

# OCREC2019 - SHORT COURSE

B4SPORT

**Wydarzenie:** OCR EUROPEAN CHAMPIONSHIPS  
**Organizator:** Stowarzyszenie Biegów Przeszkodowych OCR  
**Data:** Polska  
**Miejsce:** 2019-06-27  
**Dystans:** Gdynia  
 5 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Elite

| Msc | Zawodnik                  | Numer | Klub                                  | Kategoria | Mkat | Spiker_OCR<br>4.9km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|---------------------------|-------|---------------------------------------|-----------|------|---------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1   | KOFOED Leon               | 1     | TEAM REBORN OCR                       | M Elite   | 1    | 00:41:23            | 00:41:25.55          | 00:41:27.00           |                   | 8:17            | 7.2 (100%)    |
| 2   | SILIN Sergey              | 8     | RUSSIA FOSR                           | M Elite   | 2    | 00:41:36            | 00:41:39.80          | 00:41:41.00           | +00:00:14 (0.6%)  | 8:20            | 7.2 (100%)    |
| 3   | HAJNOS Dawid              | 9     | GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI | M Elite   | 3    | 00:45:02            | 00:45:05.35          | 00:45:07.00           | +00:03:40 (8.1%)  | 9:01            | 6.7 (93.1%)   |
| 4   | SHERETOV Eugene           | 11    |                                       | M Elite   | 4    | 00:46:47            | 00:46:50.70          | 00:46:52.00           | +00:05:25 (11.6%) | 9:22            | 6.4 (88.9%)   |
| 5   | HEER Jesse De             | 13    | HANG ON THE NETHERLANDS               | M Elite   | 5    | 00:47:40            | 00:47:43.95          | 00:47:45.00           | +00:06:18 (13.2%) | 9:32            | 6.3 (87.5%)   |
| 6   | NOVÁK Lukáš               | 33    |                                       | M Elite   | 6    | 00:47:42            | 00:47:45.70          | 00:47:47.00           | +00:06:20 (13.3%) | 9:33            | 6.3 (87.5%)   |
| 7   | SCHÄFER Martin            | 21    | OCR-PACEMAKERS GERMANY                | M Elite   | 7    | 00:47:43            | 00:47:45.70          | 00:47:47.20           | +00:06:20 (13.3%) | 9:33            | 6.3 (87.5%)   |
| 8   | KREJCI Pavel              | 4     |                                       | M Elite   | 8    | 00:47:42            | 00:47:46.35          | 00:47:47.35           | +00:06:20 (13.3%) | 9:33            | 6.3 (87.5%)   |
| 9   | MENDES Axel               | 36    | ASTAXIN                               | M Elite   | 9    | 00:47:44            | 00:47:47.45          | 00:47:50.00           | +00:06:23 (13.3%) | 9:33            | 6.3 (87.5%)   |
| 10  | NORDVANG Tommy Kvakkestad | 64    | TEAM OCR NORWAY                       | M Elite   | 10   | 00:47:45            | 00:47:52.45          | 00:47:54.85           | +00:06:27 (13.5%) | 9:34            | 6.3 (87.5%)   |
| 11  | TARKA Andrzej             | 45    |                                       | M Elite   | 11   | 00:49:12            | 00:49:17.55          | 00:49:19.70           | +00:07:52 (16.0%) | 9:51            | 6.1 (84.7%)   |
| 12  | CAPARROS Nathan           | 14    |                                       | M Elite   | 12   | 00:49:25            | 00:49:30.45          | 00:49:32.15           | +00:08:05 (16.3%) | 9:54            | 6.1 (84.7%)   |
| 13  | KOWALCZYK Dawid           | 44    |                                       | M Elite   | 13   | 00:50:27            | 00:50:32.95          | 00:50:34.85           | +00:09:07 (18.1%) | 10:06           | 5.9 (81.9%)   |
| 14  | BANDOSZ Robert            | 18    | ADRENALINE RUSH OCR                   | M Elite   | 14   | 00:51:01            | 00:51:06.85          | 00:51:07.45           | +00:09:40 (18.9%) | 10:13           | 5.9 (81.9%)   |
| 15  | JANSSON Thomas            | 47    | TEAM FIT                              | M Elite   | 15   | 00:51:14            | 00:51:19.90          | 00:51:22.40           | +00:09:55 (19.3%) | 10:16           | 5.8 (80.6%)   |
| 16  | ПЕРМЯКОВ Игорь            | 34    | OCR RUSSIA 2                          | M Elite   | 16   | 00:51:24            | 00:51:29.00          | 00:51:30.25           | +00:10:03 (19.5%) | 10:17           | 5.8 (80.6%)   |
| 17  | ДЕГТЯРЕВ Иван             | 22    |                                       | M Elite   | 17   | 00:52:28            | 00:52:34.05          | 00:52:34.75           | +00:11:07 (21.2%) | 10:30           | 5.7 (79.2%)   |
| 18  | REN Emil Friis            | 50    | EVOLUTIONRACE                         | M Elite   | 18   | 00:52:43            | 00:52:46.50          | 00:52:49.10           | +00:11:22 (21.5%) | 10:33           | 5.7 (79.2%)   |
