



Organizator: Polskie Stowarzyszenie Producentów Oleju
Data: 2022-05-29
Miejsce: Nielisz
Dystans: 10 km

OLEJARSKA DYCHA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------|-------|------------------------------------|-----------------|------|--------------------------------|-----------------------|------------------------|----------------------|-----------------|-----------------|
| 1 | JENDRYCH Artur | 76 | BIEGAJACY ŚWIDNIK | M2 30-49 lat | 1 | | 00:36:43.30 | 00:36:43.30 | | 3:40 | 16.3 (100%) |
| 2 | JAWORSKI Krzysztof | 75 | WISEGRAD MARATON RYTRO | M2 30-49 lat | 2 | | 00:37:11.10 | 00:37:11.10 | +00:00:27 (1.2%) | 3:43 | 16.1 (98.8%) |
| 3 | GRAJ Arkadiusz | 62 | BIEGAJĄCY ŚWIDNIK | M2 30-49 lat | 3 | | 00:37:35.75 | 00:37:35.75 | +00:00:52 (2.3%) | 3:45 | 16 (98.2%) |
| 4 | ŚLIWIŃSKI Mateusz | 155 | | M2 30-49 lat | 4 | | 00:38:02.80 | 00:38:02.80 | +00:01:19 (3.5%) | 3:48 | 15.8 (96.9%) |
| 5 | MAZUREK Paweł | 122 | PARKRUN OGRÓD SASKI LUBLIN | M2 30-49 lat | 5 | | 00:38:27.45 | 00:38:27.45 | +00:01:44 (4.5%) | 3:50 | 15.6 (95.7%) |
| 6 | KIEŁBASA Damian | 81 | UKS AZYMUT GMINA ZAMOŚĆ | M2 30-49 lat | 6 | | 00:38:36.55 | 00:38:36.55 | +00:01:53 (4.9%) | 3:51 | 15.5 (95.1%) |
| 7 | PAWLAK Grzegorz | 143 | 3 ZAMOJSKI BATALION ZMECHANIZOWANY | M2 30-49 lat | 7 | | 00:38:45.65 | 00:38:45.65 | +00:02:02 (5.3%) | 3:52 | 15.5 (95.1%) |
| 8 | FLIS Robert | 52 | BIKE CLUB JANÓW LUBELSKI | M2 30-49 lat | 8 | | 00:39:09.40 | 00:39:09.40 | +00:02:26 (6.2%) | 3:54 | 15.3 (93.9%) |
| 9 | WILKOS Mateusz | 219 | | M2 30-49 lat | 9 | | 00:39:35.25 | 00:39:35.25 | +00:02:51 (7.2%) | 3:57 | 15.2 (93.3%) |
| 10 | WAŻNY Jacek | 214 | BANDA GRUDNIA | M2 30-49 lat | 10 | | 00:39:42.35 | 00:39:42.35 | +00:02:59 (7.5%) | 3:58 | 15.1 (92.6%) |
| 11 | ANTOŃCZAK Marek | 3 | RUCH IZBICA | M2 30-49 lat | 11 | Tak | 00:40:03.85 | 00:40:03.85 | +00:03:20 (8.3%) | 4:00 | 15 (92.0%) |
| 12 | WYROSTEK Krzysztof | 230 | CHEŁM BIEGA | M3 50+ | 1 | | 00:40:32.05 | 00:40:32.05 | +00:03:48 (9.4%) | 4:03 | 14.8 (90.8%) |
| 13 | ŁOBACZUK Mariusz | 108 | CHEŁM BIEGA | M2 30-49 lat | 12 | | 00:40:37.30 | 00:40:37.30 | +00:03:54 (9.6%) | 4:03 | 14.8 (90.8%) |
| 14 | DYBOWSKI Tomasz | 134 | | M2 30-49 lat | 13 | | 00:41:04.10 | 00:41:04.10 | +00:04:20 (10.6%) | 4:06 | 14.6 (89.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-------------------------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 15 | ZDUNEK Michal | 242 | GMINA FRAMPOL | M2 30-49 lat | 14 | | 00:41:14.90 | 00:41:14.90 | +00:04:31 (11.0%) | 4:07 | 14.6 (89.6%) |
| 16 | BIŻEK Piotr | 18 | SPRINT WIERZCHOWISKA | M2 30-49 lat | 15 | Tak | 00:41:20.60 | 00:41:20.60 | +00:04:37 (11.2%) | 4:08 | 14.5 (89.0%) |
| 17 | LIPIŃSKI Tomasz | 103 | IMPLOZJA CHEŁM | M1 < 29 lat | 1 | | 00:41:36.50 | 00:41:36.50 | +00:04:53 (11.7%) | 4:09 | 14.4 (88.3%) |
| 18 | JAKUBCZAK Aleksandra | 72 | ZAMOŚĆ BIEGA | K2 30-49 lat | 1 | | 00:41:55.45 | 00:41:55.45 | +00:05:12 (12.4%) | 4:11 | 14.3 (87.7%) |
| 19 | RESZKA Marek | 170 | | M2 30-49 lat | 16 | | 00:42:12.65 | 00:42:12.65 | +00:05:29 (13.0%) | 4:13 | 14.2 (87.1%) |
| 20 | BORKOWSKI-WRONA Wiktor | 22 | | M1 < 29 lat | 2 | | 00:42:46.35 | 00:42:46.35 | +00:06:03 (14.1%) | 4:16 | 14 (85.9%) |
| 21 | SIENIEK Krzysztof | 179 | | M2 30-49 lat | 17 | Tak | 00:42:53.60 | 00:42:53.60 | +00:06:10 (14.4%) | 4:17 | 14 (85.9%) |
| 22 | KOŁODZIEJ Mariusz | 82 | LW BOGDANKA | M3 50+ | 2 | | 00:43:07.90 | 00:43:07.90 | +00:06:24 (14.9%) | 4:18 | 13.9 (85.3%) |
| 23 | STAWECKI Karol | 148 | | M1 < 29 lat | 3 | | 00:43:28.55 | 00:43:28.55 | +00:06:45 (15.5%) | 4:20 | 13.8 (84.7%) |
| 24 | PAZOWSKI Dawid | 145 | KLUB PIWOSZA | M2 30-49 lat | 18 | | 00:43:31.55 | 00:43:31.55 | +00:06:48 (15.6%) | 4:21 | 13.8 (84.7%) |
| 25 | RYCYK Grzegorz | 173 | RUCH IZBICA | M2 30-49 lat | 19 | | 00:43:47.65 | 00:43:47.65 | +00:07:04 (16.1%) | 4:22 | 13.7 (84.0%) |
| 26 | KUŚMIERZ Kazimierz | 252 | | M3 50+ | 3 | | 00:44:02.60 | 00:44:02.60 | +00:07:19 (16.6%) | 4:24 | 13.6 (83.4%) |
| 27 | MIAZGA Janusz | 125 | | M3 50+ | 4 | | 00:44:07.60 | 00:44:07.60 | +00:07:24 (16.8%) | 4:24 | 13.6 (83.4%) |
| 28 | MANDZIUK Mateusz | 117 | MULKS GRUPA OSCAR TOMASZÓW LUBELSKI | M2 30-49 lat | 20 | | 00:44:11.65 | 00:44:11.65 | +00:07:28 (16.9%) | 4:25 | 13.6 (83.4%) |
| 29 | STĘPIEŃ Adam | 100 | | M2 30-49 lat | 21 | Tak | 00:44:21.70 | 00:44:21.70 | +00:07:38 (17.2%) | 4:26 | 13.5 (82.8%) |
| 30 | ZAJĄC Grzegorz | 233 | LUBELSKI WĘGIEL BOGDANKA | M2 30-49 lat | 22 | | 00:44:31.35 | 00:44:31.35 | +00:07:48 (17.5%) | 4:27 | 13.5 (82.8%) |
