



# OKONEK - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2016-07-16  
**Place:** Okonek  
**Distance:** 5 km



Classification: M60-64

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>SIKORA Bronisław</b>	<b>247</b>	KS METRACO POLKOWICE	M60-64	1			00:07:40	00:17:14	<b>00:35:18.05</b>	<b>00:42:58.15</b>		7:03	8.5 (100%)
2	<b>BOJAN Miro</b>	<b>248</b>		M60-64	2			00:07:41	00:17:43	<b>00:35:25.90</b>	<b>00:43:07.45</b>	+00:00:07 (0.4%)	7:05	8.5 (100%)
3	<b>MOTOCZYŃSKI Krzysztof</b>	<b>236</b>	GOSIR OSIELSKO	M60-64	3			00:07:40	00:17:19	<b>00:35:39.85</b>	<b>00:43:19.85</b>	+00:00:21 (1.0%)	7:07	8.4 (98.8%)
4	<b>BARTOSIEWICZ Włodzimierz</b>	<b>107</b>	FACE NORDIC WALKING TEAM	M60-64	4			00:07:40	00:18:51	<b>00:38:16.60</b>	<b>00:45:57.35</b>	+00:02:58 (7.8%)	7:39	7.8 (91.8%)
5	<b>CHŁODNICKI Marek</b>	<b>112</b>	MARSZ PO ZDROWIE	M60-64	5			00:07:40	00:19:24	<b>00:39:41.10</b>	<b>00:47:22.05</b>	+00:04:23 (11.0%)	7:56	7.6 (89.4%)
6	<b>DRABCZYK Franciszek</b>	<b>117</b>	KS METRACO POLKOWICE	M60-64	6			00:07:40	00:21:08	<b>00:42:52.40</b>	<b>00:50:32.50</b>	+00:07:34 (17.7%)	8:34	7 (82.4%)

Total 6 results.