

OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-08-08
Miejsce: Osielsko
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BIŁEK Artur	507	NW LUBLINIEC	M 30-39	1			00:00:04	00:31:47	01:04:56	01:05:00		6:29	9.2 (100%)
2	STILLER Karol	594	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 30-39	2			00:00:04	00:31:50	01:05:13	01:05:17	+00:00:17 (0.4%)	6:31	9.2 (100%)
3	SIWAK Piotr	385	KGHM METRACO POLKOWICE	M 50-59	1			00:01:18	00:31:43	01:05:35	01:06:53	+00:00:39 (1.0%)	6:33	9.1 (98.9%)
4	WOROCH Roman	611	KGHM METRACO POLKOWICE	M 50-59	2			00:01:17	00:31:43	01:05:37	01:06:54	+00:00:41 (1.0%)	6:33	9.1 (98.9%)
5	ANACZKOWSKI Mirosław	501	LKS ZANTYR SZTUM	M 50-59	3			00:01:19	00:31:49	01:05:42	01:07:01	+00:00:46 (1.2%)	6:34	9.1 (98.9%)
6	CYRUS Bogdan	350		M 40-49	1			00:00:06	00:31:48	01:06:43	01:06:49	+00:01:47 (2.7%)	6:40	9 (97.8%)
7	PUSZKIEL Leszek	581	GREEN TEAM ZIELONA GÓRA	M 50-59	4			00:01:18	00:32:34	01:08:33	01:09:51	+00:03:37 (5.3%)	6:51	8.8 (95.7%)
8	RACZYŃSKI Kazimierz	582	PTTK KOSZALIN	M 30-39	3			00:00:04	00:34:26	01:10:10	01:10:14	+00:05:14 (7.5%)	7:01	8.6 (93.5%)
9	CIEŚLAK Roman	515	FOREVER YOUNG ŁÓDŹ	M 50-59	5			00:01:22	00:34:09	01:10:40	01:12:02	+00:05:44 (8.1%)	7:04	8.5 (92.4%)
10	ANTOSZEWSKI Piotr	502	DĄBROWA NORDIC TEAM	M 40-49	2			00:00:07	00:35:05	01:10:45	01:10:52	+00:05:49 (8.2%)	7:04	8.5 (92.4%)
11	BREWKA Joachim	510	NW LUBLINIEC	M 50-59	6			00:01:17	00:34:32	01:10:57	01:12:14	+00:06:01 (8.5%)	7:05	8.5 (92.4%)
12	PSUT Robert	578	FOREVER YOUNG ŁÓDŹ	M 18-29	1			00:00:02	00:35:10	01:10:59	01:11:01	+00:06:03 (8.5%)	7:05	8.5 (92.4%)
13	PUSZKIEL Adrian	580	GREEN TEAM ZIELONA GÓRA	M 18-29	2			00:00:03	00:36:01	01:11:02	01:11:05	+00:06:06 (8.6%)	7:06	8.4 (91.3%)
14	LIPKO Adrianna	552	PENDOLINO	K 18-29	1			00:03:38	00:35:00	01:11:06	01:14:44	+00:06:10 (8.7%)	7:06	8.4 (91.3%)

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15	SPYCHAŁA Marzena	590	WESOŁY BORSUK TEAM	K 40-49	1			00:05:08	00:35:17	01:11:21	01:16:29	+00:06:25 (9.0%)	7:08	8.4 (91.3%)
16	JĘDRASIAK Renata	538	KGHM METRACO POLKOWICE	K 50-59	1			00:05:40	00:35:01	01:11:51	01:17:31	+00:06:55 (9.6%)	7:11	8.4 (91.3%)
17	NOWROTEK Monika	569	MOKATE TEAM	K 18-29	2			00:03:37	00:35:13	01:11:58	01:15:35	+00:07:02 (9.8%)	7:11	8.3 (90.2%)
18	KULIG Henryk	546	KS ELBLĄSKIE WŁÓCZY-KIJE	M 60-69	1			00:02:28	00:35:32	01:12:03	01:14:31	+00:07:07 (9.9%)	7:12	8.3 (90.2%)
19	RAJEWSKI Sebastian	583	JEZIORKI - AKTYWNA WIEŚ	M 40-49	3			00:00:08	00:35:43	01:12:06	01:12:14	+00:07:10 (9.9%)	7:12	8.3 (90.2%)
