

# OCREC2019 - STANDARD COURSE

B4SPORT

**Wydarzenie:** OCR EUROPEAN CHAMPIONSHIPS  
**Organizator:** Stowarzyszenie Biegów Przeszkodowych OCR  
**Data:** Polska  
 2019-06-28  
**Miejsce:** Gdynia  
**Dystans:** 15 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: W 35-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point9_OCR 9km	Point10_OCR 10km	Spiker_OCR 14.9km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>ELENA</b> Ladnaya	<b>2152</b>		W 35-39	1	01:53:03	02:01:12	03:24:39	<b>03:24:44.15</b>	<b>03:24:45.25</b>		13:38	4.4 (100%)
2	<b>LARSSON</b> Madeleine	<b>2123</b>		W 35-39	2	01:25:40	01:32:50	04:15:35	<b>04:15:46.80</b>	<b>04:15:47.60</b>	+00:51:02 (20.0%)	17:03	3.5 (79.5%)
3	<b>PARAMONOVA</b> Irina	<b>2133</b>		W 35-39	3	01:47:40	01:55:47	04:41:03	<b>04:41:08.80</b>	<b>04:41:10.50</b>	+01:16:25 (27.2%)	18:44	3.2 (72.7%)
4	<b>DERMER</b> Johanna	<b>2125</b>		W 35-39	4	01:47:16	01:54:55	04:55:51	<b>04:55:58.85</b>	<b>04:56:00.75</b>	+01:31:15 (30.8%)	19:43	3 (68.2%)
5	<b>GOLUBEVA</b> Svetlana	<b>2138</b>		W 35-39	5	03:36:20	03:45:29	04:58:37	<b>04:58:45.55</b>	<b>04:58:47.05</b>	+01:34:01 (31.5%)	19:55	3 (68.2%)
6	<b>YANINA</b> Elena	<b>2130</b>		W 35-39	6	01:51:34	01:59:03	04:59:17	<b>04:59:21.00</b>	<b>04:59:22.60</b>	+01:34:37 (31.6%)	19:57	3 (68.2%)
DNC	<b>CROESE</b> Claire	<b>2150</b>		W 35-39				02:03:49	<b>02:03:55.30</b>	<b>02:03:56.20</b>		0:00	7.3 (165.9%)
DNC	<b>VICO</b> Jenny	<b>2160</b>		W 35-39		01:29:12	01:34:20	02:27:25	<b>02:27:32.40</b>	<b>02:27:34.20</b>		0:00	6.1 (138.6%)
DNC	<b>BOZIC</b> Sarah	<b>2129</b>		W 35-39		01:56:11	02:02:32	03:18:30	<b>03:18:38.40</b>	<b>03:18:40.00</b>		0:00	4.5 (102.3%)
DNC	<b>ŠAŠKOVÁ</b> Zuzana	<b>2142</b>		W 35-39		02:13:02	02:19:49		<b>03:22:37.75</b>	<b>03:22:39.40</b>		0:00	4.4 (100%)
DNC	<b>TRAJKOVSKA</b> Marta Kruszczyńska	<b>2128</b>		W 35-39		02:04:45	02:12:12	03:24:57	<b>03:25:06.75</b>	<b>03:25:08.75</b>		0:00	4.4 (100%)
DNC	<b>SELYMES</b> Kinga	<b>2135</b>		W 35-39				03:37:29	<b>03:37:39.10</b>	<b>03:37:41.50</b>		0:00	4.1 (93.2%)
DNC	<b>DONALD</b> Lee	<b>2126</b>		W 35-39		02:15:56	02:23:34	03:39:26	<b>03:39:34.05</b>	<b>03:39:35.10</b>		0:00	4.1 (93.2%)
DNC	<b>KYRYCH</b> Michaela	<b>2157</b>		W 35-39		02:17:17	02:25:06	03:43:37	<b>03:43:46.30</b>	<b>03:43:48.70</b>		0:00	4 (90.9%)
DNC	<b>PROPERZI</b> Valentina	<b>2151</b>		W 35-39				03:50:07	<b>03:50:25.40</b>	<b>03:50:26.50</b>		0:00	3.9 (88.6%)
DNC	<b>LINDSKOG</b> Cecilia	<b>2155</b>		W 35-39		02:14:14	02:20:32	03:54:23	<b>03:54:42.05</b>	<b>03:54:44.35</b>		0:00	3.8 (86.4%)
DNC	<b>SERRÃO</b> Tânia	<b>2154</b>		W 35-39		02:35:16	02:43:29	04:02:13	<b>04:02:19.65</b>	<b>04:02:21.95</b>		0:00	3.7 (84.1%)