| 19  | BARBE Lluís               | 2     | OLLLU WOLF                            | M Elite   | 19   | 00:52:55            | 00:53:00.75          | 00:53:01.75           | +00:11:34 (21.8%) | 10:36           | 5.7 (79.2%)   |
| 20  | WAŃCZYK Łukasz            | 17    |                                       | M Elite   | 20   | 00:53:05            | 00:53:10.35          | 00:53:11.85           | +00:11:44 (22.1%) | 10:38           | 5.6 (77.8%)   |
| 21  | BELOV Artur               | 70    |                                       | M Elite   | 21   | 00:53:13            | 00:53:19.25          | 00:53:21.40           | +00:11:54 (22.3%) | 10:39           | 5.6 (77.8%)   |
| 22  | WOJTYSZYN Wojciech        | 24    | XRUNNERS                              | M Elite   | 22   | 00:53:26            | 00:53:33.70          | 00:53:33.70           | +00:12:06 (22.6%) | 10:42           | 5.6 (77.8%)   |
| 23  | GRZONDKO Mateusz          | 42    |                                       | M Elite   | 23   | 00:53:56            | 00:54:00.25          | 00:54:03.35           | +00:12:36 (23.3%) | 10:48           | 5.6 (77.8%)   |
| 24  | VOROBOK Tomáš             | 52    |                                       | M Elite   | 24   | 00:53:57            | 00:54:01.00          | 00:54:03.50           | +00:12:36 (23.3%) | 10:48           | 5.6 (77.8%)   |
| 25  | OOSTEROM Frank            | 12    |                                       | M Elite   | 25   | 00:54:02            | 00:54:07.00          | 00:54:07.90           | +00:12:40 (23.4%) | 10:49           | 5.5 (76.4%)   |
| 26  | KALININ Jarosław          | 43    | XRUNNERS                              | M Elite   | 26   | 00:54:32            | 00:54:35.85          | 00:54:38.25           | +00:13:11 (24.1%) | 10:55           | 5.5 (76.4%)   |
| 27  | RUMMEL Alexander          | 67    |                                       | M Elite   | 27   | 00:54:58            | 00:55:04.05          | 00:55:06.20           | +00:13:39 (24.8%) | 11:00           | 5.4 (75.0%)   |
| 28  | GAZUREK Kacper            | 40    |                                       | M Elite   | 28   | 00:55:00            | 00:55:03.90          | 00:55:06.60           | +00:13:39 (24.8%) | 11:00           | 5.4 (75.0%)   |
| 29  | PRUDÊNCIO Gonçalo         | 27    | TEAM URBAN OBSTACLES                  | M Elite   | 29   | 00:55:20            | 00:55:25.15          | 00:55:26.05           | +00:13:59 (25.2%) | 11:05           | 5.4 (75.0%)   |

| Msc                                | Zawodnik                 | Numer | Klub                                  | Kategoria | Mkat | Spiker_OCR<br>4.9km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|------------------------------------|--------------------------|-------|---------------------------------------|-----------|------|---------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 30                                 | OLKHOVSKII Dmitri        | 35    | RUSSIA                                | M Elite   | 30   | 00:55:58            | 00:56:03.35          | 00:56:05.05           | +00:14:38 (26.1%) | 11:12           | 5.4 (75.0%)   |
| 31                                 | EPMAKOB Антон            | 71    | 39RUS                                 | M Elite   | 31   | 00:56:09            | 00:56:13.85          | 00:56:15.85           | +00:14:48 (26.3%) | 11:14           | 5.3 (73.6%)   |
| 32                                 | SCHUH Martin             | 61    | UNION DIRTRUN.COMPANY                 | M Elite   | 32   | 00:56:12            | 00:56:15.80          | 00:56:18.75           | +00:14:51 (26.4%) | 11:15           | 5.3 (73.6%)   |
| 33                                 | PAVEL Kocherygin         | 29    |                                       | M Elite   | 33   | 00:56:17            | 00:56:21.25          | 00:56:22.75           | +00:14:55 (26.5%) | 11:16           | 5.3 (73.6%)   |
| 34                                 | MÓRAWSKI Mieszko         | 41    |                                       | M Elite   | 34   | 00:56:17            | 00:56:22.20          | 00:56:24.50           | +00:14:57 (26.5%) | 11:16           | 5.3 (73.6%)   |
| 35                                 | BETTS Jesse              | 25    |                                       | M Elite   | 35   | 00:56:32            | 00:56:40.00          | 00:56:41.15           | +00:15:14 (26.9%) | 11:20           | 5.3 (73.6%)   |