20	PANCEWICZ- KOSNO Karolina	571	SILESIA NORDIC TEAM	K 30-39	1			00:03:41	00:35:24	01:12:28	01:16:09	+00:07:32 (10.4%)	7:14	8.3 (90.2%)
21	REJ Anna	584		K 30-39	2	1		00:03:40	00:35:57	01:12:38	01:16:18	+00:07:42 (10.6%)	7:15	8.3 (90.2%)
22	SZCZEBAK Jacek	596	TARNÓW	M 40-49	4			00:00:07	00:35:54	01:12:57	01:13:04	+00:08:01 (11.0%)	7:17	8.2 (89.1%)
23	KOLENKIEWICZ Dariusz	540	KS ELBLĄSKIE WŁÓCZY-KIJE	M 50-59	7			00:01:21	00:35:46	01:12:58	01:14:19	+00:08:02 (11.0%)	7:17	8.2 (89.1%)
24	BERESZKO Waldemar	617	CZELADŹ	M 60-69	2	1		00:02:31	00:36:01	01:13:06	01:15:37	+00:08:10 (11.2%)	7:18	8.2 (89.1%)
25	KOŁPAK Jan	409	LKS ZANTYR SZTUM	M 60-69	3			00:02:30	00:35:35	01:13:08	01:15:38	+00:08:12 (11.2%)	7:18	8.2 (89.1%)
26	PARAFINIUK Krzysztofa	572	LKS ZANTYR SZTUM	K 30-39	3			00:03:40	00:35:36	01:13:11	01:16:51	+00:08:15 (11.3%)	7:19	8.2 (89.1%)
27	FELIS Paweł	523		M 40-49	5			00:00:08	00:35:54	01:13:20	01:13:28	+00:08:24 (11.5%)	7:20	8.2 (89.1%)
28	DEŁĄG Józef	519	PIOTRKOWSKI KLUB BIEGACZA ENDORFINA	M 50-59	8			00:01:21	00:35:12	01:13:33	01:14:54	+00:08:37 (11.7%)	7:21	8.2 (89.1%)
29	CUDAK Zbigniew	516	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 40-49	6			00:00:10	00:37:02	01:13:45	01:13:55	+00:08:49 (12.0%)	7:22	8.1 (88.0%)
30	SMUL Andrzej	588	GREEN TEAM ZIELONA GÓRA	M 50-59	9			00:01:19	00:35:39	01:14:01	01:15:20	+00:09:05 (12.3%)	7:24	8.1 (88.0%)
31	GRUSZKA Michał	531	NW LUBLINIEC	M 40-49	7			00:00:08	00:35:50	01:14:14	01:14:22	+00:09:18 (12.5%)	7:25	8.1 (88.0%)
31	ŚWIĄTEK Joanna	603	MARSZPOZDROWIE	K 30-39	4			00:03:40	00:36:18	01:14:14	01:17:54	+00:09:18 (12.5%)	7:25	8.1 (88.0%)
33	BOCZAR Beata	508	GREEN TEAM ZIELONA GÓRA	K 50-59	2			00:05:40	00:36:12	01:14:56	01:20:36	+00:10:00 (13.3%)	7:29	8 (87.0%)
34	KUREK Edward	549	MOSIR CZELADZ	M 70+	1			00:02:32	00:37:16	01:14:57	01:17:29	+00:10:01 (13.4%)	7:29	8 (87.0%)
35	PAKOSZ Piotr	616	LKS GÓRNIK JANUSZKOWICE	M 60-69	4			00:02:31	00:36:34	01:15:07	01:17:38	+00:10:11 (13.6%)	7:30	8 (87.0%)
36	BYTNIIEWSKI Mieczysław	511	BIAŁA BIEGA	M 70+	2			00:02:33	00:36:56	01:15:15	01:17:48	+00:10:19 (13.7%)	7:31	8 (87.0%)
37	KRZYŻANOWSKI Robert	545	GOSIR OSIELSKO	M 40-49	8			00:00:09	00:35:34	01:15:27	01:15:36	+00:10:31 (13.9%)	7:32	8 (87.0%)

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38	MACHOLC Piotr	622	DĄBROWA NORDIC TEAM	M 50-59	10	1		00:01:17	00:37:24	01:15:28	01:16:45	+00:10:32 (14.0%)	7:32	8 (87.0%)
39	KRUSZKA Arleta	404	MARSZPOZDROWIE	K 50-59	3			00:05:41	00:37:27	01:15:32	01:21:13	+00:10:36 (14.0%)	7:33	7.9 (85.9%)
