



**Organizator:** Polskie Stowarzyszenie Producentów Oleju  
**Data:** 2023-05-14  
**Miejsce:** Nielisz  
**Dystans:** 10 km

# OLEJARSKA DYCHA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ADAMCZUK Sebastian	12		M2 30-49 lat	1		00:36:26.15	00:36:26.15		3:38	16.5
2	WYSOCKI Paweł	301	LUBELSKIBIEGACZ.PL TEAM	M2 30-49 lat	2		00:36:40.65	00:36:40.65	+00:00:14	3:40	16.4
3	PAWLAK Grzegorz	206	3 ZAMOJSKI BATALION ZMECHANIZOWANY	M2 30-49 lat	3		00:36:51.50	00:36:51.50	+00:00:25	3:41	16.3
4	MAZUREK Paweł	182	PARKRUN OGRÓD SASKI LUBLIN	M2 30-49 lat	4		00:37:17.10	00:37:17.10	+00:00:50	3:43	16.1
5	GRAJ Arkadiusz	89	BANDA GRUDNIA	M2 30-49 lat	5		00:38:03.25	00:38:03.25	+00:01:37	3:48	15.8
6	FLIS Robert	73	BIKE CLUB JANÓW LUBELSKI	M2 30-49 lat	6		00:38:50.40	00:38:50.40	+00:02:24	3:53	15.5
7	RUSZNIAK Paweł	328	LIPIEC RUNNING TEAM	M2 30-49 lat	7		00:39:24.60	00:39:24.60	+00:02:58	3:56	15.2
8	ANTOŃCZAK Damian	15	RUCH IZBICA	M1 < 29 lat	1	Tak	00:39:35.15	00:39:35.15	+00:03:09	3:57	15.2
9	JAREMKO Władysław	108		M2 30-49 lat	8		00:39:59.05	00:39:59.05	+00:03:32	3:59	15
10	MALIK Dominik	172	BIEGAJĄCY ŚWIDNIK	M1 < 29 lat	2		00:40:05.80	00:40:05.80	+00:03:39	4:00	15
11	ANTOŃCZAK Marek	14	RUCH IZBICA	M2 30-49 lat	9	Tak	00:40:12.05	00:40:12.05	+00:03:45	4:01	14.9
12	NOWOGRODZKI Dawid	202		M2 30-49 lat	10		00:40:18.50	00:40:18.50	+00:03:52	4:01	14.9
13	OLEKSY Przemysław	203	RADOSŁAW KŁECZEK TRENER BIEGANIA	M2 30-49 lat	11		00:40:22.75	00:40:22.75	+00:03:56	4:02	14.9
14	GÓRSKI Bartosz	86	NO IDEA TEAM	M2 30-49 lat	12		00:40:41.55	00:40:41.55	+00:04:15	4:04	14.7
15	BRODACZEWSKI Piotr	32	LUBELSKIBIEGACZ.PL TEAM	M1 < 29 lat	3		00:40:53.75	00:40:53.75	+00:04:27	4:05	14.7
16	BIŻEK Piotr	26	SPRINT WIERZCHOWISKA	M2 30-49 lat	13	Tak	00:41:01.00	00:41:01.00	+00:04:34	4:06	14.6
17	WIDZ Grzegorz	282	BIKE CLUB JANÓW LUBELSKI	M2 30-49 lat	14		00:41:12.60	00:41:12.60	+00:04:46	4:07	14.6
18	CICHORZ Jacek	43	BIEGAJĄCY ŚWIDNIK	M2 30-49 lat	15		00:41:28.40	00:41:28.40	+00:05:02	4:08	14.5
19	GODZWON Mateusz	82	BIEGIEMZAMARZENIAMI	M2 30-49 lat	16		00:41:32.75	00:41:32.75	+00:05:06	4:09	14.4
20	LIPIŃSKI Tomasz	159	IMPLOZJA CHEŁM	M1 < 29 lat	4		00:41:40.90	00:41:40.90	+00:05:14	4:10	14.4
21	MAZUREK Krzysztof	181	KP PSP W KRASNYMSTAWIE	M2 30-49 lat	17		00:42:11.30	00:42:11.30	+00:05:45	4:13	14.2
22	JAKUBCZAK Aleksandra	103	ZAMOŚĆ BIEGA	K2 30-49 lat	1		00:42:22.40	00:42:22.40	+00:05:56	4:14	14.2
23	KOŁODZIEJ Mariusz	129	LW BOGDANKA	M3 50+	1		00:42:30.20	00:42:30.20	+00:06:04	4:15	14.1
24	PIOTROWSKI Emil	214		M2 30-49 lat	18		00:42:44.35	00:42:44.35	+00:06:18	4:16	14
25	WÓJCIK Łukasz	293	SZYBCIEJ NIE DAM RADY	M2 30-49 lat	19		00:42:58.10	00:42:58.10	+00:06:31	4:17	14
26	BITNER Piotr	25		M2 30-49 lat	20		00:43:03.75	00:43:03.75	+00:06:37	4:18	13.9
27	STASIAK Piotr	251		M3 50+	2		00:43:24.25	00:43:24.25	+00:06:58	4:20	13.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	<b>KURZAWSKI Tomasz</b>	<b>151</b>	GB ULTRA PSZCZÓŁKI	M2 30-49 lat	21		<b>00:43:36.60</b>	<b>00:43:36.60</b>	+00:07:10	4:21	13.8
29	<b>TUTKA Dominik</b>	<b>271</b>	BIŁGORAJ BIEGA	M2 30-49 lat	22		<b>00:43:42.95</b>	<b>00:43:42.95</b>	+00:07:16	4:22	13.7
30	<b>SIEGIEDA Michał</b>	<b>242</b>		M2 30-49 lat	23		<b>00:43:46.55</b>	<b>00:43:46.55</b>	+00:07:20	4:22	13.7
31	<b>KONDRACIUK Michał</b>	<b>130</b>		M2 30-49 lat	24		<b>00:44:10.45</b>	<b>00:44:10.45</b>	+00:07:44	4:25	13.6
32	<b>SIENIEK Krzysztof</b>	<b>243</b>		M2 30-49 lat	25	Tak	<b>00:44:12.45</b>	<b>00:44:12.45</b>	+00:07:46	4:25	13.6
33	<b>ŁUKASZCZYK Piotr</b>	<b>324</b>	HERBA TRIATHLON TEAM BIEGOWY	M2 30-49 lat	26		<b>00:44:24.10</b>	<b>00:44:24.10</b>	+00:07:57	4:26	13.5
33	<b>WIDOMSKI Wojciech</b>	<b>280</b>		M3 50+	3	Tak	<b>00:44:24.10</b>	<b>00:44:24.10</b>	+00:07:57	4:26	13.5
35	<b>KRÓLAK Radosław</b>	<b>143</b>		M2 30-49 lat	27		<b>00:44:27.70</b>	<b>00:44:27.70</b>	+00:08:01	4:26	13.5
36	<b>RYĆ Dariusz</b>	<b>235</b>		M2 30-49 lat	28		<b>00:44:35.25</b>	<b>00:44:35.25</b>	+00:08:09	4:27	13.5