DNC	<b>PINHAL</b> Gisela	<b>2144</b>		W 35-39		02:35:23	02:43:28	04:02:13	<b>04:02:19.90</b>	<b>04:02:22.05</b>		0:00	3.7 (84.1%)
DNC	<b>KOERMENDI</b> Csilla	<b>2124</b>		W 35-39		02:59:52	03:07:50		<b>04:10:41.05</b>	<b>04:10:43.25</b>		0:00	3.6 (81.8%)
DNC	<b>ALIJA</b> Floriana	<b>2156</b>		W 35-39		01:44:44	01:51:43	04:12:41	<b>04:12:48.75</b>	<b>04:12:50.15</b>		0:00	3.6 (81.8%)
DNC	<b>WEMHÖNER</b> Ida	<b>2146</b>		W 35-39		02:02:08	02:09:33	04:16:48	<b>04:16:54.00</b>	<b>04:16:55.30</b>		0:00	3.5 (79.5%)
DNC	<b>RAMOS</b> Paula Esteiro	<b>2143</b>		W 35-39		01:29:55	01:37:15	04:17:15	<b>04:17:23.30</b>	<b>04:17:24.70</b>		0:00	3.5 (79.5%)
DNC	<b>KĘPA</b> Justyna	<b>2162</b>		W 35-39		03:03:32	03:11:10	04:19:25	<b>04:19:33.80</b>	<b>04:19:35.40</b>		0:00	3.5 (79.5%)
DNC	<b>GIATSINTOVA</b> Irina	<b>2159</b>		W 35-39		02:42:41	02:53:26	04:20:38	<b>04:20:53.00</b>	<b>04:20:55.20</b>		0:00	3.4 (77.3%)
DNC	<b>PAPLICKA</b> Katarzyna	<b>2158</b>		W 35-39		02:17:52	02:25:51	04:24:31	<b>04:24:38.95</b>	<b>04:24:40.05</b>		0:00	3.4 (77.3%)
DNC	<b>DITTMANN</b> Kerstin	<b>2148</b>		W 35-39		03:21:16	03:29:55	04:43:28	<b>04:43:35.35</b>	<b>04:43:36.90</b>		0:00	3.2 (72.7%)
DNC	<b>RUFETE</b> Maribel Cabanes	<b>2145</b>		W 35-39		02:40:51	02:47:05	04:46:33	<b>04:46:43.00</b>	<b>04:46:44.50</b>		0:00	3.1 (70.5%)
DNC	<b>BIELEC</b> Kinga	<b>2141</b>		W 35-39		03:03:44	03:11:09	04:50:34	<b>04:50:43.00</b>	<b>04:50:44.30</b>		0:00	3.1 (70.5%)
DNC	<b>RANNIKKO</b> Emmy	<b>2132</b>		W 35-39		02:38:36	02:46:33	05:02:09	<b>05:02:16.80</b>	<b>05:02:18.70</b>		0:00	3 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Point9_OCR 9km	Point10_OCR 10km	Spiker_OCR 14.9km	Czas netto 15km	Czas brutto 15km	Różn	Tempo min/km	Tempo km/h
DNC	<b>HERMANSEN Sacha</b>	<b>2131</b>		W 35-39		01:45:17	01:52:51	05:14:17	<b>05:14:20.90</b>	<b>05:14:21.85</b>		0:00	2.9 (65.9%)
<b>Przekroczony limit czasu: 05:30:00</b>													
DNC	<b>FAVINI Beatrice Fantoni</b>	<b>2147</b>		W 35-39		03:35:47	03:42:16	05:35:57	<b>05:36:08.85</b>	<b>05:36:10.20</b>		0:00	2.7 (61.4%)
DNC	<b>KOLIC Monika</b>	<b>2153</b>		W 35-39		03:27:50	03:36:56	05:37:28	<b>05:37:35.90</b>	<b>05:37:37.30</b>		0:00	2.7 (61.4%)
DNC	<b>MAGOMEDOVA Leyla</b>	<b>2136</b>		W 35-39		03:34:08	03:43:46	05:42:06	<b>05:42:14.45</b>	<b>05:42:15.55</b>		0:00	2.6 (59.1%)
DNC	<b>FRANCZYSZYN-PORTKA Magdalena</b>	<b>2149</b>		W 35-39		03:48:14	03:56:06	06:07:31	<b>06:07:40.60</b>	<b>06:07:42.90</b>		0:00	2.4 (54.5%)
DNC	<b>BELLOMI Laura</b>	<b>2140</b>		W 35-39				06:43:29	<b>06:43:36.20</b>	<b>06:43:37.55</b>		0:00	2.2 (50.0%)
DNC	<b>ACQUADRO Elena</b>	<b>2139</b>		W 35-39		02:38:23	02:46:54	06:43:30	<b>06:43:36.35</b>	<b>06:43:37.55</b>		0:00	2.2 (50.0%)

Znaleziono 36 wynik(ów)