| 31 | PALACZ Marcin | 262 | | M2 30-49 lat | 23 | Tak | 00:44:33.50 | 00:44:33.50 | +00:07:50 (17.6%) | 4:27 | 13.5 (82.8%) |
| 32 | FURMANIK Ewa | 56 | CHEM BIEGA | K2 30-49 lat | 2 | | 00:44:40.25 | 00:44:40.25 | +00:07:56 (17.8%) | 4:28 | 13.4 (82.2%) |
| 33 | DEC Piotr | 215 | | M3 50+ | 5 | | 00:44:47.25 | 00:44:47.25 | +00:08:03 (18.0%) | 4:28 | 13.4 (82.2%) |
| 34 | CZYŻEWSKI Ireneusz | 35 | | M2 30-49 lat | 24 | | 00:44:48.05 | 00:44:48.05 | +00:08:04 (18.0%) | 4:28 | 13.4 (82.2%) |
| 35 | MAZUR Dominika | 120 | #BASIASTEAM | K1 < 29 lat | 1 | | 00:44:49.75 | 00:44:49.75 | +00:08:06 (18.1%) | 4:28 | 13.4 (82.2%) |
| 36 | WIECZOREK Marcin | 217 | | M2 30-49 lat | 25 | | 00:44:55.35 | 00:44:55.35 | +00:08:12 (18.3%) | 4:29 | 13.4 (82.2%) |
| 37 | KRÓL Michał | 93 | | M2 30-49 lat | 26 | | 00:45:12.70 | 00:45:12.70 | +00:08:29 (18.8%) | 4:31 | 13.3 (81.6%) |

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|-----|-----------------------------|------------|---------------------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 38 | BAKOŃ Janusz | 8 | | M3 50+ | 6 | | 00:45:18.30 | 00:45:18.30 | +00:08:35 (18.9%) | 4:31 | 13.2 (81.0%) |
| 39 | IWAŃCZUK Łukasz | 69 | CHEŁM BIEGA | M2 30-49 lat | 27 | | 00:45:19.45 | 00:45:19.45 | +00:08:36 (19.0%) | 4:31 | 13.2 (81.0%) |
| 40 | TUTKA Dominik | 211 | BIŁGORAJ BIEGA | M2 30-49 lat | 28 | | 00:45:23.05 | 00:45:23.05 | +00:08:39 (19.1%) | 4:32 | 13.2 (81.0%) |
| 41 | KUDNEJ Grzegorz | 259 | | M2 30-49 lat | 29 | | 00:45:26.45 | 00:45:26.45 | +00:08:43 (19.2%) | 4:32 | 13.2 (81.0%) |
| 42 | KSENIAK Tomasz | 96 | | M2 30-49 lat | 30 | | 00:45:35.85 | 00:45:35.85 | +00:08:52 (19.5%) | 4:33 | 13.2 (81.0%) |
| 43 | WIATROWSKI Andrzej | 216 | | M2 30-49 lat | 31 | | 00:45:36.00 | 00:45:36.00 | +00:08:52 (19.5%) | 4:33 | 13.2 (81.0%) |
| 44 | SULOWSKI Janusz | 193 | BIKE CLUB JANÓW LUBELSKI | M2 30-49 lat | 32 | | 00:45:38.65 | 00:45:38.65 | +00:08:55 (19.5%) | 4:33 | 13.1 (80.4%) |
| 45 | CZEMERYS Piotr | 32 | RUCH IZBICA | M2 30-49 lat | 33 | | 00:45:42.30 | 00:45:42.30 | +00:08:59 (19.7%) | 4:34 | 13.1 (80.4%) |
| 46 | ZASIADKO Mikołaj | 239 | LW BOGDANKA | M3 50+ | 7 | | 00:45:45.55 | 00:45:45.55 | +00:09:02 (19.8%) | 4:34 | 13.1 (80.4%) |
| 47 | KRÓLAK Radosław | 94 | | M2 30-49 lat | 34 | | 00:45:51.90 | 00:45:51.90 | +00:09:08 (19.9%) | 4:35 | 13.1 (80.4%) |
| 48 | STELMACH Zbigniew | 190 | LUBELSKI WĘGIEL BOGDANA | M3 50+ | 8 | | 00:45:55.20 | 00:45:55.20 | +00:09:11 (20.0%) | 4:35 | 13.1 (80.4%) |
| 49 | ŚLIWA Anna | 204 | TOMASZOWSKA GRUPA BIEGOWA | K2 30-49 lat | 3 | | 00:46:17.15 | 00:46:17.15 | +00:09:33 (20.7%) | 4:37 | 13 (79.8%) |
| 50 | DELEŻUCH Wojciech | 37 | | M2 30-49 lat | 35 | | 00:46:34.05 | 00:46:34.05 | +00:09:50 (21.1%) | 4:39 | 12.9 (79.1%) |
| 51 | KIELAR Daniel | 80 | KRESOWIANIE/CIESZANOWSKIE MORSY | M2 30-49 lat | 36 | | 00:46:42.50 | 00:46:42.50 | +00:09:59 (21.4%) | 4:40 | 12.8 (78.5%) |
| 52 | ODZIEMCZYK Sylwester | 139 | LUBELSKA GRUPA TRIATHLONU | M3 50+ | 9 | | 00:46:43.80 | 00:46:43.80 | +00:10:00 (21.4%) | 4:40 | 12.8 (78.5%) |
| 53 | WOŹNIAK Marek | 225 | AKM PROMILEK | M3 50+ | 10 | | 00:46:46.80 | 00:46:46.80 | +00:10:03 (21.5%) | 4:40 | 12.8 (78.5%) |
| 54 | WOŹNIAK Katarzyna | 226 | AKM PROMILEK | K1 < 29 lat | 2 | | 00:46:46.85 | 00:46:46.85 | +00:10:03 (21.5%) | 4:40 | 12.8 (78.5%) |
| 55 | REPECKI Marcin | 169 | ZAMOŚĆ BIEGA | M3 50+ | 11 | | 00:47:25.40 | 00:47:25.40 | +00:10:42 (22.6%) | 4:44 | 12.7 (77.9%) |
| 56 | PSUJA Anna | 166 | BIEGAJĄCY ŚWIDNIK | K2 30-49 lat | 4 | | 00:47:28.85 | 00:47:28.85 | +00:10:45 (22.7%) | 4:44 | 12.6 (77.3%) |
| 57 | SKRZYPCZAK Marcin | 183 | JASZCZOWIANKA | M2 30-49 lat | 37 | | 00:47:30.10 | 00:47:30.10 | +00:10:46 (22.7%) | 4:45 | 12.6 (77.3%) |
| 58 | KURASIEWICZ Mariusz | 98 | | M2 30-49 lat | 38 | | 00:48:04.00 | 00:48:04.00 | +00:11:20 (23.6%) | 4:48 | 12.5 (76.7%) |
| 59 | GRABOWSKI Mateusz | 61 | | M2 30-49 lat | 39 | | 00:48:04.80 | 00:48:04.80 | +00:11:21 (23.6%) | 4:48 | 12.5 (76.7%) |
| 60 | DUDEK Paweł | 43 | RUCH IZBICA | M2 30-49 lat | 40 | | 00:48:15.35 | 00:48:15.35 | +00:11:32 (23.9%) | 4:49 | 12.4 (76.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 61 | RUDZKI Adam | 171 | | M2 30-49 lat | 41 | Tak | 00:48:17.05 | 00:48:17.05 | +00:11:33 (23.9%) | 4:49 | 12.4 (76.1%) |
| 62 | POPIEL-POPIELEC Jakub | 164 | | M2 30-49 lat | 42 | | 00:48:18.85 | 00:48:18.85 | +00:11:35 (24.0%) | 4:49 | 12.4 (76.1%) |
| 63 | ANTOŃCZAK Justyna | 4 | | K2 30-49 lat | 5 | Tak | 00:48:20.05 | 00:48:20.05 | +00:11:36 (24.0%) | 4:50 | 12.4 (76.1%) |
