



OKONEK - PUCHAR WIELKOPOLSKI NORDIC WALKING - 10 KM

B4SPORT
WIELKOPOLSKI ZWIĄZOK SPORTOWY

Organizator: PFNW
Data: 2016-07-16
Miejsce: Okonek
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	REZULSKI Mariusz	82	VIKING NORDIC WALKING TEAM CZĘSTOCHOWA	M50-59	1			00:02:34	00:17:33	00:34:26	00:51:37	01:08:45.30	01:11:19.75		6:52	8.7 (100%)
2	BIK Stanisław	5	KS METRACO POLKOWICE	M50-59	2			00:02:33	00:17:35	00:34:50	00:52:53	01:11:05.00	01:13:38.90	+00:02:19 (3.3%)	7:06	8.4 (96.6%)
3	CHOLEWIŃSKI Wojciech	55		M50-59	3			00:02:34	00:17:34	00:35:45	00:54:49	01:13:42.85	01:16:17.05	+00:04:57 (6.7%)	7:22	8.1 (93.1%)
4	KOSICKI Dariusz	22	NORDIC WALKING KIEKRZ	M50-59	4			00:02:33	00:18:38	00:36:59	00:55:26	01:13:43.40	01:16:17.15	+00:04:58 (6.7%)	7:22	8.1 (93.1%)
5	ZIĘBA Krzysztof	45		M50-59	5			00:02:34	00:18:11	00:36:48	00:55:56	01:15:06.75	01:17:41.20	+00:06:21 (8.5%)	7:30	8 (92.0%)
6	MIERNICKI Mariusz	27		M50-59	6	1		00:02:34	00:18:46	00:37:38	00:57:05	01:16:19.20	01:18:53.25	+00:07:33 (9.9%)	7:37	7.9 (90.8%)
7	FOT Krzysztof	79	MARSZ PO ZDROWIE	M50-59	7			00:02:34	00:20:15	00:40:41	01:00:13	01:19:32.50	01:22:07.25	+00:10:47 (13.6%)	7:57	7.5 (86.2%)
8	GRZESZCZAK Andrzej	14	KS METRACO POLKOWICE	M50-59	8			00:02:34	00:19:12	00:39:33	01:00:04	01:21:07.15	01:23:41.65	+00:12:21 (15.2%)	8:06	7.4 (85.1%)
9	KULKA Maciej	24	FACE NORDIC WALKING TEAM	M50-59	9			00:12:53	00:22:39	00:45:38	01:08:41	01:30:54.60	01:43:47.65	+00:22:09 (24.4%)	9:05	6.6 (75.9%)

Znaleziono 9 wynik(ów)