



# OGÓLNOPOLSKI PUCHAR NORDIC WALKING - 5 KM

B4SPORT

**Event:** Ogólnopolski Puchar Nordic Walking - 2021  
**Organiser:** Gmina Potęgowo  
**Date:** 2021-09-18  
**Place:** Potęgowo  
**Distance:** 5 km



Classification: Kobiety

Place	Participant	Number	Club	Category	MCat	NS	Żół. kartki	Czer. kartki	Mundurowi	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>KRAJEWSKA Hanna</b>	<b>168</b>	LUKI TEAM POLAND	K18-29	1		1			00:15:33	<b>00:31:32.60</b>		6:18	9.5 (100%)
2	<b>MIELECKA Agnieszka</b>	<b>204</b>	KS IDMAR RACING TEAM	K50-54	1					00:15:41	<b>00:32:02.90</b>	+00:00:30 (1.6%)	6:24	9.4 (98.9%)
3	<b>MAŚLANKA Iwona</b>	<b>199</b>	MARSZ PO ZDROWIE	K50-54	2		1			00:16:43	<b>00:33:49.25</b>	+00:02:16 (6.7%)	6:45	8.9 (93.7%)
4	<b>WOJTCZAK Urszula</b>	<b>279</b>	CZAPELKI	K40-44	1		1			00:16:43	<b>00:33:51.50</b>	+00:02:18 (6.8%)	6:46	8.9 (93.7%)
5	<b>OKRZESIK- FRĄCKOWIAK Izabela</b>	<b>209</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K50-54	3					00:16:43	<b>00:33:56.70</b>	+00:02:24 (7.1%)	6:47	8.8 (92.6%)
6	<b>JÓŹWIAK Marianna</b>	<b>136</b>	SERCE NORDICA WŁOCŁAWEK	K45-49	1					00:17:16	<b>00:34:59.90</b>	+00:03:27 (9.9%)	6:59	8.6 (90.5%)
7	<b>POKŁADOWSKA Joanna</b>	<b>221</b>	WYCHODZĘ Z KIJAMI	K45-49	2					00:17:20	<b>00:35:23.20</b>	+00:03:50 (10.9%)	7:04	8.5 (89.5%)
8	<b>KEDZIERSKA Agnieszka</b>	<b>142</b>	KIJKOWE TRZEMESZNO	K45-49	3					00:17:40	<b>00:35:33.95</b>	+00:04:01 (11.3%)	7:06	8.4 (88.4%)
9	<b>KĘDZIERSKA Karolina</b>	<b>288</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-44	2					00:17:41	<b>00:35:39.45</b>	+00:04:06 (11.5%)	7:07	8.4 (88.4%)
10	<b>DOLNA-FILIPCZUK Ewelina</b>	<b>104</b>	ELDOFIT TEAM KOŁCZYGŁOWY	K30-39	1					00:17:56	<b>00:35:54.95</b>	+00:04:22 (12.2%)	7:10	8.4 (88.4%)
11	<b>WITUCKA Karolina</b>	<b>300</b>		K-Dzieci	1					00:17:57	<b>00:36:22.75</b>	+00:04:50 (13.3%)	7:16	8.2 (86.3%)
12	<b>KOWACZ Agata</b>	<b>162</b>	SPEEDBAR	K30-39	2					00:18:06	<b>00:37:01.50</b>	+00:05:28 (14.8%)	7:24	8.1 (85.3%)
13	<b>KUŁAKOWSKA Halina</b>	<b>176</b>	KATOWICKI NORDIC WALKING	K45-49	4					00:18:07	<b>00:37:03.65</b>	+00:05:31 (14.9%)	7:24	8.1 (85.3%)
14	<b>OLEJNICZAK Aleksandra</b>	<b>210</b>	KIJKOWE TRZEMESZNO	K-Jun.	1					00:18:33	<b>00:37:05.95</b>	+00:05:33 (15.0%)	7:25	8.1 (85.3%)