37	<b>KSENIAK Tomasz</b>	<b>147</b>		M2 30-49 lat	29		<b>00:44:50.15</b>	<b>00:44:50.15</b>	+00:08:24	4:29	13.4
38	<b>FILIPIUK Tomasz</b>	<b>70</b>	POWIAT ŚWIDNICKI	M2 30-49 lat	30		<b>00:44:53.15</b>	<b>00:44:53.15</b>	+00:08:27	4:29	13.4
39	<b>OSIŃSKI Daniel</b>	<b>204</b>	SĘDZIA	M2 30-49 lat	31		<b>00:44:54.85</b>	<b>00:44:54.85</b>	+00:08:28	4:29	13.4
40	<b>MIAZGA Janusz</b>	<b>188</b>	ZAMOŚĆ BIEGA	M3 50+	4		<b>00:45:02.05</b>	<b>00:45:02.05</b>	+00:08:35	4:30	13.3
41	<b>MANDZIUK Mateusz</b>	<b>174</b>		M2 30-49 lat	32		<b>00:45:07.40</b>	<b>00:45:07.40</b>	+00:08:41	4:30	13.3
42	<b>OSTROWSKI Sławomir</b>	<b>205</b>	BIEGAJĄCY ŚWIDNIK	M3 50+	5		<b>00:45:23.45</b>	<b>00:45:23.45</b>	+00:08:57	4:32	13.2
43	<b>STĘPIEŃ Adam</b>	<b>252</b>		M2 30-49 lat	33	Tak	<b>00:45:25.50</b>	<b>00:45:25.50</b>	+00:08:59	4:32	13.2
44	<b>KIELAR Daniel</b>	<b>124</b>	KRESOWIANIE	M2 30-49 lat	34		<b>00:45:31.50</b>	<b>00:45:31.50</b>	+00:09:05	4:33	13.2
45	<b>MAZUREK Robert</b>	<b>185</b>	LUBELAKY RUNNING TEAM	M2 30-49 lat	35		<b>00:45:43.95</b>	<b>00:45:43.95</b>	+00:09:17	4:34	13.1
46	<b>PŁECHA Grzegorz</b>	<b>215</b>		M3 50+	6		<b>00:45:45.70</b>	<b>00:45:45.70</b>	+00:09:19	4:34	13.1
47	<b>PROKOP Tomek</b>	<b>221</b>		M2 30-49 lat	36		<b>00:45:50.55</b>	<b>00:45:50.55</b>	+00:09:24	4:35	13.1
48	<b>KUŚMIERZ Kazimierz</b>	<b>154</b>		M3 50+	7		<b>00:46:03.00</b>	<b>00:46:03.00</b>	+00:09:36	4:36	13
49	<b>REPECKI Marcin</b>	<b>229</b>	ZAMOŚĆ BIEGA	M3 50+	8		<b>00:46:06.60</b>	<b>00:46:06.60</b>	+00:09:40	4:36	13
50	<b>WÓJCIK Józef</b>	<b>294</b>	CHEŁM BIEGA	M3 50+	9		<b>00:46:06.65</b>	<b>00:46:06.65</b>	+00:09:40	4:36	13
51	<b>KRÓL Michał</b>	<b>142</b>		M2 30-49 lat	37		<b>00:46:11.30</b>	<b>00:46:11.30</b>	+00:09:45	4:37	13
52	<b>MIROŚŁAW Albert</b>	<b>318</b>	WW TEAM	M3 50+	10		<b>00:46:50.50</b>	<b>00:46:50.50</b>	+00:10:24	4:41	12.8
53	<b>ANTOSZ Bogdan</b>	<b>16</b>		M3 50+	11		<b>00:46:55.75</b>	<b>00:46:55.75</b>	+00:10:29	4:41	12.8
54	<b>DZIEWA Krzysiek</b>	<b>63</b>	ALIPLAST RUNNING TEAM	M2 30-49 lat	38		<b>00:47:08.40</b>	<b>00:47:08.40</b>	+00:10:42	4:42	12.7
55	<b>KURASIEWICZ Mariusz</b>	<b>150</b>		M2 30-49 lat	39		<b>00:47:17.80</b>	<b>00:47:17.80</b>	+00:10:51	4:43	12.7
56	<b>ŚLIWA Anna</b>	<b>265</b>	UKS SABAUDIA	K2 30-49 lat	2		<b>00:47:22.80</b>	<b>00:47:22.80</b>	+00:10:56	4:44	12.7
57	<b>KOWALCZYK Rafal</b>	<b>136</b>	PARKRUN OGRÓD SASKI, LUBLIN.	M2 30-49 lat	40		<b>00:47:24.60</b>	<b>00:47:24.60</b>	+00:10:58	4:44	12.7
58	<b>KONOPKA Piotr</b>	<b>131</b>	LUBELSKA GRUPA TRIATHLONU/ 2 LBOT	M2 30-49 lat	41		<b>00:47:29.00</b>	<b>00:47:29.00</b>	+00:11:02	4:44	12.6
59	<b>WILGOS Marek</b>	<b>319</b>		M2 30-49 lat	42		<b>00:47:33.80</b>	<b>00:47:33.80</b>	+00:11:07	4:45	12.6
60	<b>JACNIAK Ewa</b>	<b>101</b>	#NOLIMITS	K2 30-49 lat	3		<b>00:47:35.80</b>	<b>00:47:35.80</b>	+00:11:09	4:45	12.6
61	<b>FERENC Marcin</b>	<b>64</b>	PĘDZLOGONY ZWINNE	M2 30-49 lat	43		<b>00:47:38.60</b>	<b>00:47:38.60</b>	+00:11:12	4:45	12.6
62	<b>WOŹNIAK Marek</b>	<b>291</b>		M3 50+	12		<b>00:47:42.15</b>	<b>00:47:42.15</b>	+00:11:16	4:46	12.6
63	<b>FRANCZAK Tomasz</b>	<b>75</b>	LUBELAKY RUNNING TEAM	M2 30-49 lat	44		<b>00:47:51.90</b>	<b>00:47:51.90</b>	+00:11:25	4:47	12.5
64	<b>PYŚ Adrian</b>	<b>225</b>		M2 30-49 lat	45		<b>00:48:04.60</b>	<b>00:48:04.60</b>	+00:11:38	4:48	12.5
65	<b>SOKALSKI Sławomir</b>	<b>249</b>	ZAMOŚĆ BIEGA	M3 50+	13		<b>00:48:24.95</b>	<b>00:48:24.95</b>	+00:11:58	4:50	12.4
66	<b>STAŻYŃSKI Roman</b>	<b>326</b>		M2 30-49 lat	46		<b>00:48:41.90</b>	<b>00:48:41.90</b>	+00:12:15	4:52	12.3
67	<b>DZIEDZIC Jacek</b>	<b>62</b>		M2 30-49 lat	47		<b>00:48:55.50</b>	<b>00:48:55.50</b>	+00:12:29	4:53	12.3
68	<b>RYCYK Grzegorz</b>	<b>234</b>	RUCHN IZBICA	M2 30-49 lat	48		<b>00:49:10.50</b>	<b>00:49:10.50</b>	+00:12:44	4:55	12.2
69	<b>MARKOWICZ Dariusz</b>	<b>176</b>	MGD TEAM	M2 30-49 lat	49		<b>00:49:14.10</b>	<b>00:49:14.10</b>	+00:12:47	4:55	12.2
70	<b>BRYŁA-CRUZ Agnieszka</b>	<b>33</b>		K2 30-49 lat	4		<b>00:49:15.60</b>	<b>00:49:15.60</b>	+00:12:49	4:55	12.2
