



## OKONEK - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

**Event:** PUCHAR WIELKOPOLSKI NORDIC WALKING 2018  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2018-07-14  
**Place:** Okonek  
**Distance:** 5 km



Classification: M50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>TRZCIŃSKI Franciszek</b>	<b>393</b>	SPORT I REKREACJA START CHEŁMNO	M50-54	1			00:16:08	<b>00:32:55.40</b>		6:35	9.1 (100%)
2	<b>FRAĆKOWIAK Roman</b>	<b>221</b>	KS METRACO POLKOWICE	M50-54	2			00:16:35	<b>00:33:37.80</b>	+00:00:42 (2.1%)	6:43	8.9 (97.8%)
3	<b>HARENDA Andrzej</b>	<b>233</b>	NIEZRZESZONY	M50-54	3			00:16:51	<b>00:34:33.90</b>	+00:01:38 (4.7%)	6:54	8.7 (95.6%)
4	<b>MICHALAK Jacek</b>	<b>275</b>	NORDIC WALKING LUBASZ	M50-54	4			00:19:07	<b>00:38:20.80</b>	+00:05:25 (14.1%)	7:40	7.8 (85.7%)

Total 4 results.