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14	<b>KRYCKA Danuta</b>	<b>228</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K45-49	5		1			00:18:31	<b>00:37:05.95</b>	+00:05:33 (15.0%)	7:25	8.1 (85.3%)
16	<b>GUTOWSKA Magdalena</b>	<b>126</b>	PAUL TEAM	K45-49	6					00:18:32	<b>00:37:15.70</b>	+00:05:43 (15.3%)	7:27	8.1 (85.3%)
17	<b>DAROSZEWSKA Krystyna</b>	<b>100</b>	SERCE NORDICA WŁOCŁAWEK	K60-64	1					00:18:43	<b>00:37:41.40</b>	+00:06:08 (16.3%)	7:32	8 (84.2%)
18	<b>DYLEWICZ Weronika</b>	<b>109</b>	EKSTREMUM	K18-29	2					00:18:59	<b>00:37:52.55</b>	+00:06:19 (16.7%)	7:34	7.9 (83.2%)
19	<b>SZYBUT Weronika</b>	<b>255</b>	POTĘGA NORDICA	K-Dzieci	2					00:18:44	<b>00:37:53.85</b>	+00:06:21 (16.8%)	7:34	7.9 (83.2%)
20	<b>SAPUŁA Wiktoria</b>	<b>239</b>		K18-29	3					00:19:03	<b>00:37:54.30</b>	+00:06:21 (16.8%)	7:34	7.9 (83.2%)
21	<b>DARGAS Sandra</b>	<b>99</b>	BŁĘKITNI DZIEMIANY	K-Jun.	2					00:19:01	<b>00:38:16.60</b>	+00:06:44 (17.6%)	7:39	7.8 (82.1%)
22	<b>SZEREMENT Katarzyna</b>	<b>304</b>		K40-44	3					00:18:56	<b>00:38:18.35</b>	+00:06:45 (17.7%)	7:39	7.8 (82.1%)
23	<b>GAŁKOWSKA Elżbieta</b>	<b>117</b>	MARSZ PO ZDROWIE	K65-69	1					00:18:51	<b>00:38:22.35</b>	+00:06:49 (17.8%)	7:40	7.8 (82.1%)
24	<b>KRĘCKA Irena</b>	<b>169</b>		K55-59	1					00:19:02	<b>00:38:24.05</b>	+00:06:51 (17.9%)	7:40	7.8 (82.1%)
25	<b>KĘDZIERSKA Edyta</b>	<b>143</b>	EKG OLIMPIA OSOWA	K45-49	7					00:19:08	<b>00:38:25.35</b>	+00:06:52 (17.9%)	7:41	7.8 (82.1%)
26	<b>POSTEK Danuta</b>	<b>222</b>	MARSZ PO ZDROWIE	K55-59	2					00:19:03	<b>00:38:34.35</b>	+00:07:01 (18.2%)	7:42	7.8 (82.1%)
27	<b>MALKIEWICZ Małgorzata</b>	<b>194</b>	SERCE NORDICA WŁOCŁAWEK	K55-59	3					00:19:08	<b>00:38:34.40</b>	+00:07:01 (18.2%)	7:42	7.8 (82.1%)
28	<b>JASWIG Katarzyna</b>	<b>134</b>	ELDOFIT TEAM KOŁCZYGŁOWY	K30-39	3					00:19:12	<b>00:38:49.55</b>	+00:07:16 (18.8%)	7:45	7.7 (81.1%)
29	<b>STENKA Agnieszka</b>	<b>297</b>	EKG OLIMPIA OSOWA	K40-44	4					00:19:13	<b>00:38:50.70</b>	+00:07:18 (18.8%)	7:46	7.7 (81.1%)
30	<b>KUŚMIEREK Beata</b>	<b>180</b>	BŁĘKITNI DZIEMIANY	K45-49	8					00:19:46	<b>00:39:04.00</b>	+00:07:31 (19.3%)	7:48	7.7 (81.1%)
31	<b>OCHOCKA Patrycja</b>	<b>298</b>	EKG OLIMPIA OSOWA	K40-44	5					00:19:16	<b>00:39:04.55</b>	+00:07:31 (19.3%)	7:48	7.7 (81.1%)
32	<b>PALIWODA Katarzyna</b>	<b>229</b>		K45-49	9					00:19:12	<b>00:39:10.30</b>	+00:07:37 (19.5%)	7:50	7.7 (81.1%)
33	<b>JANOWSKA Agnieszka</b>	<b>132</b>		K18-29	4					00:19:31	<b>00:39:24.00</b>	+00:07:51 (19.9%)	7:52	7.6 (80.0%)
34	<b>ŚLUSARCZYK Karolina</b>	<b>260</b>	WESOŁY BORSUK TEAM	K-Jun.	3					00:19:17	<b>00:39:27.10</b>	+00:07:54 (20.0%)	7:53	7.6 (80.0%)
35	<b>TOWARNICKA Izabela</b>	<b>267</b>		K-Niepełnosprawni(B)	1	B				00:19:35	<b>00:39:30.05</b>	+00:07:57 (20.1%)	7:54	7.6 (80.0%)
36	<b>TECŁAW Barbara</b>	<b>264</b>		K45-49	10					00:19:44	<b>00:39:38.95</b>	+00:08:06 (20.4%)	7:55	7.6 (80.0%)
37	<b>RODZIEWICZ Wioletta</b>	<b>232</b>		K50-54	4					00:19:43	<b>00:39:43.90</b>	+00:08:11 (20.6%)	7:56	7.6 (80.0%)

