OSIELSKO - III MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT

Organizator: PFNW
Data: 2016-04-23
Miejsce: Osielsko
Dystans: 42.195 km

HERKULES
www.herkules.org.pl

Klasyfikacja: Wszyscy

Punkt pomiarowy: 25,3 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km
1	**MICHALEC Marcin**	**48**	KKB MOSIR KROSNO	M18-29			00:00:05	00:26:31	00:52:59	01:19:27	01:45:46	02:12:46	02:40:34
2	**KORDOWSKI I Piotr**	**34**	UPOJENI WIATREM	M40-49			00:00:09	00:28:05	00:56:27	01:24:52	01:54:13	02:23:33	02:52:55
3	**NIECHWIEJCZYK Piotr**	**51**	OPEL ACTIVE TEAM	M40-49			00:00:08	00:28:39	00:57:23	01:26:25	01:55:28	02:24:39	02:53:47
4	**WIŚNIEWSKI Jacek**	**86**	UKS SIEDLESZCZANY	M50-59			00:00:14	00:29:08	00:58:35	01:27:33	01:56:32	02:26:02	02:55:39
5	**KANIGOWSKI Grzegorz**	**27**		M30-39			00:00:06	00:28:41	00:57:24	01:26:14	01:55:39	02:25:09	02:56:00
6	**RACZYŃSKI Kazimierz**	**60**	PASIEKAZPASJA.PL / FACE NORDIC WALKING TEAM	M40-49			00:00:08	00:28:37	00:57:22	01:26:11	01:55:45	02:25:53	02:56:19
7	**BOGACKI Sławek**	**6**	ENERGA NW TEAM	M40-49			00:00:06	00:28:20	00:56:44	01:25:37	01:55:19	02:25:17	02:56:20
8	**BIK Stanisław**	**4**	KS METRACO POLKOWICE	M50-59			00:00:12	00:30:09	00:59:02	01:27:53	01:56:43	02:27:06	02:56:32
9	**PUSZKIEL Leszek**	**58**	GREEN TEAM	M50-59			00:00:14	00:29:40	00:58:35	01:27:31	01:56:31	02:26:25	02:56:36
10	**ŻYWICKI Marcin**	**91**	BŁĘKITNI DZIEMIANY	M30-39			00:00:07	00:30:10	00:59:37	01:29:12	01:58:41	02:28:15	02:57:59
11	**STUPNOWICZ Przemek**	**73**	EPOKA NORDICA ŁÓDŹ	M18-29			00:00:16	00:30:05	01:00:05	01:29:34	01:59:33	02:29:41	02:59:51
12	**MITURA-ZIELONKA Paweł**	**50**	RYBNICKI KLUB NORDIC WALKING / SPACERMISTRZ	M30-39			00:00:07	00:30:20	01:00:14	01:29:27	01:59:05	02:29:27	03:00:02
13	**DOŁĘGOWSKI Marek**	**14**	BKS MANIAK WOLIN	M40-49			00:00:06	00:28:07	00:56:50	01:26:44	01:57:22	02:28:36	03:00:44
14	**STEFANICKI Marek**	**67**	WŁÓCZYKIJE	M50-59			00:00:11	00:30:10	00:59:50	01:29:39	01:59:38	02:30:12	03:01:49
15	**CZŁONKOWSKI Krzysztof**	**11**	OLIMPIJCZYK SZCZEKOCINY	M40-49			00:00:10	00:30:42	01:00:55	01:31:14	02:01:21	02:32:07	03:02:46
16	**WESOŁOWSKI Wojciech**	**84**	NIEZRZESZONY	M60-64			00:00:12	00:30:16	01:00:28	01:30:44	02:01:26	02:32:08	03:03:23
17	**LENZ Andrzej**	**39**	ALTOM	M50-59			00:00:09	00:30:19	01:00:30	01:30:46	02:01:28	02:32:10	03:03:25
18	**SZCZEBAK Jacek**	**74**	TARNÓW	M40-49			00:00:08	00:29:37	00:59:31	01:29:44	02:00:35	02:31:51	03:03:57
19	**WARUSZEWSKI Karol**	**83**	BIEGAJĄCY TCZEW	M40-49			00:00:07	00:30:36	01:00:57	01:31:15	02:01:23	02:32:12	03:04:17
20	**DENCIKOWSKI Marek**	**13**	KB BIAŁA BIEGA	M40-49			00:00:11	00:29:28	00:58:50	01:29:11	02:01:05	02:32:44	03:04:56
21	**DZIADEK Remigiusz**	**15**		M50-59			00:00:12	00:30:00	00:59:55	01:30:06	02:01:12	02:33:03	03:06:01
22	**SŁOMIAN Leszek**	**64**	STADION ŚLASKI	M50-59			00:00:14	00:30:27	01:00:52	01:31:20	02:02:25	02:33:48	03:06:02
23	**NOWROTEK Monika**	**52**	WESOŁY BORSUK TEAM	K18-29			00:02:36	00:29:26	01:00:14	01:30:54	02:01:31	02:33:35	03:06:40
24	**ZAGAJA Janusz**	**89**	WESOŁY BORSUK TEAM	M60-64			00:00:11	00:30:05	01:00:14	01:30:31	02:01:28	02:33:18	03:07:01
25	**SPYCHAŁA Marzena**	**66**	WESOŁY BORSUK TEAM	K40-49			00:02:37	00:30:25	01:01:37	01:32:29	02:03:44	02:35:15	03:07:17

