



OGÓLNOPOLSKI PUCHAR NORDIC WALKING WĄGROWIEC - 10 KM

B4SPORT

Wydarzenie: Ogólnopolski Puchar Nordic Walking - 2021
Organizator: Urząd Miasta Wągrowiec, Fundacja Herkules All Sports
Data: 2021-07-18
Miejsce: Wągrowiec
Dystans: 10 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Mundurowi	2.5km	Laps_5km 5km	7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	MARCZAK Tomasz	50	KS IDMAR RACING TEAM	M18-29	1				00:15:45	00:31:57	00:48:07	01:03:56.40		6:23	9.4 (100%)
2	POLKOWSKI Piotr	61	NW CZŁAPSKI TEAM	M30-39	1				00:15:43	00:31:56	00:48:07	01:04:24.20	+00:00:27 (0.7%)	6:26	9.3 (98.9%)
3	POŁUBIAK Paweł	62		M30-39	2				00:15:45	00:31:59	00:48:16	01:04:36.60	+00:00:40 (1.0%)	6:27	9.3 (98.9%)
4	KNITTER Tomasz	35	BŁĘKITNI DZIEMIANY	M18-29	2				00:15:57	00:32:50	00:49:27	01:05:54.10	+00:01:57 (3.0%)	6:35	9.1 (96.8%)
5	JUREK Adam	29	KGHM METRACO RUDNA	M60-69	1	1			00:16:02	00:32:44	00:49:40	01:06:12.00	+00:02:15 (3.4%)	6:37	9.1 (96.8%)
6	HAŁAS Marcin	21		M30-39	3				00:16:24	00:33:03	00:49:45	01:06:34.25	+00:02:37 (4.0%)	6:39	9 (95.7%)
7	HELWICH Stefan	23	KGHM METRACO RUDNA	M60-69	2				00:16:10	00:32:52	00:49:49	01:06:58.60	+00:03:02 (4.5%)	6:41	9 (95.7%)
8	CZŁAPSKI Krzysztof	10	NW CZŁAPSKI TEAM	M50-59	1				00:16:06	00:32:49	00:49:56	01:07:30.65	+00:03:34 (5.3%)	6:45	8.9 (94.7%)
9	KUŚMIEREK Jan	45	BŁĘKITNI DZIEMIANY	M50-59	2	1			00:16:31	00:33:30	00:50:48	01:08:19.15	+00:04:22 (6.4%)	6:49	8.8 (93.6%)
10	CHOJNACKI Paweł	5	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50-59	3				00:16:33	00:34:04	00:51:24	01:08:43.85	+00:04:47 (7.0%)	6:52	8.7 (92.6%)
11	BIBKO Martin	89	SPEED BAR	M40-49	1	1			00:17:02	00:34:00	00:51:22	01:08:52.30	+00:04:55 (7.2%)	6:53	8.7 (92.6%)
12	MĄDRY Grzegorz	52	KIJKOWE TRZEMESZNO	M60-69	3				00:16:51	00:34:06	00:51:31	01:09:04.95	+00:05:08 (7.4%)	6:54	8.7 (92.6%)
13	WIŚNIEWSKI Sławomir	81	FLUGGER	M40-49	2				00:16:55	00:34:41	00:52:27	01:09:39.15	+00:05:42 (8.2%)	6:57	8.6 (91.5%)
14	KLIMCZAK Adam	33	GOSADI NORDIC TEAM	M50-59	4				00:17:11	00:34:33	00:52:06	01:09:40.10	+00:05:43 (8.2%)	6:58	8.6 (91.5%)