| 64 | LUKASZEK Artur | 105 | | M3 50+ | 12 | | 00:48:30.85 | 00:48:30.85 | +00:11:47 (24.3%) | 4:51 | 12.4 (76.1%) |
| 65 | SZUBIAK Arkadiusz | 202 | NIE MA LETKO | M3 50+ | 13 | | 00:48:39.40 | 00:48:39.40 | +00:11:56 (24.5%) | 4:51 | 12.3 (75.5%) |
| 66 | BLICHARZ Jacek | 19 | | M3 50+ | 14 | | 00:48:41.15 | 00:48:41.15 | +00:11:57 (24.6%) | 4:52 | 12.3 (75.5%) |
| 67 | OSTROWSKI Michał | 263 | | M1 < 29 lat | 4 | | 00:48:42.70 | 00:48:42.70 | +00:11:59 (24.6%) | 4:52 | 12.3 (75.5%) |
| 68 | WÓJCICKI Damian | 227 | AKM PROMILEK | M2 30-49 lat | 43 | | 00:48:45.55 | 00:48:45.55 | +00:12:02 (24.7%) | 4:52 | 12.3 (75.5%) |
| 69 | WYLEZOŁ Karolina | 270 | | K1 < 29 lat | 3 | | 00:48:51.75 | 00:48:51.75 | +00:12:08 (24.8%) | 4:53 | 12.3 (75.5%) |
| 70 | KOSZAROWSKI Jarosław | 86 | | M2 30-49 lat | 44 | | 00:48:54.20 | 00:48:54.20 | +00:12:10 (24.9%) | 4:53 | 12.3 (75.5%) |
| 71 | FORNAL Robert | 54 | | M3 50+ | 15 | | 00:48:56.95 | 00:48:56.95 | +00:12:13 (25.0%) | 4:53 | 12.3 (75.5%) |
| 72 | ŁUKASIK Paweł | 109 | RAPY MASTERS | M1 < 29 lat | 5 | | 00:49:00.75 | 00:49:00.75 | +00:12:17 (25.1%) | 4:54 | 12.2 (74.8%) |
| 73 | BALICKI Zbigniew | 9 | FOREST CARABUS TEAM | M3 50+ | 16 | | 00:49:08.80 | 00:49:08.80 | +00:12:25 (25.3%) | 4:54 | 12.2 (74.8%) |
| 74 | RYCAK Andrzej | 172 | NJN SABAUDIA | M3 50+ | 17 | | 00:49:09.35 | 00:49:09.35 | +00:12:26 (25.3%) | 4:54 | 12.2 (74.8%) |
| 75 | ZAJĄC Tomasz | 234 | | M2 30-49 lat | 45 | | 00:49:12.35 | 00:49:12.35 | +00:12:29 (25.4%) | 4:55 | 12.2 (74.8%) |
| 76 | SOKALSKI Sławomir | 186 | ZAMOŚĆ BIEGA | M3 50+ | 18 | | 00:49:24.60 | 00:49:24.60 | +00:12:41 (25.7%) | 4:56 | 12.1 (74.2%) |
| 77 | DOMARADZKI Grzegorz | 40 | BT WAGABUNDA | M3 50+ | 19 | | 00:49:29.55 | 00:49:29.55 | +00:12:46 (25.8%) | 4:56 | 12.1 (74.2%) |
| 78 | FORMAL Robert | 267 | RUCH IZBICA | M2 30-49 lat | 46 | | 00:49:33.45 | 00:49:33.45 | +00:12:50 (25.9%) | 4:57 | 12.1 (74.2%) |
| 79 | CZUJ Stanisław | 34 | ZAMOŚĆ BIEGA | M2 30-49 lat | 47 | | 00:49:47.50 | 00:49:47.50 | +00:13:04 (26.2%) | 4:58 | 12.1 (74.2%) |
| 80 | TOMASZEWSKI Igor | 210 | | M2 30-49 lat | 48 | | 00:49:50.00 | 00:49:50.00 | +00:13:06 (26.3%) | 4:59 | 12 (73.6%) |
| 81 | TRATKOWSKI Bartosz | 10 | | M2 30-49 lat | 49 | | 00:49:52.75 | 00:49:52.75 | +00:13:09 (26.4%) | 4:59 | 12 (73.6%) |
| 82 | LIS Zbigniew | 144 | | M3 50+ | 20 | | 00:49:56.50 | 00:49:56.50 | +00:13:13 (26.5%) | 4:59 | 12 (73.6%) |
| 83 | DĘBOWSKA Agnieszka | 38 | | K2 30-49 lat | 6 | | 00:49:58.25 | 00:49:58.25 | +00:13:14 (26.5%) | 4:59 | 12 (73.6%) |

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|-----|------------------------------|------------|-----------------------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 84 | GWOZDA Grzegorz | 64 | UCZNIOWSKI KLUB SPORTOWY SABAUDIA | M2 30-49 lat | 50 | | 00:50:02.65 | 00:50:02.65 | +00:13:19 (26.6%) | 5:00 | 12 (73.6%) |
| 85 | BUŁAWSKI Krzysztof | 24 | | M3 50+ | 21 | | 00:50:06.55 | 00:50:06.55 | +00:13:23 (26.7%) | 5:00 | 12 (73.6%) |
| 86 | BRYGOŁA Andrzej | 23 | LUBLIN | M3 50+ | 22 | | 00:50:13.35 | 00:50:13.35 | +00:13:30 (26.9%) | 5:01 | 11.9 (73.0%) |
| 87 | ZAWADA Paweł | 268 | BIEGAM NA TARCHOMINIE | M2 30-49 lat | 51 | | 00:50:48.95 | 00:50:48.95 | +00:14:05 (27.7%) | 5:04 | 11.8 (72.4%) |
| 88 | LITWINEK Marek | 104 | AKM PROMILEK | M2 30-49 lat | 52 | | 00:51:04.85 | 00:51:04.85 | +00:14:21 (28.1%) | 5:06 | 11.7 (71.8%) |
| 89 | WOLSKI Michał | 224 | | M2 30-49 lat | 53 | | 00:51:05.00 | 00:51:05.00 | +00:14:21 (28.1%) | 5:06 | 11.7 (71.8%) |
| 90 | PIETRAŚ Arkadiusz | 149 | | M2 30-49 lat | 54 | | 00:51:06.40 | 00:51:06.40 | +00:14:23 (28.1%) | 5:06 | 11.7 (71.8%) |
| 91 | SZCZYGIELSKI Robert | 196 | | M2 30-49 lat | 55 | Tak | 00:51:07.15 | 00:51:07.15 | +00:14:23 (28.2%) | 5:06 | 11.7 (71.8%) |
| 92 | BOCIAN Piotr | 21 | NIE | M3 50+ | 23 | | 00:51:13.60 | 00:51:13.60 | +00:14:30 (28.3%) | 5:07 | 11.7 (71.8%) |
| 93 | PETRYKOWSKI Grzegorz | 147 | | M2 30-49 lat | 56 | Tak | 00:51:34.85 | 00:51:34.85 | +00:14:51 (28.8%) | 5:09 | 11.6 (71.2%) |
| 94 | DUDA Natalia | 42 | OSP NIEMCE | K1 < 29 lat | 4 | | 00:51:53.15 | 00:51:53.15 | +00:15:09 (29.2%) | 5:11 | 11.6 (71.2%) |
| 95 | ZBICIAW Adam | 256 | | M3 50+ | 24 | | 00:51:53.95 | 00:51:53.95 | +00:15:10 (29.2%) | 5:11 | 11.6 (71.2%) |
| 96 | BEDNARZ Paweł | 15 | LENIWIE DO PRZODU | M2 30-49 lat | 57 | | 00:52:04.15 | 00:52:04.15 | +00:15:20 (29.5%) | 5:12 | 11.5 (70.6%) |
| 97 | SKAKUJ Marcin | 181 | | M2 30-49 lat | 58 | | 00:52:07.30 | 00:52:07.30 | +00:15:24 (29.5%) | 5:12 | 11.5 (70.6%) |
