



OGÓLNOPOLSKI PUCHAR NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: Ogólnopolski Puchar Nordic Walking - 2021
Organizator: Gmina Potęgowo
Data: 2021-09-18
Miejsce: Potęgowo
Dystans: 10 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	5km	7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MIELECKA Agnieszka	43	KS IDMAR RACING TEAM	K50-59	1	2		00:16:56	00:33:38	00:50:32	01:07:48.50		6:46	8.8 (100%)
2	LUDWICZAK Andżelika	68	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-49	1			00:16:59	00:33:51	00:50:51	01:08:00.75	+00:00:12 (0.3%)	6:48	8.8 (100%)
3	JĘDRASIAK Renata	21	KGHM METRACO RUDNA	K50-59	2			00:17:01	00:34:08	00:51:11	01:08:20.40	+00:00:31 (0.8%)	6:50	8.8 (100%)
4	KRÓLIKOWSKA Krystyna	35	POLIPACK TEAM GWE	K40-49	2	2		00:17:24	00:34:35	00:51:44	01:08:46.00	+00:00:57 (1.4%)	6:52	8.7 (98.9%)
5	KOLBERG Kamila	31	KIJKOWE TRZEMESZNO	K40-49	3	1		00:17:22	00:34:37	00:51:47	01:08:46.60	+00:00:58 (1.4%)	6:52	8.7 (98.9%)
6	SZCZUDLIK Małgorzata	57	KIJKOWE TRZEMESZNO	K40-49	4	1		00:16:49	00:34:26	00:51:51	01:09:16.20	+00:01:27 (2.1%)	6:55	8.7 (98.9%)
7	STACHOWICZ Joanna	55	BŁĘKITNI DZIEMIANY	K30-39	1			00:17:38	00:35:15	00:52:51	01:10:12.75	+00:02:24 (3.4%)	7:01	8.5 (96.6%)
8	KUŁAKOWSKA Halina	36	KATOWICKI NORDIC WALKING	K40-49	5	2		00:17:51	00:35:51	00:54:07	01:12:30.80	+00:04:42 (6.5%)	7:15	8.3 (94.3%)
9	FRANCZAK Małgorzata	18	NW CZŁAPSKI TEAM	K18-29	1			00:17:57	00:36:19	00:54:56	01:13:31.10	+00:05:42 (7.8%)	7:21	8.2 (93.2%)
10	SZYMAŃSKA Monika	58		K40-49	6			00:20:06	00:38:15	00:56:01	01:13:50.25	+00:06:01 (8.2%)	7:23	8.1 (92.0%)
11	CZAJKA Urszula	13		K60-69	1	2		00:18:00	00:36:21	00:55:09	01:14:06.40	+00:06:17 (8.5%)	7:24	8.1 (92.0%)
12	KOWACZ Agata	32	SPEEDBAR	K30-39	2			00:19:53	00:37:57	00:56:12	01:14:41.70	+00:06:53 (9.2%)	7:28	8 (90.9%)
13	KREFT Barbara	33		K50-59	3			00:18:42	00:37:24	00:56:04	01:15:02.25	+00:07:13 (9.6%)	7:30	8 (90.9%)
14	MIŚKOWICZ Anna	44	NESSI TIME BIAŁA	K60-69	2			00:18:46	00:37:30	00:56:28	01:15:38.45	+00:07:49 (10.4%)	7:33	7.9 (89.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.5km	5km	7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
15	POSTEK Danuta	50	MARSZ PO ZDROWIE	K50-59	4	1		00:19:04	00:38:16	00:57:39	01:17:30.95	+00:09:42 (12.5%)	7:45	7.7 (87.5%)
16	KURZAWSKA Jolanta	37	KGHM METRACO RUDNA	K70+	1			00:21:02	00:39:58	00:59:01	01:18:12.50	+00:10:24 (13.3%)	7:49	7.7 (87.5%)
17	KNITTER Monika	66		K30-39	3			00:21:49	00:41:54	01:01:30	01:20:40.65	+00:12:52 (16.0%)	8:04	7.4 (84.1%)
18	STANKOWSKA Marzena	56	KIJKOWE TRZEMESZNO	K40-49	7			00:22:15	00:42:20	01:02:33	01:22:46.10	+00:14:57 (18.1%)	8:16	7.2 (81.8%)
19	SOSNOWSKA Magdalena	54	KIJKOWE TRZEMESZNO	K40-49	8			00:22:16	00:42:21	01:02:35	01:22:58.30	+00:15:09 (18.3%)	8:17	7.2 (81.8%)
20	DYLEWICZ Weronika	16	EKSTREMUM	K18-29	2			00:22:18	00:42:39	01:02:48	01:23:22.10	+00:15:33 (18.7%)	8:20	7.2 (81.8%)
21	CHUDOWICZ Sylwia	11		K40-49	9			00:22:47	00:43:40	01:04:31	01:25:24.85	+00:17:36 (20.6%)	8:32	7 (79.5%)
22	FRANCZAK Anna	17	NW CZŁAPSKI TEAM	K50-59	5			00:23:20	00:44:37	01:05:21	01:25:35.60	+00:17:47 (20.8%)	8:33	7 (79.5%)
23	BARCZYK Jolanta	4	ZABIEGANI CZĘSTOCHOWA	K60-69	3			00:22:53	00:43:39	01:04:40	01:25:36.50	+00:17:48 (20.8%)	8:33	7 (79.5%)
24	WYSOCKA Bernadeta	64	BŁĘKITNI DZIEMIANY	K40-49	10			00:22:23	00:43:00	01:04:17	01:26:19.90	+00:18:31 (21.5%)	8:37	7 (79.5%)
25	CHOLEWKA Jolanta	10	MARSZ PO ZDROWIE	K60-69	4			00:22:51	00:44:21	01:06:42	01:29:41.40	+00:21:52 (24.4%)	8:58	6.7 (76.1%)
26	NIEWIADOMSKA Zofia	46	SERCE NORDICA WŁOCŁAWEK	K60-69	5	1		00:24:14	00:46:53	01:09:10	01:31:18.30	+00:23:29 (25.7%)	9:07	6.6 (75.0%)
27	BARABACH Danuta	3		K60-69	6			00:24:13	00:46:52	01:09:11	01:31:24.05	+00:23:35 (25.8%)	9:08	6.6 (75.0%)
28	CZEKRYSZEW Małgorzata	14	SERCE NORDICA WŁOCŁAWEK	K50-59	6			00:24:54	00:47:52	01:11:12	01:34:49.60	+00:27:01 (28.5%)	9:28	6.3 (71.6%)

Znaleziono 28 wynik(ów)