



OGÓLNOPOLSKI PUCHAR NORDIC WALKING KOSZALIN - 5 KM

B4SPORT

Event: Ogólnopolski Puchar Nordic Walking - Koszalin 2021
Organiser: Fundacja Herkules All Sports
Date: 2021-06-05
Place: Koszalin
Distance: 5 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_2,5km 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	JÓŹWIAK Marianna	132	SERCE NORDICA WŁOCŁAWEK	K45-49	1			00:17:46	00:35:30.55		7:06	8.5 (100%)
2	PUSZKARSKA Małgorzata	184	GOSADI NORDIC TEAM	K45-49	2			00:17:32	00:35:39.50	+00:00:08 (0.4%)	7:07	8.4 (98.8%)
3	POKŁADOWSKA Joanna	178	WYCHODZĘ Z KIJAMI	K45-49	3			00:17:42	00:35:55.10	+00:00:24 (1.1%)	7:11	8.4 (98.8%)
4	LEGOCKA Kinga	33	NORDIC WALKING KIEKRZ POLAND	K45-49	4			00:19:18	00:39:13.85	+00:03:43 (9.5%)	7:50	7.6 (89.4%)
5	GUTOWSKA Magdalena	158	PAUL TEAM	K45-49	5			00:19:15	00:40:52.55	+00:05:22 (13.1%)	8:10	7.3 (85.9%)
6	KUŚMIEREK Beata	155	BŁĘKITNI DZIEMIANY	K45-49	6			00:20:24	00:41:30.20	+00:05:59 (14.4%)	8:18	7.2 (84.7%)
7	ZARĘBA Magda	232	NW CZŁAPSKI TEAM	K45-49	7			00:21:18	00:43:14.55	+00:07:44 (17.9%)	8:38	6.9 (81.2%)
8	SĘDZIK Katarzyna	193	LECYMY DURŚ	K45-49	8			00:21:38	00:43:23.65	+00:07:53 (18.2%)	8:40	6.9 (81.2%)
9	WIŚNIK Agnieszka	222	KIJKIŻANKI SZCZECINEK	K45-49	9			00:21:17	00:43:46.15	+00:08:15 (18.9%)	8:45	6.9 (81.2%)
10	KARCZEWSKA Edyta	133		K45-49	10			00:23:25	00:47:13.70	+00:11:43 (24.8%)	9:26	6.4 (75.3%)

Total 10 results.