| 97 | SZYMULA Tomasz | 203 | | M2 30-49 lat | 58 | | 00:52:07.30 | 00:52:07.30 | +00:15:24 (29.5%) | 5:12 | 11.5 (70.6%) |
| 99 | KAPROŃ Czesiek | 77 | FORTACO TEEM | M3 50+ | 25 | | 00:52:07.60 | 00:52:07.60 | +00:15:24 (29.6%) | 5:12 | 11.5 (70.6%) |
| 100 | PIKUS Robert | 154 | | M2 30-49 lat | 60 | | 00:52:11.05 | 00:52:11.05 | +00:15:27 (29.6%) | 5:13 | 11.5 (70.6%) |
| 101 | SKIBA Witold | 182 | | M3 50+ | 26 | | 00:52:13.20 | 00:52:13.20 | +00:15:29 (29.7%) | 5:13 | 11.5 (70.6%) |
| 102 | WOJCIECHOWSKI Mateusz | 222 | | M2 30-49 lat | 61 | | 00:52:14.00 | 00:52:14.00 | +00:15:30 (29.7%) | 5:13 | 11.5 (70.6%) |
| 103 | ABRAMOWICZ Daniel | 2 | CHEŁM BIEGA | M2 30-49 lat | 62 | | 00:52:19.90 | 00:52:19.90 | +00:15:36 (29.8%) | 5:13 | 11.5 (70.6%) |
| 104 | ŁUPINA Jan | 112 | JANOWSKIE MORSY | M2 30-49 lat | 63 | | 00:52:21.35 | 00:52:21.35 | +00:15:38 (29.9%) | 5:14 | 11.5 (70.6%) |
| 105 | FILIPIAK Krzysztof | 48 | MARYSIN SPACERUJE | M2 30-49 lat | 64 | | 00:52:25.55 | 00:52:25.55 | +00:15:42 (30.0%) | 5:14 | 11.4 (69.9%) |
| 106 | JACEK Andrzej | 70 | | M3 50+ | 27 | | 00:52:29.85 | 00:52:29.85 | +00:15:46 (30.1%) | 5:14 | 11.4 (69.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------------|------------|-----------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 107 | BLICHARZ Stanisław | 20 | NIE MA LETKO | M3 50+ | 28 | | 00:52:34.80 | 00:52:34.80 | +00:15:51 (30.2%) | 5:15 | 11.4 (69.9%) |
| 108 | FITURSKI Wiktor | 51 | | M1 < 29 lat | 6 | | 00:52:42.20 | 00:52:42.20 | +00:15:58 (30.3%) | 5:16 | 11.4 (69.9%) |
| 109 | SOWIŃSKI Marek | 187 | | M3 50+ | 29 | | 00:53:06.55 | 00:53:06.55 | +00:16:23 (30.9%) | 5:18 | 11.3 (69.3%) |
| 110 | ŁYSOMIRSKI Adrian | 113 | CHEŁMSKI KLUB MORSÓW | M2 30-49 lat | 65 | | 00:53:08.65 | 00:53:08.65 | +00:16:25 (30.9%) | 5:18 | 11.3 (69.3%) |
| 111 | KOZIOŁ Tomasz | 90 | CHEŁM BIEGA | M2 30-49 lat | 66 | | 00:53:10.50 | 00:53:10.50 | +00:16:27 (30.9%) | 5:19 | 11.3 (69.3%) |
| 112 | DRYGLAK VEL DRYGLAK Piotr | 41 | | M2 30-49 lat | 67 | | 00:53:15.85 | 00:53:15.85 | +00:16:32 (31.1%) | 5:19 | 11.3 (69.3%) |
| 113 | PUKAS Leszek | 102 | | M2 30-49 lat | 68 | | 00:53:24.95 | 00:53:24.95 | +00:16:41 (31.3%) | 5:20 | 11.2 (68.7%) |
| 113 | KARCZMARCZYK Albert | 78 | | M2 30-49 lat | 68 | Tak | 00:53:24.95 | 00:53:24.95 | +00:16:41 (31.3%) | 5:20 | 11.2 (68.7%) |
| 115 | GROMEK Barbara | 63 | 2 LBOT | K2 30-49 lat | 7 | | 00:53:29.00 | 00:53:29.00 | +00:16:45 (31.3%) | 5:20 | 11.2 (68.7%) |
| 116 | SZCZĘŚNIAK Mariusz | 246 | | M2 30-49 lat | 70 | | 00:53:35.35 | 00:53:35.35 | +00:16:52 (31.5%) | 5:21 | 11.2 (68.7%) |
| 117 | SZCZEPUCH Dorota | 195 | ZAMOŚĆ BIEGA | K3 50+ | 1 | | 00:53:40.15 | 00:53:40.15 | +00:16:56 (31.6%) | 5:22 | 11.2 (68.7%) |
| 118 | ŚWIRK Sławomir | 205 | CHEŁMSKI KLUB MORSÓW | M2 30-49 lat | 71 | | 00:53:45.25 | 00:53:45.25 | +00:17:01 (31.7%) | 5:22 | 11.2 (68.7%) |
| 119 | GĘBICZ Norbert | 58 | GRUPA ORŁÓW | M1 < 29 lat | 7 | | 00:53:45.35 | 00:53:45.35 | +00:17:02 (31.7%) | 5:22 | 11.2 (68.7%) |
| 120 | PYSIEWICZ Dawid | 167 | | M1 < 29 lat | 8 | | 00:53:48.25 | 00:53:48.25 | +00:17:04 (31.7%) | 5:22 | 11.2 (68.7%) |
| 121 | ZNÓJ Artur | 248 | | M2 30-49 lat | 72 | | 00:53:48.55 | 00:53:48.55 | +00:17:05 (31.8%) | 5:22 | 11.2 (68.7%) |
| 122 | ZARĘBA Andrzej | 238 | | M2 30-49 lat | 73 | | 00:53:49.45 | 00:53:49.45 | +00:17:06 (31.8%) | 5:22 | 11.1 (68.1%) |
| 123 | ZIELIŃSKI Wojciech | 244 | | M2 30-49 lat | 74 | | 00:53:49.95 | 00:53:49.95 | +00:17:06 (31.8%) | 5:22 | 11.1 (68.1%) |
| 124 | ŁĄCZNY Marcin | 107 | GALOPUJĄCE DŹDŹOWNICE | M2 30-49 lat | 75 | | 00:53:50.15 | 00:53:50.15 | +00:17:06 (31.8%) | 5:23 | 11.1 (68.1%) |
| 125 | PAŹDZION Irena | 260 | | K3 50+ | 2 | | 00:53:53.30 | 00:53:53.30 | +00:17:10 (31.9%) | 5:23 | 11.1 (68.1%) |
| 126 | WIDOMSKI Mirosław | 121 | | M2 30-49 lat | 76 | | 00:54:06.35 | 00:54:06.35 | +00:17:23 (32.1%) | 5:24 | 11.1 (68.1%) |
| 127 | PAKAS Grzegorz | 99 | | M1 < 29 lat | 9 | Tak | 00:54:15.15 | 00:54:15.15 | +00:17:31 (32.3%) | 5:25 | 11.1 (68.1%) |
| 128 | LECH Andrzej | 253 | | M3 50+ | 30 | | 00:54:17.65 | 00:54:17.65 | +00:17:34 (32.4%) | 5:25 | 11.1 (68.1%) |
| 129 | MIKULSKI Tomasz | 127 | LUBELSKI KLUB MORSA | M3 50+ | 31 | | 00:54:19.30 | 00:54:19.30 | +00:17:36 (32.4%) | 5:25 | 11 (67.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------------|-----------------|------|--------------------------------|-----------------------|------------------------|----------------------|-----------------|-----------------|
| 130 | JAGIEŁŁO Paulina | 71 | | K1 < 29 lat | 5 | | 00:54:26.15 | 00:54:26.15 | +00:17:42 (32.5%) | 5:26 | 11 (67.5%) |