40	KOSICKI Dariusz	542		M 40-49	9			00:00:06	00:38:22	01:15:38	01:15:44	+00:10:42 (14.1%)	7:33	7.9 (85.9%)
41	WARCHALSKA Teresa	608	STADION ŚLĄSKI	K 60-69	1			00:06:44	00:36:28	01:15:43	01:22:27	+00:10:47 (14.2%)	7:34	7.9 (85.9%)
42	KURZAWSKA Jolanta	550	KGHM METRACO POLKOWICE	K 60-69	2			00:06:43	00:37:04	01:15:53	01:22:36	+00:10:57 (14.4%)	7:35	7.9 (85.9%)
43	JEZIORNY Ryszard	535		M 50-59	11			00:01:20	00:36:45	01:15:55	01:17:15	+00:10:59 (14.5%)	7:35	7.9 (85.9%)
44	MIERNICKI Mariusz	564		M 50-59	12			00:01:21	00:37:22	01:15:59	01:17:20	+00:11:03 (14.5%)	7:35	7.9 (85.9%)
45	STEMPNIAK Bogdan	592		M 50-59	13			00:01:21	00:37:28	01:16:00	01:17:21	+00:11:04 (14.6%)	7:36	7.9 (85.9%)
46	ŚLUSARCZYK Grzegorz	602	WESOŁY BORSUK TEAM	M 40-49	10			00:00:07	00:38:07	01:16:10	01:16:17	+00:11:14 (14.7%)	7:37	7.9 (85.9%)
47	KRZANOWSKI Bartłomiej	544	SAMOTNI WĘDROWCY	M 40-49	11			00:00:07	00:37:37	01:16:15	01:16:22	+00:11:19 (14.8%)	7:37	7.9 (85.9%)
48	BUDZYŃ Anna	624	SPEED TEAM	K 40-49	2			00:05:09	00:37:21	01:16:22	01:21:31	+00:11:26 (15.0%)	7:38	7.9 (85.9%)
49	MITURA-ZIELONKA Paweł	565	SILESIA NORDIC TEAM SPACERMISTRZ	M 30-39	4			00:00:05	00:36:09	01:16:23	01:16:28	+00:11:27 (15.0%)	7:38	7.9 (85.9%)
50	ŚLUSARCZYK Andrzej	601	WESOŁY BORSUK TEAM	M 60-69	5			00:02:28	00:37:24	01:16:48	01:19:16	+00:11:52 (15.5%)	7:40	7.8 (84.8%)
51	BALCERAK-KOLASA Joanna	504	FIZJO-PLUS TEAM	K 40-49	3			00:05:10	00:37:29	01:17:20	01:22:30	+00:12:24 (16.0%)	7:44	7.8 (84.8%)
52	ADAMOWSKI Jacek	500	ZAKĄTEK21	M 30-39	5			00:00:05	00:37:50	01:17:21	01:17:26	+00:12:25 (16.1%)	7:44	7.8 (84.8%)
53	SZULC Jarek	384	MARSZPOZDROWIE	M 50-59	14			00:01:20	00:37:11	01:17:23	01:18:43	+00:12:27 (16.1%)	7:44	7.8 (84.8%)
54	KORDECKA Henryka	541	KS ELBLĄSKIE WŁÓCZY-KIJE	K 50-59	4			00:05:42	00:38:45	01:18:00	01:23:42	+00:13:04 (16.8%)	7:48	7.7 (83.7%)
55	JANKOWSKI Marcin	533	KS ELBLĄSKIE WŁÓCZY-KIJE	M 30-39	6			00:00:04	00:37:55	01:18:28	01:18:32	+00:13:32 (17.2%)	7:50	7.6 (82.6%)
56	KOZŁOWSKA Sabina	379	DĄBROWA NORDIC TEAM	K 30-39	5			00:03:40	00:38:54	01:18:55	01:22:35	+00:13:59 (17.7%)	7:53	7.6 (82.6%)
57	PTAŚ Agnieszka	579	TKKF MOSIR CZELADŹ	K 18-29	3			00:03:38	00:38:19	01:19:00	01:22:38	+00:14:04 (17.8%)	7:54	7.6 (82.6%)
58	JARZYŃSKA Małgorzata	534		K 50-59	5			00:05:41	00:38:35	01:19:17	01:24:58	+00:14:21 (18.1%)	7:55	7.6 (82.6%)
59	MOTOCZYŃSKI Krzysztof	567		M 60-69	6			00:02:30	00:37:47	01:19:26	01:21:56	+00:14:30 (18.3%)	7:56	7.6 (82.6%)
