OSIELSKO - III MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

Organizator: PFNW
Data: 2016-04-23
Miejsce: Osielsko
Dystans: 42.195 km

HERKULES
www.herkules.org.pl

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km	29.537km	33.756km	37.976km	Czas netto 42.195km	Czas brutto 42.195km	Różn	Tempo min/km	Tempo km/h
1	**SPYCHAŁA Marzena**	**66**	WESOŁY BORSUK TEAM	K40-49	1			00:02:37	00:30:25	01:01:37	01:32:29	02:03:44	02:35:15	03:07:17	03:39:04	04:11:41	04:45:15	**05:19:02.05**	**05:21:39.95**		7:33	7.9 (100%)
2	**OLSCHIMKE-MARMUROWICZ Barbara**	**53**	SILESIA NORDIC TEAM	K40-49	2			00:02:39	00:30:59	01:01:46	01:32:54	02:04:32	02:36:47	03:09:10	03:42:01	04:15:34	04:49:43	**05:24:23.00**	**05:27:02.40**	+00:05:20 (1.6%)	7:41	7.8 (98.7%)
3	**ŁUKASZEWICZ Joanna**	**43**	GREEN TEAM	K40-49	3			00:02:39	00:32:19	01:04:36	01:37:05	02:10:05	02:43:51	03:18:14	03:53:41	04:29:25	05:04:38	**05:39:27.45**	**05:42:07.25**	+00:20:25 (6.0%)	8:02	7.5 (94.9%)
4	**JÓŹWIAK Marianna**	**24**	WTWWŁOCŁAWEK	K40-49	4			00:02:37	00:32:20	01:04:30	01:37:05	02:10:30	02:45:00	03:20:09	03:55:34	04:32:21	05:08:07	**05:44:45.10**	**05:47:22.85**	+00:25:43 (7.5%)	8:10	7.3 (92.4%)
5	**WOLNIEWICZ Katarzyna**	**88**	FABRIKANORDIKA	K40-49	5			00:02:39	00:33:28	01:06:25	01:39:36	02:13:19	02:47:35	03:22:29	03:58:14	04:34:37	05:11:42	**05:48:50.75**	**05:51:30.60**	+00:29:48 (8.5%)	8:15	7.3 (92.4%)
6	**MANDZIUK Marta**	**44**	PSW / KBBB	K40-49	6			00:02:40	00:32:55	01:06:15	01:40:01	02:14:24	02:48:58	03:23:56	03:59:55	04:37:06	05:14:03	**05:50:05.05**	**05:52:45.50**	+00:31:03 (8.9%)	8:17	7.2 (91.1%)
7	**KARCZEWSKA Violetta**	**29**	GOSIR OSIELSKO	K40-49	7			00:02:38	00:34:56	01:09:37	01:44:21	02:19:19	02:55:18	03:31:14	04:08:01	04:45:28	05:23:32	**05:59:29.10**	**06:02:07.15**	+00:40:27 (11.3%)	8:31	7 (88.6%)
8	**WACHOWIAK Sylwia**	**81**	SAILING TEAM FERAJNA	K40-49	8			00:02:39	00:35:25	01:11:25	01:48:09	02:26:34	03:03:43	03:40:48	04:18:36	04:56:00	05:34:01	**06:11:09.65**	**06:13:48.65**	+00:52:07 (14.0%)	8:47	6.8 (86.1%)
9	**TYLUTKI Agnieszka**	**80**	UKS SIEDLESZCZANY	K40-49	9			00:02:38	00:32:55	01:07:22	01:42:47	02:19:13	02:57:20	03:35:52	04:18:03	04:59:15	05:40:01	**06:18:21.65**	**06:21:00.20**	+00:59:19 (15.7%)	8:57	6.7 (84.8%)
10	**STUPNOWICZ Joanna**	**72**	FOREVER YOUNG ŁÓDŹ	K40-49	10			00:02:40	00:35:43	01:12:28	01:53:19	02:32:21	03:21:11	04:15:39	05:07:03	06:00:30	06:45:22			+02:00:08	10:40	5.6 (70.9%)
	GLINIECKA Katarzyna	**19**		K40-49				DNF	00:33:25 DNF	01:08:11 DNF	01:45:07 DNF	02:24:57 DNF	03:12:11 DNF	DNF	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 11 wynik(ów)