



**Organizator:** Polskie Stowarzyszenie Producentów Oleju  
**Data:** 2022-05-29  
**Miejsce:** Nielisz  
**Dystans:** 10 km

# OLEJARSKA DYCHA

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M3 50+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski Olejarzy	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>WYROSTEK Krzysztof</b>	<b>230</b>	CHEŁM BIEGA	M3 50+	1		<b>00:40:32.05</b>	<b>00:40:32.05</b>		4:03	14.8 (100%)
2	<b>KOŁODZIEJ Mariusz</b>	<b>82</b>	LW BOGDANKA	M3 50+	2		<b>00:43:07.90</b>	<b>00:43:07.90</b>	+00:02:35 (6.0%)	4:18	13.9 (93.9%)
3	<b>KUŚMIERZ Kazimierz</b>	<b>252</b>		M3 50+	3		<b>00:44:02.60</b>	<b>00:44:02.60</b>	+00:03:30 (8.0%)	4:24	13.6 (91.9%)
4	<b>MIAZGA Janusz</b>	<b>125</b>		M3 50+	4		<b>00:44:07.60</b>	<b>00:44:07.60</b>	+00:03:35 (8.1%)	4:24	13.6 (91.9%)
5	<b>DEC Piotr</b>	<b>215</b>		M3 50+	5		<b>00:44:47.25</b>	<b>00:44:47.25</b>	+00:04:15 (9.5%)	4:28	13.4 (90.5%)
6	<b>BAKOŃ Janusz</b>	<b>8</b>		M3 50+	6		<b>00:45:18.30</b>	<b>00:45:18.30</b>	+00:04:46 (10.5%)	4:31	13.2 (89.2%)
7	<b>ZASIADKO Mikołaj</b>	<b>239</b>	LW BOGDANKA	M3 50+	7		<b>00:45:45.55</b>	<b>00:45:45.55</b>	+00:05:13 (11.4%)	4:34	13.1 (88.5%)
8	<b>STELMACH Zbigniew</b>	<b>190</b>	LUBELSKI WĘGIEL BOGDANA	M3 50+	8		<b>00:45:55.20</b>	<b>00:45:55.20</b>	+00:05:23 (11.7%)	4:35	13.1 (88.5%)
9	<b>ODZIEMCZYK Sylwester</b>	<b>139</b>	LUBELSKA GRUPA TRIATHLONU	M3 50+	9		<b>00:46:43.80</b>	<b>00:46:43.80</b>	+00:06:11 (13.3%)	4:40	12.8 (86.5%)
10	<b>WOŹNIAK Marek</b>	<b>225</b>	AKM PROMILEK	M3 50+	10		<b>00:46:46.80</b>	<b>00:46:46.80</b>	+00:06:14 (13.4%)	4:40	12.8 (86.5%)
11	<b>REPECKI Marcin</b>	<b>169</b>	ZAMOŚĆ BIEGA	M3 50+	11		<b>00:47:25.40</b>	<b>00:47:25.40</b>	+00:06:53 (14.5%)	4:44	12.7 (85.8%)
12	<b>LUKASZEK Artur</b>	<b>105</b>		M3 50+	12		<b>00:48:30.85</b>	<b>00:48:30.85</b>	+00:07:58 (16.4%)	4:51	12.4 (83.8%)