71	<b>RUDZKI Adam</b>	<b>232</b>		M2 30-49 lat	50	Tak	<b>00:49:20.75</b>	<b>00:49:20.75</b>	+00:12:54	4:56	12.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							10km	10km			
72	<b>GANCZARUK Wojciech</b>	<b>78</b>	CYCÓW BIEGA	M2 30-49 lat	51		<b>00:49:26.75</b>	<b>00:49:26.75</b>	+00:13:00	4:56	12.1
73	<b>KOSIOR Tomasz</b>	<b>133</b>		M2 30-49 lat	52		<b>00:49:36.10</b>	<b>00:49:36.10</b>	+00:13:09	4:57	12.1
74	<b>SZCZĘŚNIAK Mariusz</b>	<b>256</b>	SAINT GOBAIN SQUAD	M2 30-49 lat	53		<b>00:49:42.65</b>	<b>00:49:42.65</b>	+00:13:16	4:58	12.1
75	<b>SULOWSKI Janusz</b>	<b>253</b>	WŚCIEKLI NA SZYBKICH	M2 30-49 lat	54		<b>00:49:42.80</b>	<b>00:49:42.80</b>	+00:13:16	4:58	12.1
76	<b>WÓJCICKI Damian</b>	<b>292</b>	PARKRUN OGRÓD SASKI, LUBLIN	M2 30-49 lat	55		<b>00:49:45.80</b>	<b>00:49:45.80</b>	+00:13:19	4:58	12.1
77	<b>MITRUCZUK Marcin</b>	<b>193</b>	SP3 PUŁAWY	M2 30-49 lat	56		<b>00:49:47.70</b>	<b>00:49:47.70</b>	+00:13:21	4:58	12.1
78	<b>WIDOMSKI Mirosław</b>	<b>281</b>		M2 30-49 lat	57		<b>00:49:52.40</b>	<b>00:49:52.40</b>	+00:13:26	4:59	12
79	<b>KUZIOŁA Iwona</b>	<b>156</b>	#NOLIMITS	K2 30-49 lat	5		<b>00:50:00.35</b>	<b>00:50:00.35</b>	+00:13:34	5:00	12
80	<b>IŻEWSKI Sylwester</b>	<b>98</b>	ALIPLAST RUNNING TEAM	M2 30-49 lat	58		<b>00:50:04.95</b>	<b>00:50:04.95</b>	+00:13:38	5:00	12
81	<b>SAWOSZ Marta</b>	<b>238</b>		K2 30-49 lat	6		<b>00:50:08.20</b>	<b>00:50:08.20</b>	+00:13:42	5:00	12
82	<b>WAWRZYNIAK Damian</b>	<b>277</b>	AKTYWNI KAMIEŃSK	M2 30-49 lat	59		<b>00:50:08.55</b>	<b>00:50:08.55</b>	+00:13:42	5:00	12
83	<b>ADAMCZYK Mariusz</b>	<b>13</b>		M3 50+	14		<b>00:50:08.75</b>	<b>00:50:08.75</b>	+00:13:42	5:00	12
84	<b>KURZYNA Krzysztof</b>	<b>153</b>		M3 50+	15		<b>00:50:11.80</b>	<b>00:50:11.80</b>	+00:13:45	5:01	12
85	<b>KARDASZ Jacek</b>	<b>117</b>	ATTYLA	M2 30-49 lat	60		<b>00:50:14.50</b>	<b>00:50:14.50</b>	+00:13:48	5:01	11.9
86	<b>JACEK Paweł</b>	<b>100</b>		M2 30-49 lat	61		<b>00:50:22.95</b>	<b>00:50:22.95</b>	+00:13:56	5:02	11.9
87	<b>SĘK Krystian</b>	<b>240</b>	SĘK-TEAM	M2 30-49 lat	62		<b>00:50:30.15</b>	<b>00:50:30.15</b>	+00:14:04	5:03	11.9
88	<b>RYCAK Andrzej</b>	<b>233</b>		M3 50+	16		<b>00:50:31.85</b>	<b>00:50:31.85</b>	+00:14:05	5:03	11.9
89	<b>ŁUPINA Jan</b>	<b>167</b>	JANOWSKIE MORSY	M2 30-49 lat	63		<b>00:50:38.50</b>	<b>00:50:38.50</b>	+00:14:12	5:03	11.8
90	<b>FIJAŁKOWSKI Marcin</b>	<b>66</b>		M2 30-49 lat	64		<b>00:50:42.90</b>	<b>00:50:42.90</b>	+00:14:16	5:04	11.8
91	<b>ZBICIAK Kinga</b>	<b>306</b>		K1 < 29 lat	1		<b>00:50:45.00</b>	<b>00:50:45.00</b>	+00:14:18	5:04	11.8
92	<b>CZUJ Stanisław</b>	<b>329</b>	ZAMOŚĆ BIEGA	M2 30-49 lat	65		<b>00:50:46.35</b>	<b>00:50:46.35</b>	+00:14:20	5:04	11.8
93	<b>POLSKI Marcin</b>	<b>216</b>		M2 30-49 lat	66		<b>00:50:57.15</b>	<b>00:50:57.15</b>	+00:14:31	5:05	11.8
94	<b>TWOREK Krzysztof</b>	<b>272</b>		M1 < 29 lat	5		<b>00:51:01.95</b>	<b>00:51:01.95</b>	+00:14:35	5:06	11.8
95	<b>FLIS Jan</b>	<b>323</b>		M3 50+	17		<b>00:51:03.95</b>	<b>00:51:03.95</b>	+00:14:37	5:06	11.8
96	<b>KOZIOŁ Tomasz</b>	<b>140</b>	CHEŁM BIEGA	M2 30-49 lat	67		<b>00:51:15.15</b>	<b>00:51:15.15</b>	+00:14:49	5:07	11.7
97	<b>TOMASZEWSKI Igor</b>	<b>268</b>		M2 30-49 lat	68		<b>00:51:19.55</b>	<b>00:51:19.55</b>	+00:14:53	5:07	11.7
98	<b>MALINOWSKI Marcin</b>	<b>173</b>	RUCH IZBICA	M2 30-49 lat	69		<b>00:51:36.90</b>	<b>00:51:36.90</b>	+00:15:10	5:09	11.6
99	<b>SOBOLEWSKI Tomasz</b>	<b>247</b>		M2 30-49 lat	70		<b>00:51:40.45</b>	<b>00:51:40.45</b>	+00:15:14	5:10	11.6
100	<b>BUŁAWSKI Krzysztof</b>	<b>34</b>		M3 50+	18		<b>00:51:45.20</b>	<b>00:51:45.20</b>	+00:15:19	5:10	11.6
101	<b>LIS Zbigniew</b>	<b>160</b>		M3 50+	19		<b>00:51:50.05</b>	<b>00:51:50.05</b>	+00:15:23	5:11	11.6
102	<b>LASKOWSKI Andrzej</b>	<b>157</b>	OSP DRAGANY	M3 50+	20		<b>00:51:51.65</b>	<b>00:51:51.65</b>	+00:15:25	5:11	11.6
103	<b>ŻUROWSKI Jacek</b>	<b>313</b>	HENTEAM	M3 50+	21		<b>00:51:55.55</b>	<b>00:51:55.55</b>	+00:15:29	5:11	11.6
104	<b>NOWAK Jan</b>	<b>200</b>	CHEŁM	M3 50+	22		<b>00:51:57.50</b>	<b>00:51:57.50</b>	+00:15:31	5:11	11.5