| 131 | MARKOWICZ Dariusz | 119 | MGD TEAM | M2 30-49 lat | 77 | | 00:54:26.35 | 00:54:26.35 | +00:17:43 (32.5%) | 5:26 | 11 (67.5%) |
| 132 | SZTORC Stanisław | 201 | MARATOŃCZYK DĘBICA | M3 50+ | 32 | | 00:54:26.40 | 00:54:26.40 | +00:17:43 (32.5%) | 5:26 | 11 (67.5%) |
| 133 | NIEMIERSKI Artur | 135 | | M3 50+ | 33 | | 00:54:34.15 | 00:54:34.15 | +00:17:50 (32.7%) | 5:27 | 11 (67.5%) |
| 134 | KOZAK Marcin | 247 | | M2 30-49 lat | 78 | | 00:54:39.00 | 00:54:39.00 | +00:17:55 (32.8%) | 5:27 | 11 (67.5%) |
| 135 | ROSA Magdalena | 25 | | K2 30-49 lat | 8 | | 00:54:52.60 | 00:54:52.60 | +00:18:09 (33.1%) | 5:29 | 10.9 (66.9%) |
| 136 | POŁETEK Tomasz | 162 | FORTACO TEAM | M2 30-49 lat | 79 | | 00:54:55.35 | 00:54:55.35 | +00:18:12 (33.1%) | 5:29 | 10.9 (66.9%) |
| 137 | MYŚLIWIECKI Michał | 133 | SKIPOL.PL TEAM | M2 30-49 lat | 80 | | 00:55:02.20 | 00:55:02.20 | +00:18:18 (33.3%) | 5:30 | 10.9 (66.9%) |
| 138 | TELEON-POLSKA Marlena | 208 | | K2 30-49 lat | 9 | | 00:55:05.25 | 00:55:05.25 | +00:18:21 (33.3%) | 5:30 | 10.9 (66.9%) |
| 139 | SZKLANNY Marcin | 198 | | M2 30-49 lat | 81 | | 00:55:12.35 | 00:55:12.35 | +00:18:29 (33.5%) | 5:31 | 10.9 (66.9%) |
| 140 | ZAKRZEWSKI Jarek | 236 | | M2 30-49 lat | 82 | | 00:55:19.60 | 00:55:19.60 | +00:18:36 (33.6%) | 5:31 | 10.8 (66.3%) |
| 141 | STERNIK Daniel | 191 | NAJWIĘKASZA ARMIA ŚWIATA | M2 30-49 lat | 83 | | 00:55:19.85 | 00:55:19.85 | +00:18:36 (33.6%) | 5:31 | 10.8 (66.3%) |
| 142 | CHOMIK Marcin | 29 | GUŁAJ TEAM | M2 30-49 lat | 84 | | 00:55:26.55 | 00:55:26.55 | +00:18:43 (33.8%) | 5:32 | 10.8 (66.3%) |
| 143 | SAWICKI Adrian | 175 | JANOWSKIE MORSY | M2 30-49 lat | 85 | | 00:55:46.40 | 00:55:46.40 | +00:19:03 (34.2%) | 5:34 | 10.8 (66.3%) |
| 144 | WAGNER Tomasz | 213 | TOMASZOWSKA GRUPA BIEGOWA | M2 30-49 lat | 86 | | 00:55:48.15 | 00:55:48.15 | +00:19:04 (34.2%) | 5:34 | 10.8 (66.3%) |
| 145 | SALUSTOWICZ Patrycja | 174 | #NOLIMITS | K2 30-49 lat | 10 | | 00:55:48.85 | 00:55:48.85 | +00:19:05 (34.2%) | 5:34 | 10.8 (66.3%) |
| 146 | SMĘTKOWSKA Anna | 184 | | K2 30-49 lat | 11 | | 00:56:04.75 | 00:56:04.75 | +00:19:21 (34.5%) | 5:36 | 10.7 (65.6%) |
| 147 | POPIELNICKI Łukasz | 163 | | M2 30-49 lat | 87 | | 00:56:16.70 | 00:56:16.70 | +00:19:33 (34.7%) | 5:37 | 10.7 (65.6%) |
| 148 | OŚ Łucja | 141 | HEŃTEAM | K2 30-49 lat | 12 | | 00:56:35.50 | 00:56:35.50 | +00:19:52 (35.1%) | 5:39 | 10.6 (65.0%) |
| 149 | GROMEK Edyta | 89 | | K2 30-49 lat | 13 | | 00:56:42.35 | 00:56:42.35 | +00:19:59 (35.2%) | 5:40 | 10.6 (65.0%) |
| 150 | DUDEK Piotr | 7 | | M2 30-49 lat | 88 | | 00:56:44.55 | 00:56:44.55 | +00:20:01 (35.3%) | 5:40 | 10.6 (65.0%) |
| 151 | BIEDROŃ Artur | 17 | ERP HEART TEAM | M2 30-49 lat | 89 | | 00:56:51.20 | 00:56:51.20 | +00:20:07 (35.4%) | 5:41 | 10.6 (65.0%) |
| 152 | WOIŃSKI Mateusz | 221 | | M2 30-49 lat | 90 | | 00:56:52.20 | 00:56:52.20 | +00:20:08 (35.4%) | 5:41 | 10.6 (65.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|-------|------------------------------------|-----------------|------|--------------------------------|---------------|----------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 153 | WICZUK Marcin | 269 | | M2 30-49 lat | 91 | | 00:56:53.45 | 00:56:53.45 | +00:20:10 (35.5%) | 5:41 | 10.5 (64.4%) |
| 154 | ZYŁOWSKI Mateusz | 258 | | M2 30-49 lat | 92 | | 00:56:54.90 | 00:56:54.90 | +00:20:11 (35.5%) | 5:41 | 10.5 (64.4%) |
| 155 | MYSZAK Sławomir | 132 | BIŁGORAJ BIEGA | M2 30-49 lat | 93 | | 00:56:55.25 | 00:56:55.25 | +00:20:11 (35.5%) | 5:41 | 10.5 (64.4%) |
| 156 | CHMIST Jakub | 27 | GWARDIA | M2 30-49 lat | 94 | | 00:56:59.00 | 00:56:59.00 | +00:20:15 (35.6%) | 5:41 | 10.5 (64.4%) |
| 157 | ŁUKASIK Zbigniew | 110 | RAPY MASTERS | M3 50+ | 34 | | 00:57:00.90 | 00:57:00.90 | +00:20:17 (35.6%) | 5:42 | 10.5 (64.4%) |
| 158 | WÓJCIK Renata | 228 | | K2 30-49 lat | 14 | | 00:57:02.90 | 00:57:02.90 | +00:20:19 (35.6%) | 5:42 | 10.5 (64.4%) |
| 159 | ZBICIAW Kinga | 254 | | K1 < 29 lat | 6 | | 00:57:06.10 | 00:57:06.10 | +00:20:22 (35.7%) | 5:42 | 10.5 (64.4%) |
| 160 | PRZYTUŁA Paweł | 257 | | M2 30-49 lat | 95 | | 00:57:16.00 | 00:57:16.00 | +00:20:32 (35.9%) | 5:43 | 10.5 (64.4%) |
| 161 | DOBROMILSKI Robert | 39 | CYKUPYKURGB | M2 30-49 lat | 96 | | 00:57:19.45 | 00:57:19.45 | +00:20:36 (35.9%) | 5:43 | 10.5 (64.4%) |
| 162 | SIEDLACZEK Zbigniew | 176 | | M3 50+ | 35 | | 00:57:21.80 | 00:57:21.80 | +00:20:38 (36.0%) | 5:44 | 10.5 (64.4%) |
| 163 | MAZUREK Małgorzata | 124 | NKS ZRYW | K2 30-49 lat | 15 | | 00:57:26.70 | 00:57:26.70 | +00:20:43 (36.1%) | 5:44 | 10.4 (63.8%) |
