



## OKONEK - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2016-07-16  
**Place:** Okonek  
**Distance:** 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>WIADERSKA Grażyna</b>	<b>228</b>		K65-69	1			00:12:22	00:22:56	<b>00:45:58.65</b>	<b>00:58:21.60</b>		9:11	6.5 (100%)
2	<b>KOLBUSZ Janina</b>	<b>149</b>	KS METRACO POLKOWICE	K65-69	2			00:12:23	00:22:54	<b>00:46:23.05</b>	<b>00:58:46.30</b>	+00:00:24 (0.9%)	9:16	6.5 (100%)
3	<b>KAPSA Emilia</b>	<b>142</b>	UKS GIMNAZJON SUCHY LAS	K65-69	3			00:12:23	00:24:09	<b>00:48:44.00</b>	<b>01:01:07.20</b>	+00:02:45 (5.7%)	9:44	6.2 (95.4%)

Total 3 results.