105	<b>MILANOWSKI Rafał</b>	<b>320</b>		M2 30-49 lat	71		<b>00:52:06.20</b>	<b>00:52:06.20</b>	+00:15:40	5:12	11.5
106	<b>PIKUS Robert</b>	<b>212</b>		M2 30-49 lat	72		<b>00:52:12.55</b>	<b>00:52:12.55</b>	+00:15:46	5:13	11.5
107	<b>KOŁAKOWSKI Przemek</b>	<b>128</b>	ZAMOŚĆ BIEGA	M2 30-49 lat	73		<b>00:52:16.55</b>	<b>00:52:16.55</b>	+00:15:50	5:13	11.5
108	<b>PETRYKOWSKI Grzegorz</b>	<b>207</b>		M2 30-49 lat	74	Tak	<b>00:52:16.95</b>	<b>00:52:16.95</b>	+00:15:50	5:13	11.5
109	<b>SZYMULA Tomasz</b>	<b>264</b>		M2 30-49 lat	75		<b>00:52:22.00</b>	<b>00:52:22.00</b>	+00:15:55	5:14	11.5
110	<b>ZIELIŃSKI Wojciech</b>	<b>308</b>		M2 30-49 lat	76		<b>00:52:29.60</b>	<b>00:52:29.60</b>	+00:16:03	5:14	11.4
111	<b>PUDŁO Marian</b>	<b>224</b>	MGD TEAM	M3 50+	23		<b>00:52:31.05</b>	<b>00:52:31.05</b>	+00:16:04	5:15	11.4
112	<b>ZBICIAK Adam</b>	<b>307</b>		M3 50+	24		<b>00:52:35.70</b>	<b>00:52:35.70</b>	+00:16:09	5:15	11.4
113	<b>CHATAŁA Marek</b>	<b>39</b>	SZEROKIE BIEGA	M3 50+	25		<b>00:52:44.25</b>	<b>00:52:44.25</b>	+00:16:18	5:16	11.4
114	<b>POŁĘTEK Tomasz</b>	<b>218</b>	FORTACO TEAM	M2 30-49 lat	77		<b>00:52:54.95</b>	<b>00:52:54.95</b>	+00:16:28	5:17	11.3
115	<b>SAWICKI Adrian</b>	<b>237</b>	JANOWSKIE MORSY	M2 30-49 lat	78		<b>00:53:11.30</b>	<b>00:53:11.30</b>	+00:16:45	5:19	11.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
116	ŚWIRSZCZ Mariusz	325	BIEGAJĄCY KRASNYSTAW	M2 30-49 lat	79		00:53:17.50	00:53:17.50	+00:16:51	5:19	11.3
117	JAGIELLO Dawid	102		M2 30-49 lat	80		00:53:21.80	00:53:21.80	+00:16:55	5:20	11.2
118	JAGI Tomasz	327	ZAMOŚĆ BIEGA	M2 30-49 lat	81		00:53:34.95	00:53:34.95	+00:17:08	5:21	11.2
119	BOCIAN Piotr	28	NIE	M3 50+	26		00:53:35.05	00:53:35.05	+00:17:08	5:21	11.2
120	CHMIST Jakub	40	FIGHT CLUB	M2 30-49 lat	82		00:54:05.00	00:54:05.00	+00:17:38	5:24	11.1
121	ZATOŃSKI Zbigniew	305	LUBELSKIE STOWARZYSZENIE BIEGOWE	M2 30-49 lat	83		00:54:11.90	00:54:11.90	+00:17:45	5:25	11.1
122	KARWAN Zbigniew	119	BBL	M3 50+	27		00:54:12.85	00:54:12.85	+00:17:46	5:25	11.1
123	KRACZKOWSKI Krzysztof	141	CHEŁM BIEGA	M2 30-49 lat	84		00:54:14.45	00:54:14.45	+00:17:48	5:25	11.1
124	TUSZKIEWICZ Radek	270		M2 30-49 lat	85		00:54:17.85	00:54:17.85	+00:17:51	5:25	11.1
125	KAWALEC Bartłomiej	121	HENTTEAM	M2 30-49 lat	86		00:54:19.70	00:54:19.70	+00:17:53	5:25	11
126	GALEK Michał	76		M2 30-49 lat	87		00:54:33.35	00:54:33.35	+00:18:07	5:27	11
127	SKAKUJ Marcin	246	BIŁGORAJ BIEGA	M2 30-49 lat	88		00:54:38.90	00:54:38.90	+00:18:12	5:27	11
128	WOJTAS Sławek	288	TOMASZOWSKA GRUPA BIEGOWA	M2 30-49 lat	89		00:54:48.00	00:54:48.00	+00:18:21	5:28	10.9
129	JACEK Andrzej	99	ZAMOŚĆ BIEGA	M3 50+	28		00:54:49.35	00:54:49.35	+00:18:23	5:28	10.9
130	BIELECKI Andrzej	23	FOTO KARCZMARSKI CHEŁM	M2 30-49 lat	90		00:54:55.80	00:54:55.80	+00:18:29	5:29	10.9
131	WACH Magdalena	274	ZAMOŚĆ BIEGA	K2 30-49 lat	7		00:54:57.35	00:54:57.35	+00:18:31	5:29	10.9
132	KRUKOWSKI Robert	146	PLATINIUM ZAMOŚĆ	M2 30-49 lat	91		00:55:02.45	00:55:02.45	+00:18:36	5:30	10.9
133	WRÓBEL Barbara	295	BIEGAJĄCY ŚWIDNIK	K2 30-49 lat	8		00:55:06.85	00:55:06.85	+00:18:40	5:30	10.9
134	WRÓBEL Krzysztof	296	BIEGAJĄCY ŚWIDNIK	M2 30-49 lat	92		00:55:06.95	00:55:06.95	+00:18:40	5:30	10.9
135	PRZYCZYNA Marek	222		M3 50+	29		00:55:21.25	00:55:21.25	+00:18:55	5:32	10.8
136	MADEJ Edyta	170		K2 30-49 lat	9		00:55:25.95	00:55:25.95	+00:18:59	5:32	10.8
137	WILKOS Marcin	283		M2 30-49 lat	93		00:55:29.45	00:55:29.45	+00:19:03	5:32	10.8
138	KAPROŃ Czesław	114	FORTACO TEAM	M3 50+	30		00:55:37.05	00:55:37.05	+00:19:10	5:33	10.8
139	SOWIŃSKI Marek	250		M3 50+	31		00:55:37.35	00:55:37.35	+00:19:11	5:33	10.8
140	JAWORSKI Jacek	110		M2 30-49 lat	94		00:55:38.95	00:55:38.95	+00:19:12	5:33	10.8
141	HARASIM Aleksandra	96		K2 30-49 lat	10		00:55:46.45	00:55:46.45	+00:19:20	5:34	10.8
142	GORECKA Aleksandra	85		K1 < 29 lat	2		00:55:48.35	00:55:48.35	+00:19:22	5:34	10.8
143	DYŚ Mariusz	61		M2 30-49 lat	95		00:55:49.70	00:55:49.70	+00:19:23	5:34	10.7
144	GROMEK Edyta	91	SZYBCIEJ NIE DAM RADY	K2 30-49 lat	11		00:55:51.60	00:55:51.60	+00:19:25	5:35	10.7
