



# OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 21.1KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-08-08  
**Miejsce:** Osielsko  
**Dystans:** 21.1 km



Klasyfikacja: K 60+

| Msc | Zawodnik                       | Numer      | Klub                    | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | 0.56km   | 1.12km   | 6.12km   | 11.12km  | 16.12km  | Czas netto 21.1km | Czas brutto 21.1km | Różn             | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|------------|-------------------------|-----------|------|-------------|--------------|-------------|----------|----------|----------|----------|----------|-------------------|--------------------|------------------|--------------|-------------|
| 1   | <b>CZYCZ Emilia</b>            | <b>709</b> | GREEN TEAM ZIELONA GÓRA | K 60+     | 1    |             |              | 00:01:52    | 00:04:11 | 00:08:21 | 00:46:45 | 01:26:34 | 02:08:16 | <b>02:51:37</b>   | <b>02:53:29</b>    |                  | 8:08         | 7.4 (100%)  |
| 2   | <b>WITKOWSKA Maria</b>         | <b>765</b> | STADION ŚLĄSKI          | K 60+     | 2    |             |              | 00:01:51    | 00:04:14 | 00:08:29 | 00:49:06 | 01:31:51 | 02:15:30 | <b>02:58:02</b>   | <b>02:59:53</b>    | +00:06:25 (3.6%) | 8:26         | 7.1 (95.9%) |
| 3   | <b>JARONIEK-BEDYK Wiesława</b> | <b>719</b> | FOREVER YOUNG ŁÓDŹ      | K 60+     | 3    |             |              | 00:01:51    | 00:04:20 | 00:08:41 | 00:50:29 | 01:33:51 | 02:19:22 | <b>03:06:07</b>   | <b>03:07:58</b>    | +00:14:30 (7.8%) | 8:49         | 6.8 (91.9%) |
| 4   | <b>ZAWADZKA Maria</b>          | <b>748</b> | KGHM METRACO POLKOWICE  | K 60+     | 4    |             |              | 00:01:51    | 00:04:23 | 00:08:59 | 00:52:28 | 01:36:08 | 02:21:05 | <b>03:07:39</b>   | <b>03:09:30</b>    | +00:16:02 (8.5%) | 8:53         | 6.7 (90.5%) |

Znaleziono 4 wynik(ów)