| 164 | KRUK Zbigniew | 95 | | M3 50+ | 36 | | 00:57:32.10 | 00:57:32.10 | +00:20:48 (36.2%) | 5:45 | 10.4 (63.8%) |
| 165 | HARASIM Aleksandra | 67 | | K2 30-49 lat | 16 | | 00:57:55.30 | 00:57:55.30 | +00:21:12 (36.6%) | 5:47 | 10.4 (63.8%) |
| 166 | CYBULSKI Dawid | 31 | | M1 < 29 lat | 10 | | 00:57:56.05 | 00:57:56.05 | +00:21:12 (36.6%) | 5:47 | 10.4 (63.8%) |
| 167 | WNUK Przemysław | 220 | BOSCO LUBLIN TEAM | M3 50+ | 37 | | 00:58:08.30 | 00:58:08.30 | +00:21:25 (36.8%) | 5:48 | 10.3 (63.2%) |
| 168 | BARANIAK Wojciech | 13 | | M2 30-49 lat | 97 | | 00:58:19.40 | 00:58:19.40 | +00:21:36 (37.0%) | 5:49 | 10.3 (63.2%) |
| 169 | PASZKO Wojciech | 142 | | M2 30-49 lat | 98 | | 00:58:27.10 | 00:58:27.10 | +00:21:43 (37.2%) | 5:50 | 10.3 (63.2%) |
| 170 | LATAŁA Andrzej | 16 | | M2 30-49 lat | 99 | | 00:58:34.10 | 00:58:34.10 | +00:21:50 (37.3%) | 5:51 | 10.2 (62.6%) |
| 171 | GALEK Michał | 57 | | M2 30-49 lat | 100 | | 00:59:01.30 | 00:59:01.30 | +00:22:18 (37.8%) | 5:54 | 10.2 (62.6%) |
| 172 | CYBULSKI Grzegorz | 261 | NAJWIĘKSZA ARMIA ŚWIATA | M2 30-49 lat | 101 | | 00:59:08.80 | 00:59:08.80 | +00:22:25 (37.9%) | 5:54 | 10.1 (62.0%) |
| 173 | KOT Leszek | 87 | LW BOGDANKA | M3 50+ | 38 | | 00:59:12.45 | 00:59:12.45 | +00:22:29 (38.0%) | 5:55 | 10.1 (62.0%) |
| 174 | SOKALSKA-PIZUN Roksana | 185 | 3 ZAMOJSKI BATALION ZMECHANIZOWANY | K2 30-49 lat | 17 | | 00:59:13.10 | 00:59:13.10 | +00:22:29 (38.0%) | 5:55 | 10.1 (62.0%) |
| 175 | BARTNIK Wojciech | 14 | UNIA HRUBIESZÓW | M3 50+ | 39 | | 00:59:25.35 | 00:59:25.35 | +00:22:42 (38.2%) | 5:56 | 10.1 (62.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | Czas | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------|---|-----------------|------|--------------------------------|---------------|----------------|----------------------|-----------------|-----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 176 | KORZENIOWSKA Joanna | 85 | UMCS BIEGA | K2 30-49 lat | 18 | | 00:59:31.15 | 00:59:31.15 | +00:22:47 (38.3%) | 5:57 | 10.1 (62.0%) |
| 177 | DAWID Paulina | 36 | | K2 30-49 lat | 19 | | 00:59:52.50 | 00:59:52.50 | +00:23:09 (38.7%) | 5:59 | 10 (61.3%) |
| 178 | ŁUKASZEK Iwona | 111 | | K2 30-49 lat | 20 | | 00:59:53.50 | 00:59:53.50 | +00:23:10 (38.7%) | 5:59 | 10 (61.3%) |
| 179 | SZAROTA Patryk | 194 | | M2 30-49 lat | 102 | | 01:00:05.05 | 01:00:05.05 | +00:23:21 (38.9%) | 6:00 | 10 (61.3%) |
| 180 | FILIPIAK Mateusz | 47 | MARYSIN SPACERUJE | M1 < 29 lat | 11 | | 01:00:05.35 | 01:00:05.35 | +00:23:22 (38.9%) | 6:00 | 10 (61.3%) |
| 181 | MAZUREK Agnieszka | 123 | | K2 30-49 lat | 21 | | 01:00:07.20 | 01:00:07.20 | +00:23:23 (38.9%) | 6:00 | 10 (61.3%) |
| 181 | GŁĄB Damian | 59 | | M2 30-49 lat | 103 | | 01:00:07.20 | 01:00:07.20 | +00:23:23 (38.9%) | 6:00 | 10 (61.3%) |
| 183 | DYRKA Marek | 45 | | M3 50+ | 40 | | 01:00:09.75 | 01:00:09.75 | +00:23:26 (39.0%) | 6:00 | 10 (61.3%) |
| 184 | WACH Magdalena | 212 | | K2 30-49 lat | 22 | | 01:00:10.35 | 01:00:10.35 | +00:23:27 (39.0%) | 6:01 | 10 (61.3%) |
| 185 | WRÓBLEWSKI Grzegorz | 229 | | M2 30-49 lat | 104 | | 01:00:27.85 | 01:00:27.85 | +00:23:44 (39.3%) | 6:02 | 9.9 (60.7%) |
| 186 | MIROSŁAW Marek | 128 | STOWARZYSZENIE SĘDZIÓW PIŁKI NOŻNEJ LUBELSZCZYZNY | M2 30-49 lat | 105 | | 01:00:28.00 | 01:00:28.00 | +00:23:44 (39.3%) | 6:02 | 9.9 (60.7%) |
| 187 | MALEC Wojciech | 115 | GALOPUJĄCE DŹDŹOWNICE | M2 30-49 lat | 106 | | 01:00:28.90 | 01:00:28.90 | +00:23:45 (39.3%) | 6:02 | 9.9 (60.7%) |
| 188 | RAWSKA-ŚMIECIUCH Anna | 168 | | K3 50+ | 3 | | 01:00:37.25 | 01:00:37.25 | +00:23:53 (39.4%) | 6:03 | 9.9 (60.7%) |
| 189 | CHOMA Agnieszka | 28 | | K2 30-49 lat | 23 | | 01:00:39.75 | 01:00:39.75 | +00:23:56 (39.5%) | 6:03 | 9.9 (60.7%) |
| 190 | PITUCHA Katarzyna | 157 | MAESTRO NIERUCHOMOŚCI | K2 30-49 lat | 24 | | 01:00:55.40 | 01:00:55.40 | +00:24:12 (39.7%) | 6:05 | 9.8 (60.1%) |
| 191 | PITUCHA Michał | 156 | MAESTRO NIERUCHOMOŚCI | M2 30-49 lat | 107 | | 01:00:55.55 | 01:00:55.55 | +00:24:12 (39.7%) | 6:05 | 9.8 (60.1%) |
| 192 | FORNAL Dawid | 55 | | M2 30-49 lat | 108 | | 01:00:58.40 | 01:00:58.40 | +00:24:15 (39.8%) | 6:05 | 9.8 (60.1%) |
| 193 | CICHOSZ Konrad | 30 | | M2 30-49 lat | 109 | | 01:00:58.45 | 01:00:58.45 | +00:24:15 (39.8%) | 6:05 | 9.8 (60.1%) |
| 194 | ZWIERZ Piotr | 249 | | M2 30-49 lat | 110 | | 01:01:00.20 | 01:01:00.20 | +00:24:16 (39.8%) | 6:06 | 9.8 (60.1%) |
| 195 | DUDZIŃSKI Paweł | 44 | | M2 30-49 lat | 111 | | 01:01:05.00 | 01:01:05.00 | +00:24:21 (39.9%) | 6:06 | 9.8 (60.1%) |