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38	<b>SZAŁAJ Anna</b>	<b>250</b>	KGHM METRACO RUDNA	K-Niepełnosprawni(B)	2					00:19:42	<b>00:39:48.20</b>	+00:08:15 (20.8%)	7:57	7.5 (78.9%)
39	<b>GRYGOROWICZ Teresa</b>	<b>125</b>	KGHM METRACO RUDNA	K65-69	2					00:19:54	<b>00:39:55.25</b>	+00:08:22 (21.0%)	7:59	7.5 (78.9%)
40	<b>WOROCH Jolanta</b>	<b>281</b>	KGHM METRACO RUDNA	K55-59	4					00:19:34	<b>00:39:57.50</b>	+00:08:24 (21.1%)	7:59	7.5 (78.9%)
41	<b>KLECZKOWSKA Anna</b>	<b>303</b>	EKG OLIMPIA OSOWA	K40-44	6					00:19:53	<b>00:40:04.40</b>	+00:08:31 (21.3%)	8:00	7.5 (78.9%)
42	<b>JASTRZĘBSKA-MACKO Marta</b>	<b>133</b>	WYCHODZĘ Z KIJAMI	K30-39	4					00:19:52	<b>00:40:11.65</b>	+00:08:39 (21.5%)	8:02	7.5 (78.9%)
43	<b>PIETRZYK Anna</b>	<b>218</b>		K-Niepełnosprawni(A)	1			A		00:19:53	<b>00:40:12.85</b>	+00:08:40 (21.6%)	8:02	7.5 (78.9%)
44	<b>PLUTO-PRĄDZYŃSKA Anna</b>	<b>220</b>	ELDOFIT TEAM KOŁCZYGŁOWY	K30-39	5					00:20:00	<b>00:40:13.45</b>	+00:08:40 (21.6%)	8:02	7.5 (78.9%)
45	<b>KOTUSIEWICZ Maria</b>	<b>161</b>	-	K55-59	5					00:20:03	<b>00:40:13.80</b>	+00:08:41 (21.6%)	8:02	7.5 (78.9%)
46	<b>NOWICKA Agnieszka</b>	<b>207</b>	POTĘGA NORDICA	K30-39	6					00:20:08	<b>00:40:22.10</b>	+00:08:49 (21.9%)	8:04	7.4 (77.9%)
47	<b>SOROKA Teresa</b>	<b>246</b>	NW PASŁĘK	K60-64	2					00:19:59	<b>00:40:37.10</b>	+00:09:04 (22.3%)	8:07	7.4 (77.9%)
48	<b>DOMAGAŁA Julia</b>	<b>105</b>	SP POTĘGOWO	K-Dzieci	3					00:20:46	<b>00:40:41.45</b>	+00:09:08 (22.5%)	8:08	7.4 (77.9%)
49	<b>PLUTO-PRĄDZYŃSKA Klaudia</b>	<b>219</b>	ELDOFIT TEAM KOŁCZYGŁOWY	K-Niepełnosprawni(B)	3			B		00:20:05	<b>00:40:46.70</b>	+00:09:14 (22.6%)	8:09	7.4 (77.9%)
50	<b>TURZYŃSKA-STOPA Maria</b>	<b>268</b>	BŁĘKITNI DZIEMIANY	K65-69	3					00:20:19	<b>00:40:47.80</b>	+00:09:15 (22.7%)	8:09	7.4 (77.9%)
51	<b>KACPERSKA-SASS Anna</b>	<b>294</b>		K30-39	7					00:20:38	<b>00:40:50.80</b>	+00:09:18 (22.8%)	8:10	7.3 (76.8%)
52	<b>LIPKA Julia</b>	<b>184</b>	SP POTĘGOWO	K-Dzieci	4					00:20:43	<b>00:40:56.00</b>	+00:09:23 (22.9%)	8:11	7.3 (76.8%)
53	<b>KUMPIŃ Izabela</b>	<b>177</b>	SP POTĘGOWO	K45-49	11					00:20:19	<b>00:41:01.70</b>	+00:09:29 (23.1%)	8:12	7.3 (76.8%)
54	<b>BOETHER Patrycja</b>	<b>88</b>	SP POTĘGOWO	K-Dzieci	5					00:19:34	<b>00:41:05.45</b>	+00:09:32 (23.2%)	8:13	7.3 (76.8%)
55	<b>SOCHA Marlena</b>	<b>245</b>	POTĘGA NORDICA	K40-44	7					00:20:47	<b>00:41:21.20</b>	+00:09:48 (23.7%)	8:16	7.3 (76.8%)
56	<b>SELIB Izabela</b>	<b>240</b>	WŁÓCZYKIJE GDYNIA	K50-54	5					00:20:26	<b>00:41:23.05</b>	+00:09:50 (23.8%)	8:16	7.2 (75.8%)
57	<b>LUBAŃSKA Leokadia</b>	<b>185</b>	SERCE NORDICA WŁOCŁAWEK	K-Niepełnosprawni(A)	2			A		00:20:37	<b>00:41:29.15</b>	+00:09:56 (24.0%)	8:17	7.2 (75.8%)
58	<b>BUŁAK Anna</b>	<b>93</b>		K18-29	5					00:20:36	<b>00:41:29.95</b>	+00:09:57 (24.0%)	8:17	7.2 (75.8%)
59	<b>DARGAS Małgorzata</b>	<b>98</b>	BŁĘKITNI DZIEMIANY	K45-49	12					00:20:51	<b>00:41:50.65</b>	+00:10:18 (24.6%)	8:22	7.2 (75.8%)
60	<b>MAŁKA Irena</b>	<b>196</b>		K65-69	4					00:20:54	<b>00:42:15.90</b>	+00:10:43 (25.4%)	8:27	7.1 (74.7%)