145	BARAN Karolina	17	4NALSKY.RUN	K2 30-49 lat	12		00:55:54.70	00:55:54.70	+00:19:28	5:35	10.7
146	BARAN-HAŁASA Lucyna	18	ZAMOSC BIEGA	K2 30-49 lat	13		00:56:04.70	00:56:04.70	+00:19:38	5:36	10.7
147	BELOWSKI Leszek	22	EXPLORE RUN TEAM	M3 50+	32		00:56:08.95	00:56:08.95	+00:19:42	5:36	10.7
148	PIĘTAK Marcin	209	DENVER BUKOWA	M1 < 29 lat	6		00:56:13.80	00:56:13.80	+00:19:47	5:37	10.7
149	POTEREK Katarzyna	219		K2 30-49 lat	14		00:56:16.65	00:56:16.65	+00:19:50	5:37	10.7
150	WOŁOSZYN Małgorzata	290		K2 30-49 lat	15		00:56:17.35	00:56:17.35	+00:19:51	5:37	10.7
151	WESOŁOWSKI Piotr	279		M3 50+	33		00:56:25.00	00:56:25.00	+00:19:58	5:38	10.6
152	GAWRON Anna	80		K2 30-49 lat	16		00:56:26.70	00:56:26.70	+00:20:00	5:38	10.6
153	SZCZYGIELSKI Robert	258		M2 30-49 lat	96	Tak	00:56:28.55	00:56:28.55	+00:20:02	5:38	10.6
154	ŁUKASIK Zbigniew	163	RAPY MASTERS	M3 50+	34		00:56:37.40	00:56:37.40	+00:20:11	5:39	10.6
155	BARTNIK Wojciech	21	UNIA HRUBIESZÓW	M3 50+	35		00:56:40.95	00:56:40.95	+00:20:14	5:40	10.6
156	ŁĄCZNY Marcin	162	GALOPUJĄCE DŹDŻOWNICE	M2 30-49 lat	97		00:56:43.75	00:56:43.75	+00:20:17	5:40	10.6
157	SZCZUREK Piotr	257	SSPNL	M2 30-49 lat	98		00:56:44.30	00:56:44.30	+00:20:18	5:40	10.6
158	SZCZEPUCH Dorota	255	ZAMOŚĆ BIEGA	K3 50+	1		00:56:48.40	00:56:48.40	+00:20:22	5:40	10.6
159	KOT Leszek	322		M3 50+	36		00:57:07.70	00:57:07.70	+00:20:41	5:42	10.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
160	<b>PRZYTUŁA Paweł</b>	<b>223</b>		M2 30-49 lat	99		<b>00:57:08.35</b>	<b>00:57:08.35</b>	+00:20:42	5:42	10.5
161	<b>KAPUŚNIAK Jarek</b>	<b>115</b>		M2 30-49 lat	100		<b>00:57:14.20</b>	<b>00:57:14.20</b>	+00:20:48	5:43	10.5
162	<b>WADOWSKI Dariusz</b>	<b>275</b>	ŁĘCZNA BIEGA / BIEGAJĄCY CYCÓW	M2 30-49 lat	101		<b>00:57:16.05</b>	<b>00:57:16.05</b>	+00:20:49	5:43	10.5
163	<b>MAZUREK Gocha</b>	<b>183</b>	NKS ZRYW	K2 30-49 lat	17		<b>00:57:17.80</b>	<b>00:57:17.80</b>	+00:20:51	5:43	10.5
164	<b>KOLASA Andrzej</b>	<b>126</b>	KLUB J.SŁOWACKIEGO	M3 50+	37		<b>00:57:28.15</b>	<b>00:57:28.15</b>	+00:21:02	5:44	10.4
165	<b>NIEMIERSKI Artur</b>	<b>198</b>		M3 50+	38		<b>00:57:43.05</b>	<b>00:57:43.05</b>	+00:21:16	5:46	10.4
166	<b>KAWALEC Andrzej</b>	<b>122</b>	KAWALECWĘDKI	M3 50+	39		<b>00:57:44.60</b>	<b>00:57:44.60</b>	+00:21:18	5:46	10.4
167	<b>ZAJDEL Dominik</b>	<b>303</b>		M1 < 29 lat	7		<b>00:58:06.60</b>	<b>00:58:06.60</b>	+00:21:40	5:48	10.3
168	<b>GODULA Ryszard</b>	<b>81</b>	BIEGNIJ FORREST BIEGNIJ	M3 50+	40		<b>00:58:13.15</b>	<b>00:58:13.15</b>	+00:21:47	5:49	10.3
169	<b>WRZESIŃSKI Krzysztof</b>	<b>298</b>		M2 30-49 lat	102		<b>00:58:14.20</b>	<b>00:58:14.20</b>	+00:21:48	5:49	10.3
170	<b>MARKOWICZ Grzegorz</b>	<b>175</b>	MGD TEAM	M3 50+	41		<b>00:58:15.95</b>	<b>00:58:15.95</b>	+00:21:49	5:49	10.3
171	<b>ZYGARLICKI Stanisław</b>	<b>311</b>	KRESOWIANIE	M3 50+	42		<b>00:58:22.60</b>	<b>00:58:22.60</b>	+00:21:56	5:50	10.3
172	<b>DUDEK Piotr</b>	<b>58</b>		M2 30-49 lat	103		<b>00:58:27.10</b>	<b>00:58:27.10</b>	+00:22:00	5:50	10.3
173	<b>SZERCER Jagoda</b>	<b>259</b>	RUCH IZBICA	K2 30-49 lat	18		<b>00:58:28.80</b>	<b>00:58:28.80</b>	+00:22:02	5:50	10.3
174	<b>LATAŁA Andrzej</b>	<b>158</b>	POLBRUK RUN TEAM, BIEGAJĄCY ŚWIDNIK	M3 50+	43		<b>00:58:35.70</b>	<b>00:58:35.70</b>	+00:22:09	5:51	10.2
175	<b>KUŚPIT Jerzy</b>	<b>155</b>		M3 50+	44		<b>00:58:40.20</b>	<b>00:58:40.20</b>	+00:22:14	5:52	10.2
176	<b>KARCZEWSKI Zenon</b>	<b>116</b>		M3 50+	45		<b>00:58:46.60</b>	<b>00:58:46.60</b>	+00:22:20	5:52	10.2
177	<b>PILIPCZUK Paweł</b>	<b>213</b>		M2 30-49 lat	104		<b>00:58:49.70</b>	<b>00:58:49.70</b>	+00:22:23	5:52	10.2
178	<b>BRAKOWIECKI Wojciech</b>	<b>31</b>		M3 50+	46		<b>00:59:02.25</b>	<b>00:59:02.25</b>	+00:22:36	5:54	10.2
179	<b>WNUK Przemysław</b>	<b>286</b>	BOSCOTEAM	M3 50+	47		<b>00:59:07.25</b>	<b>00:59:07.25</b>	+00:22:41	5:54	10.1
180	<b>MYŚLIWIECKI Michał</b>	<b>197</b>	SKIPOL.PL TEAM	M2 30-49 lat	105		<b>00:59:17.05</b>	<b>00:59:17.05</b>	+00:22:50	5:55	10.1
181	<b>MIANOWANA Anna</b>	<b>187</b>	ISKRY	K2 30-49 lat	19		<b>00:59:19.75</b>	<b>00:59:19.75</b>	+00:22:53	5:55	10.1
