



OSIELSKO - MISTRZOSTWA POLSKI NORDIC WALKING - 5KM

B4SPORT

Event: MISTRZOSTWA POLSKI NORDIC WALKING 2018
Organiser: Polska Federacja Nordic Walking
Date: 2018-08-04
Place: Osielsko
Distance: 5 km



Classification: M30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Net time 5km	Gap	Pace min/km	Pace km/h
1	BRZOWSKI Piotr	700	NWPL/AKTYWNI POSTOMINO	M30-34-P.EUR.	1			00:30:15.15		6:03	9.9 (100%)
2	MICHALEC Marcin	216	KKB MOSIR KROSNO	M30-34-P.EUR.	2			00:30:25.40	+00:00:10 (0.6%)	6:05	9.9 (100%)
3	ZARĘBSKI Michał	720	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	1			00:30:33.05	+00:00:17 (1.0%)	6:06	9.8 (99.0%)
4	BIŃCZYK Dariusz	18	ZABIEGANI CZĘSTOCHOWA	M30-34-P.EUR.	3			00:31:01.75	+00:00:46 (2.5%)	6:12	9.7 (98.0%)
5	BIŁEK Artur	17	UNIA MIAST	M30-39	2			00:32:02.20	+00:01:47 (5.6%)	6:24	9.4 (94.9%)
6	HAŁAS Marcin	99	UNIA MIAST	M30-34-P.EUR.	4			00:32:38.35	+00:02:23 (7.3%)	6:31	9.2 (92.9%)
7	WETOSZKA Piotr	717	NOWI SIEDLCE/NW WSCHÓD	M30-34-P.EUR.	5			00:32:39.15	+00:02:24 (7.4%)	6:31	9.2 (92.9%)
8	OPEL Klaus	256	NW TEAM CITY FIT & SPORT FERSTL	M30-39	3			00:33:20.85	+00:03:05 (9.3%)	6:40	9 (90.9%)
9	BARTOSIEWICZ Łukasz	9	NWPL/LUKI TEAM	M30-34-P.EUR.	6			00:34:09.80	+00:03:54 (11.4%)	6:50	8.8 (88.9%)
10	WITCZUK Łukasz	733	NWPL/FNWT	M30-39	4			00:35:07.45	+00:04:52 (13.9%)	7:01	8.5 (85.9%)
11	GODZIŃSKI Paweł	84	BAŻANT NWTEAM	M30-39	5			00:36:25.10	+00:06:09 (16.9%)	7:17	8.2 (82.8%)
12	BOJANOWSKI Marcin	19		M30-39	6			00:36:40.50	+00:06:25 (17.5%)	7:20	8.2 (82.8%)
13	NOWIŃSKI Jarosław	244		M30-39	7			00:39:45.10	+00:09:29 (23.9%)	7:57	7.5 (75.8%)
14	SZCZĘŚNY Paweł	341	AVOCADO WELLNESS CLUB	M30-39	8			00:39:49.40	+00:09:34 (24.0%)	7:57	7.5 (75.8%)
15	LESZCZYŃSKI Dariusz	194	GOSIR OSIELSKO	M30-39	9			00:52:54.85	+00:22:39 (42.8%)	10:35	5.7 (57.6%)
16	ANUSZEWSKI Arkadiusz	7	KRAJANKA	M30-39	10			01:09:43.25	+00:39:28 (56.6%)	13:56	4.3 (43.4%)

Total 16 results.