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km
26	**KACORZYK Władysław**	**26**	SILESIA NORDIC TEAM	M50-59			00:00:11	00:31:03	01:02:24	01:33:49	02:05:14	02:36:22	03:08:12
27	**BAJER Piotr**	**3**	FACE NW TEAM	M50-59			00:00:11	00:31:04	01:02:25	01:33:50	02:05:14	02:36:23	03:08:13
	ANTOSZEWSKI Piotr	**2**	DĄBROWA NORDIC TEAM	M40-49			DNF	00:30:48 DNF	01:01:57 DNF	01:32:41 DNF	02:03:24 DNF	02:35:20 DNF	03:08:30 DNF
29	**STĘPIEŃ Lucyna**	**96**	KS METRACO POLKOWICE	K50-59			00:02:42	00:30:57	01:01:42	01:32:44	02:04:23	02:36:22	03:09:05
30	**STOPA Joanna**	**70**	BŁĘKITNI DZIEMIANY	K18-29			00:02:36	00:30:26	01:01:38	01:32:56	02:04:35	02:36:49	03:09:06
31	**OLSCHIMKE-MARMUROWICZ Barbara**	**53**	SILESIA NORDIC TEAM	K40-49			00:02:39	00:30:59	01:01:46	01:32:54	02:04:32	02:36:47	03:09:10
32	**ZAMRZYCKI Leszek**	**90**		M50-59			00:00:10	00:31:02	01:02:09	01:32:52	02:03:57	02:36:33	03:10:09
33	**ŚLUSARCZYK Marcin**	**77**	WESOŁY BORSUK TEAM	M30-39			00:00:06	00:31:05	01:02:12	01:32:55	02:03:59	02:36:36	03:10:17
34	**SOBKOWSKI Janusz**	**65**	SILESIA NORDIC TEAM	M60-64			00:00:15	00:30:36	01:01:57	01:33:30	02:05:09	02:37:36	03:10:38
35	**JANCZYK Małgorzata**	**21**	EPOKA NORDICA ŁÓDŹ	K30-39			00:02:37	00:31:17	01:02:58	01:35:00	02:06:23	02:38:14	03:10:53
36	**ŁOPATKIEWICZ Beata**	**42**		K50-59			00:02:40	00:30:57	01:01:43	01:32:45	02:04:40	02:37:51	03:11:15
37	**KOWALCZYK Mariusz**	**35**	GREEN TEAM ZIELONA GÓRA	M50-59			00:00:13	00:30:22	01:00:42	01:31:12	02:02:54	02:36:18	03:11:20
	FELIS Paweł	**16**		M40-49			DNF	00:31:49 DNF	01:03:42 DNF	01:35:06 DNF	02:06:41 DNF	02:38:59 DNF	03:11:55 DNF
39	**KLIMCZEWSKI Marek**	**31**	FOREVER YOUNG ŁÓDŹ	M50-59			00:00:08	00:31:31	01:03:00	01:34:11	02:05:52	02:38:23	03:12:36
40	**FOLWARSKI Andrzej**	**17**	FACE NORDIC WALKING TEAM	M50-59			00:00:12	00:30:53	01:02:01	01:33:25	02:05:35	02:39:08	03:13:03
41	**STEPCZYŃSKA Angelika**	**68**	GOSIR OSIELSKO	K30-39			00:02:36	00:31:43	01:03:38	01:35:42	02:08:09	02:41:30	03:16:32
42	**REJMAN Dorota**	**61**	UKS SIEDLESZCZANY/FACE NORDIC WALKING TEAM	K30-39			00:02:36	00:31:45	01:03:27	01:35:22	02:08:00	02:41:31	03:16:32
43	**JANKOWSKA Katarzyna**	**22**	MOSIR/GIMNAZJUM	K50-59			00:02:39	00:32:53	01:05:07	01:37:56	02:10:41	02:43:51	03:17:21
44	**KUBICKI Bernard**	**36**	KLUB SPORTOWY POLKOWICE	M65+			00:00:10	00:32:42	01:04:33	01:37:04	02:10:05	02:43:41	03:17:23
45	**ŁUKASZEWICZ Joanna**	**43**	GREEN TEAM	K40-49			00:02:39	00:32:19	01:04:36	01:37:05	02:10:05	02:43:51	03:18:14
