



OGÓLNOPOLSKI PUCHAR NORDIC WALKING MIELNO - 10 KM

B4SPORT

Wydarzenie:

Ogólnopolski Puchar Nordic Walking - Mielno 2021

Organizator:

Fundacja Herkules All Sports

Data:

2021-06-06

Miejsce:

Mielno

Dystans:

10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.7km	Laps_5km 5.4km	8.1km	Czas netto 10.8km	Różn	Tempo min/km	Tempo km/h
1	POLKOWSKI Piotr	64	NW CZŁAPSKI TEAM	M30-39	1	1		00:20:59	00:43:05	01:05:03	01:26:31.00		8:00	7.5 (100%)
2	KNITTER Tomasz	25	BŁĘKITNI DZIEMIANY	M18-29	1			00:20:59	00:43:05	01:05:02	01:26:34.45	+00:00:03 (0.1%)	8:00	7.5 (100%)
3	KUŚMIEREK Jan	29	BŁĘKITNI DZIEMIANY	M50-59	1			00:21:22	00:43:09	01:05:17	01:27:12.45	+00:00:41 (0.8%)	8:04	7.4 (98.7%)
4	JUREK Adam	20	KGHM METRACO RUDNA	M60-69	1	1		00:21:24	00:43:39	01:06:06	01:28:02.45	+00:01:31 (1.7%)	8:09	7.4 (98.7%)
5	HELWICH Stefan	15	KGHM METRACO RUDNA	M60-69	2			00:21:25	00:43:42	01:06:07	01:28:24.55	+00:01:53 (2.1%)	8:11	7.3 (97.3%)
6	SIWAK Piotr	44	KGHM METRACO RUDNA	M60-69	3			00:21:25	00:43:39	01:06:25	01:29:42.90	+00:03:11 (3.6%)	8:18	7.2 (96.0%)
7	POŁUBIAK Paweł	39		M30-39	2			00:20:58	00:42:44	01:05:42	01:30:16.50	+00:03:45 (4.2%)	8:21	7.2 (96.0%)
8	NAKONIECZNY Grzegorz	35	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-49	1			00:20:42	00:43:08	01:06:03	01:30:16.65	+00:03:45 (4.2%)	8:21	7.2 (96.0%)
9	PUSZKIEL Leszek	41	GREEN TAEM	M60-69	4			00:21:38	00:44:31	01:07:08	01:30:35.25	+00:04:04 (4.5%)	8:23	7.2 (96.0%)
10	CHOJNACKI Paweł	3	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-59	2			00:22:25	00:45:40	01:08:27	01:31:08.60	+00:04:37 (5.1%)	8:26	7.1 (94.7%)
11	CZŁAPSKI Krzysztof	8	NW CZŁAPSKI TEAM	M50-59	3			00:21:38	00:44:34	01:08:03	01:31:12.30	+00:04:41 (5.1%)	8:26	7.1 (94.7%)
12	RADECKI Artur	42	CHODZĄCY BIAŁYSTOK	M50-59	4			00:21:39	00:44:34	01:09:26	01:33:08.00	+00:06:37 (7.1%)	8:37	7 (93.3%)
13	CHYRA Janusz	5		M40-49	2			00:22:45	00:46:01	01:09:45	01:34:07.30	+00:07:36 (8.1%)	8:42	6.9 (92.0%)
14	WIŚNIEWSKI Sławomir	58		M40-49	3			00:22:28	00:46:05	01:10:02	01:34:37.65	+00:08:06 (8.6%)	8:45	6.8 (90.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	2.7km	Laps_5km 5.4km	8.1km	Czas netto 10.8km	Różn	Tempo min/km	Tempo km/h
15	MARCZAK Tomasz	32	KS IDMAR RACING TEAM	M18-29	2	1		00:22:15	00:47:09	01:13:02	01:39:05.60	+00:12:34 (12.7%)	9:10	6.5 (86.7%)
16	KLIMCZAK Adam	23	GOSADI NORDIC TEAM	M50-59	5			00:23:19	00:48:01	01:13:27	01:39:15.90	+00:12:44 (12.8%)	9:11	6.5 (86.7%)
17	BERESZKO Waldemar	2	MOSIR TKKF SATURN CZELADŹ	M60-69	5			00:24:05	00:48:52	01:14:32	01:39:44.00	+00:13:13 (13.3%)	9:14	6.5 (86.7%)
18	SZYMAŃSKI Stefan	51	SERCE NORDICA WŁOCŁAWEK	M70+	1	1		00:24:20	00:48:56	01:14:15	01:39:56.50	+00:13:25 (13.4%)	9:15	6.5 (86.7%)
19	MĄDRY Grzegorz	33	KIJKOWE TRZEMESZNO	M60-69	6			00:23:58	00:49:03	01:15:03	01:39:58.70	+00:13:27 (13.5%)	9:15	6.5 (86.7%)
20	KĘPA Andrzej	22	FAMILY TEAM KĘPA SPORT	M70+	2			00:24:29	00:49:33	01:15:08	01:40:21.20	+00:13:50 (13.8%)	9:17	6.5 (86.7%)
21	ŚLUSARCZYK Andrzej	54	WESOŁY BORSUK TEAM	M70+	3			00:25:30	00:49:34	01:16:34	01:43:34.00	+00:17:03 (16.5%)	9:35	6.3 (84.0%)
22	ŚLUSARCZYK Marcin	52	WESOŁY BORSUK TEAM	M40-49	4			00:25:53	00:52:34	01:18:25	01:43:57.20	+00:17:26 (16.8%)	9:37	6.2 (82.7%)
23	FRĄCKOWIAK Mateusz	117	EKSPEDYCJA NORDIC TEAM SZCZECIN	M18-29	3			00:23:52	00:49:13	01:16:18	01:44:33.65	+00:18:02 (17.3%)	9:40	6.2 (82.7%)
24	FRANCZAK Dariusz	12	NW CZŁAPSKI TEAM	M50-59	6			00:24:40	00:51:09	01:18:09	01:45:07.10	+00:18:36 (17.7%)	9:43	6.2 (82.7%)
25	JANKOWSKI Grzegorz	16	STĘSZEW TEAM	M60-69	7			00:25:04	00:52:05	01:19:40	01:47:10.65	+00:20:39 (19.3%)	9:55	6 (80.0%)
26	PALUCH Paweł	38	AVOCADO WELLNESS CLUB	M50-59	7			00:25:46	00:52:33	01:20:23	01:49:12.70	+00:22:41 (20.8%)	10:06	5.9 (78.7%)
27	JÓŹWIAK Łukasz	18	SERCE NORDICA WŁOCŁAWEK	M50-59	8			00:27:13	00:54:46	01:22:23	01:50:35.90	+00:24:04 (21.8%)	10:14	5.9 (78.7%)
28	ŻAMOJCIN Marek	61	NORDICLUB SZCZECIN	M60-69	8			00:26:13	00:54:11	01:22:26	01:51:12.10	+00:24:41 (22.2%)	10:17	5.8 (77.3%)
	GODZIŃSKI Paweł	14	BAŻANT NW ELBLĄG	M40-49				00:22:45 DNF	00:46:43 DNF	01:15:20 DNF	DNF		-	- (0.0%)
	NOWACZYK Tomasz	36	MARSZ PO ZDROWIE	M40-49				00:25:40 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 30 wynik(ów)