182	<b>ROKITA Jacek</b>	<b>231</b>	ISKRY	M2 30-49 lat	106		<b>00:59:20.05</b>	<b>00:59:20.05</b>	+00:22:53	5:56	10.1
183	<b>MICHALIK Dorota</b>	<b>189</b>		K2 30-49 lat	20		<b>00:59:32.40</b>	<b>00:59:32.40</b>	+00:23:06	5:57	10.1
184	<b>KURZEJEWSKA Magdalena</b>	<b>152</b>		K2 30-49 lat	21		<b>00:59:32.60</b>	<b>00:59:32.60</b>	+00:23:06	5:57	10.1
185	<b>SZPONAR Krzysztof</b>	<b>263</b>		M2 30-49 lat	107		<b>00:59:32.70</b>	<b>00:59:32.70</b>	+00:23:06	5:57	10.1
186	<b>ŚWIDERSKI Darek</b>	<b>266</b>	POLYPHARM	M3 50+	48		<b>00:59:43.80</b>	<b>00:59:43.80</b>	+00:23:17	5:58	10
187	<b>KANTOR Sebastian</b>	<b>113</b>		M1 < 29 lat	8		<b>01:00:00.80</b>	<b>01:00:00.80</b>	+00:23:34	6:00	10
188	<b>MOKRZANOWSKI Piotr</b>	<b>194</b>		M2 30-49 lat	108		<b>01:00:01.25</b>	<b>01:00:01.25</b>	+00:23:35	6:00	10
189	<b>WOIŃSKI Mateusz</b>	<b>287</b>	BIEGAM BO LUBIĘ	M2 30-49 lat	109		<b>01:00:10.50</b>	<b>01:00:10.50</b>	+00:23:44	6:01	10
190	<b>TRATKOWSKI Bartosz</b>	<b>269</b>	#NOLIMITS	M2 30-49 lat	110		<b>01:00:12.30</b>	<b>01:00:12.30</b>	+00:23:46	6:01	10
191	<b>MALEC Wojciech</b>	<b>171</b>	GALOPUJĄCE DZDZOWNICE	M2 30-49 lat	111		<b>01:00:13.90</b>	<b>01:00:13.90</b>	+00:23:47	6:01	10
192	<b>WNUK Aneta</b>	<b>284</b>		K2 30-49 lat	22		<b>01:00:26.75</b>	<b>01:00:26.75</b>	+00:24:00	6:02	9.9
193	<b>ŻOŁNIERCZUK Marcin</b>	<b>312</b>		M2 30-49 lat	112		<b>01:00:32.60</b>	<b>01:00:32.60</b>	+00:24:06	6:03	9.9
194	<b>KARPOWICZ Łukasz</b>	<b>118</b>		M2 30-49 lat	113		<b>01:00:42.55</b>	<b>01:00:42.55</b>	+00:24:16	6:04	9.9
195	<b>CHABROS Agnieszka</b>	<b>38</b>		K2 30-49 lat	23		<b>01:00:46.85</b>	<b>01:00:46.85</b>	+00:24:20	6:04	9.9
196	<b>BOJARCZUK Irena</b>	<b>29</b>	RUCH IZBICA	K1 < 29 lat	3		<b>01:00:57.15</b>	<b>01:00:57.15</b>	+00:24:31	6:05	9.8
197	<b>RAWSKA-ŚMIECIUCH Anna</b>	<b>228</b>		K3 50+	2		<b>01:01:06.40</b>	<b>01:01:06.40</b>	+00:24:40	6:06	9.8
198	<b>GRODEK Jacek</b>	<b>90</b>		M2 30-49 lat	114		<b>01:01:11.30</b>	<b>01:01:11.30</b>	+00:24:45	6:07	9.8
199	<b>CEBULA Marcin</b>	<b>36</b>		M2 30-49 lat	115		<b>01:01:14.10</b>	<b>01:01:14.10</b>	+00:24:47	6:07	9.8
200	<b>WYŁUPEK Marcelina</b>	<b>300</b>		K3 50+	3		<b>01:01:15.80</b>	<b>01:01:15.80</b>	+00:24:49	6:07	9.8
201	<b>SOKALSKA Roksana</b>	<b>248</b>	3 ZAMOJSKI BATALION ZMECHANIZOWANY	K2 30-49 lat	24		<b>01:01:20.75</b>	<b>01:01:20.75</b>	+00:24:54	6:08	9.8
202	<b>ŁACHOWSKA Małgorzata</b>	<b>161</b>	KRESOWIANIE	K2 30-49 lat	25		<b>01:01:28.30</b>	<b>01:01:28.30</b>	+00:25:02	6:08	9.8
203	<b>RODAK Sylwia</b>	<b>230</b>		K1 < 29 lat	4		<b>01:01:42.85</b>	<b>01:01:42.85</b>	+00:25:16	6:10	9.7

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
204	<b>KAWALEC Kamil</b>	<b>120</b>	7 PIWEK GÓRNIK LUBLIN	M2 30-49 lat	116		<b>01:02:13.40</b>	<b>01:02:13.40</b>	+00:25:47	6:13	9.6
205	<b>DAWIDEK Alina</b>	<b>51</b>	ŁĘCZNA BIEGA	K3 50+	4		<b>01:02:14.40</b>	<b>01:02:14.40</b>	+00:25:48	6:13	9.6
206	<b>ZYGARLICKI Bożena</b>	<b>310</b>	KRESOWIANIE	K2 30-49 lat	26		<b>01:02:15.80</b>	<b>01:02:15.80</b>	+00:25:49	6:13	9.6
207	<b>SZNAJDROWICZ Aneta</b>	<b>262</b>	ZAMOŚĆ BIEGA	K2 30-49 lat	27		<b>01:02:32.20</b>	<b>01:02:32.20</b>	+00:26:06	6:15	9.6
208	<b>HAPONIUK Bogumił</b>	<b>95</b>	CHEŁM BIEGA	M2 30-49 lat	117		<b>01:02:44.65</b>	<b>01:02:44.65</b>	+00:26:18	6:16	9.6
209	<b>WARTACZ Karolina</b>	<b>276</b>		K1 < 29 lat	5		<b>01:02:56.10</b>	<b>01:02:56.10</b>	+00:26:29	6:17	9.5
209	<b>FILIPIAK Mateusz</b>	<b>68</b>	MARYSIN SPACERUJE	M1 < 29 lat	9		<b>01:02:56.10</b>	<b>01:02:56.10</b>	+00:26:29	6:17	9.5
211	<b>KOWALCZUK Dariusz</b>	<b>135</b>		M2 30-49 lat	118		<b>01:03:10.45</b>	<b>01:03:10.45</b>	+00:26:44	6:19	9.5
212	<b>GASIDŁO Arkadiusz</b>	<b>79</b>		M2 30-49 lat	119	Tak	<b>01:03:13.20</b>	<b>01:03:13.20</b>	+00:26:47	6:19	9.5
213	<b>BIL Viktoriia</b>	<b>24</b>	CENTRO-CHEM	K1 < 29 lat	6		<b>01:03:19.80</b>	<b>01:03:19.80</b>	+00:26:53	6:19	9.5
214	<b>SIKORA Monika</b>	<b>245</b>		K2 30-49 lat	28		<b>01:03:24.50</b>	<b>01:03:24.50</b>	+00:26:58	6:20	9.5