46	**DANA Andrzej**	**93**	PATYCZAKI	M65+			00:00:15	00:31:48	01:04:21	01:36:35	02:09:11	02:43:14	03:18:17
47	**JÓŹWIAK Marianna**	**24**	WTWWŁOCŁAWEK	K40-49			00:02:37	00:32:20	01:04:30	01:37:05	02:10:30	02:45:00	03:20:09
48	**ŚLIWKA Wanda**	**76**	FACE NORDIC WALKING TEAM	K50-59			00:02:42	00:32:41	01:04:34	01:36:53	02:10:14	02:44:37	03:20:09
49	**SZCZODROWSKI Krzysztof**	**75**		M50-59			00:00:10	00:31:30	01:03:40	01:36:36	02:09:48	02:44:27	03:20:18
50	**KARASIEWICZ Irena**	**28**	FACE NW TEAM	K50-59			00:02:39	00:33:03	01:06:19	01:39:40	02:13:15	02:46:58	03:20:30
51	**STEPNIAK Bogdan**	**69**		M50-59			00:00:12	00:32:36	01:04:53	01:37:36	02:10:28	02:45:50	03:21:02
52	**JÓŹWIAK Łukasz**	**25**	WTWWŁOCŁAWEK	M40-49			00:00:09	00:32:37	01:04:55	01:37:38	02:10:59	02:45:58	03:21:04
53	**ŁABĘCKI Edward**	**40**	MOSIR RYPIN	M65+			00:00:14	00:32:53	01:05:42	01:39:25	02:12:33	02:47:36	03:21:47
54	**WOLNIEWICZ Katarzyna**	**88**	FABRIKANORDIKA	K40-49			00:02:39	00:33:28	01:06:25	01:39:36	02:13:19	02:47:35	03:22:29
55	**PIERNICKA Krystyna**	**56**		K50-59			00:02:42	00:32:42	01:04:36	01:37:04	02:10:32	02:45:57	03:23:05
	SZULC Alicja	**98**		K30-39			DNF	00:32:22 DNF	01:05:30 DNF	01:38:06 DNF	02:11:35 DNF	02:46:04 DNF	03:23:19 DNF
57	**PRAWUCKI Krzysztof**	**57**	JEZIORKI AKTYWNA WIEŚ	M30-39			00:00:05	00:33:11	01:05:58	01:38:39	02:12:31	02:47:30	03:23:24
58	**GRYGIEL Monika**	**20**	FACE NORDIC WALKING TEAM	K30-39			00:02:37	00:32:30	01:05:39	01:39:24	02:13:36	02:48:17	03:23:46
59	**MANDZIUK Marta**	**44**	PSW / KBBB	K40-49			00:02:40	00:32:55	01:06:15	01:40:01	02:14:24	02:48:58	03:23:56
60	**KUPIBIDA Boguslawa**	**38**	SILESIA NORDIC TEAM	K50-59			00:02:40	00:34:09	01:07:51	01:41:27	02:15:02	02:49:34	03:24:15
61	**ŁABUS Izabela**	**41**	FABRIKANORDIKA	K18-29			00:02:36	00:32:20	01:05:19	01:39:00	02:13:14	02:48:24	03:24:21
62	**CICHOŃ Aneta**	**9**	FABRIKA NORDIKA	K30-39			00:02:36	00:31:18	01:03:48	01:37:37	02:12:54	02:48:22	03:25:23
63	**WITKOWSKA Maria**	**87**	STADION ŚLĄSKI	K60-64			00:02:44	00:33:38	01:07:42	01:41:25	02:15:38	02:50:40	03:25:26
64	**MANDZIUK Marek**	**45**	KBBB SEKCJA NW	M40-49			00:00:19	00:35:16	01:08:36	01:42:23	02:16:44	02:51:17	03:26:07
65	**CZYCZ Emilia**	**12**	GREEN TEAM ZIELONA GORA	K65+			00:02:45	00:33:21	01:06:39	01:40:38	02:15:35	02:50:35	03:26:11
66	**BUCZKOWSKA Wiesława**	**7**	CHODZEZKIJAMI.PL	K60-64			00:02:44	00:33:28	01:06:49	01:40:38	02:15:08	02:50:19	03:26:54