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61	<b>WESOŁOWSKA Anita</b>	<b>317</b>	POTĘGA NORDICA	K30-39	8					00:21:15	<b>00:42:19.00</b>	+00:10:46 (25.5%)	8:27	7.1 (74.7%)
62	<b>KOCOŃ Sylwia</b>	<b>153</b>		K40-44	8					00:20:57	<b>00:42:24.45</b>	+00:10:51 (25.6%)	8:28	7.1 (74.7%)
63	<b>ANTOSIAK Simonetta</b>	<b>306</b>	SP POTĘGOWO	K-Jun.	4					00:20:51	<b>00:42:25.65</b>	+00:10:53 (25.7%)	8:29	7.1 (74.7%)
64	<b>KURCZ Barbara</b>	<b>178</b>	WYCHODZĘ Z KIJAMI	K50-54	6					00:21:13	<b>00:42:26.35</b>	+00:10:53 (25.7%)	8:29	7.1 (74.7%)
65	<b>UKLEJA Justyna</b>	<b>269</b>		K30-39	9					00:21:06	<b>00:42:30.45</b>	+00:10:57 (25.8%)	8:30	7.1 (74.7%)
66	<b>SZYMAŃSKA Lucyna</b>	<b>257</b>	XV KOŁO PZERII	K70-74	1					00:21:18	<b>00:43:11.85</b>	+00:11:39 (27.0%)	8:38	6.9 (72.6%)
67	<b>HEBEL Maria</b>	<b>129</b>	WŁÓCZYKIJE GDYNIA	K45-49	13					00:21:50	<b>00:43:17.45</b>	+00:11:44 (27.1%)	8:39	6.9 (72.6%)
68	<b>ZAWADZKA Monika</b>	<b>283</b>	SP POTĘGOWO	K-Dzieci	6					00:22:26	<b>00:43:35.55</b>	+00:12:02 (27.6%)	8:43	6.9 (72.6%)
69	<b>UKLEJA Katarzyna</b>	<b>307</b>	POTĘGA NORDICA	K18-29	6					00:21:34	<b>00:43:42.15</b>	+00:12:09 (27.8%)	8:44	6.9 (72.6%)
70	<b>SZTYLKA Natalia</b>	<b>252</b>	SP POTĘGOWO	K-Jun.	5					00:22:27	<b>00:43:55.65</b>	+00:12:23 (28.2%)	8:47	6.8 (71.6%)
71	<b>KOZŁOWSKA Wiktoria</b>	<b>165</b>	SP POTĘGOWO	K-Jun.	6					00:22:53	<b>00:43:56.25</b>	+00:12:23 (28.2%)	8:47	6.8 (71.6%)
72	<b>SUPROŃ Marta</b>	<b>249</b>	WYCHODZĘ Z KIJAMI	K30-39	10					00:21:53	<b>00:44:03.40</b>	+00:12:30 (28.4%)	8:48	6.8 (71.6%)
73	<b>DEUTSCHMANN Katarzyna</b>	<b>103</b>	WŁÓCZYKIJE	K50-54	7					00:21:50	<b>00:44:04.10</b>	+00:12:31 (28.4%)	8:48	6.8 (71.6%)
74	<b>NOWICKA Zuzanna</b>	<b>208</b>	POTĘGA NORDICA	K-Dzieci	7					00:22:12	<b>00:44:07.65</b>	+00:12:35 (28.5%)	8:49	6.8 (71.6%)
75	<b>UKLEJA Monika</b>	<b>312</b>	POTĘGA NORDICA	K30-39	11					00:21:27	<b>00:44:10.35</b>	+00:12:37 (28.6%)	8:50	6.8 (71.6%)
76	<b>SIWICKA Zuzanna</b>	<b>241</b>	SP POTĘGOWO	K-Dzieci	8					00:21:40	<b>00:44:14.60</b>	+00:12:42 (28.7%)	8:50	6.8 (71.6%)
77	<b>WESOŁOWSKA Milena</b>	<b>318</b>		K-Dzieci	9					00:22:09	<b>00:44:14.70</b>	+00:12:42 (28.7%)	8:50	6.8 (71.6%)
78	<b>WASILEWSKA Karina</b>	<b>310</b>		K40-44	9					00:21:42	<b>00:44:22.20</b>	+00:12:49 (28.9%)	8:52	6.8 (71.6%)
79	<b>PRZYBYLSKA Aleksandra</b>	<b>226</b>	ELITE TEAM	K-Niepełnosprawni(B)	4	B				00:22:17	<b>00:44:24.80</b>	+00:12:52 (29.0%)	8:52	6.8 (71.6%)
80	<b>KUBIK Martyna</b>	<b>174</b>	SP POTĘGOWO	K-Dzieci	10					00:22:09	<b>00:44:33.75</b>	+00:13:01 (29.2%)	8:54	6.7 (70.5%)
81	<b>SZUSTAKIEWICZ Grazyna</b>	<b>253</b>	WŁÓCZYKIJE GDYNIA	K60-64	3					00:22:16	<b>00:44:37.90</b>	+00:13:05 (29.3%)	8:55	6.7 (70.5%)
82	<b>PRZEBORKIEWICZ Gosia</b>	<b>225</b>	PIERNIKI TORUŃ	K-Niepełnosprawni(A)	3	A				00:22:26	<b>00:45:06.05</b>	+00:13:33 (30.1%)	9:01	6.7 (70.5%)
83	<b>KROPIDŁOWSKA Patrycja</b>	<b>172</b>	SP POTĘGOWO	K-Dzieci	11					00:22:23	<b>00:45:24.60</b>	+00:13:52 (30.5%)	9:04	6.6 (69.5%)

