



OGÓLNOPOLSKI PUCHAR NORDIC WALKING - 5 KM

B4SPORT

Event: Ogólnopolski Puchar Nordic Walking 2021
Organiser: Olimpia Osowa
Date: 2021-09-12
Place: Gdańsk
Distance: 5 km



Classification: K50-54

Place	Participant	Number	Club	Category	MCat	NS	Żół. kartki	Czer. kartki	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	OKRZESIK-FRĄCKOWIAK Izabela	146	EKSPEDYCJA NORDIC TEAMSZCZECIN	K50-54	1	1			00:16:37	00:33:46.05		6:45	8.9 (100%)
2	MAŚLANKA Iwona	143	MARSZ PO ZDROWIE	K50-54	2				00:16:48	00:33:57.75	+00:00:11 (0.6%)	6:47	8.8 (98.9%)
3	NOWAK-MARKANICZ Katarzyna	207	OLIMPIA OSOWA	K50-54	3				00:19:42	00:39:29.00	+00:05:42 (14.5%)	7:53	7.6 (85.4%)
4	BALCERAK Grażyna	218	OLIMPIA GDAŃSK	K50-54	4				00:20:53	00:41:01.10	+00:07:15 (17.7%)	8:12	7.3 (82.0%)
5	KOSTRZEWA Ela	124	NW CZŁAPSKI TEAM	K50-54	5				00:20:34	00:41:04.10	+00:07:18 (17.8%)	8:12	7.3 (82.0%)
6	BIEGAJŁO Małgorzata	75		K50-54	6				00:20:29	00:41:04.25	+00:07:18 (17.8%)	8:12	7.3 (82.0%)
7	GÓRA Beata	99	WŁÓCZYKIJE GDYNIA	K50-54	7				00:20:49	00:41:40.70	+00:07:54 (19.0%)	8:20	7.2 (80.9%)
8	KURCZ Barbara	131	WYCHODZĘ Z KIJAMI	K50-54	8				00:20:46	00:41:47.10	+00:08:01 (19.2%)	8:21	7.2 (80.9%)
9	TKACZYK Marzena	178	WYCHODZĘ Z KIJAMI	K50-54	9				00:21:11	00:42:11.05	+00:08:25 (20.0%)	8:26	7.1 (79.8%)
10	FORMALEWICZ Katarzyna	87	WYCHODZĘ Z KIJAMI	K50-54	10	1			00:22:20	00:44:11.30	+00:10:25 (23.6%)	8:50	6.8 (76.4%)
11	PRACKA Katarzyna	155	SERCE NORDICA WŁOCLAWEK	K50-54	11				00:22:15	00:44:49.30	+00:11:03 (24.7%)	8:57	6.7 (75.3%)

Total 11 results.