



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organiser: Polska Federacja Nordic Walking
Date: 2018-08-04
Place: Osielsko
Distance: 5 km



Classification: K35-39-P.EUR.

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	SZYMSKA Małgorzata	359	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	1			00:33:42.95		6:44	8.9 (100%)
2	SULIKOWSKA Agnieszka	336	PASJA NORDIC WALKING	K30-39	2			00:34:32.10	+00:00:49 (2.4%)	6:54	8.7 (97.8%)
3	KOLBERG Kamila	148	KIJKOWE TRZEMESZNO	K30-39	3			00:34:32.15	+00:00:49 (2.4%)	6:54	8.7 (97.8%)
4	KORYTOWSKA Agnieszka	155		K30-39	4			00:34:40.60	+00:00:57 (2.8%)	6:56	8.6 (96.6%)
5	GODZIŃSKA Dorota	739	BAŻANT NWTEAM	K30-39	5			00:35:30.35	+00:01:47 (5.0%)	7:06	8.4 (94.4%)
6	GŁOMBICA Ewa	82		K30-39	6			00:36:15.35	+00:02:32 (7.0%)	7:15	8.3 (93.3%)
7	OPEL Stefanie	255	NW TEAM CITY FIT & SPORT FERSTL	K30-39	7			00:36:45.00	+00:03:02 (8.3%)	7:21	8.2 (92.1%)
8	KOLARSKA Agnieszka	146	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	8			00:36:50.30	+00:03:07 (8.5%)	7:22	8.1 (91.0%)
9	BUDZAŁEK Aneta	30	AVOCADO WELLNESS CLUB	K30-39	9			00:37:09.60	+00:03:26 (9.3%)	7:25	8.1 (91.0%)
10	MALINOWSKA Monika	207	LKS ZANTYR SZTUM	K30-39	10			00:37:51.35	+00:04:08 (10.9%)	7:34	7.9 (88.8%)
11	SZARSZUNOWICZ Anna	582	KS METRACO POLKOWICE	K30-39	11			00:39:44.65	+00:06:01 (15.2%)	7:56	7.6 (85.4%)
12	BESTRZYŃSKA Emilia	741		K30-39	12			00:41:25.50	+00:07:42 (18.6%)	8:17	7.2 (80.9%)
13	JACH Aleksandra	106		K30-39	13			00:42:03.35	+00:08:20 (19.8%)	8:24	7.1 (79.8%)
14	STAROŃ Monika	326	BYDGOSKIE ŻÓŁWIE	K30-39	14			00:42:24.30	+00:08:41 (20.5%)	8:28	7.1 (79.8%)
15	LUPTOWSKA Małgorzata	201		K30-39	15			00:45:12.30	+00:11:29 (25.4%)	9:02	6.6 (74.2%)
16	SZCZĘSNA Beata	340	AVOCADO WELLNESS CLUB	K30-39	16			00:45:22.55	+00:11:39 (25.7%)	9:04	6.6 (74.2%)
17	BUKOWSKA Justyna	33	KRAJANKA	K30-39	17			00:46:30.10	+00:12:47 (27.5%)	9:18	6.5 (73.0%)
18	MILACHOWSKA Agnieszka	219		K30-39	18			00:48:55.05	+00:15:12 (31.1%)	9:47	6.1 (68.5%)
19	KUCIŃSKA-ZYGMUNT Krystyna	172	STOWARZYSZENIE 'JESTEM AKTYWNA'	K30-39	19			00:50:19.90	+00:16:36 (33.0%)	10:03	6 (67.4%)

Total 19 results.