



# OGÓLNOPOLSKI PUCHAR NORDIC WALKING KOSZALIN - 5 KM

B4SPORT

**Event:** Ogólnopolski Puchar Nordic Walking - Koszalin 2021  
**Organiser:** Fundacja Herkules All Sports  
**Date:** 2021-06-05  
**Place:** Koszalin  
**Distance:** 5 km



Classification: M55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Laps_2,5km 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>KOPCZEWSKI Dariusz</b>	<b>143</b>	WYCHODZĘ Z KIJAMI	M55-59	1			00:16:19	<b>00:33:00.25</b>		6:36	9.1 (100%)
2	<b>PARZYBUT Jan</b>	<b>173</b>	POSTĘP PNIEWY TEAM	M55-59	2	2		00:16:21	<b>00:33:00.65</b>	+00:00:00 (0.0%)	6:36	9.1 (100%)
3	<b>CZŁAPSKI Krzysztof</b>	<b>108</b>	NW CZŁAPSKI TEAM	M55-59	3			00:16:49	<b>00:34:17.05</b>	+00:01:16 (3.7%)	6:51	8.8 (96.7%)
4	<b>MROZIŃSKI Tadeusz</b>	<b>165</b>	NORDICUS STRZYBNICA	M55-59	4	1		00:16:58	<b>00:34:26.20</b>	+00:01:25 (4.2%)	6:53	8.7 (95.6%)
5	<b>KLIMCZAK Adam</b>	<b>137</b>	GOSADI NORDIC TEAM	M55-59	5			00:17:34	<b>00:35:26.60</b>	+00:02:26 (6.9%)	7:05	8.5 (93.4%)
6	<b>PALUCH Paweł</b>	<b>170</b>	AVOCADO WELLNESS CLUB	M55-59	6			00:19:36	<b>00:39:48.45</b>	+00:06:48 (17.1%)	7:57	7.5 (82.4%)
7	<b>FRANCZAK Dariusz</b>	<b>113</b>	NW CZŁAPSKI TEAM	M55-59	7			00:19:55	<b>00:40:31.05</b>	+00:07:30 (18.5%)	8:06	7.4 (81.3%)
8	<b>PRACKI Zbigniew</b>	<b>180</b>	SERCE NORDICA WŁOCLAWEK	M55-59	8			00:20:22	<b>00:40:49.65</b>	+00:07:49 (19.2%)	8:09	7.3 (80.2%)

Total 8 results.