



# OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 5KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-08-08  
**Miejsce:** Osielsko  
**Dystans:** 5 km



Klasyfikacja: M 55-59

| Msc | Zawodnik                       | Numer      | Klub                     | Kategoria | Mkat | Żół. kartki | Czer. kartki | Czas startu | Czas netto 5km  | Czas brutto 5km | Różn              | Tempo min/km | Tempo km/h  |
|-----|--------------------------------|------------|--------------------------|-----------|------|-------------|--------------|-------------|-----------------|-----------------|-------------------|--------------|-------------|
| 1   | <b>GAJEWSKI Eugeniusz</b>      | <b>59</b>  | GORZÓWPRZYSTAŃ           | M 55-59   | 1    |             |              | 00:13:46    | <b>00:33:18</b> | <b>00:47:04</b> |                   | 6:39         | 9 (100%)    |
| 2   | <b>ANDRZEJEWSKI Mieczysław</b> | <b>3</b>   | AKTYWNI 55               | M 55-59   | 2    |             |              | 00:13:47    | <b>00:33:38</b> | <b>00:47:25</b> | +00:00:20 (1.0%)  | 6:43         | 8.9 (98.9%) |
| 3   | <b>ŻUCHOWICZ Robert</b>        | <b>352</b> | DĄBROWA NORDIC TEAM      | M 55-59   | 3    |             |              | 00:13:46    | <b>00:34:32</b> | <b>00:48:18</b> | +00:01:14 (3.6%)  | 6:54         | 8.7 (96.7%) |
| 4   | <b>STANISŁAWSKI Jan</b>        | <b>383</b> | AKTYWNI 50               | M 55-59   | 4    |             |              | 00:13:46    | <b>00:34:47</b> | <b>00:48:33</b> | +00:01:29 (4.3%)  | 6:57         | 8.6 (95.6%) |
| 5   | <b>SZWED Jacek</b>             | <b>266</b> | NIEZRZESZONY             | M 55-59   | 5    |             |              | 00:13:48    | <b>00:35:39</b> | <b>00:49:27</b> | +00:02:21 (6.6%)  | 7:07         | 8.4 (93.3%) |
| 6   | <b>GOŁĘBIEWSKI Andrzej</b>     | <b>64</b>  | KLUB SZUWAREK            | M 55-59   | 6    | 1           |              | 00:13:47    | <b>00:36:49</b> | <b>00:50:36</b> | +00:03:31 (9.6%)  | 7:21         | 8.1 (90.0%) |
| 7   | <b>GAPIŃSKI Leszek</b>         | <b>61</b>  | WESOŁE BORSUKI           | M 55-59   | 7    |             |              | 00:13:48    | <b>00:37:16</b> | <b>00:51:04</b> | +00:03:58 (10.6%) | 7:27         | 8.1 (90.0%) |
| 8   | <b>GRZESZCZAK Andrzej</b>      | <b>325</b> | KGHM METRACO POLKOWICE   | M 55-59   | 8    |             |              | 00:13:47    | <b>00:38:33</b> | <b>00:52:20</b> | +00:05:15 (13.6%) | 7:42         | 7.8 (86.7%) |
| 9   | <b>ZAWADZKI Andrzej</b>        | <b>403</b> | KGHM METRACO POLKOWICE   | M 55-59   | 9    |             |              | 00:13:49    | <b>00:39:07</b> | <b>00:52:56</b> | +00:05:49 (14.9%) | 7:49         | 7.7 (85.6%) |
| 10  | <b>MAKOWSKI Andrzej</b>        | <b>170</b> | KS ELBLĄSKIE WŁÓCZY-KIJE | M 55-59   | 10   |             |              | 00:13:49    | <b>00:39:28</b> | <b>00:53:17</b> | +00:06:10 (15.6%) | 7:53         | 7.6 (84.4%) |
| 11  | <b>OLEK Mirosław</b>           | <b>197</b> | GOSIR OSIELSKO           | M 55-59   | 11   |             |              | 00:13:47    | <b>00:47:29</b> | <b>01:01:16</b> | +00:14:11 (29.9%) | 9:29         | 6.3 (70.0%) |

Znaleziono 11 wynik(ów)