| 36                                 | GONZÁLEZ Miguel Pinto    | 20    | OCR COMANDO DEL NORTE OSCAR FERNANDEZ | M Elite   | 36   | 00:56:44            | 00:56:49.60          | 00:56:51.00           | +00:15:24 (27.1%) | 11:22           | 5.3 (73.6%)   |
| 37                                 | MILLAN Daniel Osmá       | 69    | BRAVE BULLS                           | M Elite   | 37   | 00:56:55            | 00:56:58.40          | 00:57:00.20           | +00:15:33 (27.3%) | 11:23           | 5.3 (73.6%)   |
| 38                                 | DAVID Sebastien          | 53    | ELANCIA                               | M Elite   | 38   | 00:57:21            | 00:57:25.10          | 00:57:27.25           | +00:16:00 (27.9%) | 11:29           | 5.2 (72.2%)   |
| 39                                 | OLEXANDR Tarsukov        | 56    |                                       | M Elite   | 39   | 00:57:26            | 00:57:59.05          | 00:58:00.50           | +00:16:33 (28.5%) | 11:35           | 5.2 (72.2%)   |
| 40                                 | DOMÍNGUEZ Eduardo Díaz   | 66    | LEYENDAS OCR BY XFORCE                | M Elite   | 40   | 00:59:33            | 00:59:36.20          | 00:59:38.00           | +00:18:11 (30.5%) | 11:55           | 5 (69.4%)     |
| 41                                 | ARZADUN Imanol Peso      | 72    | DENONTZAT                             | M Elite   | 41   | 00:59:54            | 00:59:59.25          | 01:00:01.15           | +00:18:34 (30.9%) | 12:00           | 5 (69.4%)     |
| 42                                 | DRAGSTED Andreas         | 19    | EVOLUTIONRACE                         | M Elite   | 42   | 01:00:02            | 01:00:08.35          | 01:00:10.45           | +00:18:43 (31.1%) | 12:01           | 5 (69.4%)     |
| 43                                 | TROIAN Makar             | 23    |                                       | M Elite   | 43   | 01:00:24            | 01:00:27.45          | 01:00:29.15           | +00:19:02 (31.5%) | 12:05           | 5 (69.4%)     |
| 44                                 | HARBUNOU Ihar            | 6     |                                       | M Elite   | 44   | 01:00:50            | 01:00:55.80          | 01:00:56.65           | +00:19:29 (32.0%) | 12:11           | 4.9 (68.1%)   |
| 45                                 | OSHKIN Egor              | 31    |                                       | M Elite   | 45   | 01:01:02            | 01:01:08.75          | 01:01:09.55           | +00:19:42 (32.2%) | 12:13           | 4.9 (68.1%)   |
| 46                                 | SABIROV Zhanserik        | 76    |                                       | M Elite   | 46   | 01:01:27            | 01:01:32.85          | 01:01:34.45           | +00:20:07 (32.7%) | 12:18           | 4.9 (68.1%)   |
| 47                                 | HANDLER Christian        | 57    |                                       | M Elite   | 47   | 01:01:30            | 01:01:37.50          | 01:01:39.60           | +00:20:12 (32.8%) | 12:19           | 4.9 (68.1%)   |
| 48                                 | REZNIK Anton             | 54    | RUSSIA                                | M Elite   | 48   | 01:05:59            | 01:06:04.10          | 01:06:06.20           | +00:24:39 (37.3%) | 13:12           | 4.5 (62.5%)   |
| 49                                 | ECHEVERRIA Asier Landart | 30    | DENONTZAT                             | M Elite   | 49   | 01:09:20            | 01:09:26.50          | 01:09:27.35           | +00:28:00 (40.3%) | 13:53           | 4.3 (59.7%)   |
| 50                                 | HOWARD John              | 51    |                                       | M Elite   | 50   | 01:12:51            | 01:12:56.95          | 01:13:00.25           | +00:31:33 (43.2%) | 14:35           | 4.1 (56.9%)   |
| 51                                 | MONZON Imre              | 49    |                                       | M Elite   | 51   | 01:13:30            | 01:13:35.85          | 01:13:35.85           | +00:32:08 (43.7%) | 14:43           | 4.1 (56.9%)   |
| 52                                 | MICHEL Jérémy            | 62    |                                       | M Elite   | 52   | 01:14:47            | 01:14:51.95          | 01:14:53.95           | +00:33:26 (44.7%) | 14:58           | 4 (55.6%)     |
| 53                                 | ГОВОРОВ Андрей           | 58    |                                       | M Elite   | 53   | 01:14:50            | 01:14:55.35          | 01:14:57.35           | +00:33:30 (44.7%) | 14:59           | 4 (55.6%)     |
