

# OCREC2019 - STANDARD COURSE

B4SPORT

**Event:** OCR EUROPEAN CHAMPIONSHIPS  
**Organiser:** Stowarzyszenie Biegów Przeszkodowych OCR  
 Polska  
**Date:** 2019-06-28  
**Place:** Gdynia  
**Distance:** 15 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Classification: 11:30

Place	Participant	Number	Club	Category	MCat	Point9_OCR 9km	Point10_OCR 10km	Spiker_OCR 14.9km	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
1	<b>GROOT Bo De</b>	<b>2002</b>		W 18-24	1	01:33:53	01:41:41	02:50:49	<b>02:50:54.75</b>	<b>02:50:56.40</b>		11:23	5.3 (100%)
2	<b>LOMNICKÁ Tereza</b>	<b>2009</b>		W 18-24	2	02:03:33	02:14:11	03:27:27	<b>03:27:31.40</b>	<b>03:27:34.25</b>	+00:36:37 (17.6%)	13:50	4.3 (81.1%)
3	<b>ONOFRIENKO Karina</b>	<b>1988</b>		W 18-24	3	01:28:47	01:36:01	03:27:33	<b>03:27:36.85</b>	<b>03:27:39.45</b>	+00:36:43 (17.7%)	13:50	4.3 (81.1%)
4	<b>WALNESTEDT Malin</b>	<b>1995</b>		W 18-24	4	02:25:08	02:32:33	04:15:20	<b>04:15:23.95</b>	<b>04:15:26.50</b>	+01:24:30 (33.1%)	17:01	3.5 (66.0%)
5	<b>LUND Maria</b>	<b>1989</b>		W 18-24	5	01:22:49	01:29:48	04:16:43	<b>04:16:48.00</b>	<b>04:16:49.50</b>	+01:25:53 (33.4%)	17:07	3.5 (66.0%)
<b>Przekroczony limit czasu: 05:30:00</b>													
6	<b>SAS Merel</b>	<b>1983</b>		W 18-24	6	02:26:48	02:35:17	06:11:06	<b>06:11:11.40</b>	<b>06:11:13.40</b>	+03:20:17 (54.0%)	24:44	2.4 (45.3%)
DNC	<b>ESENIA</b>	<b>1993</b>		W 18-24				03:15:14	<b>03:15:21.25</b>	<b>03:15:22.95</b>		0:00	4.6 (86.8%)
DNC	<b>DRABORG Helene</b>	<b>2013</b>		W 18-24		02:08:04	02:14:48	03:26:59	<b>03:27:06.45</b>	<b>03:27:08.70</b>		0:00	4.3 (81.1%)
DNC	<b>KRÓLAK Margarita</b>	<b>2011</b>		W 18-24				03:31:16	<b>03:31:25.35</b>	<b>03:31:27.35</b>		0:00	4.3 (81.1%)
DNC	<b>KOLLBERG Louise</b>	<b>1992</b>		W 18-24		02:09:29	02:17:44	03:40:53	<b>03:41:01.15</b>	<b>03:41:03.25</b>		0:00	4.1 (77.4%)
DNC	<b>STENBÄCK Amanda</b>	<b>1997</b>		W 18-24		02:29:09	02:35:40	03:56:52	<b>03:56:58.80</b>	<b>03:57:01.55</b>		0:00	3.8 (71.7%)
DNC	<b>HAMMARBÄCK Moa</b>	<b>1996</b>		W 18-24		02:29:07	02:38:55	03:57:35	<b>03:57:41.60</b>	<b>03:57:44.15</b>		0:00	3.8 (71.7%)
DNC	<b>SZUBA-ŁATA Klaudia</b>	<b>1984</b>		W 18-24		01:29:11	01:36:55	04:00:57	<b>04:01:08.10</b>	<b>04:01:09.95</b>		0:00	3.7 (69.8%)
DNC	<b>CAULA Giulia</b>	<b>2004</b>		W 18-24		02:27:47	02:35:47	04:07:26	<b>04:07:32.95</b>	<b>04:07:35.50</b>		0:00	3.6 (67.9%)
DNC	<b>VTYURINA Anastasia</b>	<b>1986</b>		W 18-24		01:39:12	01:46:21	04:14:00	<b>04:14:07.85</b>	<b>04:14:09.75</b>		0:00	3.5 (66.0%)
DNC	<b>SANDBERG Amanda</b>	<b>1982</b>		W 18-24		02:26:49	02:34:09	04:14:45	<b>04:14:54.20</b>	<b>04:14:56.60</b>		0:00	3.5 (66.0%)
DNC	<b>STØLEN Gunhild</b>	<b>2007</b>		W 18-24		02:40:32	02:46:38	04:21:08	<b>04:21:16.40</b>	<b>04:21:17.95</b>		0:00	3.4 (64.2%)
DNC	<b>NOVÁ Petra</b>	<b>2006</b>		W 18-24		02:48:08	02:55:48	04:21:33	<b>04:21:45.20</b>	<b>04:21:45.20</b>		0:00	3.4 (64.2%)
DNC	<b>BÖKMAN Vanja</b>	<b>1978</b>		W 18-24		02:06:29	02:14:25	04:41:13	<b>04:41:22.00</b>	<b>04:41:24.10</b>		0:00	3.2 (60.4%)
DNC	<b>GRIMM Sophia</b>	<b>1976</b>		W 18-24		03:18:57	03:27:30	04:46:01	<b>04:46:06.55</b>	<b>04:46:09.40</b>		0:00	3.1 (58.5%)
DNC	<b>LONKOVÁ Magdalena</b>	<b>1991</b>		W 18-24		03:06:00	03:15:21	04:52:26	<b>04:52:37.15</b>	<b>04:52:39.20</b>		0:00	3.1 (58.5%)
DNC	<b>ENDEJANN Sina</b>	<b>2010</b>		W 18-24		03:08:58	03:19:41	04:56:09	<b>04:56:15.80</b>	<b>04:56:18.65</b>		0:00	3 (56.6%)
DNC	<b>TAHIROVIC Adna</b>	<b>1981</b>		W 18-24		01:32:25	01:39:17	05:00:38	<b>05:00:47.80</b>	<b>05:00:49.35</b>		0:00	3 (56.6%)
DNC	<b>DRÁBKOVÁ Veronika</b>	<b>1987</b>		W 18-24		03:17:48	03:24:03		<b>05:08:17.75</b>	<b>05:08:19.30</b>		0:00	2.9 (54.7%)
DNC	<b>KOBZOVÁ Kristýna</b>	<b>2005</b>		W 18-24		03:17:48	03:24:08	05:08:10	<b>05:08:17.85</b>	<b>05:08:19.80</b>		0:00	2.9 (54.7%)
DNC	<b>EKLUND Malin</b>	<b>2008</b>		W 18-24		02:16:58	02:24:23	05:13:28	<b>05:13:37.00</b>	<b>05:13:39.25</b>		0:00	2.9 (54.7%)
DNC	<b>GARDABOU Ibtisam</b>	<b>1985</b>		W 18-24		02:54:47	03:04:39	05:18:20	<b>05:18:24.90</b>	<b>05:18:26.60</b>		0:00	2.8 (52.8%)