215	<b>MASZKOWSKI Rafał</b>	<b>178</b>		M3 50+	49		<b>01:03:29.60</b>	<b>01:03:29.60</b>	+00:27:03	6:20	9.5
216	<b>MASZKOWSKA Anna</b>	<b>177</b>		K3 50+	5		<b>01:03:29.85</b>	<b>01:03:29.85</b>	+00:27:03	6:20	9.5
216	<b>PYTKA Andrzej</b>	<b>226</b>	ZAMOŚĆ BIEGA	M3 50+	50		<b>01:03:29.85</b>	<b>01:03:29.85</b>	+00:27:03	6:20	9.5
218	<b>WRÓBLEWSKI Grzegorz</b>	<b>297</b>	OGÓREK I WIKTOREK	M2 30-49 lat	120		<b>01:04:13.95</b>	<b>01:04:13.95</b>	+00:27:47	6:25	9.3
219	<b>MIROSŁAW Marek</b>	<b>191</b>	SSPNL	M2 30-49 lat	121		<b>01:04:14.30</b>	<b>01:04:14.30</b>	+00:27:48	6:25	9.3
220	<b>KRUKOWSKA Ewa</b>	<b>145</b>	PLATINIUM ZAMOŚĆ	K2 30-49 lat	29		<b>01:04:17.00</b>	<b>01:04:17.00</b>	+00:27:50	6:25	9.3
221	<b>GORCZYCA-KUŹNICKA Ilona</b>	<b>84</b>		K2 30-49 lat	30		<b>01:04:21.40</b>	<b>01:04:21.40</b>	+00:27:55	6:26	9.3
222	<b>ZABŁOCKA Anna</b>	<b>302</b>	LUBELSKA GRUPA TRIATHLONU	K3 50+	6		<b>01:04:21.65</b>	<b>01:04:21.65</b>	+00:27:55	6:26	9.3
223	<b>CZUBA Marta</b>	<b>50</b>	KLUB SPORTOWY DOLINY SANU I TANWI	K2 30-49 lat	31		<b>01:05:06.05</b>	<b>01:05:06.05</b>	+00:28:39	6:30	9.2
224	<b>MAZIARZ Anna</b>	<b>179</b>		K2 30-49 lat	32		<b>01:05:17.75</b>	<b>01:05:17.75</b>	+00:28:51	6:31	9.2
225	<b>DYJAK Paweł</b>	<b>60</b>		M1 < 29 lat	10		<b>01:05:22.20</b>	<b>01:05:22.20</b>	+00:28:56	6:32	9.2
226	<b>MACIUŁA - KIELAR Monika</b>	<b>168</b>	KRESOWIANIE	K2 30-49 lat	33		<b>01:05:36.30</b>	<b>01:05:36.30</b>	+00:29:10	6:33	9.1
227	<b>HIBNER Dominik</b>	<b>97</b>	WOLNO ALE DO PRZODU !!	M2 30-49 lat	122		<b>01:05:36.90</b>	<b>01:05:36.90</b>	+00:29:10	6:33	9.1
228	<b>SIERPIŃSKI Radosław</b>	<b>244</b>	WOLNO ALE DO PRZODU !!!	M3 50+	51		<b>01:05:37.05</b>	<b>01:05:37.05</b>	+00:29:10	6:33	9.1
229	<b>NIZIOŁ Agata</b>	<b>199</b>		K1 < 29 lat	7		<b>01:05:57.20</b>	<b>01:05:57.20</b>	+00:29:31	6:35	9.1
230	<b>CICHAWA Mirosław</b>	<b>42</b>	POLYPHARM	M3 50+	52		<b>01:06:18.20</b>	<b>01:06:18.20</b>	+00:29:52	6:37	9
231	<b>MORAWSKA Lidia</b>	<b>195</b>	NIE MA LETKO	K2 30-49 lat	34		<b>01:06:27.55</b>	<b>01:06:27.55</b>	+00:30:01	6:38	9
232	<b>FLIS Agata</b>	<b>74</b>		K1 < 29 lat	8		<b>01:06:37.15</b>	<b>01:06:37.15</b>	+00:30:11	6:39	9
233	<b>BOJARCZUK Jolanta</b>	<b>30</b>	RUCH IZBICA	K2 30-49 lat	35		<b>01:06:38.90</b>	<b>01:06:38.90</b>	+00:30:12	6:39	9
234	<b>CIURYSEK Wojciech</b>	<b>46</b>		M2 30-49 lat	123	Tak	<b>01:06:40.70</b>	<b>01:06:40.70</b>	+00:30:14	6:40	9
235	<b>FIJĄLKOWSKA Karolina</b>	<b>65</b>		K2 30-49 lat	36		<b>01:06:45.10</b>	<b>01:06:45.10</b>	+00:30:18	6:40	9
236	<b>CIUPAK Waldemar</b>	<b>45</b>	KŁOS	M2 30-49 lat	124	Tak	<b>01:06:51.20</b>	<b>01:06:51.20</b>	+00:30:25	6:41	9
237	<b>HALADYJ Anna</b>	<b>94</b>		K2 30-49 lat	37		<b>01:07:06.00</b>	<b>01:07:06.00</b>	+00:30:39	6:42	8.9
238	<b>PIETRYKOWSKI Robert</b>	<b>208</b>		M2 30-49 lat	125		<b>01:07:29.90</b>	<b>01:07:29.90</b>	+00:31:03	6:44	8.9
239	<b>KOWALIK Edyta</b>	<b>137</b>	KLAUSTYNA4FIFTY	K3 50+	7		<b>01:07:34.80</b>	<b>01:07:34.80</b>	+00:31:08	6:45	8.9
240	<b>MADEJ Julia</b>	<b>169</b>	HENTTEAM	K2 30-49 lat	38		<b>01:07:35.55</b>	<b>01:07:35.55</b>	+00:31:09	6:45	8.9
241	<b>CHABIOR Michal</b>	<b>37</b>	DRUZYNA ME	M2 30-49 lat	126		<b>01:07:37.75</b>	<b>01:07:37.75</b>	+00:31:11	6:45	8.9
242	<b>SYSA Kazimierz</b>	<b>254</b>	RUCH IZBICA	M3 50+	53		<b>01:07:48.40</b>	<b>01:07:48.40</b>	+00:31:22	6:46	8.8
243	<b>CIEŚLA Agnieszka</b>	<b>44</b>		K2 30-49 lat	39		<b>01:09:54.30</b>	<b>01:09:54.30</b>	+00:33:28	6:59	8.6
244	<b>KRÓL Anja</b>	<b>144</b>		K2 30-49 lat	40		<b>01:10:13.45</b>	<b>01:10:13.45</b>	+00:33:47	7:01	8.5
245	<b>ŁUKASZEK Kacper</b>	<b>166</b>		M1 < 29 lat	11		<b>01:10:17.65</b>	<b>01:10:17.65</b>	+00:33:51	7:01	8.5
246	<b>ŁUKASZEK Artur</b>	<b>165</b>	ULTRASY	M3 50+	54		<b>01:10:17.85</b>	<b>01:10:17.85</b>	+00:33:51	7:01	8.5
247	<b>ŁUKASZEK Iwona</b>	<b>164</b>	ULTRASY	K2 30-49 lat	41		<b>01:10:18.30</b>	<b>01:10:18.30</b>	+00:33:52	7:01	8.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MP Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
