M	203	02:50:52	<b>02:50:57.90</b>	<b>02:51:02.25</b>	+01:43:01 (60.2%)	34:11	1.8 (40.9%)
46	<b>PYLAK Krzysztof</b>	<b>4651</b>		OPEN M	204	02:50:53	<b>02:50:59.40</b>	<b>02:51:02.35</b>	+01:43:01 (60.2%)	34:12	1.8 (40.9%)
47	<b>KOLASIŃSKI Jakub</b>	<b>4532</b>		OPEN M	205		<b>02:50:58.65</b>	<b>02:51:02.40</b>	+01:43:01 (60.2%)	34:11	1.8 (40.9%)
48	<b>KĄLEK Jagoda</b>	<b>4520</b>		OPEN W	89	02:50:53	<b>02:50:59.10</b>	<b>02:51:02.65</b>	+01:43:01 (60.2%)	34:11	1.8 (40.9%)
49	<b>TUCHOŁKA Monika</b>	<b>4503</b>		OPEN W	90	02:50:51	<b>02:50:59.00</b>	<b>02:51:03.15</b>	+01:43:02 (60.2%)	34:11	1.8 (40.9%)
50	<b>GRZEŚKOWIAK Adam</b>	<b>4515</b>		OPEN M	206	02:46:35	<b>02:50:58.70</b>	<b>02:51:03.20</b>	+01:43:02 (60.2%)	34:11	1.8 (40.9%)
51	<b>WOJCIECHOWSKI Maciej</b>	<b>4659</b>		OPEN M	207	02:50:54	<b>02:51:01.65</b>	<b>02:51:05.40</b>	+01:43:04 (60.2%)	34:12	1.8 (40.9%)
52	<b>TOMCZYK Andrzej</b>	<b>4502</b>		OPEN M	208	02:49:08	<b>02:51:07.80</b>	<b>02:51:12.65</b>	+01:43:11 (60.3%)	34:13	1.8 (40.9%)
53	<b>SŁONIEWSKI Rafał</b>	<b>4689</b>		OPEN M	209	02:51:54	<b>02:52:02.05</b>	<b>02:52:06.30</b>	+01:44:05 (60.5%)	34:24	1.7 (38.6%)
53	<b>TWORUS Robert</b>	<b>4604</b>		OPEN M	210	02:51:56	<b>02:52:03.90</b>	<b>02:52:06.30</b>	+01:44:05 (60.5%)	34:24	1.7 (38.6%)
55	<b>KOCUREK Natalia</b>	<b>4699</b>		OPEN W	91	02:51:55	<b>02:52:03.10</b>	<b>02:52:06.35</b>	+01:44:05 (60.5%)	34:24	1.7 (38.6%)
56	<b>WYSOCKA Edyta</b>	<b>4690</b>		OPEN W	92	02:51:57	<b>02:52:04.70</b>	<b>02:52:06.45</b>	+01:44:05 (60.5%)	34:25	1.7 (38.6%)
57	<b>KACZOR Paulina</b>	<b>10146</b>		OPEN W	93	02:52:23	<b>02:52:33.60</b>	<b>02:52:38.10</b>	+01:44:37 (60.6%)	34:30	1.7 (38.6%)
58	<b>MATUSZCZAK Jakub</b>	<b>4672</b>		OPEN M	211	02:52:23	<b>02:52:34.10</b>	<b>02:52:38.40</b>	+01:44:37 (60.6%)	34:30	1.7 (38.6%)
	<b>ŻELAZKO Paulina</b>	<b>4680</b>		OPEN W		02:16:04 DNF	<b>DNF</b>	<b>DNF</b>	-	-	- (0.0%)

Znaleziono 59 wynik(ów)