13	<b>SZUBIAK Arkadiusz</b>	<b>202</b>	NIE MA LETKO	M3 50+	13		<b>00:48:39.40</b>	<b>00:48:39.40</b>	+00:08:07 (16.7%)	4:51	12.3 (83.1%)
14	<b>BLICHARZ Jacek</b>	<b>19</b>		M3 50+	14		<b>00:48:41.15</b>	<b>00:48:41.15</b>	+00:08:09 (16.7%)	4:52	12.3 (83.1%)
15	<b>FORNAL Robert</b>	<b>54</b>		M3 50+	15		<b>00:48:56.95</b>	<b>00:48:56.95</b>	+00:08:24 (17.2%)	4:53	12.3 (83.1%)
16	<b>BALICKI Zbigniew</b>	<b>9</b>	FOREST CARABUS TEAM	M3 50+	16		<b>00:49:08.80</b>	<b>00:49:08.80</b>	+00:08:36 (17.5%)	4:54	12.2 (82.4%)
17	<b>RYCAK Andrzej</b>	<b>172</b>	NJN SABAUDIA	M3 50+	17		<b>00:49:09.35</b>	<b>00:49:09.35</b>	+00:08:37 (17.5%)	4:54	12.2 (82.4%)
18	<b>SOKALSKI Sławomir</b>	<b>186</b>	ZAMOŚĆ BIEGA	M3 50+	18		<b>00:49:24.60</b>	<b>00:49:24.60</b>	+00:08:52 (18.0%)	4:56	12.1 (81.8%)
19	<b>DOMARADZKI Grzegorz</b>	<b>40</b>	BT WAGABUNDA	M3 50+	19		<b>00:49:29.55</b>	<b>00:49:29.55</b>	+00:08:57 (18.1%)	4:56	12.1 (81.8%)
20	<b>LIS Zbigniew</b>	<b>144</b>		M3 50+	20		<b>00:49:56.50</b>	<b>00:49:56.50</b>	+00:09:24 (18.8%)	4:59	12 (81.1%)
21	<b>BUŁAWSKI Krzysztof</b>	<b>24</b>		M3 50+	21		<b>00:50:06.55</b>	<b>00:50:06.55</b>	+00:09:34 (19.1%)	5:00	12 (81.1%)
22	<b>BRYGOŁA Andrzej</b>	<b>23</b>	LUBLIN	M3 50+	22		<b>00:50:13.35</b>	<b>00:50:13.35</b>	+00:09:41 (19.3%)	5:01	11.9 (80.4%)
23	<b>BOCIAN Piotr</b>	<b>21</b>	NIE	M3 50+	23		<b>00:51:13.60</b>	<b>00:51:13.60</b>	+00:10:41 (20.9%)	5:07	11.7 (79.1%)
24	<b>ZBICIAW Adam</b>	<b>256</b>		M3 50+	24		<b>00:51:53.95</b>	<b>00:51:53.95</b>	+00:11:21 (21.9%)	5:11	11.6 (78.4%)
25	<b>KAPROŃ Czesiek</b>	<b>77</b>	FORTACO TEEM	M3 50+	25		<b>00:52:07.60</b>	<b>00:52:07.60</b>	+00:11:35 (22.2%)	5:12	11.5 (77.7%)
26	<b>SKIBA Witold</b>	<b>182</b>		M3 50+	26		<b>00:52:13.20</b>	<b>00:52:13.20</b>	+00:11:41 (22.4%)	5:13	11.5 (77.7%)
27	<b>JACEK Andrzej</b>	<b>70</b>		M3 50+	27		<b>00:52:29.85</b>	<b>00:52:29.85</b>	+00:11:57 (22.8%)	5:14	11.4 (77.0%)

