

# OCREC2019 - STANDARD COURSE

B4SPORT

**Wydarzenie:** OCR EUROPEAN CHAMPIONSHIPS  
**Organizator:** Stowarzyszenie Biegów Przeszkodowych OCR  
 Polska  
**Data:** 2019-06-28  
**Miejsce:** Gdynia  
**Dystans:** 15 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:45

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point9_OCR 9km	Point10_OCR 10km	Spiker_OCR 14.9km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>KRZYSTYNIAK Robert</b>	<b>2195</b>		M 45-49	1	01:06:21	01:12:58	01:58:43	<b>01:58:47.75</b>	<b>01:58:48.80</b>		7:55	7.6 (100%)
2	<b>ZGUTKA Tomasz</b>	<b>2212</b>		M 45-49	3	01:18:22	01:24:28	02:24:53	<b>02:24:57.30</b>	<b>02:24:59.25</b>	+00:26:10 (18.1%)	9:39	6.2 (81.6%)
3	<b>HEIJLIGER Daan</b>	<b>2192</b>		M 45-49	4	01:14:54	01:21:05	02:25:23	<b>02:25:28.90</b>	<b>02:25:30.60</b>	+00:26:41 (18.3%)	9:41	6.2 (81.6%)
4	<b>PETELCZYC Piotr</b>	<b>2201</b>		M 45-49	5	01:21:48	01:28:57	02:26:33	<b>02:26:36.50</b>	<b>02:26:37.85</b>	+00:27:49 (19.0%)	9:46	6.1 (80.3%)
5	<b>RAMOS Sérgio</b>	<b>2196</b>		M 45-49	7	01:30:49	01:38:19	02:36:30	<b>02:36:35.65</b>	<b>02:36:37.15</b>	+00:37:48 (24.1%)	10:26	5.7 (75.0%)
6	<b>PEDERSEN Christian</b>	<b>2190</b>		M 45-49	8	01:26:57	01:34:12	02:39:14	<b>02:39:18.45</b>	<b>02:39:20.70</b>	+00:40:31 (25.4%)	10:37	5.6 (73.7%)
7	<b>ROBBEMOND Robin</b>	<b>2203</b>		M 45-49	11	01:32:21	01:40:43	02:51:21	<b>02:51:26.00</b>	<b>02:51:28.30</b>	+00:52:39 (30.7%)	11:25	5.2 (68.4%)
8	<b>HELLSTRAND Rickard</b>	<b>2211</b>		M 45-49	12	01:17:52	01:24:50	03:07:56	<b>03:08:06.15</b>	<b>03:08:08.15</b>	+01:09:19 (36.8%)	12:32	4.8 (63.2%)
9	<b>LOZANO Miguel Ángel Charro</b>	<b>2205</b>		M 45-49	17	01:41:40	01:48:55	04:01:58	<b>04:02:04.35</b>	<b>04:02:06.00</b>	+02:03:17 (50.9%)	16:08	3.7 (48.7%)
10	<b>TEUNISSEN Donar</b>	<b>2198</b>		M 45-49	18	01:32:27	01:39:25	04:15:58	<b>04:16:06.60</b>	<b>04:16:08.60</b>	+02:17:19 (53.6%)	17:04	3.5 (46.1%)
11	<b>YVES Pugliari</b>	<b>2199</b>		M 45-49	19	02:01:23	02:09:35	04:53:49	<b>04:53:56.65</b>	<b>04:53:58.10</b>	+02:55:09 (59.6%)	19:35	3.1 (40.8%)
DNC	<b>VLADIMIR Larionov</b>	<b>2207</b>		M 45-49				01:54:10	<b>01:54:19.05</b>	<b>01:54:20.55</b>		0:00	7.9 (103.9%)
DNC	<b>KVIKSTAD Rune</b>	<b>2191</b>		M 45-49		01:37:45	01:43:26	02:36:26	<b>02:36:33.05</b>	<b>02:36:34.75</b>		0:00	5.7 (75.0%)
DNC	<b>JANSEN Roel</b>	<b>2213</b>		M 45-49		01:34:26	01:42:36	02:41:52	<b>02:41:58.05</b>	<b>02:42:00.35</b>		0:00	5.6 (73.7%)
DNC	<b>EISSMANN Jörg</b>	<b>2193</b>		M 45-49		01:06:19	01:12:58	02:45:42	<b>02:46:09.35</b>	<b>02:46:10.55</b>		0:00	5.4 (71.1%)
DNC	<b>JONSSON Daniel</b>	<b>2202</b>		M 45-49		01:31:22	01:38:03	03:10:10	<b>03:10:18.25</b>	<b>03:10:20.55</b>		0:00	4.7 (61.8%)
DNC	<b>BATES Daniel</b>	<b>2208</b>		M 45-49		01:39:44	01:46:12	03:10:10	<b>03:10:18.05</b>	<b>03:10:20.80</b>		0:00	4.7 (61.8%)
DNC	<b>SCHMIDT Holger</b>	<b>2210</b>		M 45-49		02:21:48	02:28:02	04:05:04	<b>04:05:14.15</b>	<b>04:05:16.50</b>		0:00	3.7 (48.7%)
DNC	<b>WROBBEL Michael</b>	<b>2200</b>		M 45-49		03:05:58	03:13:16	04:34:44	<b>04:34:52.05</b>	<b>04:34:54.20</b>		0:00	3.3 (43.4%)
DNC	<b>SCHIRMER Thorsten</b>	<b>2194</b>		M 45-49		02:17:20	02:25:51		<b>05:07:36.05</b>	<b>05:07:38.35</b>		0:00	2.9 (38.2%)
DNC	<b>ERIKKSON Stefan</b>	<b>2209</b>		M 45-49		01:59:17	02:06:38		<b>05:24:13.90</b>	<b>05:24:16.95</b>		0:00	2.8 (36.8%)

Znaleziono 21 wynik(ów)