



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 10KM

B4SPORT

Wydarzenie: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organizator: Polska Federacja Nordic Walking
Data: 2018-08-04
Miejsce: Osielsko
Dystans: 10 km



Klasyfikacja: M30-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start All 5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|------------|---------------------------------|-----------|------|-------------|--------------|---------------|--------------------|-------------------|--------------|-------------|
| 1 | STILLER Karol | 530 | KABEX PODKOWA JANÓW | M30-39 | 1 | | | 00:30:01 | 01:00:39.70 | | 6:04 | 9.9 (100%) |
| 2 | BIŁEK Artur | 410 | UNIA MIAST | M30-39 | 2 | | | 00:31:23 | 01:03:29.10 | +00:02:49 (4.4%) | 6:20 | 9.5 (96.0%) |
| 3 | WETOSZKA Piotr | 550 | NOWI SIEDLCE/NW WSCHÓD | M30-39 | 3 | | | 00:31:46 | 01:04:04.10 | +00:03:24 (5.3%) | 6:24 | 9.4 (94.9%) |
| 4 | HAŁAS Marcin | 439 | UNIA MIAST | M30-39 | 4 | | | 00:31:59 | 01:05:04.90 | +00:04:25 (6.8%) | 6:30 | 9.2 (92.9%) |
| 5 | KUSTAL Marcin | 472 | VIKING NORDIC TEAM CZĘSTOCHOWA | M30-39 | 5 | | | 00:33:00 | 01:06:27.75 | +00:05:48 (8.7%) | 6:38 | 9 (90.9%) |
| 6 | RYCHLIK Grzegorz | 569 | NOWI SIEDLCE/NW WSCHÓD | M30-39 | 6 | | | 00:31:59 | 01:07:06.30 | +00:06:26 (9.6%) | 6:42 | 8.9 (89.9%) |
| 7 | WITCZUK Łukasz | 555 | NWPL/FNWT | M30-39 | 7 | | | 00:33:09 | 01:07:29.20 | +00:06:49 (10.1%) | 6:44 | 8.9 (89.9%) |
| 8 | KUBISZYN Mirosław | 575 | | M30-39 | 8 | | | 00:32:58 | 01:07:35.90 | +00:06:56 (10.3%) | 6:45 | 8.9 (89.9%) |
| 9 | OPEL Klaus | 497 | NW TEAM CITY FIT & SPORT FERSTL | M30-39 | 9 | | | 00:33:53 | 01:08:27.35 | +00:07:47 (11.4%) | 6:50 | 8.8 (88.9%) |
| 10 | STACHOWICZ Marcin | 526 | BŁĘKITNI NW DZIEMIANY | M30-39 | 10 | | | 00:36:24 | 01:13:49.60 | +00:13:09 (17.8%) | 7:23 | 8.1 (81.8%) |
| 11 | ŚLUSARCZYK Marcin | 539 | WESOŁY BORSUK TEAM | M30-39 | 11 | | | 00:36:34 | 01:13:57.30 | +00:13:17 (18.0%) | 7:23 | 8.1 (81.8%) |
| 12 | KOTULA Jakub | 461 | UNIA MIAST | M30-39 | 12 | | | 00:38:21 | 01:16:54.80 | +00:16:15 (21.1%) | 7:41 | 7.8 (78.8%) |
| 13 | SURIAK Michał | 533 | VIKING NORDIC TEAM CZĘSTOCHOWA | M30-39 | 13 | | | 00:38:20 | 01:16:55.20 | +00:16:15 (21.1%) | 7:41 | 7.8 (78.8%) |
| 14 | NIETRZEBKA Paweł | 492 | MIĘDZYBORÓW | M30-39 | 14 | | | 00:39:08 | 01:21:49.25 | +00:21:09 (25.9%) | 8:10 | 7.3 (73.7%) |
| 15 | KRAJEWSKI Szymon | 595 | KLUB ODŻYWIANIA KRAJANKA | M30-39 | 15 | 4 min kary | | 00:36:49 | 01:22:33.20 | +00:21:53 (26.5%) | 8:15 | 7.3 (73.7%) |
| 16 | PINIS Michał | 503 | VIKING NORDIC TEAM CZĘSTOCHOWA | M30-39 | 16 | | | 00:40:25 | 01:23:16.60 | +00:22:36 (27.2%) | 8:19 | 7.2 (72.7%) |

Znaleziono 16 wynik(ów)