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									2.5km	5km	7.5km				
15	FRĄCKOWIAK Mateusz	17	EKSPEDYCJA NORDIC TEAM SZCZECIN	M18-29	3				00:16:42	00:34:18	00:51:35	01:09:53.70	+00:05:57 (8.5%)	6:59	8.6 (91.5%)
16	SKIERA Krzysztof	214	ŁĄCZA NAS PASJE BYDGOSZCZ/ LIFE BALANCE PLACE	M40-49	3				00:17:44	00:35:16	00:53:07	01:10:47.75	+00:06:51 (9.7%)	7:04	8.5 (90.4%)
17	BALON Marek	1		M50-59	5	2			00:16:56	00:34:44	00:52:52	01:10:49.70	+00:06:53 (9.7%)	7:04	8.5 (90.4%)
18	CHYRA Janusz	7		M40-49	4				00:17:39	00:35:17	00:53:33	01:11:10.60	+00:07:14 (10.2%)	7:07	8.4 (89.4%)
19	KOWALSKI Marek	38		M50-59	6				00:17:50	00:35:44	00:53:40	01:11:38.20	+00:07:41 (10.7%)	7:09	8.4 (89.4%)
20	GOŁĘBIEWSKI Edward	19	MARSZ PO ZDROWIE	M70+	1				00:17:16	00:34:58	00:53:22	01:11:56.50	+00:08:00 (11.1%)	7:11	8.3 (88.3%)
21	NAWROT Michał	56	NORDIC WALKING KIEKRZ POLAND	M30-39	4	1			00:16:53	00:35:03	00:53:39	01:12:13.90	+00:08:17 (11.5%)	7:13	8.3 (88.3%)
22	TOMCZAK Jarosław	86	STĘSZEW TEAM	M50-59	7				00:17:51	00:35:49	00:53:52	01:12:17.85	+00:08:21 (11.6%)	7:13	8.3 (88.3%)
23	SZYMAŃSKI Stefan	75	SERCE NORDICA WŁOCŁAWEK	M70+	2				00:17:18	00:35:27	00:53:47	01:12:34.30	+00:08:37 (11.9%)	7:15	8.3 (88.3%)
24	GIERSZEWSKI Arkadiusz	90		M40-49	5				00:17:49	00:36:02	00:54:40	01:13:02.00	+00:09:05 (12.5%)	7:18	8.2 (87.2%)
25	CZEKAJŁO Franciszek	9	AGROTURLOT	M70+	3				00:17:30	00:35:45	00:54:20	01:13:14.40	+00:09:18 (12.7%)	7:19	8.2 (87.2%)
26	RUDAWSKI Maciej	64	MARSZ PO ZDROWIE	M30-39	5				00:17:33	00:35:56	00:54:43	01:13:35.80	+00:09:39 (13.1%)	7:21	8.2 (87.2%)
27	LENZ Andrzej	46	MUSZKIETEROWIE	M50-59	8	1			00:18:06	00:36:48	00:55:50	01:15:17.80	+00:11:21 (15.1%)	7:31	8 (85.1%)
28	FRANCZAK Dariusz	16	NW CZŁAPSKI TEAM	M50-59	9				00:18:12	00:37:28	00:56:34	01:15:31.15	+00:11:34 (15.3%)	7:33	7.9 (84.0%)
29	ŚLUSARCZYK Marcin	76	WESOŁY BORSUK TEAM	M40-49	6				00:18:46	00:38:00	00:57:07	01:16:09.90	+00:12:13 (16.1%)	7:36	7.9 (84.0%)
30	ŁUKASIK Michał	49	TORUŃ - IDZIEMY BEZ RYZYKA	M60-69	4	1			00:18:02	00:37:03	00:56:28	01:16:12.30	+00:12:15 (16.1%)	7:37	7.9 (84.0%)
31	KĘPA Andrzej	91	FAMILY TEAM KĘPA SPORT	M70+	4			Tak	00:18:29	00:37:31	00:56:54	01:16:20.25	+00:12:23 (16.2%)	7:38	7.9 (84.0%)
32	ŚLUSARCZYK Andrzej	77	WESOŁY BORSUK TEAM	M70+	5				00:18:44	00:37:42	00:57:17	01:16:20.35	+00:12:23 (16.2%)	7:38	7.9 (84.0%)
33	BOJANOWSKI Marcin	4	NORDIC WALKING KIEKRZ POLAND	M40-49	7				00:18:11	00:37:20	00:56:56	01:17:09.65	+00:13:13 (17.1%)	7:42	7.8 (83.0%)
34	KRIGER Roman	40	SERCE NORDICA WŁOCŁAWEK	M60-69	5			Tak	00:18:14	00:37:40	00:57:19	01:17:17.60	+00:13:21 (17.3%)	7:43	7.8 (83.0%)
35	KANIEWSKI Łukasz	32	AKTYWNA KCYNIA	M40-49	8			Tak	00:18:23	00:38:07	00:58:07	01:17:45.55	+00:13:49 (17.8%)	7:46	7.7 (81.9%)
36	STAWNIAK Karol	70	KGHM METRACO RUDNA	M70+	6				00:10:59	00:19:05	00:38:32	01:18:51.30	+00:14:54 (18.9%)	7:53	7.6 (80.9%)
37	WESOŁWSKI Wojciech	34		M60-69	6				00:19:05	00:38:30	00:58:45	01:19:15.10	+00:15:18 (19.3%)	7:55	7.6 (80.9%)
38	FRYDRYCH Marcin	18	NORDIC WALKING KIEKRZ POLAND	M40-49	9				00:19:11	00:39:04	00:59:24	01:19:37.90	+00:15:41 (19.7%)	7:57	7.5 (79.8%)

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									2.5km	5km	7.5km				
39	WĘKLAR Radosław	80	BTC TEAM	M40-49	10				00:19:12	00:38:47	00:59:16	01:19:42.35	+00:15:45 (19.8%)	7:58	7.5 (79.8%)
40	JÓZWIAK Łukasz	27	SERCE NORDICA WŁOCŁAWEK	M50-59	10			Tak	00:19:33	00:39:30	00:59:43	01:19:48.65	+00:15:52 (19.9%)	7:58	7.5 (79.8%)
41	KOWALAK Robert	37		M30-39	6	1			00:19:30	00:39:36	01:00:36	01:21:21.20	+00:17:24 (21.4%)	8:08	7.4 (78.7%)
42	ZAWISŁA Stanisław	84	MARSZ PO ZDROWIE	M70+	7				00:19:05	00:38:57	00:59:54	01:21:36.65	+00:17:40 (21.7%)	8:09	7.4 (78.7%)
43	WESNER Harald	79	TORUŃ - IDZIEMY BEZ RYZYKA	M60-69	7				00:21:39	00:44:03	01:06:05	01:28:08.90	+00:24:12 (27.5%)	8:48	6.8 (72.3%)
DQ	SIWAK Piotr	66	KGHM METRACO RUDNA	M60-69			1		00:16:03 DQ	00:32:46 DQ	00:49:40 DQ	01:06:12.60 DQ		0:00	9.1 (96.8%)

Znaleziono 44 wynik(ów)