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84	<b>DZIECIELSKA Nelly</b>	<b>110</b>	SP POTĘGOWO	K-Dzieci	12					00:22:33	<b>00:45:29.55</b>	+00:13:56 (30.7%)	9:05	6.6 (69.5%)
85	<b>SOCHA Aleksandra</b>	<b>340</b>		K-Dzieci	13					00:22:34	<b>00:45:35.45</b>	+00:14:02 (30.8%)	9:07	6.6 (69.5%)
86	<b>PRACKA Katarzyna</b>	<b>223</b>	SERCE NORDICA WŁOCŁAWEK	K50-54	8					00:23:23	<b>00:45:58.75</b>	+00:14:26 (31.4%)	9:11	6.5 (68.4%)
87	<b>KACZMAREK Helena</b>	<b>301</b>		K-Dzieci	14					00:22:09	<b>00:46:00.50</b>	+00:14:27 (31.4%)	9:12	6.5 (68.4%)
88	<b>OWCZAREK Henryka</b>	<b>211</b>	MARSZ PO ZDROWIE	K75-79	1					00:23:26	<b>00:46:50.65</b>	+00:15:18 (32.7%)	9:22	6.4 (67.4%)
89	<b>PANKIEWICZ-DMOWSKA Cecylia</b>	<b>215</b>		K70-74	2					00:23:23	<b>00:46:50.95</b>	+00:15:18 (32.7%)	9:22	6.4 (67.4%)
90	<b>ŚLUSARCZYK Danuta</b>	<b>259</b>	WESOŁY BORSUK TEAM	K65-69	5					00:23:16	<b>00:46:51.00</b>	+00:15:18 (32.7%)	9:22	6.4 (67.4%)
91	<b>DWORNICKA Anna</b>	<b>108</b>	POTĘGA NORDICA	K40-44	10					00:23:43	<b>00:46:59.65</b>	+00:15:27 (32.9%)	9:23	6.4 (67.4%)
92	<b>SZYBUT Roma</b>	<b>254</b>	POTĘGA NORDICA	K30-39	12					00:23:18	<b>00:47:17.30</b>	+00:15:44 (33.3%)	9:27	6.3 (66.3%)
93	<b>MĘDRKIEWICZ Lidia</b>	<b>201</b>		K65-69	6					00:23:38	<b>00:48:10.30</b>	+00:16:37 (34.5%)	9:38	6.2 (65.3%)
94	<b>SŁOMIŃSKA Martyna</b>	<b>243</b>	SP POTĘGOWO	K-Dzieci	15					00:23:08	<b>00:48:29.75</b>	+00:16:57 (35.0%)	9:41	6.2 (65.3%)
95	<b>KOZŁOWSKA Magdalena</b>	<b>166</b>	SP POTĘGOWO	K-Dzieci	16					00:23:09	<b>00:48:30.65</b>	+00:16:58 (35.0%)	9:42	6.2 (65.3%)
