



OGÓLNOPOLSKI PUCHAR NORDIC WALKING - 10 KM

B4SPORT

Wydarzenie: Ogólnopolski Puchar Nordic Walking 2021
Organizator: Olimpia Osowa
Data: 2021-09-12
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Mundurowi	2.5km	5km	7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MARCZAK Tomasz	35	KS IDMAR RACING TEAM	M18-29	1				00:14:49	00:30:26	00:45:58	01:01:22.85		6:08	9.8 (100%)
2	POŁUBIAK Paweł	44		M30-39	1				00:15:16	00:31:10	00:47:11	01:02:57.05	+00:01:34 (2.5%)	6:17	9.5 (96.9%)
3	POLKOWSKI Piotr	43	NW CZŁAPSKI TEAM	M30-39	2				00:15:11	00:31:08	00:47:13	01:03:26.90	+00:02:04 (3.3%)	6:20	9.5 (96.9%)
4	KŁOS Maciej	24	NW WYSPA SOBIESZEWSKA	M30-39	3	1			00:15:14	00:30:58	00:47:51	01:03:59.55	+00:02:36 (4.1%)	6:23	9.4 (95.9%)
5	HELWICH Stefan	17	KGHM METRACO RUDNA	M60-69	1				00:15:45	00:32:09	00:48:41	01:05:21.70	+00:03:58 (6.1%)	6:32	9.2 (93.9%)
6	KNITTER Tomasz	25	BŁĘKITNI DZIEMIANY	M18-29	2				00:16:01	00:32:55	00:49:49	01:06:14.55	+00:04:51 (7.3%)	6:37	9.1 (92.9%)
7	JUREK Adam	21	KGHM METRACO RUDNA	M60-69	2				00:16:05	00:32:52	00:49:49	01:06:15.85	+00:04:53 (7.4%)	6:37	9.1 (92.9%)
8	SIWAK Piotr	48	KGHM METRACO RUDNA	M60-69	3				00:16:05	00:32:50	00:49:49	01:06:17.90	+00:04:55 (7.4%)	6:37	9.1 (92.9%)
9	CZŁAPSKI Krzysztof	11	NW CZŁAPSKI TEAM	M50-59	1				00:16:07	00:32:53	00:49:50	01:06:50.35	+00:05:27 (8.2%)	6:41	9 (91.8%)
10	CHOJNACKI Paweł	4	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-59	2	1			00:16:15	00:33:10	00:50:08	01:07:07.90	+00:05:45 (8.6%)	6:42	8.9 (90.8%)
11	KUŚMIEREK Jan	32	BŁĘKITNI DZIEMIANY	M50-59	3				00:16:25	00:33:19	00:50:25	01:07:31.10	+00:06:08 (9.1%)	6:45	8.9 (90.8%)
12	MĄDRY Grzegorz	36	KIJKOWE TRZEMESZNO	M60-69	4	1			00:16:27	00:33:43	00:50:58	01:08:16.95	+00:06:54 (10.1%)	6:49	8.8 (89.8%)
13	WIŚNIEWSKI Sławomir	60	FLUGGER	M40-49	1				00:16:24	00:33:26	00:50:56	01:08:17.30	+00:06:54 (10.1%)	6:49	8.8 (89.8%)
14	CHYRA Janusz	7		M40-49	2	2			00:16:54	00:34:13	00:51:45	01:09:15.40	+00:07:52 (11.4%)	6:55	8.7 (88.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Mundurowi	2.5km	5km	7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
15	NIETUPSKI Dariusz	65	WŁÓCZYKIJE GDYNIA	M50-59	4	2			00:16:55	00:34:22	00:52:05	01:10:05.90	+00:08:43 (12.4%)	7:00	8.6 (87.8%)
16	SZYMAŃSKI Stefan	55	SERCE NORDICA WŁOCŁAWEK	M70+	1				00:17:43	00:35:29	00:53:33	01:10:50.65	+00:09:27 (13.4%)	7:05	8.5 (86.7%)
17	KACZMAREK Eugeniusz	22		M70+	2	1			00:17:43	00:35:31	00:53:33	01:10:59.85	+00:09:37 (13.5%)	7:05	8.5 (86.7%)
18	ŚLUSARCZYK Marcin	56	WESOŁY BORSUK TEAM	M40-49	3				00:17:34	00:35:49	00:54:23	01:13:03.75	+00:11:40 (16.0%)	7:18	8.2 (83.7%)
19	ŚLUSARCZYK Andrzej	57	WESOŁY BORSUK TEAM	M70+	3				00:17:49	00:36:07	00:54:36	01:13:20.20	+00:11:57 (16.3%)	7:20	8.2 (83.7%)
20	ROWIŃSKI Paweł	46	NW CZŁAPSKI TEAM	M30-39	4	2			00:18:04	00:36:20	00:54:52	01:13:28.00	+00:12:05 (16.5%)	7:20	8.2 (83.7%)
21	GODZIŃSKI Paweł	16	BAŻANT NW ELBLĄG	M40-49	4	1			00:17:46	00:36:15	00:55:01	01:13:41.40	+00:12:18 (16.7%)	7:22	8.1 (82.7%)
22	KRIGER Roman	29	SERCE NORDICA WŁOCŁAWEK	M60-69	5			Tak	00:18:14	00:36:37	00:55:11	01:14:01.15	+00:12:38 (17.1%)	7:24	8.1 (82.7%)
23	FRANCZAK Dariusz	14	NW CZŁAPSKI TEAM	M50-59	5				00:18:28	00:37:01	00:55:31	01:14:12.55	+00:12:49 (17.3%)	7:25	8.1 (82.7%)
24	KĘPA Andrzej	23	FAMILY TEAM KĘPA SPORT	M70+	4			Tak	00:18:20	00:37:08	00:55:57	01:15:26.65	+00:14:03 (18.6%)	7:32	8 (81.6%)
25	ŻYGENDA Robert	62	WŁÓCZYKIJE GDYNIA	M50-59	6				00:18:39	00:37:33	00:56:55	01:16:31.35	+00:15:08 (19.8%)	7:39	7.8 (79.6%)
26	PALUCH Paweł	41	AVOCADO WELLNESS CLUB	M50-59	7				00:18:43	00:38:18	00:58:09	01:17:44.50	+00:16:21 (21.0%)	7:46	7.7 (78.6%)
27	REJMAK Marek	64	WŁÓCZYKIJE GDYNIA	M60-69	6				00:19:57	00:39:53	00:59:28	01:19:04.95	+00:17:42 (22.4%)	7:54	7.6 (77.6%)
28	CZERWIŃSKI Mateusz	10		M18-29	3				00:18:58	00:38:38	00:58:46	01:19:12.55	+00:17:49 (22.5%)	7:55	7.6 (77.6%)
29	BIAŁK Roman	2		M70+	5				00:19:28	00:39:32	00:59:36	01:19:37.85	+00:18:15 (22.9%)	7:57	7.5 (76.5%)
30	OLECH Marcin	39		M40-49	5	1			00:20:20	00:40:37	01:00:11	01:19:37.90	+00:18:15 (22.9%)	7:57	7.5 (76.5%)
31	JÓŹWIAK Łukasz	19	SERCE NORDICA WŁOCŁAWEK	M50-59	8			Tak	00:19:47	00:40:06	01:00:12	01:20:08.65	+00:18:45 (23.4%)	8:00	7.5 (76.5%)
32	JUCHNIEWICZ Marcin	20		M40-49	6				00:20:48	00:41:15	01:01:19	01:20:14.60	+00:18:51 (23.5%)	8:01	7.5 (76.5%)

Znaleziono 32 wynik(ów)