| 196 | JANKOWSKI Rafał | 60 | BOSCO LUBLIN TEAM | M2 30-49 lat | 112 | | 01:01:16.95 | 01:01:16.95 | +00:24:33 (40.1%) | 6:07 | 9.8 (60.1%) |
| 197 | TALAROWSKA Agnieszka | 206 | | K2 30-49 lat | 25 | | 01:01:43.70 | 01:01:43.70 | +00:25:00 (40.5%) | 6:10 | 9.7 (59.5%) |
| 198 | TALAROWSKI Paweł | 207 | HRT | M2 30-49 lat | 113 | | 01:01:43.85 | 01:01:43.85 | +00:25:00 (40.5%) | 6:10 | 9.7 (59.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|------------------------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 199 | MARKOWICZ Grzegorz | 118 | MGD TEAM | M3 50+ | 41 | | 01:02:00.75 | 01:02:00.75 | +00:25:17 (40.8%) | 6:12 | 9.7 (59.5%) |
| 200 | SZNAJDROWICZ Aneta | 199 | ZAMOŚĆ BIEGA | K2 30-49 lat | 26 | | 01:02:07.75 | 01:02:07.75 | +00:25:24 (40.9%) | 6:12 | 9.7 (59.5%) |
| 201 | PETRUK Marcin | 146 | DRUŻYNA BIAŁEGO NIEDŹWIEDZIA | M2 30-49 lat | 114 | | 01:02:15.90 | 01:02:15.90 | +00:25:32 (41.0%) | 6:13 | 9.6 (58.9%) |
| 202 | POLAK Irena | 158 | | K3 50+ | 4 | | 01:02:23.05 | 01:02:23.05 | +00:25:39 (41.1%) | 6:14 | 9.6 (58.9%) |
| 203 | KUŚPIT Jerzy | 101 | | M3 50+ | 42 | | 01:02:23.10 | 01:02:23.10 | +00:25:39 (41.1%) | 6:14 | 9.6 (58.9%) |
| 204 | ZDUNEK Edyta | 241 | BÓBR TŁUSZCZ | K3 50+ | 5 | | 01:02:37.45 | 01:02:37.45 | +00:25:54 (41.4%) | 6:15 | 9.6 (58.9%) |
| 205 | ZDUNEK Waldemar | 240 | BÓBR TŁUSZCZ | M3 50+ | 43 | | 01:02:37.75 | 01:02:37.75 | +00:25:54 (41.4%) | 6:15 | 9.6 (58.9%) |
| 206 | CIURYSEK Wojciech | 264 | | M2 30-49 lat | 115 | Tak | 01:02:45.75 | 01:02:45.75 | +00:26:02 (41.5%) | 6:16 | 9.6 (58.9%) |
| 207 | BURZYKOWSKI Stanisław | 26 | | M3 50+ | 44 | | 01:02:52.90 | 01:02:52.90 | +00:26:09 (41.6%) | 6:17 | 9.5 (58.3%) |
| 208 | MALEC Basia | 114 | | K3 50+ | 6 | | 01:03:02.35 | 01:03:02.35 | +00:26:19 (41.7%) | 6:18 | 9.5 (58.3%) |
| 209 | MORADEWICZ-PASZKO Ewa | 129 | | K2 30-49 lat | 27 | | 01:03:08.05 | 01:03:08.05 | +00:26:24 (41.8%) | 6:18 | 9.5 (58.3%) |
| 210 | MORAWSKI Arkadiusz | 131 | NIE MA LETKO | M2 30-49 lat | 116 | | 01:03:10.30 | 01:03:10.30 | +00:26:27 (41.9%) | 6:19 | 9.5 (58.3%) |
| 211 | MORAWSKA Lidia | 130 | NIE MA LETKO | K2 30-49 lat | 28 | | 01:03:10.45 | 01:03:10.45 | +00:26:27 (41.9%) | 6:19 | 9.5 (58.3%) |
| 212 | SIERPIŃSKI Radosław | 180 | | M3 50+ | 45 | | 01:03:26.20 | 01:03:26.20 | +00:26:42 (42.1%) | 6:20 | 9.5 (58.3%) |
| 212 | HIBNER Dominik | 68 | WOLNO ALE DO PRZODU !!! | M2 30-49 lat | 117 | | 01:03:26.20 | 01:03:26.20 | +00:26:42 (42.1%) | 6:20 | 9.5 (58.3%) |
| 214 | HAPONIUK Bogumił | 66 | CHEŁM BIEGA | M2 30-49 lat | 118 | | 01:03:39.05 | 01:03:39.05 | +00:26:55 (42.3%) | 6:21 | 9.4 (57.7%) |
| 215 | POŁEĆ Ireneusz | 161 | POLSKA MARKA | M2 30-49 lat | 119 | | 01:03:47.70 | 01:03:47.70 | +00:27:04 (42.4%) | 6:22 | 9.4 (57.7%) |
| 216 | ZAJAC Anna | 232 | TOMASZOWSKA GRUPA BIEGOWA | K3 50+ | 7 | | 01:03:59.85 | 01:03:59.85 | +00:27:16 (42.6%) | 6:23 | 9.4 (57.7%) |
| 217 | ZAJĄC Konrad | 235 | ZAJĄC BIEGA | M2 30-49 lat | 120 | | 01:04:00.15 | 01:04:00.15 | +00:27:16 (42.6%) | 6:24 | 9.4 (57.7%) |
| 218 | PIKUS Renata | 153 | | K2 30-49 lat | 29 | | 01:04:21.85 | 01:04:21.85 | +00:27:38 (42.9%) | 6:26 | 9.3 (57.1%) |
| 219 | KARDASZ Jacek | 79 | | M2 30-49 lat | 121 | | 01:04:23.40 | 01:04:23.40 | +00:27:40 (43.0%) | 6:26 | 9.3 (57.1%) |
| 220 | NIZIOL Damian | 137 | | M1 < 29 lat | 12 | | 01:04:33.75 | 01:04:33.75 | +00:27:50 (43.1%) | 6:27 | 9.3 (57.1%) |
| 221 | ŻOŁNIERCZUK Marcin | 250 | | M2 30-49 lat | 122 | | 01:04:53.10 | 01:04:53.10 | +00:28:09 (43.4%) | 6:29 | 9.2 (56.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|--|------------|-------------|-----------------|------|--------------------------------|--------------------|--------------------|----------------------|-----------------|----------------|
| | | | | | | | netto 10km | brutto 10km | | | |
| 222 | BOJARCZUK Jolanta | 245 | RUCH IZBICA | K2 30-49 lat | 30 | | 01:05:18.40 | 01:05:18.40 | +00:28:35 (43.8%) | 6:31 | 9.2 (56.4%) |
| 223 | MICHALIK Dorota | 126 | | K2 30-49 lat | 31 | | 01:05:19.00 | 01:05:19.00 | +00:28:35 (43.8%) | 6:31 | 9.2 (56.4%) |
| 224 | BARAN Karolina | 11 | 4NALSKY RUN | K2 30-49 lat | 32 | | 01:06:20.95 | 01:06:20.95 | +00:29:37 (44.7%) | 6:38 | 9 (55.2%) |
| 225 | ORKISZEWSKI Arkadiusz | 140 | | M2 30-49 lat | 123 | | 01:06:33.15 | 01:06:33.15 | +00:29:49 (44.8%) | 6:39 | 9 (55.2%) |
| 226 | MACIUŁA-KIELARZ Monika | 265 | | K2 30-49 lat | 33 | | 01:06:40.15 | 01:06:40.15 | +00:29:56 (44.9%) | 6:40 | 9 (55.2%) |
| 227 | BARANIAK Agnieszka | 12 | | K2 30-49 lat | 34 | | 01:07:03.90 | 01:07:03.90 | +00:30:20 (45.2%) | 6:42 | 8.9 (54.6%) |