| 54                                 | CIMLER Jiří              | 55    | GLADIATORS CZECH                      | M Elite   | 54   | 01:19:12            | 01:19:18.60          | 01:19:21.10           | +00:37:54 (47.8%) | 15:51           | 3.8 (52.8%)   |
| 55                                 | SULTANOV Shamil          | 74    |                                       | M Elite   | 55   | 01:42:15            | 01:42:20.45          | 01:42:22.75           | +01:00:55 (59.5%) | 20:28           | 2.9 (40.3%)   |
| DNC                                | KĄKOL Kasper             | 16    | BIEGOWY_ŚWIR                          | M Elite   |      | 00:53:31            | 00:53:37.70          | 00:53:38.25           |                   | 0:00            | 5.6 (77.8%)   |
| DNC                                | TOCHKA Artsiom           | 7     |                                       | M Elite   |      | 00:54:25            | 00:54:32.45          | 00:54:33.85           |                   | 0:00            | 5.5 (76.4%)   |
| DNC                                | СУЗДАЛЕВ Антон           | 15    | OCR ACADEMY                           | M Elite   |      | 01:01:43            | 01:01:55.05          | 01:01:56.10           |                   | 0:00            | 4.8 (66.7%)   |
| DNC                                | ARZADUN Jose Maria Peso  | 28    | DENONTZAT                             | M Elite   |      | 01:23:17            | 01:23:27.00          | 01:23:28.20           |                   | 0:00            | 3.6 (50.0%)   |
| DNC                                | ADOLFSÉN Kristoffer      | 48    |                                       | M Elite   |      | 01:31:33            | 01:31:42.25          | 01:31:44.65           |                   | 0:00            | 3.3 (45.8%)   |
| DNC                                | KUDYMETS Maksym          | 68    |                                       | M Elite   |      | 01:52:37            | 01:52:44.50          | 01:52:46.50           |                   | 0:00            | 2.7 (37.5%)   |
| DNC                                | ROMANOV Semen            | 65    | RUSSIA                                | M Elite   |      | 02:01:02            | 02:01:11.90          | 02:01:13.40           |                   | 0:00            | 2.5 (34.7%)   |
| DNC                                | TIMUR                    | 75    |                                       | M Elite   |      | 02:07:49            | 02:07:56.75          | 02:07:58.30           |                   | 0:00            | 2.3 (31.9%)   |
| DNC                                | BOCCON Alexandre         | 60    | OCR FRANCE                            | M Elite   |      | 02:10:15            | 02:10:34.30          | 02:10:36.15           |                   | 0:00            | 2.3 (31.9%)   |
| DNC                                | RAKHIMBAYEV Almas        | 32    |                                       | M Elite   |      | 02:27:03            | 02:27:14.10          | 02:27:15.10           |                   | 0:00            | 2 (27.8%)     |
| DNC                                | TOJAR Luis Martin        | 63    | LEYENDAS OCR BY XFORCE                | M Elite   |      | 02:27:02            | 02:27:21.25          | 02:27:23.15           |                   | 0:00            | 2 (27.8%)     |
| Przekroczony limit czasu: 02:30:00 |                          |       |                                       |           |      |                     |                      |                       |                   |                 |               |
| DNC                                | SALUSTE Carry            | 46    |                                       | M Elite   |      | 02:41:12            | 02:41:21.35          | 02:41:24.05           |                   | 0:00            | 1.9 (26.4%)   |
| DNC                                | JAKOUBEK Jakub           | 37    | REHASPORT TEAM                        | M Elite   |      | 03:04:34            | 03:04:45.75          | 03:04:47.20           |                   | 0:00            | 1.6 (22.2%)   |
|                                    | WITT André               | 73    |                                       | M Elite   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |
|                                    | OŚLIZŁO Tomasz           | 3     | HUSARIA RACE TEAM                     | M Elite   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |
|                                    | GRAUTE Matthias          | 10    |                                       | M Elite   |      | DNF                 | DNF                  | DNF                   |                   | -               | - (0.0%)      |

Znaleziono 71 wynik(ów)