



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organiser: Polska Federacja Nordic Walking
Date: 2018-08-04
Place: Osielsko
Distance: 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	WARCHALSKA Teresa	389	UNIA MIAST	K65-69	1			00:36:53.15		7:22	8.1 (100%)
2	GRYGOROWICZ Teresa	92	KS METRACO POLKOWICE	K65-69	2			00:37:52.35	+00:00:59 (2.6%)	7:34	7.9 (97.5%)
3	DANA Kazimiera	48	KLUB NW PATYCZAKI GRUDZIĄDZ	K65-69	3			00:37:57.80	+00:01:04 (2.8%)	7:35	7.9 (97.5%)
4	GRZYWOCZ Irena	97		K65-69	4			00:39:51.10	+00:02:57 (7.4%)	7:58	7.5 (92.6%)
5	KOŁPAK Irena	152	LKS ZANTYR SZTUM	K65-69	5			00:41:23.55	+00:04:30 (10.9%)	8:16	7.2 (88.9%)
6	CHLEWIŃSKA Iwona	35	KS ELBLĄSKIE-WŁÓCZY-KIJE	K65-69	6			00:41:59.20	+00:05:06 (12.1%)	8:24	7.1 (87.7%)
7	SKOWROŃSKA-ŁOPIŃSKA Genowefa	318		K65-69	7			00:42:11.95	+00:05:18 (12.6%)	8:26	7.1 (87.7%)
8	PACYNA Helena	259	KS METRACO POLKOWICE	K65-69	8			00:42:29.65	+00:05:36 (13.2%)	8:29	7.1 (87.7%)
9	STAWNIAK Wanda	329		K65-69	9			00:43:13.45	+00:06:20 (14.7%)	8:38	6.9 (85.2%)
10	SMARUJ-SADOWSKA Janina	321		K65-69	10			00:43:20.85	+00:06:27 (14.9%)	8:40	6.9 (85.2%)
11	LASOCKA Jolanta	119	NW CZŁAPSKI TEAM	K65-69	11			00:43:36.50	+00:06:43 (15.4%)	8:43	6.9 (85.2%)
12	KOLBUSZ Janina	149	KS METRACO POLKOWICE	K65-69	12			00:45:03.45	+00:08:10 (18.1%)	9:00	6.7 (82.7%)
13	SADŁOS Helena	307	LKS ZANTYR SZTUM	K65-69	13			00:45:48.60	+00:08:55 (19.5%)	9:09	6.6 (81.5%)
14	MALINOWSKA Grażyna	208	LKS ZANTYR SZTUM	K65-69	14			00:46:11.95	+00:09:18 (20.2%)	9:14	6.5 (80.2%)
15	ŚLUSARCZYK Danuta	361	WESOŁY BORSUK TEAM	K65-69	15			00:48:30.80	+00:11:37 (24.0%)	9:42	6.2 (76.5%)
16	WAŁAWKO Ewa	422	AVOCADO WELLNESS	K65-69	16			00:49:07.85	+00:12:14 (24.9%)	9:49	6.1 (75.3%)

Total 16 results.