| 228 | WIERCHOŁA Joanna | 218 | | K3 50+ | 8 | | 01:07:46.05 | 01:07:46.05 | +00:31:02 (45.8%) | 6:46 | 8.9 (54.6%) |
| 229 | KRÓL Anna | 92 | | K2 30-49 lat | 35 | | 01:07:47.00 | 01:07:47.00 | +00:31:03 (45.8%) | 6:46 | 8.9 (54.6%) |
| 230 | NOWOSAD Kamil | 138 | | M2 30-49 lat | 124 | | 01:07:59.70 | 01:07:59.70 | +00:31:16 (46.0%) | 6:47 | 8.8 (54.0%) |
| 231 | TOMASZEWSKA-ŁOŚ Ilona | 209 | | K2 30-49 lat | 36 | | 01:07:59.80 | 01:07:59.80 | +00:31:16 (46.0%) | 6:47 | 8.8 (54.0%) |
| 232 | SZEWczyk Katarzyna | 197 | | K2 30-49 lat | 37 | | 01:08:34.75 | 01:08:34.75 | +00:31:51 (46.5%) | 6:51 | 8.8 (54.0%) |
| 233 | ZIARKO Joanna | 243 | | K2 30-49 lat | 38 | | 01:08:56.10 | 01:08:56.10 | +00:32:12 (46.7%) | 6:53 | 8.7 (53.4%) |
| 234 | ZARĘBA Małgorzata | 237 | | K2 30-49 lat | 39 | | 01:09:06.35 | 01:09:06.35 | +00:32:23 (46.9%) | 6:54 | 8.7 (53.4%) |
| 235 | NIZIOL Agata | 136 | | K1 < 29 lat | 7 | | 01:09:17.30 | 01:09:17.30 | +00:32:34 (47.0%) | 6:55 | 8.7 (53.4%) |
| 236 | PIKUS Patrycja | 152 | | K1 < 29 lat | 8 | | 01:09:34.00 | 01:09:34.00 | +00:32:50 (47.2%) | 6:57 | 8.6 (52.8%) |
| 237 | CZUBA Marta | 33 | | K2 30-49 lat | 40 | | 01:09:56.65 | 01:09:56.65 | +00:33:13 (47.5%) | 6:59 | 8.6 (52.8%) |
| 238 | PIETRYKOWSKI Robert | 151 | | M2 30-49 lat | 125 | | 01:10:36.95 | 01:10:36.95 | +00:33:53 (48.0%) | 7:03 | 8.5 (52.1%) |
| 239 | PIETRYKOWSKA Elżbieta | 150 | | K2 30-49 lat | 41 | | 01:10:37.05 | 01:10:37.05 | +00:33:53 (48.0%) | 7:03 | 8.5 (52.1%) |
| 240 | SIEGIEDA Sabina | 177 | | K2 30-49 lat | 42 | | 01:10:44.75 | 01:10:44.75 | +00:34:01 (48.1%) | 7:04 | 8.5 (52.1%) |
| 241 | JAROSZ Krzysztof | 1 | | M2 30-49 lat | 126 | | 01:11:45.75 | 01:11:45.75 | +00:35:02 (48.8%) | 7:10 | 8.4 (51.5%) |
| 242 | MAŁGORZATA Anna | 116 | | K2 30-49 lat | 43 | | 01:11:47.35 | 01:11:47.35 | +00:35:04 (48.8%) | 7:10 | 8.4 (51.5%) |
| 243 | JANISZEWSKI Andrzej | 73 | | M3 50+ | 46 | | 01:12:09.90 | 01:12:09.90 | +00:35:26 (49.1%) | 7:12 | 8.3 (50.9%) |
| 244 | TCHÓRZEWSKA-WITESKA Paulina | 88 | | K2 30-49 lat | 44 | | 01:13:09.55 | 01:13:09.55 | +00:36:26 (49.8%) | 7:18 | 8.2 (50.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mistrzostwa Polski Olejarzy | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-------------|-----------------|------|--------------------------------|-----------------------|------------------------|----------------------|-----------------|----------------|
| 245 | ŁOZA Magdalena | 91 | | K2 30-49 lat | 45 | | 01:13:28.45 | 01:13:28.45 | +00:36:45 (50.0%) | 7:20 | 8.2 (50.3%) |
| 246 | FITURSKA Elżbieta | 49 | | K2 30-49 lat | 46 | | 01:13:42.45 | 01:13:42.45 | +00:36:59 (50.2%) | 7:22 | 8.1 (49.7%) |
| 247 | STASZAK Paulina | 189 | | K2 30-49 lat | 47 | | 01:13:44.15 | 01:13:44.15 | +00:37:00 (50.2%) | 7:22 | 8.1 (49.7%) |
| 248 | PRZYBYŁ Barbara | 165 | XXX | K2 30-49 lat | 48 | | 01:13:45.45 | 01:13:45.45 | +00:37:02 (50.2%) | 7:22 | 8.1 (49.7%) |
| 249 | KUFEL Grzegorz | 251 | | M2 30-49 lat | 127 | | 01:14:48.40 | 01:14:48.40 | +00:38:05 (50.9%) | 7:28 | 8 (49.1%) |
| 250 | KULIK Katarzyna | 97 | | K2 30-49 lat | 49 | | 01:15:01.00 | 01:15:01.00 | +00:38:17 (51.0%) | 7:30 | 8 (49.1%) |
| 251 | MAŁEK Mariusz | 192 | CHEŁM BIEGA | M2 30-49 lat | 128 | Tak | 01:15:24.80 | 01:15:24.80 | +00:38:41 (51.3%) | 7:32 | 8 (49.1%) |
| 252 | POLSKI Dariusz | 160 | | M3 50+ | 47 | | 01:16:09.15 | 01:16:09.15 | +00:39:25 (51.8%) | 7:36 | 7.9 (48.5%) |
| 253 | POLSKA Bożena | 159 | | K3 50+ | 9 | | 01:16:09.50 | 01:16:09.50 | +00:39:26 (51.8%) | 7:36 | 7.9 (48.5%) |
| 254 | MICHOŃ Artur | 74 | | M3 50+ | 48 | | 01:17:02.80 | 01:17:02.80 | +00:40:19 (52.3%) | 7:42 | 7.8 (47.9%) |
| 255 | ANTOSIEWICZ Stanisława | 5 | LULATEAM | K3 50+ | 10 | | 01:17:23.10 | 01:17:23.10 | +00:40:39 (52.5%) | 7:44 | 7.8 (47.9%) |
| 256 | ANTOSIEWICZ Robert | 6 | LULATEAM | M3 50+ | 49 | | 01:17:24.80 | 01:17:24.80 | +00:40:41 (52.6%) | 7:44 | 7.8 (47.9%) |
| 257 | FITURSKI Marek | 50 | | M2 30-49 lat | 129 | | 01:21:41.75 | 01:21:41.75 | +00:44:58 (55.1%) | 8:10 | 7.3 (44.8%) |
| 258 | HAJNUS Wojciech | 65 | | M3 50+ | 50 | | 01:21:41.90 | 01:21:41.90 | +00:44:58 (55.1%) | 8:10 | 7.3 (44.8%) |
| 259 | LASKUS Monika | 266 | | K3 50+ | 11 | | 01:22:27.25 | 01:22:27.25 | +00:45:43 (55.5%) | 8:14 | 7.3 (44.8%) |
| 260 | KORNYLUK Katarzyna | 83 | | K2 30-49 lat | 50 | | 01:26:41.00 | 01:26:41.00 | +00:49:57 (57.6%) | 8:40 | 6.9 (42.3%) |
| 261 | KORNYLUK Leszek | 84 | | M3 50+ | 51 | | 01:26:41.05 | 01:26:41.05 | +00:49:57 (57.6%) | 8:40 | 6.9 (42.3%) |

Znaleziono 261 wynik(ów)