



Organizator:  
Data:  
Miejsce:  
Dystans:

PFNW  
2016-04-23  
Osielsko  
42.195 km

## OSIELSKO - III MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT



Klasyfikacja: K50-59

| Msc | Zawodnik            | Numer | Klub                     | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 4.22km       | 8.439km      | 12.659km     | 16.878km     | 21.098km     | 25.317km | 29.537km | 33.756km | 37.976km | Czas netto 42.195km | Czas brutto 42.195km | Różn              | Tempo min/km | Tempo km/h  |
|-----|---------------------|-------|--------------------------|-----------|------|-------------|--------------|-------------|--------------|--------------|--------------|--------------|--------------|----------|----------|----------|----------|---------------------|----------------------|-------------------|--------------|-------------|
| 1   | STĘPIEŃ Lucyna      | 96    | KS METRACO POLKOWICE     | K50-59    | 1    |             |              | 00:02:42    | 00:30:57     | 01:01:42     | 01:32:44     | 02:04:23     | 02:36:22     | 03:09:05 | 03:42:45 | 04:17:47 | 04:53:06 | 05:27:58.65         | 05:30:40.65          |                   | 7:46         | 7.7 (100%)  |
| 2   | ŁOPATKIEWICZ Beata  | 42    |                          | K50-59    | 2    |             |              | 00:02:40    | 00:30:57     | 01:01:43     | 01:32:45     | 02:04:40     | 02:37:51     | 03:11:15 | 03:45:57 | 04:20:50 | 04:56:28 | 05:31:55.35         | 05:34:35.45          | +00:03:56 (1.2%)  | 7:51         | 7.6 (98.7%) |
| 3   | JANKOWSKA Katarzyna | 22    | MOSIR/GIMNAZJUM          | K50-59    | 3    |             |              | 00:02:39    | 00:32:53     | 01:05:07     | 01:37:56     | 02:10:41     | 02:43:51     | 03:17:21 | 03:51:25 | 04:26:11 | 05:01:29 | 05:36:14.10         | 05:38:53.85          | +00:08:15 (2.5%)  | 7:58         | 7.5 (97.4%) |
| 4   | KARASIEWICZ Irena   | 28    | FACE NW TEAM             | K50-59    | 4    |             |              | 00:02:39    | 00:33:03     | 01:06:19     | 01:39:40     | 02:13:15     | 02:46:58     | 03:20:30 | 03:55:00 | 04:29:21 | 05:03:53 | 05:38:29.95         | 05:41:08.95          | +00:10:31 (3.1%)  | 8:01         | 7.5 (97.4%) |
| 5   | ŚLIWKA Wanda        | 76    | FACE NORDIC WALKING TEAM | K50-59    | 5    |             |              | 00:02:42    | 00:32:41     | 01:04:34     | 01:36:53     | 02:10:14     | 02:44:37     | 03:20:09 | 03:54:36 | 04:29:48 | 05:07:54 | 05:46:17.85         | 05:49:00.60          | +00:18:19 (5.3%)  | 8:12         | 7.3 (94.8%) |
| 6   | KUPIBIDA Bogusława  | 38    | SILESIA NORDIC TEAM      | K50-59    | 6    |             |              | 00:02:40    | 00:34:09     | 01:07:51     | 01:41:27     | 02:15:02     | 02:49:34     | 03:24:15 | 03:59:28 | 04:36:25 | 05:12:12 | 05:47:28.55         | 05:50:09.30          | +00:19:29 (5.6%)  | 8:14         | 7.3 (94.8%) |
| 7   | PIERNICKA Krystyna  | 56    |                          | K50-59    | 7    |             |              | 00:02:42    | 00:32:42     | 01:04:36     | 01:37:04     | 02:10:32     | 02:45:57     | 03:23:05 | 04:00:28 | 04:38:01 | 05:16:04 | 05:53:32.00         | 05:56:14.60          | +00:25:33 (7.2%)  | 8:22         | 7.2 (93.5%) |
| 8   | PACZUSKA Małgorzata | 54    | FOREVER YOUNG ŁÓDŹ       | K50-59    | 8    |             |              | 00:02:43    | 00:34:54     | 01:09:30     | 01:44:35     | 02:20:01     | 02:56:11     | 03:32:49 | 04:10:13 | 04:50:09 | 05:30:01 | 06:11:20.55         | 06:14:04.25          | +00:43:21 (11.7%) | 8:47         | 6.8 (88.3%) |
| 9   | ROSIŃSKA Dorota     | 62    |                          | K50-59    | 9    |             |              | 00:02:41    | 00:36:55     | 01:14:21     | 01:52:24     | 02:30:37     | 03:09:50     | 03:50:18 | 04:31:51 | 05:13:47 | 05:54:56 | 06:35:07.45         | 06:37:49.00          | +01:07:08 (17.0%) | 9:21         | 6.4 (83.1%) |
|     | BOCZAR Beata        | 5     | GREEN TEAM ZIELONA GÓRA  | K50-59    |      |             |              | DNF         | 00:31:40 DNF | 01:03:44 DNF | 01:36:21 DNF | 02:09:24 DNF | 02:43:19 DNF | DNF      | DNF      | DNF      | DNF      | DNF                 | DNF                  |                   | -            | - (0.0%)    |

Znaleziono 10 wynik(ów)