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28	<b>BLICHARZ Stanisław</b>	<b>20</b>	NIE MA LETKO	M3 50+	28		<b>00:52:34.80</b>	<b>00:52:34.80</b>	+00:12:02 (22.9%)	5:15	11.4 (77.0%)
29	<b>SOWIŃSKI Marek</b>	<b>187</b>		M3 50+	29		<b>00:53:06.55</b>	<b>00:53:06.55</b>	+00:12:34 (23.7%)	5:18	11.3 (76.4%)
30	<b>LECH Andrzej</b>	<b>253</b>		M3 50+	30		<b>00:54:17.65</b>	<b>00:54:17.65</b>	+00:13:45 (25.3%)	5:25	11.1 (75.0%)
31	<b>MIKULSKI Tomasz</b>	<b>127</b>	LUBELSKI KLUB MORSA	M3 50+	31		<b>00:54:19.30</b>	<b>00:54:19.30</b>	+00:13:47 (25.4%)	5:25	11 (74.3%)
32	<b>SZTORC Stanisław</b>	<b>201</b>	MARATOŃCZYK DĘBICA	M3 50+	32		<b>00:54:26.40</b>	<b>00:54:26.40</b>	+00:13:54 (25.5%)	5:26	11 (74.3%)
33	<b>NIEMIERSKI Artur</b>	<b>135</b>		M3 50+	33		<b>00:54:34.15</b>	<b>00:54:34.15</b>	+00:14:02 (25.7%)	5:27	11 (74.3%)
34	<b>ŁUKASIK Zbigniew</b>	<b>110</b>	RAPY MASTERS	M3 50+	34		<b>00:57:00.90</b>	<b>00:57:00.90</b>	+00:16:28 (28.9%)	5:42	10.5 (70.9%)
35	<b>SIEDLACZEK Zbigniew</b>	<b>176</b>		M3 50+	35		<b>00:57:21.80</b>	<b>00:57:21.80</b>	+00:16:49 (29.3%)	5:44	10.5 (70.9%)
36	<b>KRUK Zbigniew</b>	<b>95</b>		M3 50+	36		<b>00:57:32.10</b>	<b>00:57:32.10</b>	+00:17:00 (29.5%)	5:45	10.4 (70.3%)
37	<b>WNUK Przemysław</b>	<b>220</b>	BOSCO LUBLIN TEAM	M3 50+	37		<b>00:58:08.30</b>	<b>00:58:08.30</b>	+00:17:36 (30.3%)	5:48	10.3 (69.6%)
38	<b>KOT Leszek</b>	<b>87</b>	LW BOGDANKA	M3 50+	38		<b>00:59:12.45</b>	<b>00:59:12.45</b>	+00:18:40 (31.5%)	5:55	10.1 (68.2%)
39	<b>BARTNIK Wojciech</b>	<b>14</b>	UNIA HRUBIESZÓW	M3 50+	39		<b>00:59:25.35</b>	<b>00:59:25.35</b>	+00:18:53 (31.8%)	5:56	10.1 (68.2%)
40	<b>DYRKA Marek</b>	<b>45</b>		M3 50+	40		<b>01:00:09.75</b>	<b>01:00:09.75</b>	+00:19:37 (32.6%)	6:00	10 (67.6%)
41	<b>MARKOWICZ Grzegorz</b>	<b>118</b>	MGD TEAM	M3 50+	41		<b>01:02:00.75</b>	<b>01:02:00.75</b>	+00:21:28 (34.6%)	6:12	9.7 (65.5%)
42	<b>KUŚPIT Jerzy</b>	<b>101</b>		M3 50+	42		<b>01:02:23.10</b>	<b>01:02:23.10</b>	+00:21:51 (35.0%)	6:14	9.6 (64.9%)
43	<b>ZDUNEK Waldemar</b>	<b>240</b>	BÓBR TŁUSZCZ	M3 50+	43		<b>01:02:37.75</b>	<b>01:02:37.75</b>	+00:22:05 (35.3%)	6:15	9.6 (64.9%)
44	<b>BURZYKOWSKI Stanisław</b>	<b>26</b>		M3 50+	44		<b>01:02:52.90</b>	<b>01:02:52.90</b>	+00:22:20 (35.5%)	6:17	9.5 (64.2%)
45	<b>SIERPIŃSKI Radosław</b>	<b>180</b>		M3 50+	45		<b>01:03:26.20</b>	<b>01:03:26.20</b>	+00:22:54 (36.1%)	6:20	9.5 (64.2%)
46	<b>JANISZEWSKI Andrzej</b>	<b>73</b>		M3 50+	46		<b>01:12:09.90</b>	<b>01:12:09.90</b>	+00:31:37 (43.8%)	7:12	8.3 (56.1%)
47	<b>POLSKI Dariusz</b>	<b>160</b>		M3 50+	47		<b>01:16:09.15</b>	<b>01:16:09.15</b>	+00:35:37 (46.8%)	7:36	7.9 (53.4%)
48	<b>MICHOŃ Artur</b>	<b>74</b>		M3 50+	48		<b>01:17:02.80</b>	<b>01:17:02.80</b>	+00:36:30 (47.4%)	7:42	7.8 (52.7%)
49	<b>ANTOSIEWICZ Robert</b>	<b>6</b>	LULATEAM	M3 50+	49		<b>01:17:24.80</b>	<b>01:17:24.80</b>	+00:36:52 (47.6%)	7:44	7.8 (52.7%)
50	<b>HAJNUS Wojciech</b>	<b>65</b>		M3 50+	50		<b>01:21:41.90</b>	<b>01:21:41.90</b>	+00:41:09 (50.4%)	8:10	7.3 (49.3%)
51	<b>KORNYLUK Leszek</b>	<b>84</b>		M3 50+	51		<b>01:26:41.05</b>	<b>01:26:41.05</b>	+00:46:09 (53.2%)	8:40	6.9 (46.6%)

Znaleziono 51 wynik(ów)