60	MARONDEL Katarzyna	560	SILESIA NORDIC TEAM	K 18-29	4			00:03:37	00:39:02	01:19:30	01:23:07	+00:14:34 (18.3%)	7:57	7.5 (81.5%)

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61	ŁUKASZEWICZ Joanna	556	GREEN TEAM ZIELONA GÓRA	K 40-49	4			00:05:08	00:39:10	01:20:18	01:25:26	+00:15:22 (19.1%)	8:01	7.5 (81.5%)
62	RECZULSKI Mikołaj	618	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 18-29	3			00:00:04	00:39:58	01:20:23	01:20:27	+00:15:27 (19.2%)	8:02	7.5 (81.5%)
63	MAJCHROWSKA Izabela	558	FOREVER YOUNG ŁÓDŹ	K 30-39	6			00:03:39	00:40:03	01:21:12	01:24:51	+00:16:16 (20.0%)	8:07	7.4 (80.4%)
64	KOBIELA Daria	630	BŁĘKITNI NW DZIEMIANY	K 18-29	5			00:03:38	00:40:40	01:21:17	01:24:55	+00:16:21 (20.1%)	8:07	7.4 (80.4%)
65	SZNAJDER Zenon	405		M 60-69	7			00:02:29	00:40:31	01:21:37	01:24:06	+00:16:41 (20.4%)	8:09	7.4 (80.4%)
66	WAŁECKA Krystyna	607		K 60-69	3			00:06:43	00:39:51	01:21:47	01:28:30	+00:16:51 (20.6%)	8:10	7.3 (79.3%)
67	NAMSOŁEK Feliks	568		M 70+	3			00:02:31	00:39:25	01:21:54	01:24:25	+00:16:58 (20.7%)	8:11	7.3 (79.3%)
68	ZAJĄC Elżbieta	614	SPOMLEK	K 40-49	5			00:05:08	00:39:47	01:21:55	01:27:03	+00:16:59 (20.7%)	8:11	7.3 (79.3%)
68	PASZKIEWICZ-KĘSIAK Anita	573	FOREVER YOUNG ŁÓDŹ	K 60-69	4			00:06:45	00:39:57	01:21:55	01:28:40	+00:16:59 (20.7%)	8:11	7.3 (79.3%)
70	JERECZEK Krzysztof	93	BŁĘKITNI NW DZIEMIANY	M 30-39	7			00:00:03	00:40:01	01:22:19	01:22:22	+00:17:23 (21.1%)	8:13	7.3 (79.3%)
71	TRUCHAN-BAJER Bożena	605		K 50-59	6			00:05:42	00:39:39	01:22:36	01:28:18	+00:17:40 (21.4%)	8:15	7.3 (79.3%)
72	MARCINKOWSKI Wojciech	559	NORDIC WALKING LUBLINIEC	M 40-49	12			00:00:06	00:39:29	01:22:50	01:22:56	+00:17:54 (21.6%)	8:17	7.2 (78.3%)
73	APPEL Jerzy	503	GOSIR OSIELSKO	M 60-69	8			00:02:30	00:39:22	01:23:17	01:25:47	+00:18:21 (22.0%)	8:19	7.2 (78.3%)
74	ŚCIBISZ Bogdan	599	TKKF SATURN CZELADZ	M 70+	4			00:02:32	00:39:23	01:23:27	01:25:59	+00:18:31 (22.2%)	8:20	7.2 (78.3%)
75	GALIŃSKI Leszek	524	DĄBROWA NORDIC TEAM	M 60-69	9			00:02:32	00:41:03	01:23:31	01:26:03	+00:18:35 (22.3%)	8:21	7.2 (78.3%)
76	TOMASZEWSKI Roman	604		M 50-59	15			00:01:18	00:41:41	01:24:03	01:25:21	+00:19:07 (22.7%)	8:24	7.1 (77.2%)
77	DĘBSKI Sławomir	401		M 50-59	16			00:01:19	00:41:40	01:25:12	01:26:31	+00:20:16 (23.8%)	8:31	7 (76.1%)
78	LISIKIEWICZ Agnieszka	553	GREEN TEAM ZIELONA GÓRA	K 40-49	6			00:05:08	00:39:52	01:25:16	01:30:24	+00:20:20 (23.8%)	8:31	7 (76.1%)
79	KOTAS Brygida	360	DĄBROWA NORDIC TEAM	K 50-59	7			00:05:41	00:40:54	01:25:18	01:30:59	+00:20:22 (23.9%)	8:31	7 (76.1%)
