



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 21.1KM

B4SPORT

Event: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organiser: Polska Federacja Nordic Walking
Date: 2018-08-04
Place: Osielsko
Distance: 21.1 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Net time 21.1km	Gap	Pace min/km	Pace km/h
1	ROSAK Marcin	651	GREEN TEAM ZIELONA GÓRA	M40-49	1	2		00:06:41	00:38:10	01:09:04	01:39:42	02:10:33.85		6:11	9.7 (100%)
2	CZŁONKOWSKI Krzysztof	610	OLIMPIJCZYK SZCZEKOCINY	M40-49	2			00:06:49	00:39:09	01:12:04	01:44:19	02:16:21.15	+00:05:47 (4.2%)	6:27	9.3 (95.9%)
3	KORDOWSKI Piotr	631	NOWA HUTA TEAM	M40-49	3			00:06:41	00:38:43	01:11:31	01:44:21	02:18:53.55	+00:08:19 (6.0%)	6:34	9.1 (93.8%)
4	SZEREMETA Grzegorz	666	CIDRY LOTAJOM	M40-49	4			00:06:41	00:38:43	01:11:31	01:45:24	02:21:03.60	+00:10:29 (7.4%)	6:41	9 (92.8%)
5	ROGALSKI Piotr	650	GDYNIA MOJE MIASTO	M40-49	5	2		00:06:49	00:39:21	01:13:25	01:47:54	02:22:59.55	+00:12:25 (8.7%)	6:46	8.9 (91.8%)
6	MACKIEWICZ Dariusz	636	AKTYWNI KODEŃ	M40-49	6	1		00:07:12	00:41:12	01:16:46	01:52:35	02:28:19.30	+00:17:45 (12.0%)	7:01	8.5 (87.6%)
7	SZARSZUNOWICZ Mariusz	663	KS METRACO POLKOWICE	M40-49	7			00:06:56	00:40:30	01:15:34	01:51:24	02:28:55.75	+00:18:21 (12.3%)	7:03	8.5 (87.6%)
8	MŁYŃSKI Krzysztof	640	POZYTYWNI DOBRE MIASTO	M40-49	8			00:07:36	00:42:56	01:18:38	01:54:57	02:31:11.65	+00:20:37 (13.6%)	7:09	8.4 (86.6%)
9	CIESIELSKI Jan	609	PARKRUN TORUŃ	M40-49	9			00:07:24	00:42:11	01:17:52	01:54:50	02:34:02.75	+00:23:28 (15.2%)	7:18	8.2 (84.5%)
10	SZCZEBAK Jacek	664	UNIA MIAST	M40-49	10			00:08:03	00:46:03	01:24:12	02:02:38	02:43:04.20	+00:32:30 (19.9%)	7:43	7.8 (80.4%)
11	FRANKIEWICZ Mirosław	614	FORMA NA PIĄTKĘ NW	M40-49	11			00:07:44	00:44:50	01:23:20	02:02:45	02:43:12.95	+00:32:39 (20.0%)	7:44	7.8 (80.4%)

Total 11 results.