

# OGÓLNOPOLSKI PUCHAR NORDIC WALKING - WĄGROWIEC - 5 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Event:** Ogólnopolski Puchar Nordic Walking - 2021  
**Organiser:** Urząd Miasta Wągrowiec, Fundacja Herkules All Sports  
**Date:** 2021-07-18  
**Place:** Wągrowiec  
**Distance:** 5 km



Classification: M70-74

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>GOŁĘBIEWSKI Edward</b>	<b>119</b>	MARSZ PO ZDROWIE	M70-74	1	1		00:17:54	<b>00:35:55.05</b>		7:11	8.4 (100%)
2	<b>WALCZAK Ryszard</b>	<b>240</b>		M70-74	2			00:18:02	<b>00:36:10.40</b>	+00:00:15 (0.7%)	7:14	8.3 (98.8%)
3	<b>SZYMAŃSKI Stefan</b>	<b>225</b>	SERCE NORDICA WŁOCŁAWEK	M70-74	3			00:17:55	<b>00:36:44.80</b>	+00:00:49 (2.3%)	7:20	8.2 (97.6%)
4	<b>TOMCZYK Edward</b>	<b>231</b>	MARSZ PO ZDROWIE	M70-74	4			00:18:11	<b>00:37:27.65</b>	+00:01:32 (4.1%)	7:29	8 (95.2%)
5	<b>DUDEK Leszek</b>	<b>274</b>	KGHM METRACO RUDNA	M70-74	5			00:19:05	<b>00:38:34.95</b>	+00:02:39 (6.9%)	7:42	7.8 (92.9%)
6	<b>KULCZYCKI Jan</b>	<b>164</b>	SERCE NORDICA WŁOCŁAWEK	M70-74	6			00:23:06	<b>00:39:09.00</b>	+00:03:13 (8.3%)	7:49	7.7 (91.7%)
7	<b>BUCZKOWSKI Jerzy</b>	<b>106</b>	KS SOKÓŁ GAŚAWA	M70-74	7			00:19:51	<b>00:39:57.10</b>	+00:04:02 (10.1%)	7:59	7.5 (89.3%)
8	<b>GRZYWOCZ Bernard</b>	<b>128</b>		M70-74	8			00:19:52	<b>00:40:07.10</b>	+00:04:12 (10.5%)	8:01	7.5 (89.3%)
9	<b>DUDEK Kazimierz</b>	<b>114</b>	DOM Z KERAMZYTU S.C. DARIUSZ SYWAK	M70-74	9	1		00:19:52	<b>00:40:29.35</b>	+00:04:34 (11.3%)	8:05	7.4 (88.1%)
10	<b>ŚWIĘTY Anoni</b>	<b>281</b>	NORDIC WALKING LUBASZ	M70-74	10			00:20:15	<b>00:40:57.05</b>	+00:05:02 (12.3%)	8:11	7.3 (86.9%)

Total 10 results.