96	<b>FAK Ewa</b>	<b>111</b>	SP POTĘGOWO	K-Dzieci	17					00:23:06	<b>00:48:44.25</b>	+00:17:11 (35.3%)	9:44	6.2 (65.3%)
97	<b>HINCA Natalia</b>	<b>131</b>	SP POTĘGOWO	K-Jun.	7					00:24:43	<b>00:48:48.90</b>	+00:17:16 (35.4%)	9:45	6.1 (64.2%)
98	<b>KIJEWSKA Nikola</b>	<b>146</b>	SP POTĘGOWO	K-Jun.	8					00:24:43	<b>00:48:49.55</b>	+00:17:16 (35.4%)	9:45	6.1 (64.2%)
99	<b>MIKOŁAJCZYK Julia</b>	<b>205</b>	SP POTĘGOWO	K-Jun.	9					00:24:42	<b>00:48:50.30</b>	+00:17:17 (35.4%)	9:46	6.1 (64.2%)
100	<b>MICHALSKA Natalia</b>	<b>202</b>	SP POTĘGOWO	K-Jun.	10					00:24:45	<b>00:48:52.65</b>	+00:17:20 (35.5%)	9:46	6.1 (64.2%)
100	<b>REIKOWSKA Natalia</b>	<b>319</b>	SP POTĘGOWO	K-Dzieci	18					00:24:45	<b>00:48:52.65</b>	+00:17:20 (35.5%)	9:46	6.1 (64.2%)
102	<b>KOPANAJKO Sylwia</b>	<b>156</b>	SP POTĘGOWO	K-Dzieci	19					00:23:37	<b>00:51:30.90</b>	+00:19:58 (38.8%)	10:18	5.8 (61.1%)
103	<b>ŁUKOWICZ Aniela</b>	<b>315</b>		K30-39	13					00:27:13	<b>00:51:31.00</b>	+00:19:58 (38.8%)	10:18	5.8 (61.1%)
104	<b>ŚWIDERSKA Natalia</b>	<b>263</b>	SP POTĘGOWO	K-Dzieci	20					00:23:38	<b>00:51:31.95</b>	+00:19:59 (38.8%)	10:18	5.8 (61.1%)
105	<b>STEFAŃSKA Agnieszka</b>	<b>308</b>		K30-39	14					00:22:46	<b>00:53:08.90</b>	+00:21:36 (40.7%)	10:37	5.6 (58.9%)
106	<b>KAWALA Paulina</b>	<b>295</b>		K-Jun.	11					00:26:16	<b>00:53:49.40</b>	+00:22:16 (41.4%)	10:45	5.6 (58.9%)

Place	Participant	Number	Club	Category	MCat	NS	Żół. kartki	Czer. kartki	Mundurowi	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
107	<b>STEFAŃSKA Eliza</b>	<b>309</b>		K-Dzieci	21					00:22:47	<b>00:54:05.85</b>	+00:22:33 (41.7%)	10:49	5.5 (57.9%)

Total 107 results.