



OKONEK - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-07-16
Miejsce: Okonek
Dystans: 5 km



Klasyfikacja: M55-59

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|-------------------------|-----------|------|----------------|-----------------|----------------|----------|----------------------|-----------------------|----------------------|-----------------|----------------|
| 1 | WOROCH Roman | 232 | KS METRACO POLKOWICE | M55-59 | 1 | 1 | | 00:07:19 | 00:15:46 | 00:32:01.40 | 00:39:20.75 | | 6:24 | 9.4 (100%) |
| 2 | GAJEWSKI Eugeniusz | 124 | KS METRACO POLKOWICE | M55-59 | 2 | | | 00:07:22 | 00:15:45 | 00:32:10.15 | 00:39:33.10 | +00:00:08 (0.5%) | 6:26 | 9.3 (98.9%) |
| 3 | FLIS Marek | 75 | GREEN TEAM ZIELONA GÓRA | M55-59 | 3 | | | 00:07:19 | 00:17:21 | 00:35:11.45 | 00:42:30.50 | +00:03:10 (9.0%) | 7:02 | 8.5 (90.4%) |
| 4 | STANISŁAWSKI Jan | 86 | | M55-59 | 4 | | | 00:07:19 | 00:17:21 | 00:35:16.05 | 00:42:36.00 | +00:03:14 (9.2%) | 7:03 | 8.5 (90.4%) |
| 5 | GOŁĘBIEWSKI Andrzej | 130 | KLUB NW 'PATYCZAKI' | M55-59 | 5 | 1 | | 00:07:18 | 00:18:49 | 00:38:01.20 | 00:45:20.15 | +00:05:59 (15.8%) | 7:36 | 7.9 (84.0%) |
| 6 | KUSZA Henryk | 249 | UKS GIMNAZJON SUCHY LAS | M55-59 | 6 | | | 00:07:19 | 00:19:28 | 00:39:06.35 | 00:46:26.00 | +00:07:04 (18.1%) | 7:49 | 7.7 (81.9%) |
| 7 | NOWACKI Eugeniusz | 175 | BMM PANCERNY | M55-59 | 7 | 1 | | 00:07:20 | 00:30:44 | 01:00:13.85 | 01:07:34.65 | +00:28:12 (46.8%) | 12:02 | 5 (53.2%) |

Znaleziono 7 wynik(ów)