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km
67	**JASINSKI Marian**	**23**	K.S ELBLASKIE WŁÓCZY- KIJE	M65+			00:00:13	00:32:22	01:05:12	01:39:06	02:13:52	02:50:43	03:27:35
68	**THIEL Jerzy**	**78**	POSEJDON MORSY KOSZALIN	M50-59			00:00:13	00:33:14	01:06:34	01:40:06	02:15:17	02:50:41	03:27:46
69	**RACZYŃSKA Aleksandra**	**59**	STADION ŚLĄSKI	K65+			00:02:43	00:33:31	01:07:36	01:42:12	02:17:13	02:52:50	03:29:17
70	**ROZENBERG Marina**	**63**		K60-64			00:02:43	00:34:48	01:09:27	01:44:04	02:19:12	02:54:51	03:30:02
71	**DANA Kazimiera**	**94**	PATYCZAKI	K60-64			00:02:42	00:33:21	01:07:22	01:42:00	02:17:14	02:53:00	03:30:32
72	**KARCZEWSKA Violetta**	**29**	GOSIR OSIELSKO	K40-49			00:02:38	00:34:56	01:09:37	01:44:21	02:19:19	02:55:18	03:31:14
73	**WAŁECKA Krystyna**	**82**	FACE NORDIC WALKING TEAM	K60-64			00:02:40	00:34:53	01:09:36	01:44:19	02:19:18	02:55:17	03:31:14
74	**PIĄTKOWSKI Józef**	**97**	KS METRACO POLKOWICE	M65+			00:00:11	00:34:19	01:08:35	01:43:48	02:19:17	02:54:45	03:31:17
75	**PACZUSKA Małgorzata**	**54**	FOREVER YOUNG ŁÓDŹ	K50-59			00:02:43	00:34:54	01:09:30	01:44:35	02:20:01	02:56:11	03:32:49
76	**PASZKIEWICZ-KĘSIAK Anita**	**55**	FOREVER YOUNG ŁÓDŹ	K60-64			00:02:43	00:35:01	01:10:00	01:44:52	02:20:12	02:56:11	03:32:49
77	**MARCINKOWSKI Wojciech**	**47**	NORDIC WALKING LUBLINIEC	M40-49			00:00:10	00:34:05	01:08:48	01:43:51	02:19:34	02:56:03	03:33:14
78	**KULKA Maciej**	**37**	FACE NORDIC WALKING TEAM	M50-59			00:00:15	00:37:30	01:14:08	01:49:09	02:23:55	02:59:08	03:33:58
79	**TYLUTKI Agnieszka**	**80**	UKS SIEDLESZCZANY	K40-49			00:02:38	00:32:55	01:07:22	01:42:47	02:19:13	02:57:20	03:35:52
80	**MIŁOSZ Artur**	**49**	RTS	M40-49			00:00:09	00:34:20	01:08:35	01:43:49	02:19:41	02:58:22	03:38:40
81	**WACHOWIAK Sylwia**	**81**	SAILING TEAM FERAJNA	K40-49			00:02:39	00:35:25	01:11:25	01:48:09	02:26:34	03:03:43	03:40:48
82	**STRZELECKI Sebastian**	**71**	SAILING TEAM FERAJNA	M40-49			00:00:06	00:36:35	01:13:10	01:49:30	02:26:12	03:03:28	03:41:26
83	**THOMALLA Bogdan**	**79**	SILESIA NORDIC TEAM	M65+			00:00:18	00:36:12	01:12:48	01:49:53	02:26:58	03:05:24	03:45:26
	GRZELAK Jakub	**92**	GOSIR OSIELSKO	M18-29			DNF	00:36:00 DNF	01:11:03 DNF	01:46:55 DNF	02:24:40 DNF	03:05:31 DNF	03:48:38 DNF
85	**ROSIŃSKA Dorota**	**62**		K50-59			00:02:41	00:36:55	01:14:21	01:52:24	02:30:37	03:09:50	03:50:18
86	**ADAMIEC Bożena**	**1**	SKW	K30-39			00:02:38	00:40:10	01:19:13	01:57:53	02:36:00	03:14:36	03:53:13
87	**STUPNOWICZ Joanna**	**72**	FOREVER YOUNG ŁÓDŹ	K40-49			00:02:40	00:35:43	01:12:28	01:53:19	02:32:21	03:21:11	04:15:39
	CEGŁA Zbyszko	**8**	NIEZRZESZONY	M60-64			DNF	00:34:09 DNF	01:08:44 DNF	01:43:39 DNF	02:19:10 DNF	02:55:43 DNF	DNF
	BOCZAR Beata	**5**	GREEN TEAM ZIELONA GÓRA	K50-59			DNF	00:31:40 DNF	01:03:44 DNF	01:36:21 DNF	02:09:24 DNF	02:43:19 DNF	DNF
	GLINIECKA Katarzyna	**19**		K40-49			DNF	00:33:25 DNF	01:08:11 DNF	01:45:07 DNF	02:24:57 DNF	03:12:11 DNF	DNF
	FORNAL Lech	**95**		M60-64			DNF	00:50:19 DNF	DNF	DNF	DNF	DNF	DNF

Znaleziono 91 wynik(ów)