



Organizator:
Data:
Miejsce:
Dystans:

PFNW
2016-04-23
Osielsko
42.195 km

OSIELSKO - III MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	4.22km	8.439km	12.659km	16.878km	21.098km	25.317km	29.537km	33.756km	37.976km	Czas netto 42.195km	Czas brutto 42.195km	Różn	Tempo min/km	Tempo km/h
1	BIK Stanisław	4	KS METRACO POLKOWICE	M50-59	1			00:00:12	00:30:09	00:59:02	01:27:53	01:56:43	02:27:06	02:56:32	03:26:55	03:57:42	04:28:40	04:59:05.75	04:59:17.85		7:05	8.5 (100%)
2	WIŚNIEWSKI Jacek	86	UKS SIEDLESZCZANY	M50-59	2			00:00:14	00:29:08	00:58:35	01:27:33	01:56:32	02:26:02	02:55:39	03:25:53	03:57:39	04:30:22	05:02:24.50	05:02:38.50	+00:03:18 (1.1%)	7:09	8.4 (98.8%)
3	PUSZKIEL Leszek	58	GREEN TEAM	M50-59	3			00:00:14	00:29:40	00:58:35	01:27:31	01:56:31	02:26:25	02:56:36	03:27:09	03:58:18	04:31:18	05:02:52.90	05:03:07.45	+00:03:47 (1.2%)	7:10	8.4 (98.8%)
4	STEFANICKI Marek	67	WŁÓCZYKIJE	M50-59	4			00:00:11	00:30:10	00:59:50	01:29:39	01:59:38	02:30:12	03:01:49	03:33:50	04:07:15	04:40:57	05:13:43.55	05:13:55.45	+00:14:37 (4.7%)	7:26	8.1 (95.3%)
5	KACORZYK Władysław	26	SILESIA NORDIC TEAM	M50-59	5			00:00:11	00:31:03	01:02:24	01:33:49	02:05:14	02:36:22	03:08:12	03:39:39	04:11:22	04:43:13	05:14:56.75	05:15:08.20	+00:15:51 (5.0%)	7:27	8 (94.1%)
6	SŁOMIAN Leszek	64	STADION ŚLASKI	M50-59	6			00:00:14	00:30:27	01:00:52	01:31:20	02:02:25	02:33:48	03:06:02	03:39:21	04:12:23	04:45:41	05:17:58.90	05:18:13.80	+00:18:53 (5.9%)	7:32	8 (94.1%)
7	LENZ Andrzej	39	ALTOM	M50-59	7			00:00:09	00:30:19	01:00:30	01:30:46	02:01:28	02:32:10	03:03:25	03:35:27	04:08:52	04:44:28	05:18:08.25	05:18:17.45	+00:19:02 (6.0%)	7:32	8 (94.1%)
8	BAJER Piotr	3	FACE NW TEAM	M50-59	8			00:00:11	00:31:04	01:02:25	01:33:50	02:05:14	02:36:23	03:08:13	03:39:39	04:11:23	04:44:15	05:19:06.95	05:19:18.00	+00:20:01 (6.3%)	7:33	7.9 (92.9%)
9	DZIADEK Remigiusz	15		M50-59	9			00:00:12	00:30:00	00:59:55	01:30:06	02:01:12	02:33:03	03:06:01	03:39:48	04:14:51	04:48:50	05:21:25.15	05:21:38.00	+00:22:19 (6.9%)	7:37	7.9 (92.9%)
10	ZAMRZYCKI Leszek	90		M50-59	10			00:00:10	00:31:02	01:02:09	01:32:52	02:03:57	02:36:33	03:10:09	03:43:49	04:19:08	04:54:46	05:28:35.50	05:28:45.95	+00:29:29 (9.0%)	7:47	7.7 (90.6%)
11	FOLWARSKI Andrzej	17	FACE NORDIC WALKING TEAM	M50-59	11			00:00:12	00:30:53	01:02:01	01:33:25	02:05:35	02:39:08	03:13:03	03:47:17	04:22:07	04:56:25	05:29:43.80	05:29:56.35	+00:30:38 (9.3%)	7:48	7.7 (90.6%)
12	KOWALCZYK Mariusz	35	GREEN TEAM ZIELONA GÓRA	M50-59	12			00:00:13	00:30:22	01:00:42	01:31:12	02:02:54	02:36:18	03:11:20	03:48:22	04:26:06	05:05:27	05:44:02.10	05:44:15.10	+00:44:56 (13.1%)	8:09	7.4 (87.1%)
13	SZCZODROWSKI Krzysztof	75		M50-59	13			00:00:10	00:31:30	01:03:40	01:36:36	02:09:48	02:44:27	03:20:18	03:56:05	04:31:49	05:08:08	05:44:29.75	05:44:39.75	+00:45:24 (13.2%)	8:09	7.4 (87.1%)
14	KLIMCZEWSKI Marek	31	FOREVER YOUNG ŁÓDŹ	M50-59	14			00:00:08	00:31:31	01:03:00	01:34:11	02:05:52	02:38:23	03:12:36	03:48:59	04:26:19	05:04:29	05:45:25.05	05:45:33.55	+00:46:19 (13.4%)	8:11	7.3 (85.9%)
15	STEPNIAK Bogdan	69		M50-59	15			00:00:12	00:32:36	01:04:53	01:37:36	02:10:28	02:45:50	03:21:02	03:57:59	04:37:17	05:15:39	05:51:20.65	05:51:33.05	+00:52:14 (14.9%)	8:19	7.2 (84.7%)
16	KULKA Maciej	37	FACE NORDIC WALKING TEAM	M50-59	16			00:00:15	00:37:30	01:14:08	01:49:09	02:23:55	02:59:08	03:33:58	04:09:35	04:44:56	05:21:20	05:57:34.80	05:57:50.75	+00:58:29 (16.4%)	8:28	7.1 (83.5%)
17	THIEL Jerzy	78	POSEJDON MORSY KOSZALIN	M50-59	17			00:00:13	00:33:14	01:06:34	01:40:06	02:15:17	02:50:41	03:27:46	04:06:36	04:44:53	05:24:17	06:01:46.90	06:02:00.85	+01:02:41 (17.3%)	8:34	7 (82.4%)

Znaleziono 17 wynik(ów)