80	CHOLEWIŃSKA Longina	512		K 40-49	7			00:05:08	00:41:55	01:25:44	01:30:52	+00:20:48 (24.3%)	8:34	7 (76.1%)
81	MICHALAK Elżbieta	561	SPOMLEK	K 50-59	8			00:05:40	00:41:49	01:25:45	01:31:25	+00:20:49 (24.3%)	8:34	7 (76.1%)
82	STEFAŃSKI Andrzej	773	FACE NORDIC WALKING TEAM	M 50-59	17			00:01:20	00:42:23	01:26:07	01:27:27	+00:21:11 (24.6%)	8:36	7 (76.1%)
83	ROZMUS Sylwester	585	NORDIC ACTIVE	M 30-39	8			00:00:02	00:39:41	01:26:18	01:26:20	+00:21:22 (24.8%)	8:37	7 (76.1%)

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84	OMARSKA Grażyna	570	PASJA NORDIC WALKING	K 50-59	9			00:05:44	00:42:33	01:26:38	01:32:22	+00:21:42 (25.0%)	8:39	6.9 (75.0%)
85	WOŹNIAK Bartłomiej	612	PODWÓJNY UŚMIECH	M 30-39	9			00:00:05	00:40:30	01:26:47	01:26:52	+00:21:51 (25.2%)	8:40	6.9 (75.0%)
86	WALASEK Julitta	606		K 40-49	8			00:05:11	00:42:45	01:26:51	01:32:02	+00:21:55 (25.2%)	8:41	6.9 (75.0%)
87	PIEKARSKA Magdalena	575	GOSIR OSIELSKO	K 18-29	6			00:03:38	00:41:28	01:27:22	01:31:00	+00:22:26 (25.7%)	8:44	6.9 (75.0%)
88	JURCZYK Artur	721	RUN BYDGOSZCZ	M 40-49	13			00:00:09	00:43:53	01:27:44	01:27:53	+00:22:48 (26.0%)	8:46	6.8 (73.9%)
89	LEHMANN Teresa	551	BŁĘKITNI NW DZIEMIANY	K 50-59	10			00:05:41	00:42:59	01:27:50	01:33:31	+00:22:54 (26.1%)	8:47	6.8 (73.9%)
90	LORENS Kazimierz	555	JURAJSKI KLUB NORDIC WALKING	M 50-59	18			00:01:18	00:45:01	01:28:14	01:29:32	+00:23:18 (26.4%)	8:49	6.8 (73.9%)
91	GRUBICKA-STUSIK Estera	280		K 30-39	7			00:05:12	00:43:48	01:28:30	01:33:42	+00:23:34 (26.6%)	8:51	6.8 (73.9%)
92	WASIELA Beata	609	FACE NORDIC WALKING TEAM	K 40-49	9			00:05:10	00:42:35	01:28:36	01:33:46	+00:23:40 (26.7%)	8:51	6.8 (73.9%)
93	SZYMANOWSKA-PAWLAK Ewa	597	GOSIR OSIELSKO	K 40-49	10			00:05:11	00:42:16	01:28:55	01:34:06	+00:23:59 (27.0%)	8:53	6.7 (72.8%)
94	CZYŻ Ewelina	518	GOSIR OSIELSKO	K 18-29	7			00:03:40	00:42:54	01:29:17	01:32:57	+00:24:21 (27.3%)	8:55	6.7 (72.8%)
95	CHYLEWSKA Małgorzata	514		K 50-59	11			00:05:43	00:44:54	01:29:39	01:35:22	+00:24:43 (27.6%)	8:57	6.7 (72.8%)
96	SMARUJ - SADOWSKA Janina	587		K 60-69	5			00:06:44	00:43:19	01:29:47	01:36:31	+00:24:51 (27.7%)	8:58	6.7 (72.8%)
97	WYŁUPSKA Krystyna	613	PATYCZAKI	K 60-69	6			00:06:45	00:43:38	01:29:59	01:36:44	+00:25:03 (27.8%)	8:59	6.7 (72.8%)
98	WORONKO ZACZYŃSKA Janina	397	KGHM METRACO POLKOWICE	K 60-69	7			00:06:44	00:43:21	01:30:24	01:37:08	+00:25:28 (28.2%)	9:02	6.6 (71.7%)
99	DYLEWSKA Barbara	522	DĄBROWA NORDIC TEAM	K 60-69	8			00:06:45	00:44:20	01:30:28	01:37:13	+00:25:32 (28.2%)	9:02	6.6 (71.7%)
