



OGÓLNOPOLSKI PUCHAR NORDIC WALKING - 5 KM

B4SPORT

Event: Ogólnopolski Puchar Nordic Walking 2021
Organiser: Urząd Miasta i Gminy Murowana Goślina, Fundacja Herkules All Sports
Date: 2021-08-21
Place: Murowana Goślina
Distance: 5 km



Classification: K30-39

| Place | Participant | Number | Club | Category | MCat | NS | Żół. kartki | Czer. kartki | 2.5km | Net time 5km | Gap | Pace min/km | Pace km/h |
|-------|----------------------------------|------------|--------------------|----------|------|----|-------------|--------------|----------|--------------------|-------------------|-------------|-------------|
| 1 | SZULC-MIKOŁAJCZAK Marzena | 208 | NW WĄGROWIEC | K30-39 | 1 | | | | 00:19:56 | 00:40:39.98 | | 8:07 | 7.4 (100%) |
| 2 | JASTRZĘBSKA-MACKO Marta | 129 | WYCHODZĘ Z KIJAMI | K30-39 | 2 | | | | 00:21:37 | 00:44:04.07 | +00:03:24 (7.7%) | 8:48 | 6.8 (91.9%) |
| 3 | KUREK Aleksandra | 152 | KGHM METRACO RUDNA | K30-39 | 3 | | | | 00:22:04 | 00:44:37.39 | +00:03:57 (8.9%) | 8:55 | 6.7 (90.5%) |
| 4 | BARTEK Sonia | 83 | | K30-39 | 4 | | | | 00:25:09 | 00:50:07.09 | +00:09:27 (18.9%) | 10:01 | 6 (81.1%) |
| 5 | SZYBUT Roma | 209 | POTĘGA NORDICA | K30-39 | 5 | | | | 00:25:43 | 00:52:44.38 | +00:12:04 (22.9%) | 10:32 | 5.7 (77.0%) |

Total 5 results.