Place	Participant	Number	Club	Category	MCat	Point9_OCR 9km	Point10_OCR 10km	Spiker_OCR 14.9km	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
DNC	<b>GROBELNA Aleksandra</b>	<b>2001</b>		W 18-24		01:37:10	01:44:51	05:25:34	<b>05:25:42.45</b>	<b>05:25:44.00</b>		0:00	2.8 (52.8%)
DNC	<b>TARANTINO Selene</b>	<b>1990</b>		W 18-24		02:20:56	02:29:56	05:27:17	<b>05:27:37.55</b>	<b>05:27:39.85</b>		0:00	2.7 (50.9%)
DNC	<b>SØRENSEN Mette</b>	<b>1980</b>		W 18-24		02:54:11	03:04:37	05:51:57	<b>05:52:03.45</b>	<b>05:52:06.30</b>		0:00	2.6 (49.1%)
DNC	<b>VERDIESEN Marloes</b>	<b>1999</b>		W 18-24		02:26:49	02:35:12	06:11:07	<b>06:11:11.45</b>	<b>06:11:13.50</b>		0:00	2.4 (45.3%)
DNC	<b>BARRE Aline</b>	<b>1994</b>		W 18-24		04:37:00	04:44:11	06:14:41	<b>06:14:46.95</b>	<b>06:14:49.90</b>		0:00	2.4 (45.3%)
DNC	<b>DESOUTER Maud</b>	<b>2003</b>		W 18-24		01:26:32	01:33:24	06:53:31	<b>06:53:40.50</b>	<b>06:53:42.50</b>		0:00	2.2 (41.5%)
DNC	<b>GODANI Francesca</b>	<b>2000</b>		W 18-24		03:26:55	03:35:25	06:59:56	<b>07:00:02.10</b>	<b>07:00:04.75</b>		0:00	2.1 (39.6%)
DNC	<b>CASTELEIJN Selma</b>	<b>1998</b>		W 18-24		02:26:49	02:35:14	07:03:03	<b>07:03:12.25</b>	<b>07:03:14.10</b>		0:00	2.1 (39.6%)
	<b>CAROL Zenga</b>	<b>2012</b>		W 18-24		01:36:26 DNF	01:43:26 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Total 36 results.