100	CHRAPEK Urszula	513		K 18-29	8			00:03:37	00:44:43	01:32:44	01:36:21	+00:27:48 (30.0%)	9:16	6.5 (70.7%)
101	JÓŹWIAK Dominik	626	WTW WŁOCŁAWEK	M 18-29	4			00:00:02	00:44:45	01:33:01	01:33:03	+00:28:05 (30.2%)	9:18	6.5 (70.7%)
102	BIERNAT Lucyna	506	FACE NORDIC WALKING TEAM	K 40-49	11			00:05:11	00:46:07	01:33:15	01:38:26	+00:28:19 (30.4%)	9:19	6.4 (69.6%)
103	DROŻYŃSKA Marlena	521	GOSIR OSIELSKO	K 50-59	12			00:05:09	00:45:07	01:33:21	01:38:30	+00:28:25 (30.4%)	9:20	6.4 (69.6%)
104	GIERSZENDORF Monika	527	KB KATORŻNIK MUROWANA GOŚLINA	K 40-49	12			00:05:09	00:47:45	01:34:09	01:39:18	+00:29:13 (31.0%)	9:24	6.4 (69.6%)
105	DRON Agnieszka	712	DZIARSKIE TEAM	K 30-39	8			00:05:09	00:47:04	01:34:18	01:39:27	+00:29:22 (31.1%)	9:25	6.4 (69.6%)
106	PIECZKA Monika	574	FACE NORDIC WALKING TEAM	K 30-39	9			00:03:43	00:47:42	01:35:08	01:38:51	+00:30:12 (31.7%)	9:30	6.3 (68.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	KRYGIEL Maria	543	GOSIR OSIELSKO	K 40-49	13			00:05:11	00:46:29	01:35:43	01:40:54	+00:30:47 (32.2%)	9:34	6.3 (68.5%)
108	KUNDE Jolanta	548		K 50-59	13			00:05:43	00:47:14	01:36:35	01:42:18	+00:31:39 (32.8%)	9:39	6.2 (67.4%)
109	GĘBSKA Elżbieta	526	DĄBROWA NORDIC TEAM	K 50-59	14			00:05:43	00:46:23	01:36:43	01:42:26	+00:31:47 (32.9%)	9:40	6.2 (67.4%)
110	BLUM Dorota	509	FACE NORDIC WALKING TEAM	K 30-39	10			00:03:42	00:49:25	01:38:52	01:42:34	+00:33:56 (34.3%)	9:53	6.1 (66.3%)
111	SMACZYŃSKA Krystyna	380	DĄBROWA NORDIC TEAM	K 70+	1			00:06:46	00:48:44	01:40:40	01:47:26	+00:35:44 (35.5%)	10:04	6 (65.2%)
112	MOTOCZYŃSKA Aleksandra	566		K 50-59	15			00:05:42	00:48:59	01:41:49	01:47:31	+00:36:53 (36.2%)	10:10	5.9 (64.1%)
113	NAWROCKA Danuta	381	DĄBROWA NORDIC TEAM	K 70+	2			00:06:46	00:52:02	01:45:34	01:52:20	+00:40:38 (38.5%)	10:33	5.7 (62.0%)
114	MICHTA Zofia	562		K 60-69	9			00:06:43						(0.0%)
DQ	KĘPA Andrzej	537	SKI FAMILY TEAM	M 60-69				DQ	00:35:59 DQ	2015-08-08 DQ	DQ		-	- (0.0%)
DQ	CZEKAJŁO Franciszek	359		M 60-69				DQ	00:35:31 DQ	2015-08-08 DQ	DQ		-	- (0.0%)
DQ	HAAPALEHTO Timo	532	NORDIC WALKING HELSINKI	M 50-59	1			DQ	00:39:41 DQ	DQ	DQ		-	- (0.0%)
	CZYCZ Kazimierz	517	GREEN TEAM ZIELONA GÓRA	M 60-69				DNF	00:44:19 DNF	DNF	DNF		-	- (0.0%)
	SĄŁAGA Joanna	363		K 40-49				DNF	00:44:55 DNF	DNF	DNF		-	- (0.0%)
	GÓRSKA Monika	528	GOSIR OSIELSKO	K 18-29				DNF	00:49:20 DNF	DNF	DNF		-	- (0.0%)
	STAWNIAK Karol	591	UTW ŻNIN	M 60-69				DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 121 wynik(ów)