248	<b>JAROSZ Krzysztof</b>	<b>109</b>		M2 30-49 lat	127	Tak	<b>01:10:23.00</b>	<b>01:10:23.00</b>	+00:33:56	7:02	8.5
249	<b>KORNIAK Magdalena</b>	<b>132</b>	LUBELSKA GRUPA TRIATHLONU	K2 30-49 lat	42		<b>01:10:42.10</b>	<b>01:10:42.10</b>	+00:34:15	7:04	8.5
250	<b>PIKUS Renata</b>	<b>210</b>		K2 30-49 lat	43		<b>01:11:04.45</b>	<b>01:11:04.45</b>	+00:34:38	7:06	8.4
251	<b>MICHOŃ Artur</b>	<b>190</b>	JESTEM W RUCHU	M3 50+	55		<b>01:11:47.05</b>	<b>01:11:47.05</b>	+00:35:20	7:10	8.4
252	<b>DUDA Rafał</b>	<b>57</b>	LUBELSKA GRUPA TRIATHLONU	M2 30-49 lat	128		<b>01:13:36.05</b>	<b>01:13:36.05</b>	+00:37:09	7:21	8.2
253	<b>KUŁAKOWSKA Katarzyna</b>	<b>149</b>	LUBELSKA GRUPA TRIATHLONU	K3 50+	8		<b>01:13:36.80</b>	<b>01:13:36.80</b>	+00:37:10	7:21	8.2
254	<b>JANISZEWSKI Andrzej</b>	<b>106</b>		M3 50+	56		<b>01:13:57.25</b>	<b>01:13:57.25</b>	+00:37:31	7:23	8.1
255	<b>JAWORSKA Ewelina</b>	<b>330</b>		K2 30-49 lat	44		<b>01:14:19.60</b>	<b>01:14:19.60</b>	+00:37:53	7:25	8.1
256	<b>JANECZEK Monika</b>	<b>105</b>		K2 30-49 lat	45		<b>01:14:40.30</b>	<b>01:14:40.30</b>	+00:38:14	7:28	8
257	<b>KULIK Katarzyna</b>	<b>148</b>		K2 30-49 lat	46		<b>01:14:43.70</b>	<b>01:14:43.70</b>	+00:38:17	7:28	8
258	<b>FILIPCZAK Ewa</b>	<b>67</b>	BIEGAJĄCY ŚWIDNIK	K2 30-49 lat	47		<b>01:15:09.10</b>	<b>01:15:09.10</b>	+00:38:42	7:30	8
259	<b>BARCZEWSKI Grzegorz</b>	<b>19</b>		M2 30-49 lat	129		<b>01:15:10.10</b>	<b>01:15:10.10</b>	+00:38:43	7:31	8
260	<b>BARCZEWSKI Walenty</b>	<b>20</b>		M1 < 29 lat	12		<b>01:15:11.25</b>	<b>01:15:11.25</b>	+00:38:45	7:31	8
261	<b>RAK Paweł</b>	<b>227</b>	BIEGAJĄCY ŚWIDNIK	M2 30-49 lat	130		<b>01:15:12.15</b>	<b>01:15:12.15</b>	+00:38:46	7:31	8
262	<b>SZEWCZYK Paweł</b>	<b>260</b>	BIEGAJĄCY ŚWIDNIK SLOW	M2 30-49 lat	131		<b>01:15:13.40</b>	<b>01:15:13.40</b>	+00:38:47	7:31	8
263	<b>JAKUBCZYK - LATAŁA Agnieszka</b>	<b>104</b>	BIEGAJĄCY ŚWIDNIK SLOW	K3 50+	9		<b>01:15:15.00</b>	<b>01:15:15.00</b>	+00:38:48	7:31	8
263	<b>MISIOPECKA Agnieszka</b>	<b>192</b>	BIEGAJĄCY ŚWIDNIK SLOW	K2 30-49 lat	48		<b>01:15:15.00</b>	<b>01:15:15.00</b>	+00:38:48	7:31	8
265	<b>DUDA Emilia</b>	<b>55</b>		K2 30-49 lat	49		<b>01:15:17.05</b>	<b>01:15:17.05</b>	+00:38:50	7:31	8
266	<b>GRUDZIŃSKA Angelika</b>	<b>92</b>		K1 < 29 lat	9		<b>01:15:59.75</b>	<b>01:15:59.75</b>	+00:39:33	7:35	7.9
267	<b>KIEŁTYKA Aneta</b>	<b>125</b>		K3 50+	10		<b>01:16:13.45</b>	<b>01:16:13.45</b>	+00:39:47	7:37	7.9
268	<b>ZARĘBA Małgorzata</b>	<b>304</b>		K2 30-49 lat	50		<b>01:17:22.55</b>	<b>01:17:22.55</b>	+00:40:56	7:44	7.8
269	<b>KOZAK-CHODANOWSKA Małgorzata</b>	<b>139</b>	BIEGAJĄCY ŚWIDNIK	K3 50+	11		<b>01:17:54.00</b>	<b>01:17:54.00</b>	+00:41:27	7:47	7.7
270	<b>LIPIŃSKA Aneta</b>	<b>321</b>		K2 30-49 lat	51		<b>01:17:57.05</b>	<b>01:17:57.05</b>	+00:41:30	7:47	7.7
271	<b>JUCHNIEWICZ -DUDEK Iwona</b>	<b>112</b>	BIEGAJĄCY ŚWIDNIK	K2 30-49 lat	52		<b>01:17:57.20</b>	<b>01:17:57.20</b>	+00:41:31	7:47	7.7
272	<b>DUBIL Michał</b>	<b>53</b>		M2 30-49 lat	132		<b>01:18:30.55</b>	<b>01:18:30.55</b>	+00:42:04	7:51	7.6
273	<b>DUBIL Urszula</b>	<b>54</b>	BEŁŻYCE I OKOLICE BIEGAJĄ	K2 30-49 lat	53	Tak	<b>01:18:30.75</b>	<b>01:18:30.75</b>	+00:42:04	7:51	7.6
274	<b>FITURSKA Elżbieta</b>	<b>71</b>	CHEŁM BIEGA	K2 30-49 lat	54		<b>01:19:39.25</b>	<b>01:19:39.25</b>	+00:43:13	7:57	7.5
275	<b>JEZIERSKI Józef</b>	<b>111</b>	NIE ZRZESZONY	M3 50+	57		<b>01:20:24.05</b>	<b>01:20:24.05</b>	+00:43:57	8:02	7.5
276	<b>GAŁECKA Marzena</b>	<b>77</b>		K3 50+	12		<b>01:23:32.55</b>	<b>01:23:32.55</b>	+00:47:06	8:21	7.2
277	<b>BUTRYŃSKI Paweł</b>	<b>35</b>	#KORWIN	M3 50+	58		<b>01:23:32.75</b>	<b>01:23:32.75</b>	+00:47:06	8:21	7.2
278	<b>FITURSKI Marek</b>	<b>72</b>	CHEŁM BIEGA	M2 30-49 lat	133		<b>01:23:55.25</b>	<b>01:23:55.25</b>	+00:47:29	8:23	7.1
279	<b>KOLASA Barbara</b>	<b>127</b>	KLUB J.SŁOWACKIEGO	K3 50+	13		<b>01:25:00.30</b>	<b>01:25:00.30</b>	+00:48:34	8:30	7.1
280	<b>LATARNIA Czerwona</b>	<b>7</b>		OPEN Kobiety	1		<b>01:25:06.30</b>	<b>01:25:06.30</b>	+00:48:40	8:30	7.1

Znaleziono 280 wynik(ów)